

## FULL MENU C

### HIGH PROTEIN:

(>300mg sodium, >400 mg phosphorus, >800 mg potassium)

Menu Item	Calories	Carbs (g)	Fat (g)	Protein (g)	Sodium (mg)	Phosphorus (mg)	Potassium (mg)
Cheesy Chicken with Rice & Peas	480	63	12	31	260	365	800
Creamy Lemon Pasta with Chicken	440	52	14	27	280	220	710
Lemon Salmon with Wild Rice & Green Beans	420	45	17	23	300	162	800
Turkey Meatballs with Rice, Peas & Carrots	440	53	11	26	300	281	590
Mojo Chicken	410	56	9	27	250	249	730
Sweet Potato Curry with Chicken	400	59	7	22	240	209	800
Taco Mac n Cheese	460	56	16	21	300	244	770

### LOW PROTEIN:

(>300mg sodium, >300 mg phosphorus, >600 mg potassium)

Menu Item	Calories	Carbs (g)	Fat (g)	Protein (g)	Sodium (mg)	Phosphorus (mg)	Potassium (mg)
Lemon Pasta with Broccoli	420	63	15	12	300	100	520
Mac n Cheese with Peas & Carrots	400	65	10	13	190	160	570
Red Pepper Pasta	400	59	14	11	300	100	510
Sweet Potato Curry	400	65	10	10	210	100	600
Teriyaki Rice with Snap Peas	400	65	10	10	300	244	410
Turkey Meatloaf with Rice & Green Beans	410	50	15	20	250	193	520
Vegetable Fried Rice	400	61	10	10	290	138	570

**Due to the fresh nature of our meals, substitutions are sometimes required and menus are therefore subject to change.**