

Product

Spinach & Feta Roll

Supply Details



Simply Pies


34 Kessling Ave, Kunda Park, Qld, 4556

HACCP FSAU10/7757

Stephen Gardiner / Director

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Product Details

Ingredient List in Descending Order	Flour, Spinach, Cheese, Onion, Starch, Potato Flake, Bread Crumb, Herbs & Spices, Salt, Psyllum Husk and Water added		
			
Allergens	This product may have come in contact or contain peanuts, tree nuts, sesame seeds, lupin, soy, milk, eggs, wheat, sulphites & sulphur dioxide, shellfish or fish		
Nutrition Information		Per 100 g	Per serve
	Energy (kJ)	489	734
	Protein (g)	8.3	12.5
	Fat, Total (g)	4.5	6.8
	- saturated (g)	2.5	3.8
	Carbohydrate (g)	10.2	15.4
	- sugars (g)	1.5	2.3
	Sodium (mg)	454	680
Preparation/ Cooking Instructions	Product to be thawed prior to heating. Pre-heat oven to 180 °c. Heat product for 12 to 15 minutes in pre-heated oven. Times may vary depending on oven type. Less time for fan-forced ovens. Check at 12 minutes.		