Crystal Reference Guide





Black Lyanite

MEDITATION - PROTECTION - PSYCHIC ABILITIES



GROUNDS THE BODY BY ALIGNING ALL CHAKRAS - EASES MEDITATION BALANCES YIN AND YANG ENERGY - DISPELS BLOCKAGES - BRINGS CALM
AND TRANQUILITY - STIMULATES COMMUNICATION, AWARENESS OF
OTHERS, PERSEVERANCE AGAINST CHALLENGES AND PSYCHIC ABILITIES DRIVES AWAY ANGER, FRUSTRATION, CONFUSION AND STRESS - HELPS TO
SET CLEAR AND STRONG BOUNDARIES - PROVIDES STIMULATING ENERGY -

INDUCES DREAM RECALL AND HEALING DREAMS

Amber

CLEANSING - STRENGTH - BALANCE

Chakras

Elements

FIRE



3odiacs

LEO - AQUARIUS

SOLAR PLEXUS

SACRAL

Properties & Benefits



HEALS AND CLEANSES THE BODY. THE MIND AND THE ENVIRONMENT - ABSORBS PAIN AND

NEGATIVE ENERGY FROM - ELIMINATES FEARS - ALLEVIATES STRESS - SUPPORTS WELL
BEING - STIMULATES THE INTELLECT - IMPROVES MEMORY - INCREASES MENTAL FLEXIBILITY
CREATES BALANCED DECISION-MAKING - PROMOTES SELF-CONFIDENCE AND CREATIVE SELF
EXPRESSION - FNCOURAGES SPONTANFITY - BRINGS WISDOM BALANCE AND PATIENCE

Aragonite

RELEASE - MEDITATION - STABILITY

Chakras

Elements

EARTH



3odiacs

CAPRICORN



SOLAR PLEXUS

ROOT

Properties & Benefits

FACILITATES THE RELEASE OF ANGER, ANXIETY, EMOTIONAL STRESS AND
FEAR - GROUNDS PHYSICAL ENERGIES - HELPS TO PREPARE FOR
MEDITATION - STABILISES SPIRITUAL DEVELOPMENT - INCREASES ENERGY
AND CONCENTRATION - BOOSTS SELF-CONFIDENCE AND FEELINGS OF
SELF-WORTH - ENHANCES TOLERANCE, FLEXIBILITY, TRUST AND INSIGHTS
- TEACHES ACCEPTANCE AND PATIENCE - PROVIDES STRENGTH AND

SUPPORT

Clear Quarts

MANIFFSTATION

Chaknas

flements



EARTH - FIRE AIR - WATER

> 30diacs ALL SIGNS





SOLAR PLEXUS

Properties & Benefits

HARMONISES ALL THE CHAKRAS - ABSORBS NEGATIVE ENERGY - CLEANS AND HEALS THE MIND, THE BODY AND THE SPIRIT - BRINGS CLARITY -HELPS TO SET AND ACHIEVE NEW GOALS - ENCOURAGES COMMUNICATION - AMPLIFIES THOUGHTS - STIMULATES CONCENTRATION AND FOCUS -UNLOCKS MEMORY - ENHANCES PSYCHIC ABILITIES - HELPS WITH DECISION MAKING - PROVIDES BALANCE AND GROUNDING - BOOTS THE IMMUNE SYSTEM

Amethyst

PROTECTION - AWARENESS - HEALING

Chakras



AIR



30diacs

VIRGO - SAGITTARIUS

CAPRICORN - AQUARIUS

PISCES



Properties & Benefits

ALLEVIATES SADNESS AND GRIEF - ENCOURAGES SOBRIETY - RELIEVES STRESS AND STRAIN - CLARIFIES MENTAL ACUITY - IMPROVES THE DECISION-MAKING ABILITY - RELIEVES INSOMNIA - STIMULATES MEMORY AND CREATIVITY - DISPELS ANGER. RAGE. FEAR AND ANXIETY - ACTIVATES SPIRITUAL AWARENESS - HELPS IN REMEMBERING AND UNDERSTANDING OF DREAMS - PROVIDES AN OVERALL SENSE OF SPIRITUAL BALANCE

Black Obsidian

PROTECTION - CLEARING - GROUNDING

Chakras



flements

EARTH - FIRE

Zodiacs

SCORPIO - SAGITTARIUS



Properties & Benefits

INCREASES SELF-CONTROL - RELEASES IMBALANCES AND NEGATIVE
ENERGIES - DISPERSES UNLOVING THOUGHTS - STIMULATES CREATIVITY AIDS IN PROTECTION, GROUNDING, AND SPIRITUAL COMMUNICATION AIDS THE RELEASE OF ADDICTIONS, EATING DISORDERS, NEGATIVE
BEHAVIORS AND EMOTIONAL BLOCKAGES - PROVIDES SUPPORT DURING
CHANGE - STIMULATES THE GIFT OF PROPHESY AND PRECOGNITION

Black Onyx

PROTECTION - STRENGTH - DECISIVENESS - COURAGE

Chakras

Elements

EARTH





SOLAR PLEXUS

30diacs

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Properties & Benefits

GIVES STRENGTH - PROMOTES VIGOR, STEADFASTNESS AND STAMINA BRINGS COURAGE - IMPARTS SELF-CONFIDENCE - BANISHES GRIEF ENHANCES SELF-CONTROL - HEALS OLD EMOTIONAL WOUNDS STIMULATES THE POWER OF WISE DECISION-MAKING - ENCOURAGES
HAPPINESS AND GOOD FORTUNE - HELPS TO FIGHT BASIC FEARS AND TO
MOVE BEYOND BAD RELATIONSHIPS

Red Jaspen

GROUNDING - NURTURING - CENTERING

Chakras



Elements

EARTH



3odiacs

SCORPIO - LIBRA



Properties & Benefits



PROVIDES PROTECTION - HELPS TO BALANCE NEGATIVE ENERGY - BRINGS
STABILITY TO THE BODY AND SPIRIT - HELPS TO MAINTAIN EMOTIONAL
STABILITY - SOOTHES THE MIND OF ANXIETY - GIVES A SENSE OF WELL
BEING - BRINGS PROBLEMS TO LIGHT - RECTIFIES UNJUST SITUATIONS PROVIDES INSIGHTS INTO DIFFICULT SITUATIONS - STIMULATES THE
IMAGINATION - TRANSFORMS IDEAS INTO ACTION - CLEARS
ELECTROMAGNETIC AND ENVIRONMENTAL POLLUTION

Angelite

PROTECTION - AWARENESS - CALMING - CONFORT



PROVIDES PROTECTION - CREATES A DEEP FEELING OF PEACE AND TRANQUILITY ALLEVIATES OVERWHELMING EMOTIONS - DISPELS FEAR. ANGER AND ANXIETY PROMOTES COMMUNICATION AND SELF-EXPRESSION - IMPROVES SPIRITUALITY AND
SPIRITUAL AWARENESS - ENHANCES PSYCHIC HEALING AND TELEPATHIC COMMUNICATION
- FNCOURAGES FORGIVENESS

Amazonite

FLUIDITY - RELAXATION - OPTIMISM



HELPS TO OVERCOME SETBACKS. OBSTACLES AND CHALLENGES CLEARS AWAY FEARS, DOUBTS, AND WORRIES - BRINGS POSITIVITY, OPTIMISM AND HOPE - ENCOURAGES
POSITIVE COMMUNICATION - TREATS FATIGUE - SOOTHES THE NERVES AND EMOTIONAL TRAUMA ENCOURAGES ADVENTURE, LOVE, INSPIRATION, LUCK AND FORTUNE - PROVIDES BALANCE AND HARMONY
IN RELIATIONSHIPS - BALANCES MALE AND FEMALE FREGIES

Apatite

INSPIRATION - CLARITY - MOTIVATION

Chakras

Elements

AIR



30diacs



Properties & Benefits

ELIMINATES AND TRANSFORMES NEGATIVITY - TURNS NEGATIVE
VIBRATIONS AND ENERGIES INTO POSITIVE ONES - BALANCES AND
HARMONISES BODY, MIND AND SPIRIT - CLEANSES AND STABILIZES THE
AURA - SOOTHES AND CALMS - DIMINISHES WEAKNESSES WITH
ACCEPTANCE - ENHANCES CONCENTRATION, MENTAL CLARITY,
CONFIDENCE, PERCEPTION AND ANALYTICAL ABILITIES - HEALS INNER
ANGER OR TENSION - CREATES A SENSE OF SECURITY AND SAFETY

Aventurine

GOOD LUCK - PROSPERITY - LEADERSHIP

Chakras



EARTH



30diacs



Properties & Benefits

BRINGS PROSPERITY AND LUCK - REINFORCES LEADERSHIP QUALITIES
AND DECISIVENESS - PROMOTES COMPASSION, OPEN-MINDEDNESS AND
EMPATHY - STIMULATES THE ABILITY TO SEE ALTERNATIVES AND
POSSIBILITIES - STABILISES ONE'S STATE OF MIND - STIMULATES
PERSEVERANCE, PERCEPTION AND CREATIVITY - CALMS ANGER AND
IRRITATION - PROMOTES FEELINGS OF WELL-BEING - BALANCES MALEFEMALE ENERGY - PROTECTS AGAINST ENVIRONMENTAL POLLUTION

Azurite

FLUIDITY - RELAXATION - OPTIMISTIC

Chakras

Elements

WATER



3odiacs

SAGITTARIUS



Properties & Benefits

INFUSES INTELLECTUAL LOGIC WITH LOVE - PROVIDES INSIGHT INTO ALL
AREAS OF LIFE - STIMULATES CREATIVITY AND INTUITION - DISSOLVES
IMPEDIMENTS - BRINGS COMPASSION FOR ONESELF AND OTHERS ENCOURAGES COMMUNICATION FROM THE HEART - HEIGHTENS
AWARENESS OF SPIRITUAL COMMUNICATION - AWAKES PSYCHIC ABILITIES
- CALMS AND RELIEVES MENTAL STRESS - DISSOLVES ANY BLOCKED

ENERGY

Black Moonstone

PROTECTION - INTUITION - GROUNDING

Chakras

Elements

- CROWN - THIRD EYE AIR

30diacs

CANCER - LIBRA - SCORPIO



Properties & Benefits

PROVIDES PROTECTIVE VIBRATIONS - OPENS BLOCKAGES - ENHANCES

MENTAL AGILITY - STIMULATES CONFIDENCE AND COMPOSURE
INCREASES NATURAL INSTINCTS AND INTUITION - STIMULATES

CREATIVITY - CALMS THE MIND - AIDS IN GROUNDING - BRINGS NOVEL

IDEAS - ENHANCES FEMININE ENERGY - ASSISTS WITH THE

DEVELOPMENT OF PSYCHIC GIFTS - DECREASES ELECTROMAGNETIC

SENSITIVITY

Black Tourmaline

PROTECTION - CLEANSING - BALANCE - CLEARING

Chakras



Elements

EARTH

30diacs



Properties & Benefits

ENHANCES ENERGY - CLEARS ALL NEGATIVITY - REMOVES BLOCKAGES INCREASES PHYSICAL VITALITY, EMOTIONAL STABILITY AND INTELLECTUAL
ACUITY - AIDS IN UNDERSTANDING ONESELF AND OTHERS - PROMOTES
SELF-CONFIDENCE - DIMINISHES FEAR - ATTRACTS INSPIRATION,
COMPASSION, TOLERANCE, GOOD LUCK, HAPPINESS AND PROSPERITY BALANCES THE RIGHT AND LEFT SIDES OF THE BRAIN AND MALE AND
FEMALE ENERGY

Blue Calcite

RELAXATION - COMMUNICATION - SOOTHING









30diacs



Properties & Benefits

FILTERS NEGATIVE ENERGY - SOOTHES AND RELAXES THE BODY - ASSISTS
IN RELAXATION AND RECUPERATION - DISSOLVES PAIN ON ALL LEVELS REMOVES STRESS - RELEASES AND CALMS EMOTIONS - OFFERS MENTAL
AND ETHERIC PROTECTION - RELEASES ANXIETY AND DEPRESSION STIMULATES CREATIVITY AND MEANINGFUL DREAMS - IMPROVES
COMMUNICATION, MEMORY AND FOCUS - PROVIDES DEEPER INSIGHT AND
CLARITY

Blue Goldstone

VITALITY - DRIVE - AMBITION

Chakras

Elements

FIRE - EARTH



3odiacs

SAGITTARIUS



Properties & Benefits

BUILDS ENERGY AND COURAGE - INCREASES DRIVE AND CONFIDENCE PROMOTES VITALITY - ASSISTS IN ATTAINING GOALS - ENCOURAGES A
POSITIVE ATTITUDE - TRANSMITS HEALING ENERGY - INCREASES SELFACCEPTANCE - AIDS IN LEARNING - SOOTHES HYPERSENSITIVITY

Citrine

ABUNDANCE - JOY - STRENGH

Chaknas

Elements

FIRE



ARIES - GEMINI

SOLAR PLEXUS LEO - LIBRA

SACRAL



Properties & Benefits

RELEASES DEPRESSION, FEARS AND PHOBIAS - ABSORBS, CHANGES,
DISSIPATES AND GROUNDS NEGATIVE ENERGY - REJUVENATES BODY,
SOUL AND MIND - CLEANSES THE CHAKRAS - ATTRACTS WEALTH,
PROSPERITY AND SUCCESS - IMPARTS JOY, WONDER, DELIGHT AND
ENTHUSIASM - RAISES SELF-ESTEEM AND SELF-CONFIDENCE ENCOURAGES SELF-EXPRESSION - STIMULATES THE BRAIN AND
CREATIVITY

flyorite

DECISIVENESS - BALANCE - CLARITY

Chakras

Elements

AIR - WATER



30diacs

LIBRA - PISCES CAPRICORN



Properties & Benefits

ABSORBS AND NEUTRALIZES NEGATIVE ENERGY, LIMITING BELIEFS AND STRESS - BRINGS FOCUS, CONCENTRATION AND SELF-CONFIDENCE - HELPS IN DECISION-MAKING AND IN UNDERSTANDING NEW INFORMATION - ENCOURAGES POSITIVITY - MAKES WISHES COME TRUE - BALANCES THE ENERGIES - IMPROVES MENTAL AND PHYSICAL BALANCE AND COORDINATION - BOOSTS THE IMMUNE SYSTEM

green flyorite

GROWTH - HEALING - PEACE

Chakras

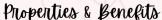
Elements

EARTH - AIR



3odiacs

CAPRICORN - PISCES



INCREASES CONCENTRATION, DISCERNMENT AND SPIRITUAL

CONNECTIVITY - BALANCES AND STABILIZES THE SPIRIT, SOUL, AND BODY

- MAKES SENSE OUT OF CONFUSION - HELPS ORGANIZE AND REFRAME

THOUGHTS - PROMOTES PEACE IN THE MIND, BODY AND ENVIRONMENT
HELPS TO HEAR NEW CONCEPTS, IDEAS, AND INFORMATION - CLEARS

NEGATIVE ENERGY FROM THE SPIRITUAL ENVIRONMENT

Hematite

PROTECTION - GROUNDING - CONFIDENCE

Chakras



Elements

FIRE- EARTH

30diacs ARIES - AQUARIUS



Properties & Benefits

STIMULATES CONCENTRATION - PROTECTS - HELPS REFOCUS THE HEART,
MIND AND ACTIONS - FOCUSES ENERGY AND EMOTIONS - DISSOLVES
NEGATIVITY - AIDS SPIRITUAL GROUNDING AND BALANCING - BOOSTS
SELF-ESTEEM, SURVIVABILITY, SELF-CONFIDENCE AND WILLPOWER HELPS TO OVERCOME COMPULSIONS AND ADDICTIONS

Turquoise

WISDOM - PROTECTION - COMMUNICATION

Chakras

Elements

EARTH - FIRE - AIR







30diacs

SCORPIO - SAGITTARIUS
PISCES



Properties & Benefits

DISPELS NEGATIVE ENERGY - ENCOURAGES ENTHUSIASM,
UNDERSTANDING, EMPATHY AND ATTENTION TO DETAIL - BRINGS TO
LIGHT UNDISCOVERED ARTISTIC ABILITIES - PROTECTS AGAINST OUTSIDE
INFLUENCES OR POLLUTANTS - BALANCES AND ALIGNS ALL THE CHAKRAS
- BRINGS PEACE, SERENITY AND INNER CALM - RELEASES DEPRESSION
AND EXHAUSTION - STIMULATES ROMANTIC LOVE AND FRIENDSHIPS HELPS TO SPEAK WITH TRUTH, WISDOM AND FORTHRIGHTNESS

Jade

ABUNDANCE - WISDOM - PEACE

Chakras



Elements

EARTH

3odiacs

ARIES - TAURUS GEMINI - LIBRA



Properties & Benefits

BRINGS GOOD LUCK - RELEASES NEGATIVE THOUGHTS - SOOTHES THE
MIND - STIMULATES IDEAS - ATTRACTS GOOD LUCK AND FRIENDSHIP PROVIDES PHYSICAL, EMOTIONAL AND SPIRITUAL HEALING - BRINGS
INSIGHTFUL DREAMS - STABILISES THE PERSONALITY - CALMS AND
BALANCES THE MIND AND EMOTIONS - MAINTAINS PURITY AND SERENITY ENCOURAGES SELF-LOVE, SELF-SUFFICIENCY AND SELF-ESTEEM

Lapis Lazuli

TRUTH - WISDOM - SELF-KNOWLEDGE - REFLECTION

Chakras

Elements

WATER



30diacs

TAURUS - VIRGO - LIBRA



Properties & Benefits

RELEASES STRESS - BRINGS DEEP PEACE AND HARMONY - IMPROVES
CONCENTRATION AND FOCUS - ENCOURAGES SELF-AWARENESS, SELFKNOWLEDGE AND SELF-CONFIDENCE - ALLOWS SELF-EXPRESSION REVEALS INNER TRUTH - STIMULATES OBJECTIVITY AND CLARITY ENCOURAGES CREATIVITY - BONDS RELATIONSHIPS AND FRIENDSHIPS PROTECTS FROM PSYCHIC ATTACKS

Moonstone

TENDERNESS - OPENNESS - LOVE

Chakras

Elements

WATER



30diacs

CANCER - LIBRA - SCORPIO



Properties & Benefits

REPRESENTS TENDERNESS - BRINGS LOVERS CLOSER TOGETHER PROMOTES EMOTIONAL OPENNESS TO NEW EXPERIENCES - SOOTHES
EMOTIONAL INSTABILITY AND STRESS - STABILIZES THE EMOTIONS PROVIDES CALMNESS, INNER GROWTH AND STRENGTH - ENHANCES
INTUITION - PROMOTES INSPIRATION, SUCCESS AND GOOD FORTUNE IN
LOVE AND BUSINESS MATTERS

Orange Calcite

OPENNESS - MEMORY - CLEANSING - HIGHER CONSCIOUSNESS

Chaknas

SOLAR PLEXUS

SACRAL

Elements

FIRE

30diacs



Properties & Benefits

REMOVES ENERGETIC BLOCKS - PROTECTS AGAINST NEGATIVE ENERGY AS

WELL AS PHYSICAL OR PSYCHOLOGICAL ATTACKS - INCREASES ENERGY
CALMS THE MIND - TEACHES DISCERNMENT - STIMULATES INSIGHTS
BOOSTS MEMORY - CHANGES PERSPECTIVE - RENEWS COMMITMENT TO

MAKING CHANGE - FACILITATES THE OPENING OF HIGHER

CONSCIOUSNESS AND PSYCHIC ABILITIES - HELPS MIND AND BODY TO

REMEMBER SOUL EXPERIENCES



CONCENTRATION - INNOCENCE - PURITY

Chakras

Elements

WATER



3odiacs

GEMINI - CANCER

Properties & Benefits

ENHANCES PERSONAL INTEGRITY - HELPS TO PROVIDE FOCUS SYMBOLIZES SERENITY, PURITY, INTEGRITY AND LOYALTY - BRINGS TRUTH
TO SITUATIONS - INHIBITS BOISTEROUS BEHAVIOR - STRENGTHS
VALUABLE RELATIONSHIPS - TRANSMITS A SENSE OF SAFETY - HELPS
WITH MOOD SWINGS - SOOTHES THE EMOTIONS

Rose Quarts

LOVE AND RELATIONSHIPS - KINDNESS - HEALING

Chakras

Elements

WATER



30diacs

TAURUS - LIBRA - SCORPIO



Properties & Benefits

ENCOURAGES COMPASSION, PEACE, TENDERNESS AND HEALING RESTORES TRUST AND HARMONY IN RELATIONSHIPS - DEVELOPS A
STRONG BOND BETWEEN FAMILY AND FRIENDS - ENCOURAGES
UNCONDITIONAL LOVE, SELF FORGIVENESS, KINDNESS AND ACCEPTANCE RELEASES TENSION AND STRESS - DISPELS ANGER, FEAR, RESENTMENT
AND NEGATIVITY

Selenite

PROTECTION - AWARENESS - CLARITY - MEDITATION



REMOVES NEGATIVE ENERGIES - ACTIVATES DORMANT ABILITIES RELIEVES STRESS AND ANXIETY - ASSISTS JUDGEMENT AND INSIGHT REVEALS INNER TRUTH - STIMULATES CLARITY - BRINGS DEEP PEACE UNLOCKS MEMORY OF PAST AND FUTUR LIVES - ENHANCES PSYCHIC
ABILITIES - ACCESSES ANGELIC CONSCIOUSNESS AND HIGHER GUIDANCE ENCOURAGES SELF-AWARENESS

Sodalite

CLARITY - EMOTIONAL BALANCE - INTUITION - TRUTH

Chakras

Elements

WATER - AIR



30diacs



Properties & Benefits

BRINGS DEEP PEACE AND EMOTIONAL BALANCE - ENCOURAGES RATIONAL THOUGHT AND TRUTH - RELEASES STRESS - CALMS PANIC ATTACKS - ENCOURAGES SELF-AWARENESS - ALLOWS SELF-EXPRESSION - DEVELOPS INTUITION - STIMULATES OBJECTIVITY AND CLARITY - ENHANCES MENTAL CAPABILITIES AND CREATIVITY - BOOSTS THE IMMUNE SYSTEM - BALANCES THE METABOLISM - HELPS TO PREVENT INSOMNIA

Tigen Eye

STRENGTH - WILLPOWER - COURAGE

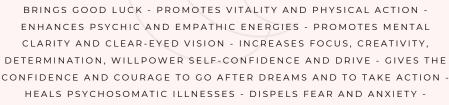
Elements

FIRE - EARTH



SOLAR PLEXUS
SACRAL
ROOT

Properties & Benefits



STABILISES MOOD SWINGS - ATTRACTS WEALTH