STAR OF THE NORTH

GOURMET BUTCHER

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ASIAN CRISPY PORK BELLY WITH STICKY SAUCE Serves 4

1.5kg boneless pork belly scored

Boiling water

3 tbsps. salt

2 tsp. five-spice powder

Extra virgin olive oil, rice wine vinegar and white wine as needed.

Sauce:

1 tsp. minced garlic

1 tsp. minced ginger

1 red chili, finely chopped

3 tbsp. dark brown sugar

50g dark soy sauce

Pinch of five-spice powder.

- 1. Preheat oven to 160°c and line baking dish with paper.
- 2. Place pork belly into a dish and place in sink. Pour a kettle of boiling water over the pork, allowing it to drain away. Pat pork skin dry with paper towel and place onto prepared baking dish.
- 3. Combine salt and five-spice powder and rub half onto the skin of the pork.
- 4. Rub skin with 1 tsp. oil, then 1 tbsp. vinegar. Repeat until all the scored skin is well coated.
- 5. Place into the oven on the lowest shelf. Pour in enough white wine to reach fat layer of pork belly. Cook for 60 mins until pork starts to crisp up.
- 6. Increase heat to 200°c and cook until pork skin is crispy and golden, approx. 45 mins. Remove from oven and cover loosely with foil for 15 mins.
- 7. To make the sauce, combine all ingredients and cook in a small pan for 3-4 mins on a medium heat until fragrant and blended, stirring occasionally.
- 8. Drizzle sauce over pork and serve with steamed Asian greens.

CURRAMBINE

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