

The Village Kitchen

Menu – April

Lunch

Salad bowl (ve, gfo) £5.00

Our house salad, choose from cous cous or quinoa (gf), with miso greens, raw beetroot & apple, raw carrot & ginger, naked slaw, crunchy seeds and tahini dressing

Butterbean & kale stew (ve, gfo) £5.50

Served with either sourdough toast or jacket potato & vegan butter

Lentil & black bean chilli (ve, gfo) £5.50

Served with either sourdough toast, or jacket potato & vegan butter

Salad combo (ve, gfo) £7.00

Choose from stew or chilli with a small house salad

Soup of the day (ve) £5.00

Served with sourdough toast

Jacket potato & baked beans (ve, gf) £5.00

Large potato, with vegan butter & baked beans (swap to small £3)

Sosroll (ve) £1.80

Add a side salad for an additional £1.50

Pasty (ve) £3.75

Add a side salad for an additional £1.50

Kids lunch

Pasta with homemade tomato sauce (ve) £2.00

Picky plate - pasta (ve) £3.50

A lunch plate with twirly pasta, cucumber & carrot sticks, dried fruit (apple rings, dried mango, raisins)

Picky plate - flatbread & houmous (ve) £3.50

A lunch plate with flatbread & houmous, cucumber & carrot sticks, dried fruit (apple rings, dried mango, raisins)

Jacket potato & baked beans (ve, gf) £3.00

Small potato, with vegan butter & baked beans

Beans on toast (ve) £2.50

Served with sourdough toast

Soup of the day (ve) £4.00

Served with sourdough toast

ve = vegan, gf = gluten free, gfo = gluten free option

If you have any allergies, please speak to staff ahead of ordering.

eco-village.co.uk

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Menu

Breakfast

Sourdough toast (ve) £1.00

Served with vegan butter

Toasted English muffin (ve) £1.50

Served with vegan butter

Rye toast (ve) £1.00

Served with vegan butter

Fruit rye toast (ve) £1.00

Served with vegan butter

Toppings for toast or muffin - 50p

Choose from raspberry jam (ve),
peanut butter (ve), honey, chocolate
spread (ve)

Cereal £1.50

All served with oat or cow's milk

Choose from bran flakes (ve), choco
flakes (ve), apricot muesli, deluxe
muesli (ve)

Beans on toast (ve) £2.50

Served with sourdough toast & vegan
butter

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gfo = gluten free option

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staff ahead of ordering.

Drinks

Filter coffee £2.00

includes a free refill

Tea £2.00

British brew, earl grey, mint, green,
rooibos, chai, berry

Karma £1.50

Cola sugar-free, Razza raspberry,
Cola, Summer orangeade, Gingerella
ginger, Lemony lemon

Cawston Press £1.50

Apple, Rhubarb, Ginger, Elderflower,
Orange

Frobishers juice £2.50

Apple, Orange, Bumbleberry

Cordial 50p

Milk £1.00

Cakes

See cake counter for
today's cakes