

BEETROOT & WHIPPED FETA MUFFIN

GLUTEN FREE

This delicious savoury treat is gluten free and packed with the natural sweetness of beetroot chunks, which are complemented by the aromatic flavour of rosemary and thyme. Finished with the tang of creamy and salty whipped feta topping, this muffin makes for a perfectly balanced delicacy.

918g | pack of 6 serves

NUTRITIONAL INFORMATION

	Serving Size: 153.00	
	Average Quantity per serving	Average Quantity per 100g
Energy	1920kJ	1250kJ
Protein	8.3g	5.4g
Fat, total	31.8g	20.8g
- saturated	9.8g	6.4g
Carbohydrate	35.3g	23g
- sugars	5.5g	3.6g
Sodium	1040mg	682mg

INGREDIENTS

Rice Flour, Beetroot (16%) (Beetroot, Water, Sugar, Food Acid (260), Salt, Flavours), Egg, Cream Cheese (Milk, Cream, Salt, Stabilisers (410, 412), Starter Culture), Canola Oil, Beetroot (6%), Feta (Pasterised Cow's Milk, Vegetable Oil (Palm Oil), Salt, Lactic Culture, Microbial Rennet), Stabiliser (Contains Modified Starch (1422), Whey Powder, Raising Agents (450, 500), Emulsifiers (481, 471), Vegetable Gum (415)), Glycerine, Carrot, Onion, Salt, Guar Gum (412), Food Colour (Water, Food Colour (124), Food Acid (330), Preservatives (202, 211)), Stabiliser (Contains Emulsifier (471)), Pepper White Ground, Thyme (0%), Preservative (202), Rosemary (0%), Basil

ALLERGENS

Contains Egg;Milk

May Contain Tree nuts



Country of Origin Made in Australia from at least 60% Australian ingredients **Preparation Instructions** Heating times are a guide based on 1000-watt microwave and may vary depending on your appliance. Microwave: Heat muffins from chilled on HIGH for 40 seconds

Storage Keep Frozen<-18°C. Thaw and Store refrigerated below 5° C and use within 4 days.

Frozen Shelf Life 364 days Refrigerated Shelf Life 5 days

INNER CARTON

Serves 6 serves per carton Gross Weight 0.92kg Barcode 9331043023734

OUTER CARTON

Gross Weight 3.68kg **Barcode** 19331043023731

QUICK INFO



