

210 mm

## Welcome to the Flexiseq Movement.

Thank you for choosing Flexiseq CBD oil. We're delighted to welcome you to our family, our #Flexisquad.

If you have any questions, comments or feedback about Flexiseq CBD, we would love to hear from you. You can get in touch with us by joining our buzzing Facebook community or by contacting us at [enquiries@flexiseq.com](mailto:enquiries@flexiseq.com)

### What is Flexiseq CBD oil?

Flexiseq CBD oil is a specialist food supplement containing cannabidiol (CBD) that has been extracted from the highest quality hemp plants.

Food supplements should not be used as an alternative to a healthy, balanced diet.

### Hemp Cultivation

From carefully selecting the soil to sustainable growing practices, our hemp plants are selected for their CBD profile and nurtured throughout their life-cycle. No artificial fertilizers, no pesticides and no use of GM strains, our plants are grown in the EU from certified seeds.

### Extraction and Production

Hemp is a bioaccumulator which means it is highly efficient at absorbing chemicals from the soil. Therefore we use cutting-edge extraction techniques to ensure that all impurities are left behind in the plant so that our finished product contains only the most desirable ingredients.

Several dozen checks are made to our hemp extract each day so that we can guarantee that Flexiseq CBD oil is pure and THC free.

Usage instructions overleaf...

# FLEXISEQ<sup>®</sup> CBD



210 mm

FLEXISEQ<sup>®</sup>  
CBD

## Application of Flexiseq CBD oil

It is recommended that Flexiseq CBD oil is administered orally, under the tongue for maximum absorption. The mild taste and liquid format, along with the ergonomically designed pump head, make Flexiseq CBD oil effortless to use as part of your daily routine.

**Ingredients:** Cold pressed hemp seed oil, cannabidiol (CBD) 5%.

**Recommended daily intake:** 1 pump twice a day. Each pump dose administers 5mg of CBD.




**Before the first use:** Remove the protective cap and then gently press the dosing pump several times to get the oil released into the mechanism.

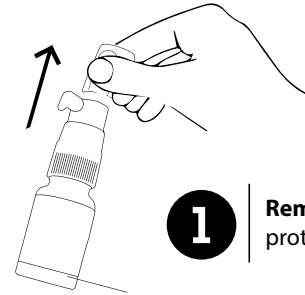
**Storage:** Store in a cool, dark place. Keep out of reach of young children. Use within 6 months of opening.

**Warnings:** Flexiseq CBD oil should not be taken if pregnant or breastfeeding. The maximum recommended daily intake of CBD is 70mg per day.



Discover more about Flexiseq products and join the #Flexisquad community at:

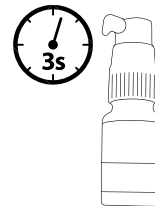
[www.flexiseq.com](http://www.flexiseq.com)  @flexisequk  @FLEXISEQ  FLEXISEQ



**1** Remove the protective cap.



**2** Please hold the bottle in a vertical position, **press the pump** to release one dose of oil.



**3** Before applying the next dose of oil **wait for 3 seconds.**

148 mm

Ascension

Ascension Healthcare PLC  
100 Pall Mall, 1st Floor  
St James', London,  
SW15 5NQ, UK