

Apple & Cinnamon Muffins

Individual

Apple & Cinnamon Muffin. Ingredients in order of in-going weight: Muffin Mix (Wheat Flour, Sugar, Vegetable Oil, Antioxidant (306), Milk Solids, Egg Powder, Raising Agents (500, 541), Dextrose, Wheat Starch, Salt, Emulsifiers(471, 481), Thickener (412), Flavour, Colour (102)), Apple (30%), Water, Cinnamon (0.5%).

Serving Size: 165g

Serves per cake – 1

Contains gluten, egg, milk, tree nuts, sesame seeds, soybeans - and their products. May contain peanuts
Made from local and imported ingredients

Nutrient	Avg. quantity per serve	Quantity per 100g
Energy (kJ)	2170	1320
Protein (g)	7.5	4.6
Fat, total (g)	15.6	9.5
Fat, saturated (g)	4.9	3.0
Carbohydrate (g)	84.5	51.2
Sugars (g)	43.0	26.1
Sodium (mg)	709	430

Marks Quality Cakes ~ 1 Akuna Drive Williamstown 3016 Victoria AUSTRALIA 03 9397 4677 Store below 4 ° C