

## **CHICKEN RECIPE**

## **NUTRIENT PROFILE BASED ON CALORIE CONTENT**

Our Chicken Recipe is formulated to meet the nutritional levels established by the AAFCO dog food nutritional profile for adult maintenance. It is complete and balanced for adult dogs using only whole foods. No synthetic vitamins or minerals are used.

**Ingredients:** Chicken, chicken liver, eggs, broccoli, spinach, oysters, Swiss chard, strawberries, plums (no pits), sweet potato, mackerel, sunflower seeds, omega-3 fish oil (sardine, herring, mackerel, anchovy) ground eggshell, organic kelp, walnut oil.

Nutrient	Units per 1000 kcal ME	AAFCO Adult Maintenance Minimum	AAFCO Maximum	Chicken Recipe Value	Notes / Considerations
Crude Protein	g	45.0		135.70	
Arginine	g	1.28		8.13	
Histidine	g	0.48		3.96	
Isoleucine	g	0.95		6.82	
Leucine	g	1.70		10.21	
Lysine	g	1.58		10.79	
Methionine	g	0.83		3.58	Dogs make taurine from key amino acids
Methionine-cystine	g	1.63		5.40	(methionine & cysteine). Meat, eggs & seafood are also the richest dietary sources of taurine.
Taurine	go	Not required		0.41	
Phenylalanine	۵۵	1.13		5.54	
Phenylalanine-tyrosine	g	1.85		10.09	
Threonine	g	1.20		5.61	
Tryptophan	۵۵	0.40		1.53	
Valine	go	1.23		6.84	
Crude Fat	g	13.8		41.18	
Linoleic acid	go	2.8		8.6	
Alpha-Linolenic (ALA)	g	Not Determined		0.74	
Eicosapentaenoic (EPA) + Docosahexaenoic acid (DHA)	g	Not Determined		1.48	Chicken Recipe values are: 0.81 for EPA and 0.67 for DHA.
(Linoleic + Arachidonic): (ALA+EPA+DHA) ratio			30:1	3:1	Omega6:Omega3 ratio. In humans a ratio of 1:1 to 10:1 is considered ideal. Ideal ratios in canines are unstated by AAFCO.
Minerals					
Calcium	a	1.25	4.5	1.68	
Phosphorus	g g	1.00	4.0	1.40	

CA:P Ratio		1:1	2:1	1.2:1	
Potassium	g	1.5		2.07	
Sodium	g	.20		0.75	
Chloride	g	.30		0.66	
Magnesium	g	.25		0.35	
Iron	mg	10		19.02	
Copper	mg	1.83		1.94	Inorganic / synthetic copper supplements like
				(as natural	copper sulfate and chelated copper (i.e. copper
				/ organic	bound with an amino acid) may be associated
				copper)	with copper storage disease.
Manganese	mg	1.25		1.54	
Zinc	mg	20		21.63	
lodine	mg	.25	2.75	0.49	
Selenium	mg	.08	0.5	0.19	
Nih-min-					
Vitamins		4250	62500	40.244	
Vitamin A	IU	1250	62500	19,244	
Vitamin D	IU	125	750	198.16	
Vitamin E	IU	12.5		13.29	
Thiamine (B1)	mg	0.56		0.85	
Riboflavin (B2)	mg	1.3		2.69	
Pantothenic acid (B5)	mg	3.0		9.89	
Niacin (B3)	mg	3.4		55.27	
Pyridoxine (B6)	mg	0.38		3.10	Folgate is the material forms of vitamin DO in
Folic Acid (B9)	mg	0.054		.685 (as folate)	Folate is the natural form of vitamin B9 in
Vitamin B12	ma	0.007		.018	food, while folic acid is a synthetic form.
Choline	mg mg	340		767.28	
Chomie	mg	340		707.20	
Antioxidants /					
Phytonutrients / Natural		Not Required	Not		
Compounds)			Required		
(e.g. polyphenols, flavonoids,					
carotenoids,					
polysaccharides)					
Alpha-lipoic acid				✓	
Anthocyanin				✓	
Beta-carotene				✓	These all-natural compounds are found in
Chlorogenic acid				✓	whole food ingredients like kale, broccoli,
Coenzyme Q10				✓	blueberries, strawberries, plums, rainbow
Ellagic acid				✓	Swiss chard, spinach, and carrots that are
Fucoidan				<b>√</b>	used in our recipes. These nutrients are not found in synthetic vitamins and
Fucoxanthin				✓	minerals. This is one powerful reason why
Indole-3-carbinol				<b>√</b>	we use <i>only</i> whole foods in our recipes.
Kaempferol				✓	we use only whole roods in our recipes.
Lutein				<b>√</b>	0.00
MGDG and SQDG				<b>√</b>	
Myricetin				✓ ✓	
Procyanidin					
Quercetin				<b>√</b>	
Sulforaphane				✓ ✓	
Zeaxanthin				<b>*</b>	
Glycemic Load		Not determined	Not	1.00	In humans, glycemic loads less than 10
			determined		are considered low glycemic.