

# GF Humming Bird Cake

Ingredients: Ground almond, eggs, GF  
Flour, sugar, rice bran oil, banana,  
coconut, pineapple, cream cheese, icing  
sugar, lemon juice

Address: 9 Production Ave, Warana QLD 4575  
Website: [www.homedelbliss.com.au](http://www.homedelbliss.com.au)

## Nutritional Information

Servings per package - 12  
Approx. Serving size - 115g

Packed on -

	Per Serve	Per 100g		Per Serve	Per 100g
<b>Energy</b>	1800 kJ	1570 kJ	<b>Carbohydrate</b>		
<b>Protein</b>	7.5 g	6.5 g	<b>Total</b>	30.3 g	26.4 g
<b>Fat</b>			<b>Sugars</b>	23.4 g	20.4 g
<b>Total</b>	31g	27g	<b>Fibre</b>	n/a g	n/a g
<b>Saturated</b>	11g	9.5 g	<b>Sodium</b>	139 mg	121 mg