

MORTON & BASSETT SPICES®

Chili Rockfish & Salsa



- 4 medium rockfish filets
- 1 teaspoon Morton & Bassett Chili Powder
- 1 teaspoon Morton & Bassett Ground Cumin
- 1 teaspoon Morton & Bassett Garlic Powder
- 3 tablespoons olive oil
- ¼ teaspoon Morton & Bassett Adobo
- ¼ teaspoon Morton & Bassett Hot Paprika
- 1 teaspoon salt
- ½ lemon, juiced
- any preferred salsa

Prepare the rockfish with 1 tablespoon of olive oil. Add M&B Chili Powder, M&B Ground Cumin, M&B Garlic Powder, M&B Adobo, M&B Hot Paprika, and salt. Rub the filets with the spices. In a pan with 2 tablespoons olive oil, set filets. Gently flip after the fish begins to slightly flake, about 4-6 minutes. Remove from the pan. Top with any preferred salsa and juice from half a lemon.

Servings: 4 | Time: 20 minutes



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