



**Positioning &
Pressure Care**



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...because **we care**

“It is said a society is judged by how it treats its elderly, disabled and disadvantaged. The quality of life of the elderly and the protection of their dignity is becoming a significant public issue whether it relates to medical treatment, pension provision, inheritance and equity release, age discrimination, personal care or the protection of human rights.” Quote from Brenda Currill, the founder of Medoris Care.



Our history

Brenda, our founder, identified several areas in need of improvement where little product development had taken place for many years. This was especially true, when it came to addressing comfort and dignity issues of the vulnerable.

Who are we?

We are a leading provider of award-winning specialist products, specifically designed to help people with differing care needs. This includes adaptive clothing and practical products for those with physical support needs.

Innovation

Combining her 20 years of experience in textile design and her close working relationship with the care profession, Brenda developed a range of easy to-use, adaptive clothing for the elderly together with other helpful products addressing the issues of dementia, pressure care, positioning, continence care and their inter-relation.

Our areas of care:

- Dementia (wandering, aggression, depression, inappropriate undressing).
- Frailness.
- Loss of independence, dexterity and mobility.
- Loneliness and boredom.
- Incontinence.
- Skin sensitivity (sores, ulcers).
- Positioning and pressure relief.
- Palliative care.
- Special needs and learning difficulties.

Our prime objectives of care:

- Comfort and dignity of the individual.
- Ease of use and time saving for the carer.
- Cost savings for the care provider.

A Medoris is Care has grown and evolved, so too has the wide range of products and innovations we offer. We are proud to say that our quest for providing professional specialist care aids still continues today.

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Microbead product advantages

All our Positioning and Pressure Care products are made using microbeads. The advantages of these ultra-light beads are:

- 🌱 Shift and redistribute, contouring the body for an ideal postural support system. Pressure relief products provide comfort and assist in rehabilitation, for example, after a stroke.
- 🌱 Allow for changing of position regularly, avoiding pressure build-up.
- 🌱 Equalise the pressure over the entire surface, continually adjusting to spread body weight evenly.
- 🌱 Help prevent restricted blood flow from the skin being squashed between bone and a hard surface.
- 🌱 Reduce friction and 'shearing' when the skin is dragged in opposite directions.
- 🌱 Hypoallergenic. They don't absorb moisture, sweat, or saliva and inhibit the growth of dust mites, bacteria and fungus.
- 🌱 Breathable. A small gap between the beads allows for a constant airflow which disperses heat and feels cooler.
- 🌱 Soft and comfortable. Air-filled products are firmer, less comfortable and slide.
- 🌱 Durable. Made with a double reinforced seams and a zipped removable outer, they don't compact, wear out or lose their shape.

Unlike sheepskin that may become hard after washing, microbead products stay soft, even after repeated machine washing and drying.

CONTENTS



MICROBEADS HAND GRIPS

- Hand Grip
- Hand Grip / Palm Protector
- Finger Separator
- Finger Separator / Palm Protector



MICROBEADS PILLOWS

- Pillow with Head Protection Gusset
- Arm Support and Lap
- Midi Roll
- T-Roll
- Multi-Chamber Roll / Long Roll
- Junior Roll



MICROBEADS QUILTED CUSHIONS

- 2-Panel Chest and Limb Protector
- Multi-Chamber (various sizes)
- Multi-Chamber Heel Support
- Multi-Chamber Sacral
- Cot Side Bumper Plus
- Leg and Arm Ramp
- Leg Protector for Standing Hoist - Knee and Ankle Separator



MICROBEADS WHEELCHAIR CUSHIONS

- Arm
- Foot
- Back
- Seat



MICROBEADS SUPPORT CUSHIONS

- Dog Bone / 'Super' Dog Bone
- Horseshoe Neck Support
- 1-Panel Chest and Limb Protector
- Chin Support
- Log Support / Mini Log Support

APPLICATION OF PRODUCTS

In this picture we are using **M056 Bolster Roll Pillow** to aid semi-seated position and securing shoulder, arm and elbow support. **M103 Pillow** is used to further support the back and achieve correct spinal alignment. Finally, **Horseshoe Neck Support cushion M223** is used to further support the head and neck area – a huge aid for those with weak muscles or for those having to stay in the same position for long periods of time. This arrangement is also very useful for eating and drinking as it aids the correct position for ingestion and digestion.



To support upper limbs in this position we are using **Bolster Roll Pillow M056**. This multi-purpose pillow covers all vulnerable areas. It allows the left shoulder to be pulled forward and the upper body, head, neck and torso are aligned properly. The left arm is flexed and supported in elevation. This promotes good circulation to the extremity - Prevents lateral flexion and fatigue of the sternocleidomastoid muscles and internal rotation/adduction of the shoulder.



M182 Chest/Limb Protector is placed between the arm and the chest to prevent damage to the skin. Perfect for paralysis or frozen arm due to muscle contracture.



In this combination we are using **Mini Log Support Cushion M193** as knee and ankle separator to prevent pressure sores in condyles. It can also be used to achieve leg abduction when needed.



In this picture we are using **M056 Bolster Roll Pillow** to aid semi-seated position and securing shoulder, arm and elbow support. **M103 Pillow** is used to further support the back and achieve correct spinal alignment. Finally, **Horseshoe Neck Support cushion M223** is used to further support the head and neck area – a huge aid for those with weak muscles or for those having to stay in the same position for long periods of time. This arrangement is also very useful for eating and drinking as it aids the correct position for ingestion and digestion.



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PRODUCT APPLICATIONS



Semi-Fowler's position 40 degrees upper body lift:

This position is also recommended to relieve pressure in Ischium, Trochanters, Knees and Heel regions.

M056

We have chosen the combination of:

Bolster Roll Pillow **M056**, Pillow **M103** and Log Support Cushion **M192** to achieve correct body alignment.

T-Roll **M230** to achieve slight knee flexion and abduction.

Midi Roll Pillow **M098** to support heels and prevent pressure.

M182 Chest/Limb Protector is placed between the arm and the chest to prevent damage to the skin. Perfect for paralysis or frozen arm due to muscle contracture.



Fowler's Position: Ideal for individuals who have difficulties breathing or experiencing heart problems. It is also ideal for eating and drinking.

M103 Pillow is used to support the arm in 30 degree tilt and elbows flexed position. This aids circulation and reduces pressure in elbows.

M056 Bolster Roll Pillow is used to achieve a semi-seated position (substitute for profile bed). The Pillow maintains and perfectly holds the correct body alignment and supports shoulders and arms. It can be used with or without **M103**. Both variations aid correct posture.



Side position 30 degree tilt



M098 Midi Roll Pillow is used in conjunction with **Dog Bone M192** to support alignment and maintain the position. Hyperextension of the neck is prevented and the back is fully supported. The individual can comfortably lean back into the pillow.

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PRODUCT APPLICATIONS



In this example we are using **Leg and Arm Ramp Cushion M062** to support upper limbs. Arm is supported with the elbow flexed to 30 degrees and hand in upward position. This aids circulation and helps prevent oedema. Elbow is cushioned and protected from pressure.



The combination of **T-Roll Support Pillow M230** together with a **Midi Roll Pillow M098** ensures leg abduction; allows for good calf support and total pressure relief on heel area.

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Lateral Position with 15 or 30 degree tilt

This position results in sacrum and ischium being completely of surface pressure.

Supports 30 degree tilt resulting in the individual not lying directly on the trochanter.

Using positioning cushion laterally to achieve 30 degree tilt is recommended to relieve pressure in trochanteral and sacrum areas.



M192
M193
Arm is supported with elbow flexed to 30 degrees and hand in upward position. This aids venous return and helps prevent oedema.

M098

M103

M101
Placed between knees and malleolus to prevent pressure sores.



Lateral position with 15 or 30 degree tilt
Sacrum and ischium completely of surface pressure.

In this example, we are using Bolster Roll Pillow M056 as a support to maintain correct body alignment and to prevent pressure sores in bony prominent areas.

M101
Support cushion is placed under arm to protect ribs and and elbow.

Length of 157 cm (62") and a generous circumference of 52 cm (20") assures covrage of all risky areas.



Sims' Position

Commonly used to completely relieve pressure from sacrum and ischial areas. In addition, The tilt of the chest and position of the head allows for secretions to drain out of the mouth with a much lower risk of aspiration.

We recommend:
Our Bolster Roll Pillows **M056**, **M096** or **M191** to aid this position and achieve correct alignment.



In this example we are using **T – Roll Support Pillow M230** and **Multi-purpose Pillow M103** to achieve flexion in knees. This avoids pressure and reduces strain on the abdominal muscle and lower back. **The Midi Roll Pillow M098** is used as a barrier, between the bottom of the bed and the feet, to prevent pressure sores. **M098** is also extremely useful in prevention of equinus foot as the micro-bead filling allows for foot movement and decreases risk of cramps.

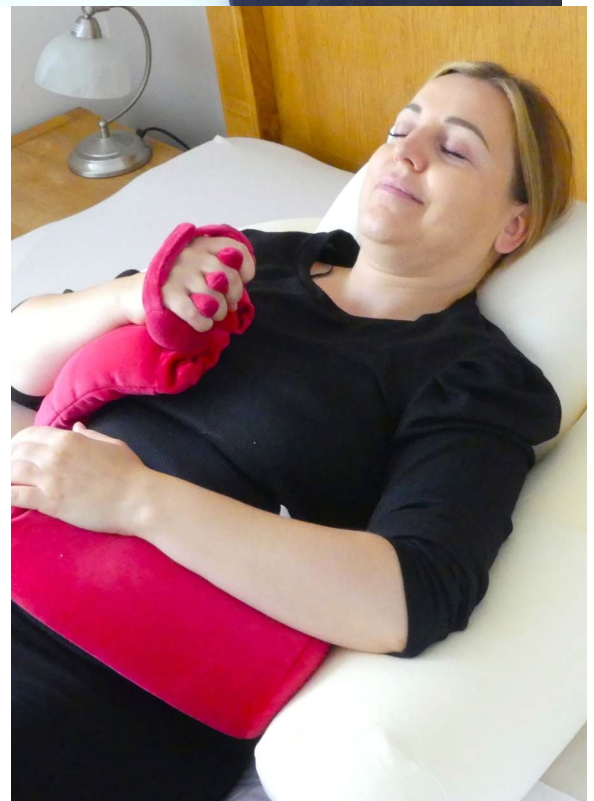


FINGER SEPARATOR/PALM PROTECTOR is an essential and popular choice for hand contractures or stiffness after stroke or other restrictive conditions. It protects hands from fingers closing into the palms, and prevents the nails dinging into the skin. It also provides comfort and relief.

The short finger stubs stop the skin touching, as well as preventing skin deterioration at the base and between the fingers.



M113
M112 M083 M063



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MICROBEAD HAND GRIPS

Hand Grip/Palm Protector



Colours : Raspberry, Cream

Dimensions	Standard	Large
Length	10 cm	15 cm
Diameter	4 cm	5 cm



M063: Handgrip and Palm Protector

This soft hand grip offers reassurance and has multiple functions. The tiny microbeads mould in the palm of the hand, making it easy to position. They also distribute weight evenly under pressure, giving appropriate resistance when squeezed. This makes it ideal for gentle hand exercises and for stopping hand closure. Helpful for those recovering from a stroke or suffering with arthritis.

Finger Separator/Palm Protector



(In cm)	Length	Width	Depth	Finger's length
Child	11 cm	5 cm	3 cm	3.5 cm
Large	13 cm	5 cm	3 cm	3.5 cm
Standard	14 cm	5 cm	4 cm	3.5 cm
Super Large	15 cm	6 cm	4 cm	3.5 cm

Colours :
Raspberry,
Cream

M083: Finger Separator

This soft finger separator has the added benefit of keeping the fingers apart. The beaded pad acts as a hand grip for gentle hand exercises, finger bending and for avoiding hand closure. The short finger stubs stop the skin touching or deteriorating at the base and between the fingers. Plus, the soft barrel pad helps prevent the nails from digging into the palms.



Low Profile HandGrip/ Finger Separator Palm Protector

M112: Finger Separator/ Palm Protector



Made with fewer beads than our standard Finger Separator / Palm Protector (M083), its slimmer design means the pad and finger separators can easily be slid between the hand and the fingers, without too much separation. Perfect for when the hand is quite closed. The short finger stubs stop the skin touching or deteriorating at the base and between the fingers. Plus, the soft barrel pad helps prevent the nails from digging into the palms.

M113: Hand Grip/ Palm Protector



Made with fewer beads than our standard Hand Grip / Palm Protector (M063), its slimmer design means the pad can easily be slid between the hand and the fingers, without too much separation. Perfect for when the hand is quite closed. It also helps prevent the nails from digging into the palms.

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MICROBEAD PILLOWS

Arm and Lap Pillow



M134: Arm Support and Lap Pillow

Lightweight and versatile, it can be used as an arm, lap or back support, as well as a neck and head rest. What's more, it offers support for those in a foetal position, needing a 'bump' support or for baby when breastfeeding.

Colours : Raspberry

Length	12.5 cm
Width	5.5 cm

Multi Chamber Bolster Roll Pillows



M096 : Multi-Chamber Bolster Roll Pillow

Colours : Raspberry, Cream

Standard

Length	157 cm
Diameter	17cm
Circumference	50 cm

Small

Length	160 cm
Diameter	13 cm
Circumference	42 cm

This popular bolster roll is lightweight and adaptable, it can be used as a bumper in a bed, a nest for palliative care, a T or V cushion, or as a back support.

The small micro beads shift and redistribute, perfectly contouring the body and providing the ideal postural support system. The **Multi-Chamber design** assures that the micro beads stay in their compartments resulting in evenly distributed firm support.

The Roll Pillow comes in two sizes; Small - designed for individuals with smaller body frames, or a child and Standard to support larger body frames.

Extra covers are available for purchase in both sizes.

M056: Long Bolster Roll Pillow



This Bolster roll was designed without chambers to keep micro beads in their compartments. As a result the microbead and redistribute, perfectly contouring the body and providing durable and soft support system.

Length	157 cm
Diameter	17cm
Circumference	52 cm

Perfect for those who need comfortable, softer and more adjustable support. It can be used as a bumper in a bed or cot, a nest for palliative care, a T or V cushion, or as a back support.

M098: Midi Roll Pillow



This Roll Pillow is versatile, lightweight and adaptable, it can be used as a comfortable leg, knee and foot support.

Length	60 cm
Diameter	17cm
Circumference	52 cm

Ideal for older people who are frail, those receiving palliative care, for the foetal position or for individuals with restrictive conditions. Its universal size makes this roll pillow perfect to use as a back or knee/ankle support in lateral position.

Extra covers are available for purchase.

T-Roll Support Pillow



Colours : Raspberry

Length	60 cm
Diameter	13 cm
Circumference	35 cm



M230: T-Roll Support Pillow

This pillow is a 3-in-1 multifunctional support pillow. Made up of two microbead pillows, they can either be used separately, or zipped together to form a T shape. This configuration is extremely useful for lower extremity positioning, stabilising position, supporting hip abduction and to help control spasticity.

To remove the M098 Midi Roll and M193 Mini Log from the T-Roll

1. Unzip underneath the M230 T-Roll
2. Take out the M098 Midi Roll and put it inside the zipped Midi Roll cover supplied separately.
3. Then take out the M193 Mini Log (this product does not have a zipped cover).

You now have two products – M098 Midi Roll and M193 Mini Log - which can then be used individually.

3 Products in 1 Product

To assemble the M230 T-Roll

1. Unzip the T-Roll cover
2. Insert the M193 Mini Log in to the funnel of the T-Roll cover first.
3. Then take off the zipped velour cover of the M098 Midi Roll and insert into the T-Roll cover making sure the Mini Log is pressed to the top of the funnel of the T-Roll.
4. Carefully zip up the cover of the T-Roll, making sure you don't catch the fabric of the Midi Roll in the zip.

You now have the **M230 T-Roll Support**.



Machine washable and suitable for tumble drying

Incorporating M098 Midi Roll and M193 Mini Log



M103: Pillow with Head Protection Gusset

Lightweight and adaptable, this pillow has a clever dual function. It can be used as a simple pillow for comfort as well as a support pillow for head protection on a table. Designed with a unique 'gusset' that raises the pillow edges, the microbeads contour the front and sides of the head for ideal positioning and extra stability. Especially helpful for when neck muscles are weak.

Colours : Cream

Length	56 cm
Width	36 cm
Depth	4 cm

MICROBEAD QUILTED CUSHIONS

Chest/Limb Protector Cushion



Colours : Cream,
Raspberry

Width	20 cm
Length	39 cm

M182: 2-Panel Chest/Limb Protector Cushion

This dual-chamber microbead cushion is ideal for tucking between limbs or two areas of skin to avoid them touching and for protecting bony areas or areas where the skin has become damaged from movement or friction. Particularly helpful for the elderly, disabled and those recovering from a stroke or suffering with restrictive conditions.

Support Cushion



Colours : Cream,
Raspberry

Width	28 cm
Length	20 cm

M101: Support Cushion/Knee and Ankle Separator

This cushion can be tucked between limbs or hips and the side of a chair for protection, making it extremely useful for stabilising position, especially when muscles are weak. The six chambers evenly distribute weight for maximum comfort and help prevent restricted blood flow from the skin being squashed between bone and a hard surface, and reduce friction to avoid pressure sores. Vital for those sitting in the same position for long periods of time.



M100: 9-Chamber Support Cushion

Just like M101, this lightweight nine chamber cushion can be sat on, tucked under other limbs or folded for protection from hard surfaces. Extremely useful for stabilising position, especially when muscles are weak.

Colours : Cream,
Raspberry

Width	47 cm
Length	47 cm

Ramp Cushion



Colours : Raspberry, Cream

Length	60 cm
Width	25 cm
Depth	17 cm



M062: Leg and Arm Ramp Cushion

Lightweight and adaptable, this flexible 'wedge' supports legs and arms, both in bed or a recliner. Depending on the care needs, two can be used together for extra elevation. Extremely useful for stabilising position, especially when muscles are weak. What's more, they help prevent restricted blood flow from the skin being squashed and reduce friction to avoid pressure sores.

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Heel Support Cushion



M061: 6-Chamber Heel Support Cushion

This cushion supports the foot and protects the heel. It can also be used as an elbow protector. Kept in place by a soft strap, the small microbeads mould to the body, providing postural support and maximum comfort.

Colours : Raspberry, Cream

Length	28 cm
Width	20 cm
Depth	5 cm

Sacral Cushion



Colours : Raspberry, Cream

Length	47 cm
Width	47 cm
Depth	7 cm



M064: 9-Chamber Sacral Cushion

The small microbeads mould to the base of the spine, providing the ideal postural support. The outer eight chambers distribute weight evenly for maximum comfort, while the central one is filled with fewer beads. This allows the coccyx to be safely cocooned in a soft dip and removes any pressure.

Leg Protector Cushion



Colours :
Raspberry, Cream

Length	43 cm
Width	23 cm
Depth	8 cm



M141: Leg Protector Cushion for Standing Hoist

This cushion protects the knees and shins against the firm surface of the hoist as the user comes to a standing position. The small microbeads mould to the front of the legs, which is helpful for those who bruise easily. It also gives confidence as the user can get to their feet with minimum pressure or pain to their lower legs.



Chest and Limb Support Cushion



M108: Knee and Ankle Separator Cushion

This cushion helps stabilise position and can be tucked between the ankles and knees. It also offers protection from hard surfaces and metal rails. What's

more, the microbeads help prevent restricted blood flow and offer comfort for those having to remain in the same position.

Colours : Raspberry, Cream

Length	28 cm
Width	20 cm
Depth	5 cm



Colours : Raspberry, Cream

Length	61 cm
Width	61 cm
Depth	7 cm



M057: 16-Chamber Support and Pressure Relief Cushion

This cushion can be used as a seat cushion or as a leg support for those in a recliner or lying down. It can also be neatly folded under the knees for support and offer comfort to those in a foetal position or in the same position for prolonged periods of time.



Colours : Raspberry, Cream

Length	61 cm
Width	61 cm
Depth	6 cm



M221: Cot Side Bumper Plus Cushion

Soft and lightweight, it provides an extra layer of protection from both metal rails and solid foam cot bumpers. The small microbeads cushion the body, while the multiple chambers evenly distribute weight for maximum comfort, which together help prevent bruising. Helpful for those prone to seizures, suffering with neurological damage or recovering from stroke.

MICROBEAD WHEELCHAIR CUSHIONS

Arm Support Cushions



Colours : Raspberry, Cream

Length	30 cm
Width	14 cm
Depth	7 cm



M060 : Wheelchair Arm Support Cushions (pair)

These 6-chamber arm support cushions are filled with microbeads, so they don't dip in the middle or feel too solid over time. They mould neatly around the arms, providing soft support, and reduce any pressure. Helpful for protecting those with fragile skin from the hard surface of the wheelchair arm rests.

Foot Rest Cushions



Colours : Raspberry, Cream

Length	27 cm
Width	22 cm
Depth	3 cm



M102 : Wheelchair Foot Rest Cushions

Just like our Arm Support Cushions (M060), this pair of 6-chamber microbead foot cushions mould around delicate, sensitive or painful feet, providing soft beds for them to rest on. They also provide padded support for those whose feet may not quite reach the footplates.

Back Cushions



Colours : Raspberry, Cream

Length	47 cm
Width	47 cm
Depth	7 cm



M059 : Wheelchair Back Cushion

This 9-chamber back cushion is extremely useful for stabilising position. The microbeads also help prevent restricted blood flow that comes from the skin being squashed between bone and a hard surface. A huge benefit for those sitting for long periods of time. What's more, they reduce friction, particularly important for those prone to pressure sores.

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Seat Cushions



Colours : Raspberry, Cream, Black

Length	47 cm
Width	47 cm
Depth	7 cm



M058 : Wheelchair Seat Cushion

Lightweight and soft, this 9-chamber seat cushion is filled with small microbeads and perfectly contours the user, providing them with the ideal postural support. Beneficial for those sitting for long periods of time. What's more, they also reduce friction, particularly important for those prone to pressure sores.

MICROBEAD SUPPORT CUSHIONS

Dog Bone Support



Colours : Raspberry

Length	31 cm
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M195 : Dog Bone Support Cushion

Small and lightweight, this cushion supports the neck and can be used comfortably in a bed, chair or recliner. It can also be used as a knee support, a limb separator and for keeping two areas of skin from touching.



M198 : 'Super' Dog Bone Support Cushion

Longer than the Dog Bone Support Cushion (M195), it can also support the head and neck or be used as a limb support or limb separator. What's more, it can be tucked under both the head and a pillow for extra height and comfort.



Colours : Raspberry

Length	50 cm
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Neck Support Cushion



M223 : Horseshoe Neck Support and Pressure Relief Cushion

This soft cushion supports the neck and holds it in a stable position, which can also help minimise head movement. The comfortable horseshoe shape also means that it can be slid on and off with minimal intrusion and disruption.

Chest/Limb Protector Cushion



M181 : 1-Panel Chest/Limb Protector Cushion

This cushion can be tucked between two limbs or between two areas of skin to avoid them touching. The microbeads mould to the body and evenly distribute weight for maximum comfort. Extremely useful for protecting bony areas or areas where the skin has become damaged from movement or friction.

Colours : Raspberry
Cream

Length	39 cm
Width	9 cm
Depth	2 cm

Chin Support



Colours : Raspberry

Length	9 cm
Circumference	67-71 cm



M199 : Chin Support Cushion

This cushion gently supports the chin and neck in a stable position. Helpful for those with weak muscles, those whose head may slump forward or to the side, or for those having to stay in the same position for long periods of time. A simple velcro strap also allows it to be put on and taken off with minimal intrusion and disruption.

Log Support Cushion



M192 : Log Support Cushion

Larger than the Mini Log Support Cushion (M193), it too can be tucked under or behind limbs and offers protection against hard surfaces and metal rails. The microbeads mould to the body and evenly distribute weight for maximum comfort.

Colours : Raspberry

Length	30 cm
Diameter	17 cm
Circumference	56 cm



M193 : Mini Log Support Cushion

Small and lightweight, this cushion tucks under or behind the limbs, providing the ideal postural support. It can also be used as a soft bolster between the limbs and hard surfaces or metal sides. Its mini size makes it suitable for paediatric care.

Colours : Raspberry

Length	28 cm
Diameter	13 cm
Circumference	40 cm



POSITIONING AND PRESSURE CARE

OTHER AREAS OF CARE :

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