



PURE LOVE
Nourriture pour chien · Dog food

PURE LOVE DOG FOOD'S ALLERGY TRANSITION GUIDE

Our 60 day program is pretty simple however in order to see results properly, it requires a little work in your end.

The first thing to do is to eliminate all the elements that could be allergen triggers: treats, dry food, animal proteins, human food containing spices, rawhide, shampoo or scented grooming products and even cleaning products.

First off, get an unscented shampoo (we can recommend you one), and give your dog a good wash, rinse your dog with one-part (1/4) apple cider vinegar and another part (3/4) water. Being very careful to clean the paws and in between paws or other areas that are itchy and red.

Bathing, soaking or rinsing with warm epsom salt water (available at the pharmacy) will help calm irritated areas on the skin.

Once well dried, apply a little coconut oil on the coat and in the areas affected by allergies (paws, folds of the face, nose, armpits etc.).

Once you have taken care of the problem from the outside, you have to heal from the inside. We will have to be patient and slowly introduce new elements into the dog's diet.

The stages of re-introduction will be as follows:

1. If allergies are severe, prepare oats, plain, boiled with water and a spoonful of coconut oil, for 1-2 days
2. Start with vegetarian PLDF dishes for 1-3 days depending on the level of allergies. If allergies are mild start at step 2 or 3.
3. Introduce animal protein gradually starting with the hypo-allergenic options, such as salmon, horse meat, turkey, duck or rabbit. (These last two are seasonal meats, and therefore availability varies)

If ever the introduction of animal protein triggers allergic reactions, you can put your dog back on the vegetarian meals that contain enough of the plant-based protein needed to support good health.

Note that the cycle of the dog's skin is 21 days. We know you'll be eager to see results quickly in allergies but give at least 3 weeks for the dog's immune / digestive system to recover.



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OTHER TIPS:

- You can give vegetarian treats (some vegetables or fruits are excellent sources of vitamins and antioxidants for dogs)
- Continue shampooing and rinsing, as mentioned above at intervals of 3-4 weeks.
- You can also introduce activated charcoal capsules, which can be bought at any health food store. The version for humans is fine. This will help the process of "detox" and will support the elimination of "toxins" that have accumulated in the dog's stomach.
- If you see certain allergy outbreaks during the summer months or at specific times you can also give antihistamines for humans from the pharmacy, such as "reactine", "allegra", "benadryl" or "claritin" ", While respecting the indications for the weight at the back of the pack. They contain the same active ingredients without the cortisone that veterinarians prefer to prescribe and therefore they are much less damaging to the dog's liver.

Finally, try to stay alert as to what wakes up the scratches and redness.

We are here to answer your questions and guide you through this process. We have many other small tips more specific to each situation, so do not hesitate to share them with us. We have a lot of experience with dogs that have allergies and we always try to take the most natural approach possible.

GOOD LUCK!

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