

Blueberry Muffin

Individual

Blueberry Muffin. Ingredients in order of in-going weight: Muffin Mix (Wheat Flour, Sugar, Vegetable Oil, Antioxidant (306), Milk Solids, Egg Powder, Raising Agents (500, 541), Dextrose, Wheat Starch, Salt, Emulsifiers (471, 481), Thickeners (412), Flavour, Colour (102)), Water, Blueberries (16%).

Serving Size: 145g

Serves per cake -1

Contains gluten, egg, milk, soybeans - and their products. May contain peanuts, tree nuts, sesame seeds - and their products
Made from local and imported ingredients.

Nutrient	Avg. quantity per serve	Quantity per 100g
Energy (kJ)	2090	1440
Protein (g)	7.5	5.2
Fat, total (g)	15.6	10.7
Fat, saturated (g)	4.9	3.4
Carbohydrate (g)	80.0	55.2
Sugars (g)	38.5	26.6
Sodium (mg)	708	488

Marks Quality Cakes ~ 1 Akuna Drive Williamstown 3016 Victoria AUSTRALIA 03 9397 4677 Store below 4 °C