Product

Chunky Chicken & Vegetable Lunch Pie

Supply Details

Simply Pies

34 Kessling Ave, Kunda Park, Qld, 4556 HACCP FSAU10/7757 Stephen Gardiner / Director 07 5477 0167 simpies2@bigpond.com

| Product Details | | | |
|---|---|-----------|-----------|
| Ingredient List in Descending Order | Chicken, Flour, Vegetables, Seasoning, Maize Starch 1422, Milk Powder, Salt, Soy Protein, Baking Powder and Water added Made in Australia from at least 80% Australian ingredients | | |
| Allergens | This product may have come in contact or contain peanuts, tree nuts, sesame seeds, lupin, soy, milk, eggs, wheat, sulphites & sulphur dioxide, shellfish or fish | | |
| Nutrition Information | | Per 100 g | Per serve |
| | Energy (kJ) | 441 | 970 |
| | Protein (g) | 6.6 | 14.5 |
| | Fat, Total (g) | 4.5 | 9.9 |
| | - saturated (g) | 2.3 | 5 |
| | Carbohydrate (g) | 14.4 | 31.6 |
| | - sugars (g) | 0.9 | 2 |
| | Sodium (mg) | 187 | 411 |
| Preparation/ Cooking Instructions | Product to be thawed prior to heating. Pre-heat oven to 180 °c. Heat product for 12 to 15 minutes in pre-heated oven. Times may vary depending on oven type. Less time for fan-forced ovens. Check at 12 minutes. | | |

