

## Jam Berliner Standard Size

Total ingredient (raw) weight: 115.00 g  
Total (cooked) weight: 115.00 g  
Weight change: 0.00 %

Nutrition Information		
Servings per package:	1.00	
Serving size:	115.00 g	
	Average Quantity per Serving	Average Quantity per 100 g
Energy	1270 kJ	1100 kJ
Protein	3.5 g	3.0 g
Fat, total	11.5 g	10.0 g
- saturated	4.8 g	4.2 g
Carbohydrate	45.5 g	39.6 g
- sugars	23.7 g	20.6 g
Sodium	532 mg	463 mg

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## Big Lou's Donuts

Please see the below information from the supplier regarding defrosting and storage for Big Lou's Donuts.

Preferably Defrost in original sealed packaging or in a suitable closed container. Defrost on average is approx 30 mins. Up to 1 hour in cooler conditions. Do not refrigerate. Store Donuts either Frozen in sealed container or Ambient Conditions. Once thawed use within 2-3 days. Ideally turn over daily.

Donuts are best displayed in smaller displays such as glass or acrylic cake dome at ambient temps. The more oxygen the donut is exposed to the sooner it will dry out. Large open display cabinets are ok but will dry Quicker than a small cake dome. Excessive Humidity can cause iced donuts to melt/run. Keep away from heat sources such as fridge/freezers, Bain marries and other equipment that generate heat.

If you have any questions or require any additional information please give our team a call on 07 3161 7186.