



WHOLESONE SCHOOL PRESENTATIONS

Emma Tabacaru, founder of Pippin Girl is passionate about telling a different story.

A story that combats the lies and toxic messages that bombard our youth as they seek to navigate the highly connected (but often lonely), fast-pace, hyper-sexualised, pornified culture that they now find themselves living in.

As an educator and presenter with a background in biology and pastoral care, she is warm, funny, knowledgeable and knows how to read a room and connect with students of all ages. She does not shy away from being real and saying what needs to be said with truth and grace. Emma's presentations are value based, wholesome and point students towards their worth and dignity as a human being and encourage students to live a balanced, fulfilling life full of respectful, loving, joyful and healthy relationships.

"Emma, I cannot stop raving about your presentation.....so engaging, professional, funny and I loved how scientific it was too!"

Leonie Riley
Director of Pastoral Care | Emmanuel College



UPPER PRIMARY SCHOOL PRESENTATIONS

STAGE 3: YEAR 5 OR 6

SEX: THE BASICS OF BONDING AND BABIES

DURATION: 60 MINUTES + 10 MINUTES FOR Q&A TIME

THIS PRESENTATION WILL COVER:

- Establishing your go-to adults and safe, reliable places to seek answers to questions about sex.
- An overview of the basics of body safety and consent.
- The structure and function of the male and female reproductive systems.
- A clear definition of sexual intercourse.
- The role of sex in bonding two people.
- The function of the egg and sperm cell and conception.
- The stages of pregnancy.
- IVF and the amazing role of fertility technology.
- The function of the placenta and umbilical cord.
- Vaginal and caesarean births.
- Answers to FAQ about twins, birth complications and sex assignment at conception.



This session may be delivered to separate genders or combined.

*"Thank you so much for coming to my child's school this week. She came home raving about you. She was encouraged by the way you discussed the topics. Thank you for doing what you do, how you do it and re-enforcing what we teach at home. It was great for **** to hear what we say from someone different."*

Sarah | Parent of a Year 8 student

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UPPER PRIMARY SCHOOL PRESENTATIONS

STAGE 3: YEAR 5 OR 6



THE REMARKABLE SESSIONS (GIRLS)

2 X 90MIN SESSIONS

SESSION ONE: BLOOM

This presentation will cover:

- The remarkable female body.
- The female reproductive system.
- The changes that happen during puberty.
- Preparing for your first period (and the 450 after that).
- Our top tips for crushing puberty incl. taking care of yourself well.

SESSION TWO: BLOSSOM

This presentation will cover:

- Developing a positive view of your body.
- Guarding your heart (handling negative talk).
- Finding your spark.
- Finding your tribe.
- Taking care of yourself (sleep, nutrition, movement & stress management).

THE REMARKABLE SESSIONS (BOYS)

2 X 90MINS

SESSION ONE: THE GUY STUFF.

This presentation will cover:

- The remarkable male body.
- The male reproductive system.
- The changes that happen during puberty.
- Tips for handling the tricky stuff (wet dreams, erections, pimples, voice changes etc.)

SESSION TWO: NOT JUST A LAD.

This presentation will cover:

- What it means to be a real man.
- Developing a positive view of your body.
- Being a good mate.
- The truth about pornography.



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SECONDARY SCHOOL PRESENTATIONS

STAGE 4: YEAR 7 OR 8



THE REAL DEAL (CO-ED)

80 MINS

This presentation will cover:

- The foundations of a healthy relationship.
- What real love looks like.
- An analysis of hook-up culture
- Red flags for unhealthy relationships.
- The purpose & value of sex (babies and bonding)
- Pornography myths. (Optional but recommended)

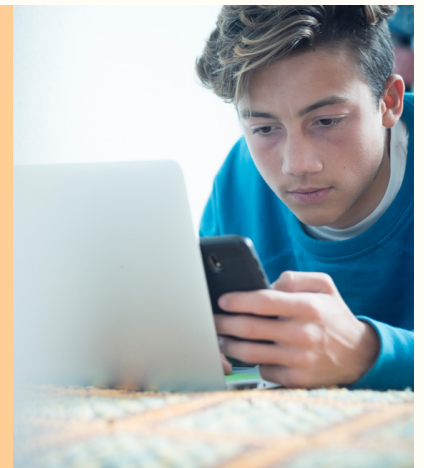
NAVIGATING THE ONLINE WORLD (CO-ED)

60 MINS

This presentation will cover:

- Tips for being authentic and having integrity online.
- The 4R's for navigating the online world.
- Staying safe online.
- Balancing screen time.
- Consent
- Sexting, Cyberbullying and Grooming.

(Optional to also cover the dangers of pornography).



"Emma is a highly engaging and knowledgeable speaker who we have had the privilege of having present to our Year 7 and 8 students. Covering topics that included body image, puberty and health, Emma addressed many issues that our young girls face in an age appropriate and relevant way, making them feel comfortable to engage with the activities, and opening up avenues for continued discussion around these topics. The students said that they found the session informative and fun, and they really appreciated all the practical advice that Emma gave. I would highly recommend Emma as a guest speaker and the Pippin Girl resources for use with Middle and Senior School students.

Jessica Ley | Dean of Year 8 Emmanuel College

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SECONDARY SCHOOL PRESENTATIONS

YEARS 9-12



RAISING THE BAR (CO-ED)

80 MINS

This presentation will cover:

- An analysis of the hyper-sexualised culture we live in.
- Why sex matters so much.
- A sexual decision making framework.
- Consent as a necessary but low bar for sex.
- Qualities of a healthy relationship.
- Health information: STI's, contraception & pregnancy.



IN THE KNOW (GIRLS)

80 MINS

This presentation will cover:

- The female menstrual cycle in detail.
- The menstrual cycle & athletic performance.
- Top tips for not letting your period hold you back.
- The four non-negotiables of self-care.
- The run-down on hormone contraceptives.
- Pregnancy and fertility.

"Thank you so much for being "real" with our students. They definitely connected to your stories and we have only had positive feedback from staff and students. Even some boys saying "That wasn't half bad sir" which is a real positive comment from a teenage boy!"

Dino Arraiol | Head of Wellbeing & Community - Calvary Christian College



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PARENT PRESENTATIONS

PRIMARY SCHOOL PARENTS



BECOMING THE GO-TO

75 MINS

This presentation will cover:

- The sexual development of our children.
- The important role of parents in sexual education.
- Ten tips for becoming the go-to for your child's sexual education.
- Key conversations and practical strategies for having open, honest and frequent communication.

SECONDARY SCHOOL PARENTS



NAVIGATING A SEXED UP WORLD.

75 MINS

This presentation will cover:

- An overview of the hyper-sexualised, pornified world our children are growing up in.
- Key conversations to have before high school.
- An overview of the science behind sexual development.
- Five ongoing key conversations to have with your teen.

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"Emma delivers the material in a beautifully relatable yet knowledgeable way. All the science your child needs, packaged within a down to earth, warm and supported framework. She also packs in a lot of great tips and hacks for as this wonderful growth period approaches. This is the course all children need in order to glide through this beautifully bumpy and miraculous season of their life with ease and grace."

Jo Espie | Clinical Psychologist (Seed Clinical Psychology)



WANT TO GET A QUOTE?

MORE INFO?

MAKE A BOOKING?

Email us: gday@pippingirl.com.au

Call us: 0431 316 822

FOR MORE RESOURCES:

Visit www.pippingirl.com.au

OR follow us @pippin.girl



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