



koala  
babycare

# koala soft touch<sup>120×120</sup>

instruction manual

# 1. INTRODUCING KOALA SOFT TOUCH 120×120

Koala Soft Touch is much more than a simple muslin cloth or blanket: it conceals many other extraordinary benefits for you and your baby. It helps you to settle and soothe your baby – whatever the matter and wherever you are, resolving those small emergencies which arise and turning you into a super resourceful parent.

Its 120cm × 120cm generous size, makes it perfect as a blanket, cover or towel, and extra special if used as a **swaddle blanket or wrap**, to hold your little one in a soft embrace and make them feel protected. It's also an excellent **breastfeeding cover** thanks to the handy fabric strap provided, helping you to feel as relaxed as possible at such an intimate time.

**Made of 100% certified organic cotton**, it's breathable and is kind to a baby's delicate skin.

**Easy to wash**, it retains its softness wash after wash.

The Koala Babycare muslin squares stand out for their **stylish and original design**. Each pack contains **two muslins so that you can always have one to hand when needed**: one plain coloured one and the other with a cute design that will keep your baby amused.

## 2. LEARN HOW TO USE KOALA SOFT TOUCH 120×120

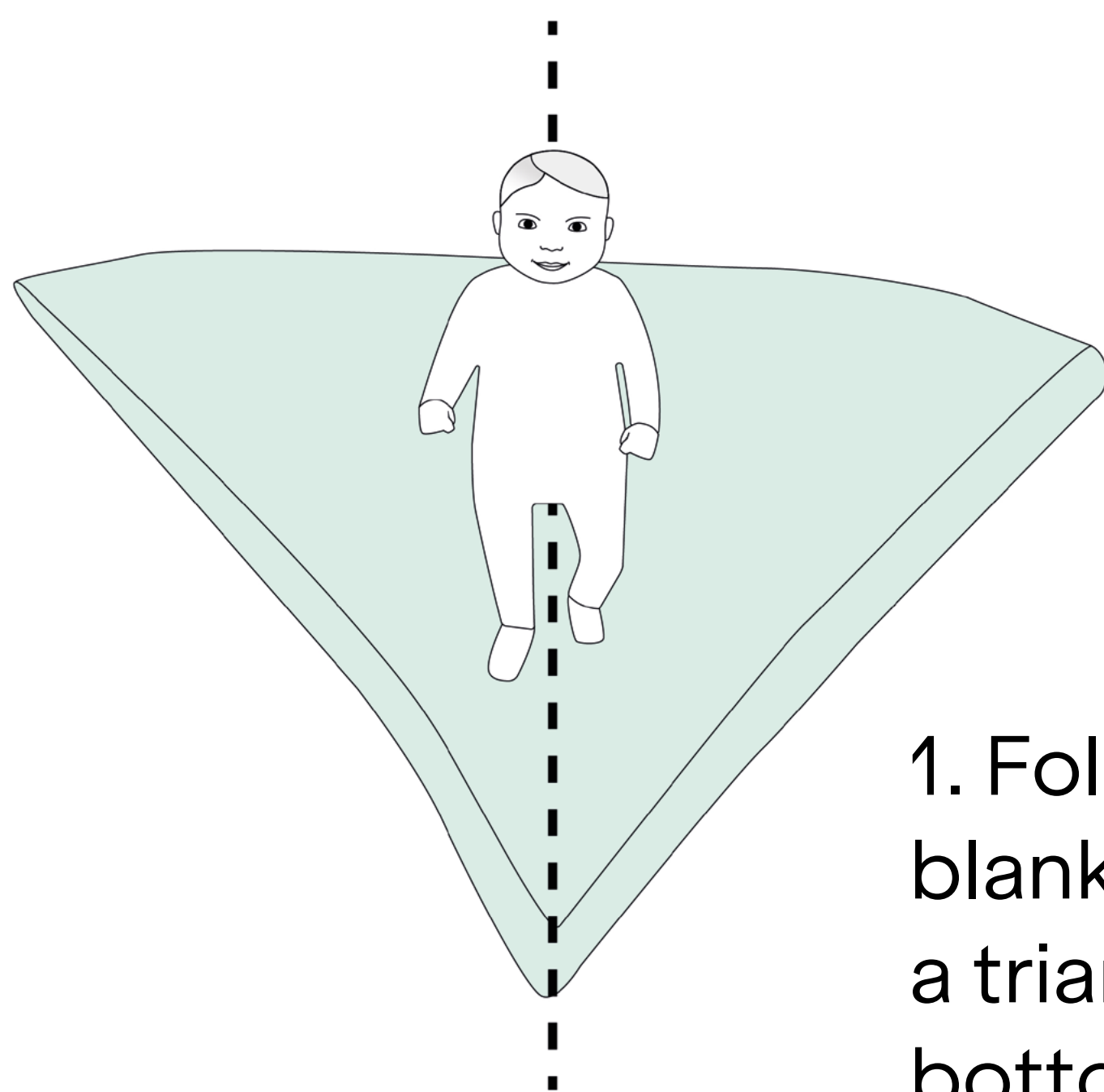
### SWADDLE OR WRAP BLANKET

#### Instructions

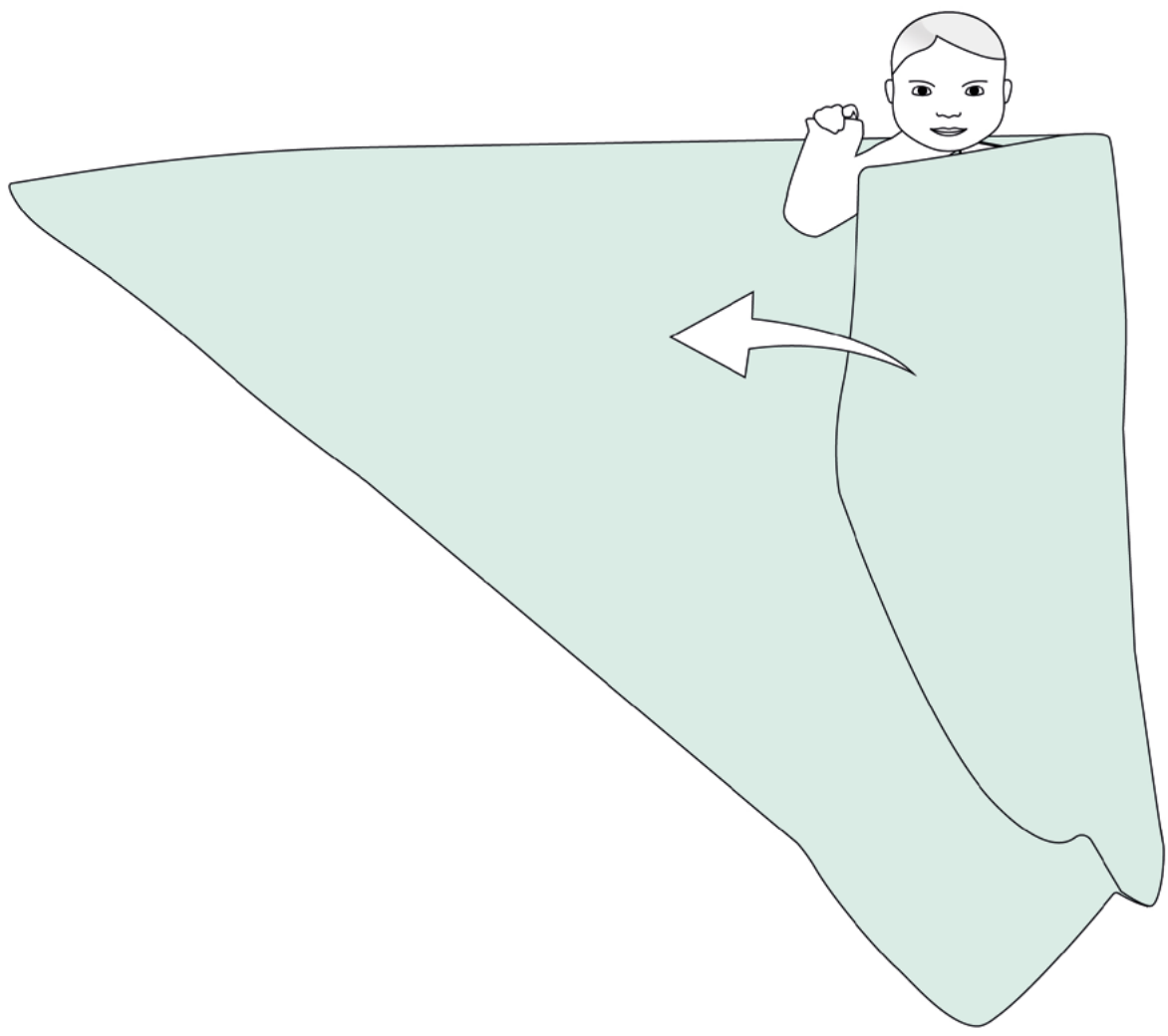
Care must be taken to ensure you wrap the baby correctly. Incorrect swaddling can lead to hip dysplasia or developmental dysplasia of the hip.

In order to allow for natural development of the hip joints when swaddling, make sure the baby is still able to bend their legs upwards and outwards to the side easily.

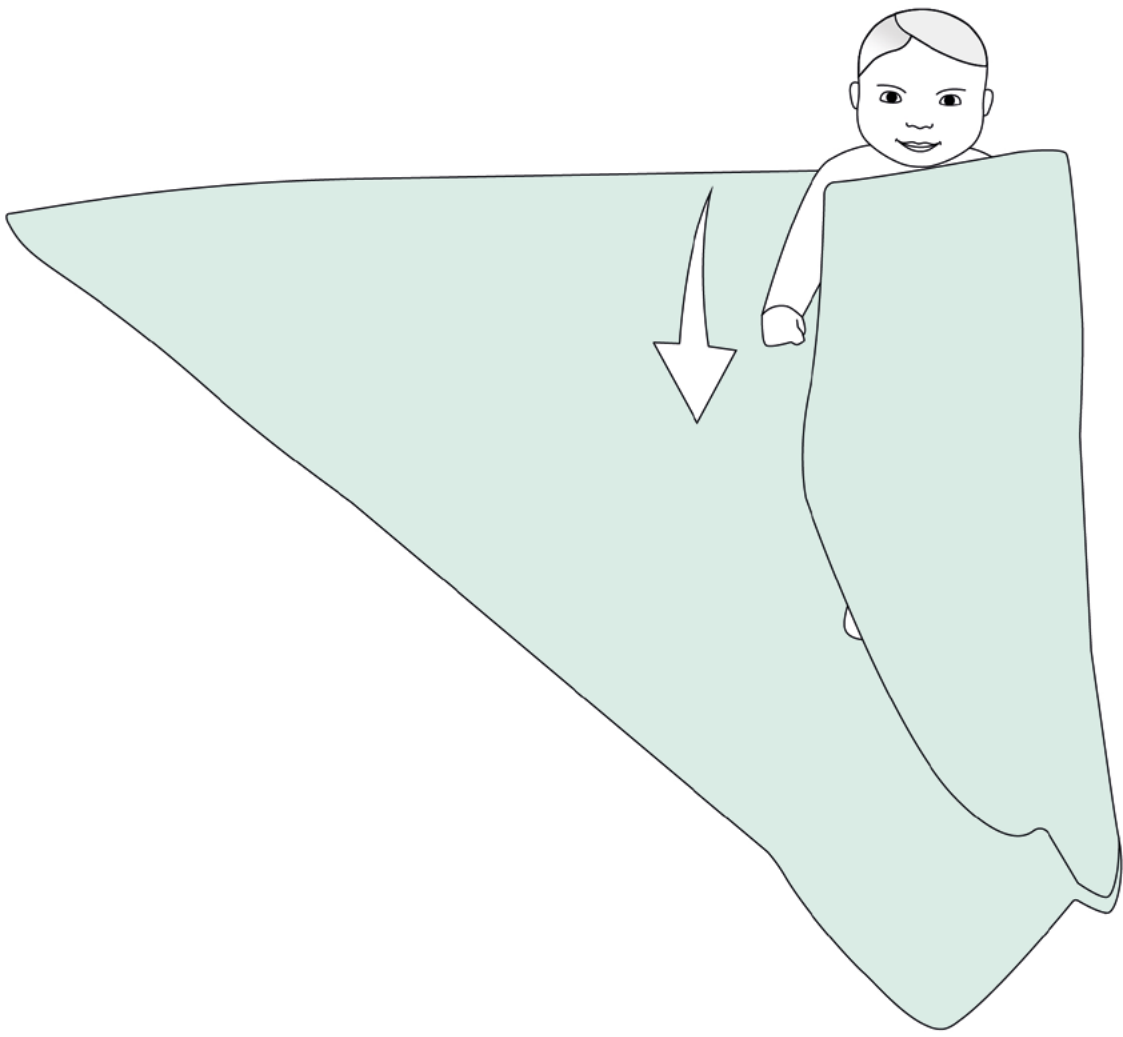
The baby's legs should not be wrapped tightly together and restricted in a straight position, nor should they be pressed together. In fact, the natural position for a newborn baby is with their legs in a frog-like position (legs bent upwards and outwards). Forcing their legs into a straight position prematurely can loosen joints and damage cartilage.



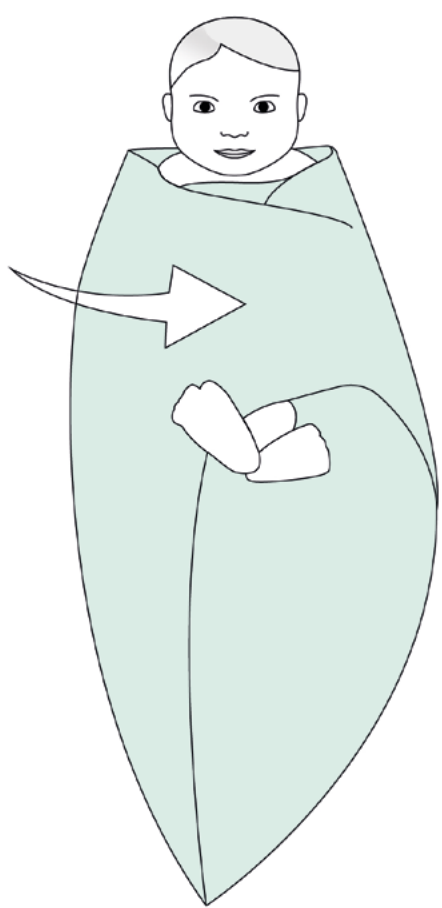
1. Fold the top corner of the blanket halfway down to form a triangle with the tip at the bottom.



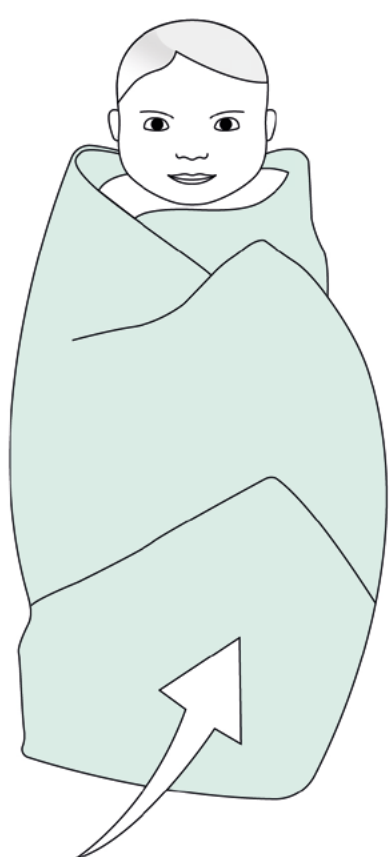
2. Place the baby in the centre, making sure that about a couple of cm of the muslin cloth protrudes above the baby's shoulders.



3. Lower their left arm down gently, wrap the cloth over their arm and across their chest and then tuck it snugly underneath the baby's right side.



4. Lower their right arm down gently, wrap the muslin cloth over the baby's arm and chest and then tuck it snugly underneath the baby's left side. Their weight will keep the cloth in place.



5. Twist or fold the bottom end of the cloth and tuck it under the baby, making sure both legs are in a frog-like position (bent upwards and out).

**IMPORTANT:** Always check that the swaddle is not too tight around the lower limbs: the infant must have enough room to move his or her legs and hips freely.

## **BENEFITS OF SWADDLING**

**Swaddling** or the practice of containment, mimics the sense of protection young infants were used to inside their mummy's tummy. The benefits it offers to a baby are impressive, and it can even help mums and dads tackle those daily minor parenting crises..

1. Provides little ones with a familiar sensation of containment which is vital for **feeling safe and protected**.
2. Offers infants a **warm, cosy, and snug environment**, without forcing any movement from them and still allowing them to experience external stimuli.
3. Feels like a hug sensation, **similar to being cuddled by mummy or daddy**.
4. **Soothes babies, helping them fall asleep calmly** and sleep longer.
5. Allows newborns to develop slight grasping movements and to **acquire a better perception of their body**.
6. **Helps with colic** and reduces any related discomfort.

## BREASTFEEDING COVER

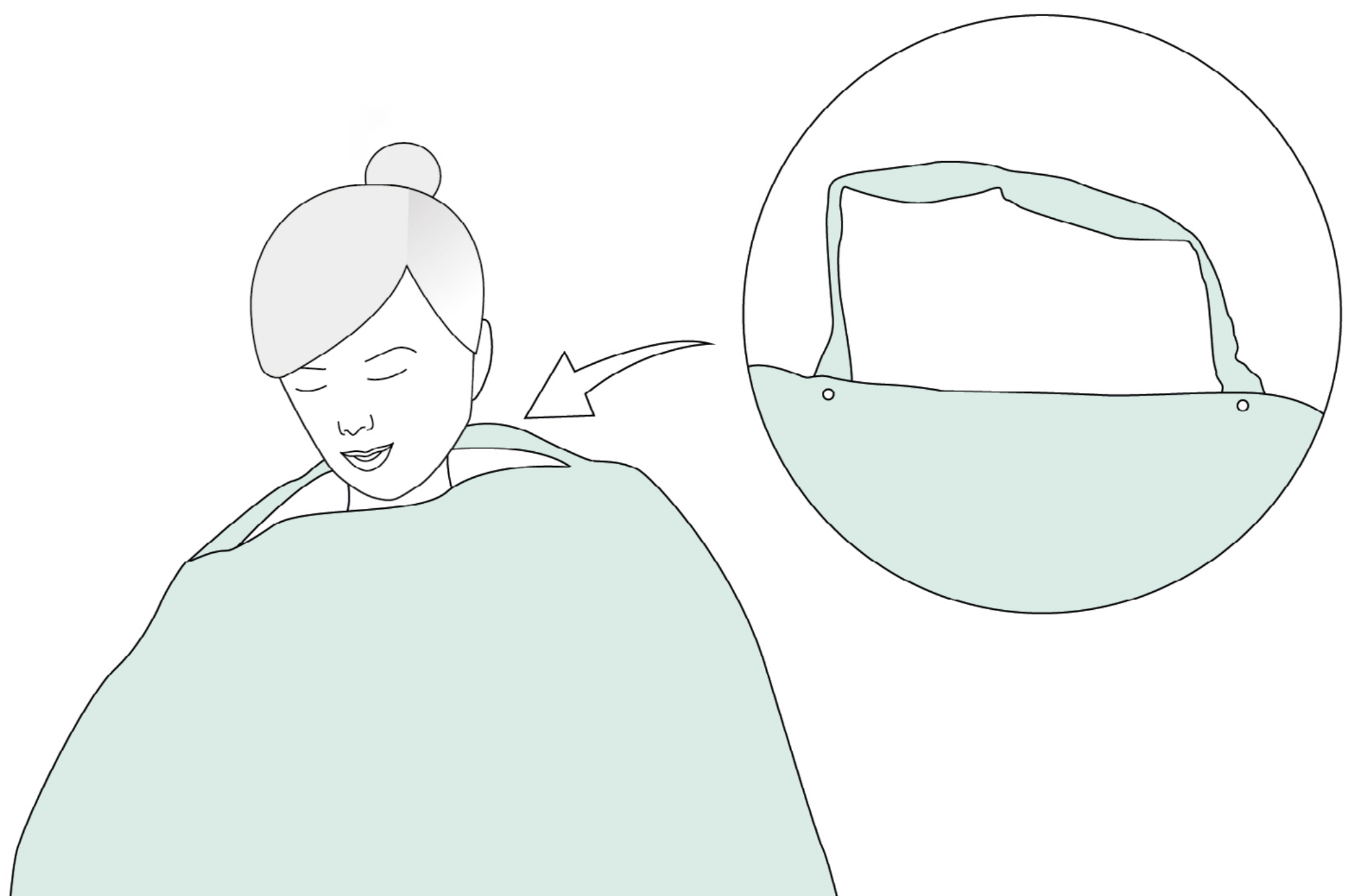
Koala Babycare's 120×120 muslin square is ideal for use as a breastfeeding cover up, thanks to the special strap provided.

This benefits both mother and baby: breastfeeding is a unique moment of bonding between mother and baby, Koala Soft Touch helps you keep this special time intimate by protecting your privacy and shielding your baby from any distractions.

The muslin blanket also easily turns into a nursing cover by using the fabric strap provided. You attach it to the buttonholes on one side of the muslin cloth by the means of two practical button fasteners.

This enables you to cover up your front as well as your baby, while your back remains uncovered.

The length of the fabric strap is specially designed to create a neckline wide enough to allow you to be able to look at your baby while you breastfeed, so that you can maintain eye contact and position your baby correctly.





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