Cottage Lunch Pie

Supply Details



Simply Pies

34 Kessling Ave, Kunda Park, Qld, 4556 HACCP FSAU10/7757 Stephen Gardiner / Director 07 5477 0167 simpies2@bigpond.com

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Ingredient List in Descending Order	Flour, Beef, Vegetable Margarine, Soy Protein, Potato Flake, Maize Starch, Seasoning, Worcestershire Sauce (Water, Vinegar, Molasses, Rehydrated Vegetables, Salt, Spices, Natural Flavours, Colour (Caramel IV), Spice Extract), Black Jack Colour 150c, Herbs and Spices, Cheese, Milk Powder, Baking Powder and Water added Made in Australia from at least 80% Australian ingredients				
Allergens	This product may have come in contact or contain peanuts, tree nuts, sesame seeds, lupin, soy, milk, eggs, wheat, sulphites & sulphur dioxide, shellfish or fish				
Nutrition Information		Per 100 g	Per serve		
	Energy (kJ)	611	1340		
	Protein (g)	6.7	14.7		
	Fat, Total (g)	5.5	12.1		
	- saturated (g)	2.7	6		
	Carbohydrate (g)	16.8	37		
	- sugars (g)	0.4	0.9		
	Sodium (mg)	192	422		

Preparation/ Cooking Instructions Product to be thawed prior to heating.

Pre-heat oven to 180 °c.

Heat product for 12 to 15 minutes in pre-heated oven.

Times may vary depending on oven type.

Less time for fan-forced ovens. Check at 12 minutes.

