Product

SP046 Sweet Potato Pie 220 g

Supply Details



Simply Pies

34 Kessling Ave, Kunda Park, Qld, 4556 HACCP FSAU10/7757 Stephen Gardiner / Director 07 5477 0167 simpies2@bigpond.com

Product Details			
Ingredient List in Descending Order	Sweet Potato, Flour, Mixed Vegetables (Carrots, Peas, Corn, Green Beans & Potatoes), Coconut Cream, Vegetable Margarine, Thickener (1442), Corn, Herbs & Spices, Seasoning, Silverbeet, Baking Powder and Water added Made in Australia from at least 80% Australian ingredients		
Allergens	This product may have come in contact or contain peanuts, tree nuts, sesame seeds, lupin, soy, milk, eggs, wheat, sulphites & sulphur dioxide, shellfish or fish		
Nutrition Information		Per 100 g	Per serve
	Energy (kJ)	596	1310
	Protein (g)	2.3	5.1
	Fat, Total (g)	5.2	11.4
	- saturated (g)	2.9	6.3
	Carbohydrate (g)	20.1	44.3
	- sugars (g)	2.6	5.6
	Sodium (mg)	217	478
Preparation/ Cooking Instructions	Product to be thawed prior to heating. Pre-heat oven to 180 °c. Heat product for 12 to 15 minutes in pre-heated oven. Times may vary depending on oven type. Less time for fan-forced ovens. Check at 12 minutes.		