ALPHA GEAR

Operation Guide

All instructions for this operation are for reference only and the product is subject to availability

Main functions

Display

1. Full time display
IAlway on display: week, time (H-M-S)
Date: will show when press S3 button.
Time format: 12/24 hours
The watch will automatically sync time & date of phone after BT connection via phone APP.
2. Alarm and Stopwatch
You can set 1 alarm on X watch and set 3 alarm via phone APP.Stopwatch can support for subsection timer and background running timer.

Sports

3. Walk/sport monitoring
Walking step counting (steps), Energy consumption (calories), walking distance (km).24 hours full time monitoring.
4. Movement data storaging
Watch sports data saved for 15 days, Bluetooth connected to the phone, the data is automatically uploaded to the phone (Note: "two upload data interval of not more than 15 days, or more than 15 days before the data is automatically cleared).
5. Sharing with friends worldwide
The APP and background server support global network, you could share with friends worldwide and check ranking.

Partner

6. Information reminder
After BT connection with phone via APP, the watch will remind you timely about incoming call, SMS , QQ,WeChat,Twitter, Facebook, Whatsapp, Skype etc message in the form of buzzer sound.
7. Remote camera
After BT connection with phone via APP, launch phone camera from APP, and then press S1 button as shutter to take photo.

Others

8. BT on / off shortcuts
Long press S1 botton to turn on /off BT function on watch.
9. luminous dial
Under poor lighting condition, click the S1 button to turn on the luminous dial (which will last for 2 seconds after each click).
10. Low power reminder
When the watch battery is low (Voltage < 2.4V), low power icon will be flickering to remind you to replace new battery timely.

Display content and status icon

Display icon

- BT on / off icon
- Low power icon
- Alarm status icon
- Steps icon
- Kcal icon
- Km(distance) icon

Function icon

- Today's date
- Steps counting
- Burned calory
- Walking distance
- Alarm setting
- Stopwatch function
- Remote camera
- Incoming call reminder
- Information reminder SMS , QQ, WeChat, Twitter, Facebook, Whatsapp, Skype.

Press: to press the button once.
Long press: to Press & hold the button for about 3 seconds.
Simultaneous Long Press: to press & hold 2 buttons (or above) for about 3 seconds.

01 Power on / off

● Power On
When the watch is switched off, long press S2 and S3 buttons until "ON" shows in the center of dial, then the watch will be switched on.
● Power Off
On any mode (or dial interface), long press S2 and S3 buttons (for about 3 seconds) until "OFF" shows in the center of dial, then the watch will be switched off.

02 BT on / off

●BT on / off status
——If the BT icon shows on top-left corner of the watch dial, it means the watch BT is turned on; If the icon does not show, then it means watch BT is turned off.
●BT on / off operation
On any mode (or interface), long press S1 button (for about 3 seconds) until the BT icon shows and flickers on dial, which means BT has been turned on; then if long press S1 button (for about 3 seconds) until BT icon disappears, which means BT has been turned off.

03 Time and format setting

●Time synchronization
If watch BT is turned on and the watch is connected with phone via APP, then the time on watch will be adjusted according to the time on phone automatically (APP pairing operation shall be introduced in detail in following pages). Note: If time is not correct, please adjust time on phone, and then the time on watch will be adjusted automatically after synchronization.
●Manual setup
When watch BT is turned off, follow instruction below to adjust or set watch time:
1. Long press S4 button to enter time setting mode.
2. Press S4 button to select from hour, minute, second, format (flickering means selected).
3. Press S3 button to adjust the value (each click will add the value by 1 or switch mode).
4. Press S2 button to confirm the current setting.

04 Date setting

●Date synchronization
If watch BT is turned on and the watch is connected with phone via APP, then the date on watch will be adjusted according to the date on phone automatically (APP pairing operation shall be introduced in detail in following pages). Note: If date is not correct, please adjust date on phone, and then the date on watch will be adjusted automatically after synchronization.
Manual setup
When watch BT is turned off, follow instruction below to adjust or set watch date:
1. Press S2 button to display date (icon will appear on the bottom the dial).
2. Long press S4 button to enter the date setting mode.
3. Press S4 button to select between year, month, day (flickering means selected).
4. Press S3 button to adjust the value (each click will add the value by 1).
5. Press S2 button to confirm the current setting.

05 Alarm setting

●APP setting
After pairing Watch and phone via APP, the APP can set 3 sets of alarm to the watch. This setting only works for the watch alarm setting, having no connection to the phone alarm setting.
●Watch setting
To set or modify the alarm on your watch, please follow the instruction below:
1. Press S2 button 5 times to enter the alarm mode (icon appear on the bottom of the dial).
2. Long press S4 button to enter the alarm setting mode.
3. Press S4 button to select the hour, minute, on/off (flickering means selected).
4. Press the S3 button to adjust the value (each click will add the value by 1 or switch between on/off).
5. Press the S2 button to confirm the settings.

06 Stopwatch / Timer

To use stopwatch function, please follow instructions below:
1. Press the S2 button 6 times to enter the stopwatch mode (icon will appear on the bottom of the dial).
2. Press the S3 button to start, pause.
3. Press the S4 button to reset (press S3 to restart, pause).
4. Press S2 button to exit stopwatch function (otherwise, the stopwatch function will continue; User could check the stopwatch records if re-enter stopwatch function after exiting .working)

07 Real-time sport data

Checking real-time sport data of the wearer for that day:
1. press S2 button (press 2/3/4 times and corresponding icons will be showing on the bottom of the dial,then you can get relevant sport data.
2. That day: one day 0:00 to 23:59.
3. It is using 24 hour pedometer mode by default. Note: the first 10 steps will not be showing real-time on display because the system is identifying the walking characteristics of the wearer, this is normal phenomenon.

08 Incoming call and message reminder

●Incoming call reminder
After Watch and phone connected by APP: when there's an incoming phone call, the icon on the bottom of the dial will keep flickering, also the watch will make a notification tone "beep beep" to remind.
●Message reminder
After Watch and phone connected by APP: when there's a new message, the icon on the bottom of the dial will keep flickering, also the watch will make a notification tone "beep beep" to remind. Message is including SMS, QQ, WeChat, Twitter, Facebook, WhatsApp, Skype etc message. (if reminder function is turned off for certain application in the APP, then the watch will not give reminder for this application message) .

09 Remote camera

●Operation steps
1. Make sure the BT connection between watch and phone is normal.
2. Click 'take photo' from the menu bar of the APP.
3. Press the S3 button (camera shutter), then the icon on the bottom of the dial will keep flickering, which means the remote camera function is ready.

10 luminous dial

1. The watch uses FSTN LCD full angle display, ultra-low power consumption.
2. Under poor lighting condition, click the S1 button to turn on the luminous dial (which will last for 2 seconds after each click).
3. In order to save power, please avoid using luminous dial under good lighting condition.

11 Low power reminder

●Low power reminder
When the low power icon appears on the right corner of the dial, please replace a new battery in time or within 15 days, otherwise it may affect the normal use of the watch.
●Replace battery
The machine uses a standard button battery, the user can purchase their own, and then open the watch bottom cover to replace.

APP installation for iPhone

1. If you use iPhone, the operating system need to be iOS 7.0 or above version (ie, iPhone 4S or above model), BT 4.0 or above.
2. To use iPhone (or iPad) to scan the QR code below or search "sports+" on the APP Store to download & install the APP.
3. When prompted to install the downloaded APP, make sure "allow this APP to keep running at backstage" and "trust this application" is turned ON.
4. During installation, if BT on Phone is OFF, please follow the instruction and turn ON BT on phone.
5. For the convenience of users, same QR codes are appearing on several areas of this user guide, please choose to scan the correct QR from "Android phone(domestic) QR" or "Android phone (Oversea) QR" for APP installation.

APP installation for Android phone

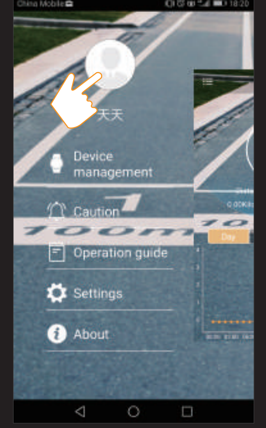
1. If you use Android phone, the operating system need to be Andriod4.3 or above version, BT version need to be 4.0 or above.

2.1 (for China Users) Scan the QRCode (below) or Search "sportplus" from Application treasure to download & install the APP.

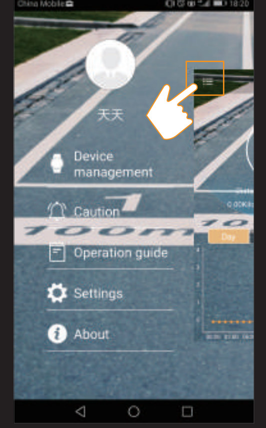
2.2 (for Oversea Users) Scan the QRCode (install Google Play before scanning) to download & install the APP.

3. When prompted to install the downloaded APP, make sure "allow this APP to keep running at backstage" and "trust this application" is turned ON.
4. During installation, if BT on Phone is OFF, please follow the instruction and turn ON BT on phone.
5. For the convenience of users, same QR codes are appearing on several areas of this user guide, please choose to scan the correct QR from "Android phone(domestic) QR" or "Android phone (Oversea) QR" for APP installation

APP User login



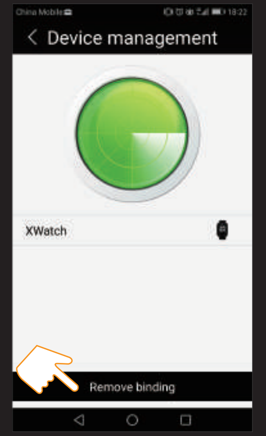
Binding watch and phone



Unbinding watch and phone

Cancel reminder function
If you just want to temporarily cancel the reminder etc companion function from the watch, instead of unbinding the watch, you only need to turn off the BT on the watch (press & hold S3 button for 3 seconds to turn off BT). Watch and mobile phone will connect automatically when turning on BT again, and all relevant functions can be resumed immediately. (if binding is removed, then next time you need to do binding again before using).

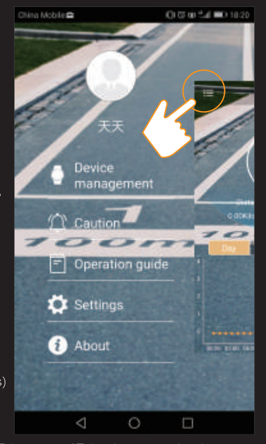
Remove bounding
1. Click icon on the upper left corner of the APP main inter face (to enter the menu bar).
2. Click "Equipment management" on the menu bar to "remove the current binding".
3. Note: Unbinding watch and iPhone will require one more step:To cancel the BT connection between watch and iPhone. Take iPhone6 for example, find the XWatch in the device list of "Setting—BT" and click "ignore this device" .



APP operation

Basic instructions
1. After initial installation of the APP, system will introduce the basic operation of the APP immediately.
2. Click icon on the upper left corner of APP main interface to enter the APP menu bar, click on the icon again to return to the main interface (Note: see the right picture).
3. Click icon on the upper right corner of APP main interface to share the homepage information to you friends (via WeChat friends, WeChat Moments, Facebook, Twitter).

Menu description
1. Device management: mobile phone and watch binding or remove binding.
2. Reminder: Alarm clock and information reminder, users can choose to turn on or off the reminder of relevant information.
3. Operation manual: APP basic operation.
4. Target steps: the user sets the amount of movement per day (steps)
5. Other
Circle of friends: User could add other user of the system / the watch as sports friend, also could access "Friends' Sports Ranking" .(on APP home page)Take photo: can take photo directly in the APP, also user can use the watch S3 button as the shutter button for taking photo remotely.(on APP home page)



Remote camera

Operation steps
1. Make sure the BT connection between watch and phone is normal.
2. Click 'take photo' from the menu bar of the APP.
3. Press the S3 button (camera shutter), then the icon on the bottom of the dial will keep flickering, which means the remote camera function is ready.

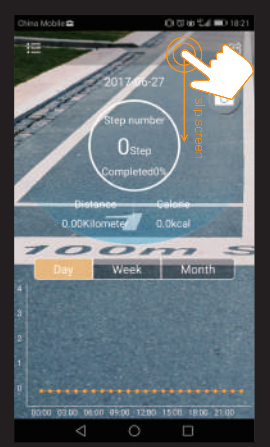
Data upload and refresh

Sport data upload
When the APP is normally connected to the watch, the watch sport data will be automatically uploaded to the cloud server.

Sport data refresh
On APP main interface: Swipe down from top of the screen (see right picture), you can get (refresh) the latest data of the watch, and upload it to the cloud server.

Attention:
Before using Pedometer function, please set /sync the date and time on the watch accurately, otherwise the statistics may be inaccurate due to date & time mismatch between watch and cloud server.

Sport data of the watch is transferred to the phone via APP, which will then be uploaded to the cloud server via mobile phone network (3G/4G or WIFI) or GPRS. So to ensure data upload is successful, please make sure BT connection between phone & watch is normal, and make sure the mobile phone network is normal.



Connection instruction for some specific mobile phone

Due to default setting and permission reason, some Android phones may not support BT background data refresh and notification. Then the user may need to activate relevant permission manually. Take HUAWEI Honor X4 phone as an example:
1. In the phone Settings, enter the "Notification center", make sure QQ, WeChat, Sportplus etc APP status are all turned ON.
2. in the Settings, enter "Protected apps", make sure QQ, WeChat, Sportplus etc APP status are all turned ON.
3. in the Settings, enter "Permission manager", make sure 'Trust this Application' option for QQ, WeChat, Sportplus etc APP are turned ON.

ALFA WATCH

SCAN FOR PDF INSTRUCTIONS

PLEASE, READ BEFORE USING

WARNING

- Do NOT hit the watch's main unit hard.
- Do NOT expose it to chemicals such as benzene or thinner.
- Do NOT approach strong magnetic fields and electric shock stations.
- Please AVOID direct light or heat appliances.
- Do NOT disassemble, repair, or modify it yourself.
- Dispose of packaging, batteries, and old electronic products, please sort them properly.
- Do NOT press any button underwater.
- Do NOT wear it when swimming.
- Do NOT keep underwater for more than 30 minutes.
- Do NOT use submerged in seawater (saltwater).

Note: This watch is 5ATM certified. However, not following the precautions specified before could make it nonfunctional and we can't accept responsibility for the misuse of the device.