

SHARON O'DAY Collection

Here's how we'll make your personal Joy of Life Bracelet™

Are you ready? Let's get started!

I've attached a Design Sheet below that has each ages numbered along the left hand side. You're going to tell me what kind of year each age has been for you. It's going to be easy, don't worry!

First you're going to mark (with a "C") each age where you had a special **celebration**: a wedding, the birth of a child, a graduation, any joyous moment.

Next you'll mark (with an "L") each age where you had a **loss**, a sad moment that marked your life: loss of a parent or a love, loss of innocence, a divorce, you know the moments. They're different for each of us but we all have 'em. They're part of "life."

Then you'll mark (with a "G") each year that was a **growth** year for you: maybe you traveled, you were at college, you took a job in a new city, you embraced spiritual training, anything that represented growth to you.

You'll mark (with a "W") the year you went from being a little girl to being a budding young **woman**, usually around age 11 or 12.

What's left? All years that weren't marked with something were those years where nothing in particular stood out. Just regular ol' life.

Lastly, you'll measure the slimmest part of the wrist you want to wear your bracelet on. Not the size of the bracelet, *but of your actual wrist*, not tight, just touching the skin.

With that, I'll do my magic. I'll build your personal history in beads ... where all the clear ones after today are the blank slate ... where YOU design and create your own magic!

Warmly,

Sharon

P.S. When you're done, just scan or attach your Design Sheet to an email to me at SharonODayCollection@gmail.com



Joy of Life Bracelet™ Design Sheet

Please make my personal bracelet. Here are my details!

My name is _____ My email is _____

My actual wrist size, at its narrowest point, is _____ inches, not measured tightly.

My age today is _____ years old.

- | | | | | | |
|----|-----|----|-----|----|-----|
| 1 | ___ | 23 | ___ | 45 | ___ |
| 2 | ___ | 24 | ___ | 46 | ___ |
| 3 | ___ | 25 | ___ | 47 | ___ |
| 4 | ___ | 26 | ___ | 48 | ___ |
| 5 | ___ | 27 | ___ | 49 | ___ |
| 6 | ___ | 28 | ___ | 50 | ___ |
| 7 | ___ | 29 | ___ | 51 | ___ |
| 8 | ___ | 30 | ___ | 52 | ___ |
| 9 | ___ | 31 | ___ | 53 | ___ |
| 10 | ___ | 32 | ___ | 54 | ___ |
| 11 | ___ | 33 | ___ | 55 | ___ |
| 12 | ___ | 34 | ___ | 56 | ___ |
| 13 | ___ | 35 | ___ | 57 | ___ |
| 14 | ___ | 36 | ___ | 58 | ___ |
| 15 | ___ | 37 | ___ | 59 | ___ |
| 16 | ___ | 38 | ___ | 60 | ___ |
| 17 | ___ | 39 | ___ | 61 | ___ |
| 18 | ___ | 40 | ___ | 62 | ___ |
| 19 | ___ | 41 | ___ | 63 | ___ |
| 20 | ___ | 42 | ___ | 64 | ___ |
| 21 | ___ | 43 | ___ | 65 | ___ |
| 22 | ___ | 44 | ___ | 66 | ___ |

Remember:

"C" is for celebrations

"L" is for losses

"G" is for growth

"W" is for becoming a young woman

Don't worry if you can't remember exactly when something happened. Close is good enough; it's how YOU remember YOUR life, after all!

