# PROFESSIONAL MANUAL

#### INTRODUCTION.

I grew up in Paris, France. My grandmother was an esthetician who partnered with a doctor to open spas and launch a skincare line. This was back in the 70s, and medical skincare did not exist yet, so this was well ahead of its time. As a child, I was surrounded by medical and aesthetic practitioners and loved being part of this world. When I grew up, I built a career in marketing and product development, and worked for many large cosmetic groups. During this time, I worked for cosmeceutical and organic lines, where I saw very different approaches to caring for skin. I was always passionate about scientific research but had a personal philosophy that was holistic, practicing meditation every day and loving being connected to nature.

Being immersed in the professional skincare industry and feeling connected to both the holistic and medical worlds, I wanted to create a line that would bring these together: products that would not only be of the purest standards but also that would have powerful efficacy.

Having worked in organic skincare, I knew that the most challenging ingredient to remove to achieve the purest formulas was the preservatives. We all know that preservatives in food are to be avoided at all costs. There is tremendous research showing their negative effects on overall health, so I wondered why it was still "accepted" that they are used in skincare. There was also growing research showing that preservatives have a molecular weight that allows them to penetrate through the dermal layers and that they are not only toxic but also irritate the skin and affect skin's microbiome. So I kept thinking of a way to remove them. And one day, I discovered how to build products that are water-free, either powder or oil/wax-based.

Why no water? Because any normal stagnant water is prone to bacterial proliferation, which leads to mold. By removing water, you do not need to use preservatives any longer.

One significant thing emerged from this: I noticed that the products were more efficacious this way. Most active ingredients come in either powder or oil forms. By maintaining their integrity until the very last minute before skin application, their potency is preserved.

Finally, one thing to note is that thanks to this approach, all the products are composed of 100% active ingredients. Most products we find have 90%+ water, then some fillers, and then you are only left with maybe 5-8% active ingredients. This may vary, but this is a general rule. In each Mr. Lulu product, each ingredient has a purpose and a skin benefit. There are no "inactive ingredients".

+ Mr. Lulu

# RETAIL / HOME CARE

+ Mr. Lulu

## **VITAMIN C POWDER SERUM**

# **RETAIL & PRO SIZE**

Powerful and fast skin brightening.

Professional-grade powder serum: ultra-concentrated Vitamin C (ascorbic acid) powerhouse designed to quickly brighten and smooth skin. Just add water to activate and target all forms of pigmentation challenges.

#### **Benefits:**

- 1. Brighter, more radiant skin
- 2. Smoother, refined complexion
- 3. Visibly reduced dark spots

**Skin type:** Combination / Oily skin **Skin tone:** All skin tones Fitz 1 > 6

Not so good for someone with: dry / sensitive skin

**Good to know:** All-natural, preservative-free, cruelty-free, petroleum-free, silicone-free, alcohol-free.

pH (when mixed with water): 4-5

#### **INGREDIENTS**

Full ingredients list: Ascorbic acid (Vitamin C), sodium hyaluronate (Hyaluronic acid), guar gum.

- 1. Ascorbic acid (Vitamin C): Powerful antioxidant. It has been proven to brighten and smooth skin. With a molecular weight of 176 g/mol, it provides antioxidative benefits.
- 2. Sodium hyaluronate (Hyaluronic acid):

Powerful humectant. It draws water and helps lock in moisture. With a molecular weight of 847 g/mol, it sits on top of dermal layers to create a "moisture lock".

3. Guar Gum: Powerful humectant too. It complements hyaluronic acid as it helps provide additional nourishment to skin.

#### **HOME APPLICATION**

Open and tap bottle twice or 3 times. The powder falls in palm of dry hand. Lightly wet other hand with water. Rub two hands together until Vitamin C crystals dissolve and it feels slippery. Apply and massage over face and neck until you feel that it is starting to absorb. Count 15-30 seconds and apply a Mr. Lulu face oil, or moisturizer of your choice.



#### HOME CARE PRESCRIPTION

Prescribe as part of homecare system for hyperpigmentation: combination / oily skin.

- 1. Precleansing Oil
- 2. Probiotic Powder Cleanser
- 3. Activated Enzyme Scrub (X2 per week)
- 4. Vitamin C Powder Serum
- 5. Brightening Face Oil or Extra Nourishing Face Oil

#### **PROFESSIONAL GUIDELINES**

Can be used as a pro serum (or pro masque) in the following treatments: (Green = Yes)

FACIALS	CHEMCICAL PEELS	MECHANICAL RESURFACERS	SKIN NEEDLING	LASERS	HAIR REMOVAL
Customized facial	Chemical peels 30%	Dermaplaning	Micro-channeling (During & Post)	Non-ablative laser	Laser Hair removal
Acne facial	Chemical peels 40%+	Nano infusion	Micro-needling (During & Post)	Fractional laser	Electrolysis
Oxygen Facial / Hydrafacial	Jessner peel	Microdermabrasion	RF Micro-needling (Post)	Ablative laser	Waxing
Under Jelly Masque				Plasma Pen	

#### Pro Serum: preparation & application

Pour powder into a small mixing bowl. Add water and start mixing with fan brush. Slowly add more water and keep mixing until you reach desired consistency. The consistency should be the one of a "jelly-serum", and it can be as thick or runny as you prefer. Apply to face or targeted area with fan brush.

You can now apply HydroJelly Masque, or moisturizer depending on the treatment performed.

Please note: you may also mix and apply with your hands, depending on personal preferences.

#### Pro Brightening Masque: preparation & application

Follow same steps as above. But when the "jelly-serum" is formed, add a dropper of a selected face oil and keep mixing with fan brush. The consistency and color will change. Apply a thick layer to face, and leave on skin for 8-10 minutes.

You can place client under LED during this time – the masque is transparent and light therapy can be performed while masque is applied.

# **HA B3 POWDER SERUM**

# RFTAIL & PRO SIZE

#### Ultra brightening and ultra hydrating.

Powder serum with professional concentration of Niacinamide (20%) and Hyaluronic Acid (10%). Activated with a splash of water, it becomes a powerful yet gentle hydrating and brightening serum.

#### **Benefits:**

- 1. Brighter skin, with less dark spots
- 2. Plump and hydrated skin



**Excellent for:** Dark spots, uneven skin tone, post-inflammatory hyperpigmentation, break outs, clogged

pores, ingrown hair, sun damaged skin.

**Skin types:** Combination skin, Oily skin, Dry Skin

**Skin tone:** All skin tones Fitz 1 > 6

Not so good for someone with: very sensitive skin

**Good to know:** All-natural, preservative-free, cruelty-free, petroleum-free, silicone-free, alcohol-free.

**pH** (when mixed with water): 5-6

#### **INGREDIENTS**

Full ingredients list: vitamin B5 (pantothenic acid), vitamin B3 (niacinamide), hyaluronic acid, guar gum. Vitamin B3: Also known as niacinamide, this active has been extensively researched for its ability to minimize enlarged pores, reduce breaks outs, improve uneven skin tone, and strengthen a weakened skin barrier.

Vitamin B5: This vitamin has the ability to boost skin hydration and is researched for its anti-acne properties. Hyaluronic acid: Powerful humectant. It draws water and helps lock in moisture in skin. With a molecular weight of 847 g/mol, it sits on top of dermal layers to create a "moisture lock".

Guar Gum: Powerful humectant too. It complements hyaluronic acid as it helps provide additional nourishment to skin.

#### **HOME APPLICATION**

Open and tap bottle twice or 3 times. The powder falls in palm of dry hand. Lightly wet other hand with water. Rub two hands together until the powder dissolves and it feels slippery. Apply and massage over face and neck until you feel that it is starting to absorb. Count 15-30 seconds and apply a Mr. Lulu face oil, or moisturizer of your choice.

#### HOME CARE PRESCRIPTION

#### Homecare for hyperpigmentation (dry / combination skin)

- 1. Precleansing Oil
- 2. Probiotic Powder Cleanser
- 3. Activated Enzyme Scrub (X2 per week)
- 4. HA B3 Powder Serum
- 5. Extra Nourishing Face Oil or Soothing Face Oil

#### **PROFESSIONAL GUIDELINES**

Can be used as a pro serum (or pro brightening masque) in the following treatments: (Green = Yes)

FACIALS	CHEMCICAL PEELS	MECHANICAL RESURFACERS	SKIN NEEDLING	LASERS	HAIR REMOVAL
Customized facial	Chemical peels 30%	Dermaplaning	Micro-channeling (During & Post)	Non-ablative laser	Laser Hair removal
Acne facial	Chemical peels 40%+	Nano infusion	Micro-needling (During & Post)	Fractional laser	Electrolysis
Oxygen Facial / Hydrafacial	Jessner peel	Microdermabrasion	RF Micro-needling (Post)	Ablative laser	Waxing
Under Jelly Masque				Plasma Pen	

#### Pro Serum: preparation & application

Pour powder into a small mixing bowl. Add water and start mixing with fan brush. Slowly add more water and keep mixing until you reach desired consistency. The consistency should be the one of a "jelly-serum", and it can be as thick or runny as you prefer. Apply to face or targeted area with fan brush.

You can now apply HydroJelly Masque, or moisturizer depending on the treatment performed.

Please note: you may also mix and apply with your hands, depending on personal preferences.

#### Pro Brightening Masque: preparation & application

Follow same steps as above. But when the "jelly-serum" is formed, add a dropper of a selected face oil and keep mixing with fan brush. The consistency and color will change. Apply a thick layer to face, and leave on skin for 8-10 minutes.

You can place client under LED during this time – the masque is transparent and light therapy can be performed while masque is applied.

#### Tox Plump Booser: Botox / Filler procedures

Apply HA B3 Powder Serum followed with 3-5 drops of Brightening Face Oil (or Extra Nourishing Face Oil) immediately at end of the procedure to plum up skin instantly and provide instant gratification to client/patient.

# **BRIGHTENING FACE OIL**

# **RETAIL & PRO SIZE**

100% organic moisturizing face oil with pure and healthy fatty acids. It combines light and heavy nut and seed oils.

#### **Benefits:**

- 1. Smooth and mattified skin
- 2. Skin feels and looks perfectly hydrated.

#### **Great for:**

- 1. Anyone with combination to oily skin
- 2. Anyone with break outs or acne
- 3. Anyone who likes a "light" moisturizer



**Skin tone:** All skin tones Fitz 1 > 6

**Good to know:** All-natural, preservative-free, cruelty-free, petroleum-free, silicone-free, alcohol-free.



**Application:** Apply a few drops (3 to 5) AM/PM after Powder Serum.

# Homecare for hyperpigmentation (combination / oily skin)

- 1. Precleansing Oil
- 2. Probiotic Powder Cleanser
- 3. Activated Enzyme Scrub (X2 per week)
- 4. Vitamin C Powder Serum or HA B3
  Powder Serum
- 5. Brightening Face Oil

## Homecare for acne / PIH prone skin

- 1. Precleansing Oil
- 2. Probiotic Powder Cleanser
- 3. Activated Enzyme Scrub (X2 per week)
- 4. HA B3 Powder Serum
- 5. Brightening Face Oil

#### **INGREDIENTS**

Full ingredients list: MCT oil, grapeseed oil, almond oil, carrot seed oil, grapefruit essential oil.

- 1. MCT Oil (organic) Extracted from coconuts, it is a medium chain fatty acid. Due to its smaller molecular size, skin absorbs it easily to provide deeper nourishment.
- 2. Grapeseed Oil (organic) Rich in vitamin E and linoleic acid (omega-6 fatty acid), it has powerful antioxidative abilities and is known for its anti-inflammatory benefits.
- 3. Almond Oil (organic) Also rich in Vitamin E, this light oil is an effective emollient it balances the absorption of moisture and water loss. It is anti-bacterial, and therefore good for break out reduction.
- 4. Carrot Seed Oil (organic) Cold pressed and a thicker oil, it is highly nourishing. It contains Vitamin A, and is well known by estheticians as one of the best oils to target wrinkles and lines.



5. Grapefruit essential oil (organic) Only used in very small amount. It provides an uplifting natural scent and allows to mattify skin.

#### **PROFESSIONAL GUIDELINES**

Can be used as a moisturizer with the following treatments: (Green = Yes)

FACIALS	CHEMCICAL PEELS	MECHANICAL RESURFACERS	SKIN NEEDLING	LASERS	HAIR REMOVAL
Customized facial	Chemical peels 30%	Dermaplaning	Micro-channeling (Post)	Non-ablative laser	Laser Hair removal
Acne facial	Chemical peels 40%+	Nano infusion	Micro-needling (Post)	Fractional laser	Electrolysis
Oxygen Facial / Hydrafacial	Jessner peel	Microdermabrasion	RF Micro-needling (Post)	Ablative laser	Waxing
Under Jelly Masque				Plasma Pen	

## **Dermaplaning: Oil-planing**

Apply 3-5 drops of Brightening Face Oil to skin, and proceed with dermaplaning for more glide & control.

#### Tox Plump Booser: Botox / Filler procedures

Apply HA B3 Powder Serum followed with 3-5 drops of Brightening Face Oil (or Extra Nourishing Face Oil) immediately at end of the procedure to plum up skin instantly and provide instant gratification to client/patient.

#### Facial massage: Fascia massage

Apply 3-5 drops of Brightening Face Oil to hands, and proceed with facial massage.

# **EXTRA NOURISHING FACE OIL**

# **RETAIL & PRO SIZE**

Scent-free ultra moisturizing face oil with pure and healthy fatty acids. It combines medium to heavy nut and seed oils for maximum nourishment. Ideal for dry skin, cold weather or nighttime.

#### **Benefits:**

- 1. Smooth and nourished skin
- 2. Skin feels and looks perfectly replenished

#### **Great for:**

- 1. Anyone with dry skin
- 2. Anyone experiencing seasonal dryness



**Skin tone:** All skin tones Fitz 1 > 6

**Good to know:** All-natural, preservative-free, cruelty-free, petroleum-free, silicone-free, alcohol-free.

#### **HOME CARE PRESCRIPTION**

**Application:** Apply a few drops (3 to 5) AM/PM after Powder Serum.

#### Homecare for hyperpigmentation (dry skin)

- 1. Precleansing Oil
- 2. Probiotic Powder Cleanser
- 3. Activated Enzyme Scrub (X1-2 per week)
- 4. HA B3 Powder Serum
- 5. Extra Nourishing Face Oil

#### **INGREDIENTS**

Full ingredients list: Shea nut oil, safflower oil, almond oil, carrot seed oil.

- 1. Shea nut oil (organic) It is just as luxurious as shea butter but in an oil form. It is one of the richest oils that provide deep nourishment and comfort to skin.
- 2. Grapeseed Oil (organic) Rich in omega-6 and omega-3 essential fatty acids, which are crucial to overall skin function and a healthy skin appearance.
- 3. Almond Oil (organic) Also rich in Vitamin E, this light oil is an effective emollient it balances the absorption of moisture and water loss. It is anti-bacterial, and therefore good for break out reduction.



4. Carrot Seed Oil (organic) Cold pressed and a thicker oil, it is highly nourishing. It contains Vitamin A, and is well known by estheticians as one of the best oils to target wrinkles and lines.

#### **PROFESSIONAL GUIDELINES**

Can be used as a moisturizer with the following treatments: (Green = Yes)

FACIALS	CHEMCICAL PEELS	MECHANICAL RESURFACERS	SKIN NEEDLING	LASERS	HAIR REMOVAL
Customized facial	Chemical peels 30%	Dermaplaning	Micro-channeling (Post)	Non-ablative laser	Laser Hair removal
Acne facial	Chemical peels 40%+	Nano infusion	Micro-needling (Post)	Fractional laser	Electrolysis
Oxygen Facial / Hydrafacial	Jessner peel (at home)	Microdermabrasion	RF Micro-needling (Post)	Ablative laser (after 1 day)	Waxing
Under Jelly Masque				Plasma Pen (after 3 days)	

#### Tox Plump Booser: Botox / Filler procedures

Apply HA B3 Powder Serum followed with 3-5 drops of Brightening Face Oil (or Extra Nourishing Face Oil) immediately at end of the procedure to plum up skin instantly and provide instant gratification to client/patient.

Skin needling procedures: Micro-channeling, Micro-needling, RF micro-needling

- Apply HA B3 Powder Serum only immediately at end of treatment.
- Client to go home with HA B3 Powder Serum & Soothing Face Oil (or Extra Nourishing Face Oil)
- Evening of the treatment, client to apply HA B3 Powder Serum only (on cleansed skin)
- From the morning after and for at least 14 days, apply HA B3 Powder Serum followed by Soothing Face Oil AM/PM

**Post non-ablative procedures:** Chemical peel, Non-ablative laser (e.g. Moxi, Clear & Brilliant...), Pico second laser (e.g. Picoway...), IPL (e.g. BBL...), Electrolysis / laser hair removal.

- Apply HA B3 Powder Serum followed with 3-5 drops of Soothing Face Oil (or Extra Nourishing Face Oil) immediately at end of treatment to support recovery / inflammation resolution process.
- Client to go home with HA B3 Powder Serum & Soothing Face Oil (or Extra Nourishing Face Oil), and apply the evening of the treatment (on cleansed skin), and AM/PM for the 14 days that follow the treatment.

# **SOOTHING FACE OIL**

# **RETAIL & PRO SIZE**

Calm, soothe and nourish skin.

A unique combination of powerful calendula seed oil and Omega 3-rich oil, to help reduce redness and calm visible irritation.

**Benefits:** 1. Brighter skin 2. Smoother skin 3. Removal of vellus hair

Great for:

- 1. Anyone with sensitive skin concerns.
- 2. Pre / post procedure care to increase comfort and faster recovery.
- 3. Anyone prone to hyperpigmentation linked to sensitivity or friction.



**Please note:** Although designed to support sensitive skin, this oil has been popular and effective on all skin types. For oily skin types, using face oils often reverse the production of excess oil & sebum.

**Skin tone:** All skin tones Fitz 1 > 6

**Good to know:** All-natural, preservative-free, cruelty-free, petroleum-free, silicone-free, alcohol-free.

#### **INGREDIENTS**

Full ingredients list: MCT oil, olive oil, calendula seed oil, algal oil, tocopherol.

- 1. Calendula Seed Oil: Calendula seed oil soothes skin irritations, reduces redness, moisturizes dryness, and promotes overall skin health.
- 2. Algal Oil: Microalgae oil reduces visible signs of irritation, and nourish skin.
- 3. MCT Oil (organic): Extracted from coconuts, it is a medium chain fatty acid. Skin absorbs it easily to provide deeper nourishment.
- 4. Olive Oil (organic): Provides deep moisturization, antioxidant protection, improved elasticity, and reduced inflammation. Nourishing and soothing, it leaves skin soft, radiant, and youthful.

#### HOMECARE PRESCRIPTION

**Application:** Apply a few drops (3 to 5) AM/PM after Powder Serum.

For very dry or compromised skin, follow with the application of the Protective Balm.

Homecare for sensitized skin:	Homecare for very dry / compromised skin:
1. Precleansing Oil	<ol> <li>Precleansing Oil</li> </ol>
2. Probiotic Powder Cleanser	2. Probiotic Powder Cleanser

3. HA B3 Powder Serum	3. HA B3 Powder Serum
4. Soothing Face Oil	4. Soothing Face Oil
	5. Protective Balm

#### PROFESSIONAL GUIDELINES

Can be used as a moisturizer with the following treatments: (Green = Yes)

FACIALS	CHEMCICAL PEELS	MECHANICAL RESURFACERS	SKIN NEEDLING	LASERS	HAIR REMOVAL
Customized facial	Chemical peels 30%	Dermaplaning	Micro-channeling (Post)	Non-ablative laser	Laser Hair removal
Acne facial	Chemical peels 40%+	Nano infusion	Micro-needling (Post)	Fractional laser	Electrolysis
Oxygen Facial / Hydrafacial	Jessner peel (at home)	Microdermabrasion	RF Micro-needling (Post)	Ablative laser (after 1 day)	Waxing
Under Jelly Masque				Plasma Pen (after 3 days)	

Skin needling procedures: Microchanneling, Microneedling, RF microneedling

- Apply HA B3 Powder Serum only immediately at end of treatment.
- Client to go home with HA B3 Powder Serum & Soothing Face Oil (or Extra Nourishing Face Oil)
- Evening of the treatment, client to apply HA B3 Powder Serum only (on cleansed skin)
- From the morning after and for at least 14 days, apply HA B3 Powder Serum followed by Soothing Face Oil AM/PM

**Post non-ablative procedures:** Chemical peel, Non-ablative laser (e.g. Moxi, Clear & Brilliant...), Pico second laser (e.g. Picoway...), IPL (e.g. BBL...), Electrolysis / laser hair removal.

- Apply HA B3 Powder Serum followed with 3-5 drops of Soothing Face Oil (or Extra Nourishing Face Oil) immediately at end of treatment to support recovery / inflammation resolution process.
- Client to go home with HA B3 Powder Serum & Soothing Face Oil (or Extra Nourishing Face Oil), and apply the evening of the treatment (on cleansed skin), and AM/PM for the 14 days that follow the treatment. Follow with Protective Balm if skin feels dry during recovery period.

Post ablative procedures: Plasma Pen, Fractional / ablative laser

- Client to go home with HA B3 Powder Serum, Soothing Face Oil and Protective Balm.
- 24-48 hours post procedure (and as directed by your skin professional) and for at least 28 days, apply HA B3 Powder Serum followed by Soothing Face Oil and Protective Balm AM/PM.

# PROTECTIVE BALM

# **RETAIL**

New generation balm moisturizer.

Water-free, silicone-free, petroleum jelly-free balm. It deeply nourishes skin and creates a protective film to lock moisture in skin. It is ideal for anyone with dry skin, or experiencing seasonal dryness.

Benefit: Nourished and protected skin.

#### **Excellent for:**

- All skin types including dry skin, skin with visible signs of aging, winter-time, dry weather.
- Dry hands, dry elbows and knees.
- Post-tattoo care, post-laser care, post-chemical peel care, post-IPL care.

**Skin tone:** All skin tones Fitz 1 > 6

Not so good for someone with: oily skin

**Good to know:** All-natural, preservative-free, cruelty-free, petroleum-free, silicone-free, alcohol-free.

#### **INGREDIENTS**

Full ingredients list: MCT oil (coconut), olive wax, candelilla wax, carrot seed oil, daikon seed oil, cocoa butter, grapefruit essential oil.

CT oil: Extracted from coconuts, it is a medium chain fatty acid. Skin absorbs it easily to provide deeper nourishment.

Olive wax: Solid wax collected from fragments of olive oil. It is a powerful moisturizing occlusive ingredient.

Candelilla wax: Botanical wax which provides solid protection against environmental aggressors.

Carrot seed oil: Cold pressed and a thicker oil, it is highly nourishing. It contains Vitamin A, and is well known by estheticians as one of the best oils to target wrinkles and lines.

Daikon seed oil: Botanical oil used to replace synthetic silicones. It creates a protective film over skin Cocoa butter: Rich protective butter extracted from cocoa beans.

Grapefruit essential oil: Only used in a very small amount. It provides an uplifting natural scent.

#### **HOMECARE PRESCRIPTION**

**Application:** Scoop with fingertips. If balm is hard due to temperature, break it with finger. It will soften. Warm balm until fully melted in the palm of hand. Rub on face until penetrated. You should see a protective film over skin. Use a Mr. Lulu Face Oil before or after balm for maximum nourishment and protection.

## Homecare for hyperpigmentation (very dry skin)

- 1. Precleansing Oil
- 2. Probiotic Powder Cleanser
- 3. Activated Enzyme Scrub (X1 per week)



- 4. HA B3 Powder Serum
- 5. Extra Nourishing Face Oil or Soothing Face Oil
- 6. Protective Balm

#### **PROFESSIONAL GUIDELINES**

Can be used as a moisturizer with the following treatments: (Green = Yes)

FACIALS	CHEMCICAL PEELS	MECHANICAL RESURFACERS	SKIN NEEDLING	LASERS	HAIR REMOVAL
Customized facial	Chemical peels 30%	Dermaplaning	Micro-channeling (Post)	Non-ablative laser	Laser Hair removal
Acne facial	Chemical peels 40%+	Nano infusion	Micro-needling (Post)	Fractional laser	Electrolysis
Oxygen Facial / Hydrafacial	Jessner peel (at home)	Microdermabrasion	RF Micro-needling (Post)	Ablative laser (after 1 day)	Waxing
Under Jelly Masque				Plasma Pen (after 3 days)	

**Post non-ablative procedures:** Chemical peel, Non-ablative laser (e.g. Moxi, Clear & Brilliant...), Pico second laser (e.g. Picoway...), IPL (e.g. BBL...), Electrolysis / laser hair removal.

- Apply HA B3 Powder Serum followed with 3-5 drops of Soothing Face Oil (or Extra Nourishing Face Oil) immediately at end of treatment to support recovery / inflammation resolution process.
- Client to go home with HA B3 Powder Serum & Soothing Face Oil (or Extra Nourishing Face Oil), and apply the evening of the treatment (on cleansed skin), and AM/PM for the 14 days that follow the treatment. Follow with Protective Balm if skin feels dry during recovery period.

#### **Post ablative procedures:** Plasma Pen, Fractional / ablative laser

- Client to go home with HA B3 Powder Serum, Soothing Face Oil and Protective Balm.
- 24-48 hours post procedure (and as directed by your skin professional) and for at least 28 days, apply HA B3 Powder Serum followed by Soothing Face Oil and Protective Balm AM/PM.

# **ACTIVATED ENZYME SCRUB**

# **RETAIL & PRO SIZE**

Triple action exfoliator. It combines enzymes, acids, and mechanical exfoliation for a powerful resurfacing. Remove dead skin cells to reveal a brighter complexion, clear pores from excess bacteria and diminish hyperpigmentation. Use weekly or twice a week.

Acid concentration: 15% - Enzyme concentration: 10%

#### **Benefits:**

- Brighter and smoother skin instantly.
- Help remove dead skin cells with excess melanin.
- Contains ingredients that regulate production of excess
- melanin & reduce acne-causing bacteria.

#### **Excellent for:**

- Anyone wit any form of hyperpigmentation, especially PIH
- Anyone with acne
- Anyone with texture challenges

Skin tone: All skin tones Fitz 1 > 6

**Good to know:** Preservative-free, cruelty-free, fragrance-free, petroleum-free, silicone-free, alcohol-free,

eco-friendly packaging.

**pH** (when mixed with water): 4-5

#### **INGREDIENTS:**

Full ingredients list: sodium lauryl sulfoacetate (coconut), oryza sativa (rice) powder, citric acid, sodium bicarbonate, carica papaya (papaya) fruit extract, azelaic acid.

- 1.Oryza sativa (rice) powder: Rice extract provides a gentle mechanical exfoliation to remove dead skin cells from skin's
- 2.Carica papaya (papaya) fruit extract: One of the most effective fruit enzymes. It dissolves dead skin cells and strenghten the resurfacing process.
- 3.Azelaic acid: A dermatologist favorite, it is tough on all forms of hyperpigmentation. It is also known for its ability to kill acne-causing bacteria and reduce acne scars.
- 4.Citric acid: This alpha hydroxy acid breaks the bonds that hold dead skin cells together to reveal smoother skin surface.
- 5. Sodium lauryl sulfoacetate (coconut): Gentle cleaning active derived from coconut. It creates an onctuous lather and removes impurities and sebum.
- 6. Sodium bicarbonate: With anti-inflammatory this ingredient helps provide visible tighter pores.



#### HOMECARE PRESCRIPTION

- 1.Use once or twice a week.
- 2. Pour about a quarter teaspoon into dry hand.
- 3. Wet other hand. Rub 2 hands together to activate and create a creamy paste.
- 4. Apply to face in circular motions, avoiding eye area. Massage for 20-40 seconds, then rinse.
- 5.Use Powder Serum and Face Oil right after.

#### **PROFESSIONAL GUIDELINES**

#### **Enzymatic pro exfoliation**

By simply leaving it on skin for more than 40 sec, its strength increases to professional levels. Leave it for up to 4-5 minutes, and monitor skin. Rinse with water to neutralize.

#### **Pre-extraction - Combine with ultrasonic spatula:**

Ideal for congested skin. Apply the Activated Enzyme Scrub and set your spatula on "exfoliate" mode to remove dirt, debris and soften comedones. Steam can be used with it.

#### Can be performed as exfoliation / skin prep prior to:

	can be performed as extended on a skin prep prior to.						
FACIALS	CHEMCICAL PEELS	MECHANICAL RESURFACERS	SKIN NEEDLING	LASERS	HAIR REMOVAL		
Customized facial	Chemical peels 30%	Dermaplaning (Use post dermaplaning)	Micro- channeling (Post)	Non-ablative laser	Laser Hair removal		
Acne facial	Chemical peels 40%+	Nano infusion	Micro-needling (Post)	Fractional laser	Electrolysis		
Oxygen Facial / Hydrafacial	Jessner peel (at home)	Microdermabrasion	RF Micro- needling (Post)	Ablative laser (after 1 day)	Waxing		
Under Jelly Masque				Plasma Pen (after 3 days)			

# PROBIOTIC POWDER CLEANSER

# RETAIL AND PRO SIZE

The Probiotic Powder Cleanser removes all dirt, pollution and excess sebum from skin, whilst keeping it balanced. Rich in probiotics, it protects your skin's barrier. Activated with a splash of water, it becomes a cream and then lathers.

#### **Results:**

- 1. Clear and clean skin
- 2. Oil-free and shine-free skin
- 3. Skin feels balanced, not tight.



**Good to know:** All-natural, preservative-free, cruelty-free, petroleum-free, silicone-free, alcohol-free

pH (when mixed with water): 5-6

#### **INGREDIENTS**

Full ingredients list: sodium lauryl sulfoacetate (coconut), zea mays (corn) starch, maltodextrin, lactobacillus.

- 1. Sodium lauryl sulfoacetate (coconut) Gentle cleaning active derived from coconut. It creates an unctuous lather and removes impurities, oil, sebum and pollution from skin, without stripping out hydration.
- 2. Zea mays (corn) starch: Powerful oil-absorbing ingredient. It absorbs excess oil and sebum out of skin. It is also known to soothe irritations and is gentle to skin.
- 3. Maltodextrin: Plant-based sugar often used for its results on skin aging concerns whilst being gentle to skin. It is an effective moisturizing ingredient, and helps your skin remain hydrated whilst cleansing.
- 4. Lactobacillus: Excellent probiotic that soothes and balances skin. Just like a fermented food would support your stomach, Lactobacillus maintains the integrity of skin's barrier and microbiome.

#### **HOMECARE PRESCRIPTION**

Open and tap bottle twice or 3 times. The powder falls in palm of hand. Lightly wet other hand with water. Rub two hands together until the powder becomes creamy and start to lather. Apply and massage over dampened face. Cleanse entire face. Rinse well and follow with a Powder Serum and Face Oil or Balm.

#### **PROFESSIONAL GUIDELINES**

Can be used to double cleanse skin prior to the following:

FACIALS	CHEMCICAL PEELS	MECHANICAL RESURFACERS	SKIN NEEDLING	LASERS	HAIR REMOVAL
Customized facial	Chemical peels 30%	Dermaplaning	Micro- channeling	Non-ablative laser	Laser Hair removal
Acne facial	Chemical peels 40%+	Nano infusion	Micro-needling	Fractional laser	Electrolysis
Oxygen Facial / Hydrafacial	Jessner peel	Microdermabrasion	RF Micro- needling	Ablative laser	Waxing
Under Jelly Masque				Plasma Pen	

## Chemical peel neutralizer

Pour powder into a small mixing bowl. Add water and start mixing with fan brush. Apply to face or targeted area with fan brush and gently massage. Rinse with water using soft esthetic wipes. If chemical peel sensation is still active, repeat one more time.

# PRE CLEANSING OIL

# RETAIL AND PRO SIZE

Lightweight cleansing oil gently yet effectively removes makeup and impurities without stripping moisture from the skin. Rich in fatty acids, Vitamin A and A, the formula reinforces skin's moisture barrier for a soothed, nourished complexion.

Can be used alone or paired with Probiotic Powder Cleanser for a double cleanse.



**Good to know:** All-natural, preservative-free, cruelty-free, petroleum-free, silicone-free, alcohol-free.

#### **INGREDIENTS**

Safflower Oil (organic): Rich in Vitamin E and Omega 6, this oil has antioxidative and anti-inflammatory properties. It is also non-comedogenic, and therefore friendly to breakout prone skin.

Almond Oil (organic): Also rich in Vitamin E, this light oil is an effective emollient - it balances the absorption of moisture and water loss. It is anti-bacterial, and therefore good for break out reduction.

Castor Oil: A thicker oil rich in ricinoleic acid, it draws oil and sebum out of the skin. It is also known medically to help with wound healing.

Carrot Seed Oil (organic): Highly nourishing, it contains Vitamin A (Beta Carotene), and is well known by estheticians as one of the best oils to target wrinkles and lines.

#### HOMECARE PRESCRIPTION

Dispense into dry hands. Massage over dry face and eyes to dissolve sebum, dirt and make up. Rinse with lukewarm water or wet cloth. Follow with a second cleanse using Mr. Lulu probiotic powder cleanser

#### **PROFESSIONAL GUIDELINES**

Can be used to double cleanse skin prior to the following:

FACIALS	CHEMCICAL PEELS	MECHANICAL RESURFACERS	SKIN NEEDLING	LASERS	HAIR REMOVAL
Customized facial	Chemical peels 30%	Dermaplaning	Micro- channeling	Non-ablative laser	Laser Hair removal
Acne facial	Chemical peels 40%+	Nano infusion	Micro-needling	Fractional laser	Electrolysis
Oxygen Facial / Hydrafacial	Jessner peel	Microdermabrasion	RF Micro- needling	Ablative laser	Waxing
Under Jelly Masque				Plasma Pen	

# **PRO ONLY**

+ Mr. Lulu

# SALYCILIC RESURFACING OIL

Oil chemical peel with 10% Salicylic acid

Dual-use oil-based chemical peel. Massaged in skin, this oil formula draws sebum out, removes impurities, reduces excess bacteria, and provide an effective resurfacing. Effective on all types of acne concerns, even inflamed.

#### **HOW TO USE**

#### Option 1- Pre-Peel / Skin Prep

Say goodbye to alcohol-based prep solutions, and prep skin pre chemical peel with this resurfacing oil. Effective on anyone with a

form of inflammation and cannot tolerate alcohol or acidic solutions. Shake bottle upside down for 30 seconds until the oil has been mixed homogenously. Salicylic acid is diluted in castor oil, and they are heavier than other oils. When not used, they sit at the bottom of the bottle. Apply 2-3 droppers to skin and massage to skin for 2-3 minutes. Adjust massage intensity: the more vigorous massage, the more active is the peel. Remove with a light cleanse using the Probiotic Powder Cleanser.

#### **Option 2- Peel alone**

Shake bottle upside down for 30 seconds until the oil has been mixed homogenously. Salicylic acid is diluted in castor oil, and they are heavier than other oils. When not used, they sit at the bottom of the bottle. Apply 2-3 droppers to skin and massage in skin. Adjust massage intensity: the more vigorous massage, the more active is the peel. Apply 2-3 droppers again and repeat for a more advanced resurfacing. Monitor redness until desired clinical endpoint is reached.

Can perform extractions after it.

**Please note:** Skin should not flake after application. This peel does not dry skin out.

**Good to know:** All-natural, preservative-free, cruelty-free, petroleum-free, silicone-free, alcohol-free.

#### **INGREDIENTS**

Full ingredients list: Castor Oil, Salicylic acid 10%, MCT Oil, Grapeseed Oil, Amond Oil.

Salicylic Acid: Helps skin to shed dead cells from the top layer and decreases redness and swelling (inflammation). For anyone with acne, this decreases the number of breakouts that form and speeds healing. Due to higher molecular weight, it is also a great resurfacing option for anyone with Fitz 5-6 who may be prone to PIH.

Castor Oil: A thicker oil rich in ricinoleic acid, it draws oil and sebum out of the skin. It is also known medically to help with wound healing.

Almond Oil (organic): Also rich in Vitamin E, this light oil is an effective emollient - it balances the absorption of moisture and water loss. It is anti-bacterial, and therefore good for break out reduction.

Grapeseed Oil (organic) Rich in omega-6 and omega-3 essential fatty acids, which are crucial to overall skin function and a healthy skin appearance.



# SUCCINIC AZELAIC POWDER PEEL

First dicarboxylic acid peel: a new generation of acids. It is free from AHAs, BHAs, PHAs or enzymes. Succinic and azelaic acids is an effective combination to target acne prone skin, inflamed acne, PIH prone skin and sensitive skin. Can perform extractions after it.

#### **Benefits:**

- Reduce hyperpigmentation & PIH
- Calm skin, acne and reduce acne scars

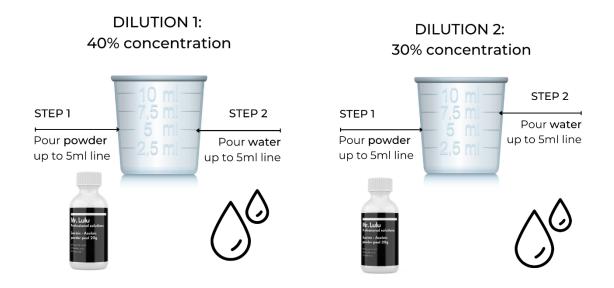
**Good to know:** Preservative-free, cruelty-free, fragrance-free, petroleum-free, silicone-free, alcohol-free, eco-friendly packaging, salicylic acid-free.

Please note: Skin should not flake after application. This peel does not dry skin out.

#### **HOW TO USE**

#### Step 1: Peel prep

Take medicine cup and pour powder first. Then add water and mix with fan brush until fully dissolved. The more water you use, the more diluted the peel will be (and the gentler it will be). The less water you use, the more concentrated the peel will be (and the stronger it will be). Here are examples of 2 concentrations:





#### **Step 2 Application**

Apply solution to face on cleansed skin. You might need several layers, but it is recommended to apply all the content of the medicine cup. If white granules are left, it is ok and normal. Check client sensation scale. If ok, massage peel for 2-3 minutes into skin to push acids deeper. Leave peel for another 2-3 minutes if skin can tolerate it. The peel should be removed within 8 minutes maximum. Remove excess peel with esthetics wipes. Cleanse face with Probiotic Powder Cleanser, to neutralize and remove.

#### **DILUTION**

Choose dilution based on client skin:

- 40% Strong
- 30% Mild

#### Steps:

- 1. Use medicine cup
- 2. Pour powder first
- 3. Then add water
- $4. \\ Mix with fan brush until fully dissolved$
- 5. Apply entire solution content to face.



#### **APPLICATION**

1. Apply solution to face. you might need several layers. If white granules are left, it is ok and normal. 2. Check client sensation scale.



- 3. If ok, massage peel for 2-3 minutes into skin to push acids deeper.
- 4. Leave peel for another 3-5 minutes. Overall, the peel should be removed within 8-10 minutes. Always check client skin during application.
- 5.Remove with sponge or esthetics wipes.

#### **REMOVAL**

- 1. Overall, the peel should be removed within 10 minutes.
- 2. Remove excess with sponge or esthetics wipes.
- 3.Cleanse face with Probiotic Powder Cleanser, to neutralize and remove.
- 4. Skin is ready for next step in Facial: extractions, masque or other



#### **INGREDIENTS**

Full ingredients list: Succinic acid, azelaic acid, kojic acid, hyaluronic acid, vitamin B5.

Succinic acid: Dicarboxylic acid naturally-occurring in foods such as broccoli, beets, sugar cane, rhubarb, asparagus, apple cider vinegar...

It does not kill but regulates the activity of p. acnes bacteria, making a powerful ingredient to reduce all forms of acne without being harsh on skin.

Azelaic acid: If you have not worked with this acid before, you will be blown away. It kills bacteria that cause acne and rosacea, and helps brighten skin. It is effective at clearing pores and targets any remaining scars from past break outs. Azelaic acid is a dermatologist favorite.

Kojic acid: Proven to inhibit melanin production. Used in combination with other acids and massaged into skin, we promote a deeper penetration so it can reach melanocytes.

Hyaluronic acid: Powerful humectant. It draws water and helps lock in moisture in skin. With a molecular weight of 847 g/mol, it sits on top of dermal layers to create a "moisture lock".

Vitamin B5: This vitamin has the ability to boost skin hydration and is researched for its anti-acne properties

# LACTIC AZELAIC POWDER PEEL

AHAs are combined with powerful brighteners (Azelaic & Kojic acids). Powerful yet safe peel to use on all skin tones to combat all types of hyperpigmentation: sun or age spots, melasma, uneven skin tone or texture, PIH... Can perform extractions after it.

#### **Benefits:**

- Reduce all forms of hyperpigmentation
- Smoother skin

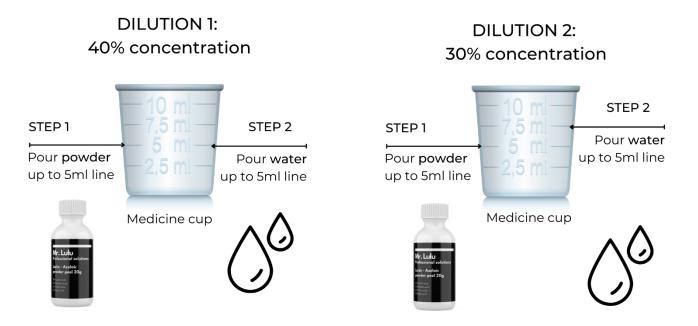
**Good to know:** Preservative-free, cruelty-free, fragrance-free, petroleum-free, silicone-free, alcohol-free, eco-friendly packaging, salicylic acid-free

Please note: Skin should not flake after application. This peel does not dry skin out.

#### **HOW TO USE**

#### Step 1: Peel prep

Take medicine cup and pour powder first. Then add water and mix with fan brush until fully dissolved. The more water you use, the more diluted the peel will be (and the gentler it will be). The less water you use, the more concentrated the peel will be (and the stronger it will be). Here are examples of 2 concentrations:





#### **Step 2 Application**

Apply solution to face on cleansed skin. You might need several layers, but it is recommended to apply all the content of the medicine cup. If white granules are left, it is ok and normal. Check client sensation scale. If ok, massage peel for 2-3 minutes into skin to push acids deeper. Leave peel for another 2-3 minutes if skin can tolerate it. The peel should be removed within 8 minutes maximum. Remove excess peel with esthetics wipes. Cleanse face with Probiotic Powder Cleanser, to neutralize and remove.

#### **APPLICATION**

1. Apply solution to face. you might need several layers. If white granules are left, it is ok and normal. 2. Check client sensation scale.



- 3. If ok, massage peel for 2-3 minutes into skin to push acids deeper.
- 4. Leave peel for another 3-5 minutes. Overall, the peel should be removed within 8-10 minutes. Always check client skin during application.
- 5. Remove with sponge or esthetics wipes.

#### DILUTION

Choose dilution based on client skin:

- 40% Strong
- 30% Mild

#### Steps:

- 1.Use medicine cup
- 2. Pour powder first
- 3. Then add water
- 4. Mix with fan brush until fully dissolved
- 5. Apply entire solution content to face.



#### **REMOVAL**

- 1. Overall, the peel should be removed within 10 minutes.
- 2. Remove excess with sponge or esthetics wipes.
- 3.Cleanse face with Probiotic Powder Cleanser, to neutralize and remove.
- 4. Skin is ready for next step in Facial: extractions, masque or other.



#### **INGREDIENTS**

Full ingredients list: Lactic acid, azelaic acid, , citric acid, kojic acid, hyaluronic acid, vitamin B5.

Lactic acid: Essential part in cellular metabolism, lactic acid is a powerful resurfacing active ingredient with brightening properties. It is an AHA that's often prefered to other acids as it is well tolerated by most skin types and tones.

Azelaic acid: If you have not worked with this acid before, you will be blown away. It kills bacteria that cause acne and rosacea, and helps brighten skin. It is effective at clearing pores and targets any remaining scars from past break outs. Azelaic acid is a dermatologist favorite.

Citric acid: Another AHA that is versatile as it exfoliates and unclogged pores effectively and safely.

Kojic acid: Proven to inhibit melanin production. Used in combination with other acids and massaged into skin, we promote a deeper penetration so it can reach melanocytes.

Hyaluronic acid: Powerful humectant. It draws water and helps lock in moisture in skin. With a molecular weight of 847 g/mol, it sits on top of dermal layers to create a "moisture lock".

Vitamin B5: This vitamin has the ability to boost skin hydration and is researched for its anti-acne properties.

# PIGMENT CONTROL POWDER SERUM

Serum for professional use.

High concentration of most powerful anti-dark spots actives to address all hyperpigmentation concerns. Can be used with microneedling (0.75mm max) or nanoinfusion, post non-ablative laser, post dermaplaning, post chemical peel.

# Mr. Lulu Professional solutions Pigment control powder serum 20g Profents pantothenic acid, (vtarmi 18, accordic acid (vtarmin C), telepantice (vtarmin B3), kojic acid, shrvanourin, hyaluronic acid, lecicadi sconic acid.

#### **Benefits:**

- Reduce all forms of hyperpigmentation
- Prevents appearance excess melanin

**Good to know:** Preservative-free, cruelty-free, fragrance-free, petroleum-free, silicone-free, alcohol-free, eco-friendly packaging.

#### **PROFESSIONAL GUIDELINES**

Can be used as a pro serum (or pro masque) in the following treatments: (Green = Yes)

FACIALS	CHEMCICAL PEELS	MECHANICAL RESURFACERS	SKIN NEEDLING	LASERS	HAIR REMOVAL
Customized facial	Chemical peels 30%	Dermaplaning	Micro-channeling (During & Post)	Non-ablative laser	Laser Hair removal
Acne facial	Chemical peels 40%+	Nano infusion	Micro-needling (During & Post)	Fractional laser	Electrolysis
Oxygen Facial / Hydrafacial	Jessner peel	Microdermabrasion	RF Micro-needling (Post)	Ablative laser	Waxing
Under Jelly Masque				Plasma Pen	

#### **INGREDIENTS**

Full ingredients list: Vitamin B5, niacinamide, ascrobic acid, kojic acid, alpha arbutin, hyaluronic acid, lactic acid, succinic acid.

Vitamin B3: Also known as niacinamide, this active has been extensively researched for its ability to minimize enlarged pores, reduce breaks outs, improve uneven skin tone, and strengthen a weakened skin barrier.

Ascorbic acid: Powerful antioxidant. It has been proven to brighten and smooth skin, and reduce the production of excess melanin.

Lactic acid: Essential part in cellular metabolism, lactic acid is a powerful resurfacing active ingredient with brightening properties. It is an AHA that's often prefered to other acids as it is well tolerated by most skin types and tones.

Kojic acid: Proven to inhibit melanin production. Used in combination with other acids and massaged into skin, we promote a deeper penetration so it can reach melanocytes.

Hyaluronic acid: Powerful humectant. It draws water and helps lock in moisture in skin. With a molecular weight of 847 g/mol, it sits on top of dermal layers to create a "moisture lock".

Vitamin B5: This vitamin has the ability to boost skin hydration and is researched for its anti-acne properties.

# SIGNATURE SERVICES

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# **Vitamin-C Glow Dermaplaning**

So much more than regular dermaplaning - Achieve the coveted glass skin effect. This treatment combines oil-planing, chemical peel, and a hydrating Vitamin C masque. Experience enhanced skin texture, and a brightened, youthful glow.



#### 1.Double cleanse

Massage **Pre Cleansing Oil** over dry face. Do not wipe or remove.

In small bowl, pour **Probiotic Powder Cleanse**r. Add water and mix with fan brush until the powder becomes creamy and start to lather. Apply to client face with fan brush and massage. Remove with sponge.

#### 2. Oil-planing

Put surgical mask and surgical gloves on. Apply a thin layer of **Brightening Face Oil** on skin. Wet the dermaplaning blade in warm water and then start with the dermaplaning process. With Oil-planing, it is safe to do repeat the process twice as the oil acts as a buffer. Cleanse face with **Probiotic Powder Cleanser** to remove oil and any excess debris.

#### 2.Chemical peel

Select **Succinic Azelaic Powder Peel**. In medicine cup, pour powder up to 2.5 line. Add water up to 5. Mix with fan brush. Some of the powder might not dissolve fully and it is ok.

Apply entire content to face in layers. Monitor if skin is becoming red. Remove and neutralize with **Probiotic Powder Cleanser**. Remove with damp esthetic wipes, and monitor sensations from peel have stopped.

#### 3.Gel Masque with LED add-on

In medicine cup, pour **Vitamin C Powder Serum** up to 2.5 line. Add water to 5 line. Mix with fan brush until texture transforms into serum. Add 1 or 2 full dropper(s) of **Brightening Face Oil.** Mix until texture becomes jelly-like. Apply entire content with fan brush, and place client under LED (red or red/blue). Once finished, remove residue with damp esthetic wipes.

#### 4. Finish

Apply a layer of **Pigment Control Powder Serum**, followed by **Extra Nourishing Face Oil.** 

**Good to know:** Alcohol-free protocol, safe and effective for Fitz. 4-6, perform every 14-21 days.

Suggested price: \$150-200 > Series of 5: \$700-\$850. Cost per treatment: \$8

# **Pigment Control Microneedling or nanoinfusion**

Take control of skin's pigmentation with this transformative and results-driven treatment. Ideal for those seeking to manage and reduce dark spots, sun damage, PIH, melasma, and acne scars. This treatment combines a chemical peel and microneedling to effectively correct and prevent all forms of hyperpigmentation.



#### 1. Double cleanse

Massage **Pre Cleansing Oil** over dry face. Do not wipe or remove.

In small bowl, pour **Probiotic Powder Cleanser**. Add water and mix with fan brush until the powder becomes creamy and start to lather. Apply to client face with fan brush and massage. Remove with sponge or hot towel.

#### 2.Chemical peel

Select **Succinic Azelaic Powder Peel** (acne or sensitive skin) or **Lactic Azelaic Powder Peel** (normal to oil skin). In medicine cup, pour powder up to 2.5 line. Add water, up to 2.5 line (strong) or 5 (mild). Mix with fan brush. Some of the powder might not dissolve fully and it is ok.

Apply entire content to face in layers. Massage peel for 1-3 minutes. Monitor if skin is becoming red. Stop massaging and leave for another 2-3 minutes.

Remove and neutralize with **Probiotic Powder Cleanser**. Remove with damp esthetic wipes, and monitor sensations from peel have stopped.

#### 3. Microneedling or nanoinfusion

In medicine cup, pour **Pigment Control Powder Serum** up to 2.5 line. Add water to 5 line. Mix with fan brush until texture transforms into serum.

Perform microneedling or nanoinfusion in section, and apply serum prior to working on each section. For microneedling, stay at depth under 0.75mm. It is sufficient to target melanocytes. Remove residue with damp esthetic wipes.

#### 4. Finish

Apply another light layer of **Pigment Control Powder Serum**, followed by **Extra Nourishing Face Oil**. Prescribe home care products based on client's skin type.

**Good to know:** Alcohol-free protocol, safe and effective for Fitz. 4-6, perform every 14-21 days.

Suggested price: \$200-300 > Series of 5: \$900-\$1200. Cost per treatment: \$8

# **PIH & Acne Scar Fading Double Peel**

Fade dark spots, smooth texture, and prevent breakouts. This double chemical peel provides deep resurfacing and infusion of hyperpigmentation-reducing actives. Effective and safe for all skin tones. *No downtime peel – no skin flaking.* 



#### 1. Double cleanse

Massage **Pre Cleansing Oil** over dry face. Do not wipe or remove.

In small bowl, pour **Probiotic Powder Cleanser**. Add water and mix with fan brush until the powder becomes creamy and start to lather. Apply to client face with fan brush and massage. Remove with sponge or hot towel.

#### 2. Oil-based chemical peel

Shake **Salicylic Resurfacing Oil** bottle upside down for 30 seconds until the oil has been mixed homogenously.

Apply 2-3 droppers to face and massage in skin. The more vigorous massage, the more active the resurfacing will be. Massage for 1-3 minutes with gloved hands. Monitor skin redness. Once skin has reached the desired clinical end point, cleanse the oil with the **Probiotic Powder Cleanser**. Skin is ready for the 2nd peel.

#### 3. Water-based chemical peel

Select **Succinic Azelaic Powder Peel** (acne or sensitive skin) or **Lactic Azelaic Powder Peel** (normal to oil skin). In medicine cup, pour powder up to 2.5 line. Add water, up 5. Mix with fan brush. Some of the powder might not dissolve fully and it is ok.

Apply entire content to face in layers. Massage peel for 1 to 3 minutes if client can tolerate. Monitor if skin is becoming red. Stop massaging and leave for another 2-3 minutes.

Remove and neutralize with **Probiotic Powder Cleanser**. Remove with damp esthetic wipes, and monitor sensations from peel have stopped.

#### 4. Finish

Apply another light layer of **Pigment Control Powder Serum**, followed by **Extra Nourishing Face Oil**. Prescribe home care.

**Good to know:** no-peel chemical peel, alcohol-free protocol, safe and effective for Fitz. 4-6 & active acne, perform every 10-14 days.

Suggested price: \$150-200 > Series of 5: \$700-\$850. Cost per treatment: \$9

# PROCEDURE & SERVICE PROTOCOLS

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# LASER RESURFACING protocol

# Protocol for non-ablative laser and fractional lasers

#### IN OFFICE PROTOCOL

- 1. Client preparation
- Double cleanse face with Pre Cleansing Oil and Probiotic Powder Cleanser as second cleanse.
- Allow skin to dry completely
- 2. Laser treatment
- Perform laser treatment as per manufacturer protocol.
- 3. Post procedure

For non-ablative and fractional laser only: Prepare the **HA B3 Powder Serum**. Pour ¼ teaspoon into a jelly cup. Mix the same amount of water, or enough so you can create a generous gel-serum as you mix it with a fan brush.

- Apply a generous layer to skin.
- Apply generous amount of **Protective Balm**

#### **HOMECARE IN BETWEEN TREATMENTS**

**Evening after procedure & 3 next days:** Probiotic Powder Cleanser and Protective Balm.

#### In between treatments after 3<sup>rd</sup> day:

- -Daily morning and night use Pre Cleansing Oil, Probiotic Powder Cleanser, HA B3 Powder Serum, Protective Balm.
- -If skin feels dry or tight during the day, apply Soothing Face Oil and/or Protective Balm (as often as needed)

#### Once you have completed your series:

-Daily morning and night use Pre Cleansing Oil, Probiotic Powder Cleanser, Vitamin C Powder Serum or HA B3 Powder Serum, Soothing Face Oil. -Bi or tri-weekly: Activated Enzyme Scrub.

# Protocols paired with hair removal treatments

## Laser Hair Removal or Electrolysis

#### HAIR AND HYPERPIGMENTATION

Hair concerns often trigger hyperpigmentation (ingrown hair, shaving, picking...). Hair removal treatments target the unwanted hair and will decrease hyperpigmentation linked with the hair concerns.

#### FOLLICLE / PORE PREP TREATMENT WITH BLUE LED

Hair removal is more successful for skin and hair follicle are in a healthier state. Use **Activated Enzyme Scrub** to prepare for a successful series of hair removal treatment. Use Blue LED combined with the **HA B3 Powder Serum** (rich in 20% Niacinamide to help with pore size and health). *Recommended: 1 or 2 peels prior to series hair removal treatments.* 

#### **HOMECARE IN BETWEEN TREATMENTS**

**Evening after treatment:** Probiotic Powder Cleanser, Vitamin C Powder Serum or HA B3 Powder Serum, Soothing Face Oil.

#### In between treatments:

- -Daily morning and night use Probiotic Powder Cleanser, Vitamin C Powder Serum, Soothing Face Oil or Extra Nourishing Face Oil.
- -Bi or tri-weekly: Activated Enzyme Scrub.

#### 1. Client preparation

- Double cleanse face with **Probiotic Powder Cleanser** as second cleanse.
- Allow skin to dry completely

#### 3. Enzymatic exfoliation to clear pores

- Pour ½ teaspoon of the **Activated Enzyme Scrub** in a jelly cup. Mix the same amount of water, or enough so you can create a generous foam as you mix it with a fan brush.
- Apply to targeted areas with fan brush. Please note: we are not rubbing this into the face as we are seeking an enzymatic exfoliation vs. a chemical one (which could trigger some form of undesired irritation too early). Leave for 2-4 minutes.
- Remove with cold water using sponge.

#### 4. Blue LED to target hair follicle bacteria

- Prepare the **HA B3 Powder Serum**. Pour ¼ teaspoon into a jelly cup. Mix the same amount of water, or enough so you can create a generous gelserum as you mix it with a fan brush.

- Apply a generous layer to skin.
- Place client under Blue Light following manufacturer's guidelines. (You may want to add a Jelly Mask or other on top of the HA B3 Serum).
   Remove any residue post treatment.

#### 6. Finish & home care

- -Apply **HA B3 Powder Serum**, followed by **Soothing Face Oil.**
- -Prescribe your client the daily is of **Probiotic Powder Cleanser, Vitamin C Powder Serum or HA B3 Powder Serum, Soothing Face Oil.**
- -Prescribe the weekly or bi-weekly use of the **Activated Enzyme Scrub.**

**Approx. duration 20-30min** 

# **MICROBLADING – or permanent tattoo**

#### **MICROBLADING**

#### **IN-OFFICE PROTOCOL**

Thoroughly cleanse area with appropriate **Probiotic Powder Cleanser** and dry.

Proceed to numbing following manufacturer's instructions.

Remove all numbing cream residue and swipe thoroughly with alcohol to disinfect area before treatment.

Proceed to microblading procedure.

Once you have completed and removed all ink and residue, apply a thin layer of **Protective Balm.** 

Advise client that reapplication of **Protective Balm** should be done with clean, dry fingers anytime the treated area feels tight, dry or itchy.

Avoid use of cleansers directly on treated area for one week. Normal face washing is recommended as long as there is no rubbing or direct contact with treatment area.

Prolonged exposure to water and heat is not recommended while ink is healing.
Pat area dry with clean towel after water exposure.
This should be done for a minimum 7 -10 days.

The **Protective Balm** should be applied between 2 to 4 times per day to create a protective film over the tattoo. This should continue for 7-10 days.

#### **HOMECARE**

**Evening after treatment:** Protective Balm

**7-10 days – until healing is complete:** Apply Soothing Face Oil and/or Protective Balm 2-4 times per day. Avoid the tattooed area to dry out.

#### Once skin has healed:

-Daily morning and night use Pre Cleansing Oil, Probiotic Powder Cleanser, Vitamin C Powder Serum or HA B3 Powder Serum, Soothing Face Oil. -Bi or tri-weekly: Activated Enzyme Scrub.

# Protocol paired with IPL

#### IPL (Intense Pulse Light) treatment

IPL treatments are ideal for people with fair to medium complexions who want to treat fine wrinkles, skin discoloration, UV damage, vascular injuries or inflamed vessels. Due to the use of different wavelengths in an IPL treatment, it can be adapted to different skin tones. However, fair skin, which is relatively elastic and prone to freckling, shows the greatest improvement. 3-5 treatments are usually recommended for optimal results.

Immediately after use, slight redness and swelling may occur, similar to a sunburn. The extent of the redness depends on the type of application and the sensitivity of your skin to the treatment. When treating freckles and age spots, dry and scaly skin may appear around the treated area. In general, the first side effects disappear within 3-7 days.

- 1. Client preparation
- Double cleanse face with Pre Cleansing Oil and Probiotic Powder Cleanser as second cleanse.
- Allow skin to dry completely
- 2. IPL treatment
- Apply preferred gel for IPL treatment
- Proceed to IPL treatment on targeted areas
- Prepare the **HA B3 Powder Serum**. Pour ¼ teaspoon into a jelly cup. Mix the same amount of water, or enough so you can create a generous gelserum as you mix it with a fan brush.
- Apply a generous layer to skin.
- Apply a few drops of **Soothing Face Oil.**

#### 3. Post treatment

- Use an icepack to cool skin down for up to 3 hours.
- You can start to cleanse face the evening of the treatment, using a gentle cleanser like the Gentle Powder Cleanser and use a preservative-free allnatural face oil like the Soothing Face Oil.
- Within 3 days, a more comprehensive home care plan can be re-introduced.

#### **HOMECARE IN BETWEEN TREATMENTS**

**Evening after treatment:** Probiotic Powder Cleanser and Soothing Face Oil.

#### In between treatments:

-Daily morning and night use Pre Cleansing Oil, Probiotic Powder Cleanser, HA B3 Powder Serum, Soothing Face Oil.

#### Once you have completed your IPL series:

- -Daily morning and night use Pre Cleansing Oil, Probiotic Powder Cleanser, Vitamin C Powder Serum or HA B3 Powder Serum, Extra Nourishing Face Oil.
- -Bi or tri-weekly: Activated Enzyme Scrub.

# Nanoinfusion with Activated Enzyme Scrub for deeper resurfacing & infusion

#### NANONEEDLING TO PUSH ENZYMES INTO SKIN

Hyperpigmented areas that won't go away? This treatment pushes actives into skin to break layers of hyperpigmented skin cells apart to promote their removal. Specific areas of concerns can be treated more thoroughly.

Your client's skin might experience a light flaking 1 or 2 days after treatment.

**Benefits:** 1. Brighter skin 2. Smoother skin 3. Improvement in texture and skin tone.

**Great for:** All skin tones > Sun damaged skin. Melasma. Dark spots. Post-inflammatory hyperpigmentation.

**Not so good for someone with:** Dry or sensitive skin. Skin with active acne or break outs.

#### **HOMECARE IN BETWEEN TREATMENTS**

**Evening after treatment:** Probiotic Powder Cleanser, Vitamin C Powder Serum or HA B3 Powder Serum, Soothing Face Oil or Extra Nourishing Face Oil.

#### In between treatments:

- -Daily morning and night use Probiotic Powder Cleanser, Vitamin C Powder Serum, Soothing Face Oil or Extra Nourishing Face Oil..
- -Bi or tri-weekly: Activated Enzyme Scrub

#### 1. Client preparation

- Double cleanse face with **Probiotic Powder Cleanser** as second cleanse.
- Allow skin to dry completely

#### 3. Enzymatic exfoliation

- Pour ½ teaspoon of the **Activated Enzyme Scrub** in a jelly cup. Mix the same amount of water, or enough so you can create a generous foam as you mix it with a fan brush.
- Apply to targeted area with fan brush (for instance you can start with half of the forehead, or one cheek).
- -Nanoneedle over targeted area doing 2-4 passes in circle.
- -Wipe area with wet esthetic wipe or sponge. Water will start to neutralize the resurfacing.
- -Repeat this process for each targeted area.
- -Once all face has been covered, cleanse entire face with **Probiotic Powder Cleanser** to remove any debris from the Enzyme Scrub and bring skin back to a balanced state.

#### 6. Finish & home care

- -Apply **Vitamin C Powder Serum**, followed by **Soothing Face Oil.**
- -Prescribe your client the daily is of **Probiotic Powder Cleanser, Vitamin C Powder Serum or HA B3 Powder Serum, Soothing Face Oil or Extra Nourishing Face Oil.**
- -Prescribe the weekly or bi-weekly use of the **Activated Enzyme Scrub.**

Approx. duration 40-50min