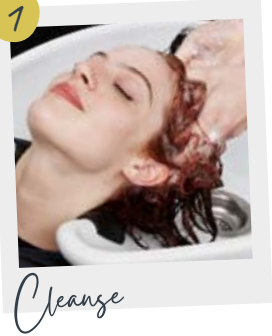# Quick Fix - Quick reference guide

◎ FABRIQ

ReBuild - strength with softness for fine, thin or limp hair
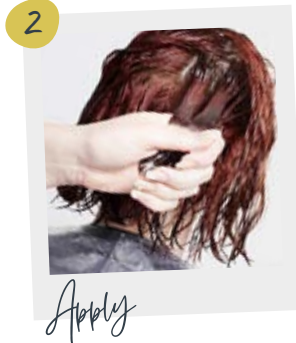**ReHydrate -** moisture without weight for coarse, dry or damaged hair

An extra step for Quick Fix+

1

Cleanse

Cleanse twice using:

Hydrate or **Build** shampoo, if the client has just had colour or has vivid colour

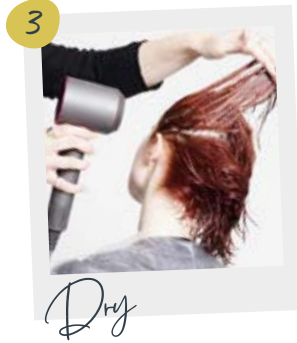**Zero**, for all other clients

Don't leave Zero on.

Rinse. Towel dry. Do not comb through.

2

Apply

Massage a pinch of **Quick Fix ReHydrate** or **ReBuild** into the hair, working in 2-3cm sections, to easily remove tangles. Comb through.

> 10-20ml of product is usually enough, but you may need more for very long or thick hair.

3

Dry

Dry the hair on medium heat, without a brush. The proteins reach their maximum effect as they become fully dried in, so make sure the hair is 100% dry.
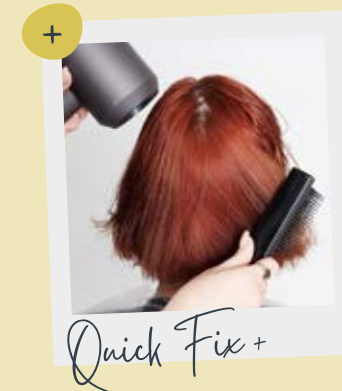
4
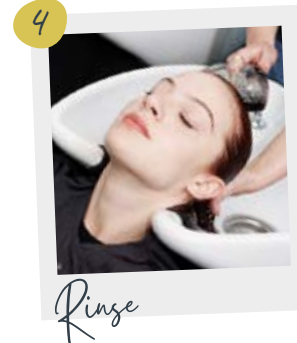
Rinse

Once the hair is 100% dry, it just needs a thorough rinse.

+

Quick Fix +

Once the hair is mostly dry, blow-dry it in sections with a brush, to ensure it is 100% dry and ends have been smoothed.

Iron the hair **slowly** in large 3-4cm sections at 180°C/355°F, using the **EasyComb**. Complete one smooth pass, let the section cool for two seconds, and then iron twice more.

Ask if they'd like to upgrade to Quick Fix+ for even better results.

*Go online – Scan me for the full Quick Fix step by step guide*
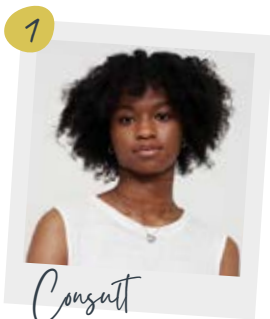
1 *Consult*

Our Golden Rule…
The less you know the more you learn.

Q1 - **Tell me about your hair** (or for a returning client, 'Tell me, how's your hair been?')

Q2 - **What would you love your hair to be?**

If your client has colour, explain that Reset may shift some tone and intensity. Book them in 48 hours before their next colour is due.

Introduce the Build or Hydrate homecare they will need to take home.
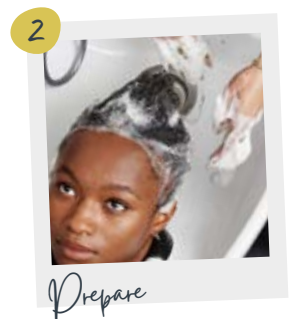
2 *Prepare*

Leave second shampoo on for 5 minutes and cover with a cap. Do not leave **Zero** on with porous, weak, very damaged, highly coloured or bleached hair.

Rinse, towel-dry, comb. Analyse for:
- weak and dry hair
- strength of curl
- areas that are already drying out.

Spray **Regulate** in 2-3cm sections, starting at the nape. Comb through. Concentrate on the most porous areas. Don't dry in.

3 *Apply*

Apply **Reset** (or your **Reset and Turbo** mix) in 3-4cm sections starting at the nape, close to the root but not on it.

DON'T APPLY DIRECTLY TO THE SCALP.

Turbo is an optional additive that makes the treatment penetrate further. Use on hair that's normal, virgin, very curly, Afro or resistant. Use up to 2ml Turbo per 10ml Reset. **Do not use on porous, weak, very damaged, highly coloured or bleached hair.**

Measuring Turbo

Highly porous and weak hair	DO NOT USE
Normal, coloured, dry or damaged	1ml Turbo to 10ml Reset
Resistant, very curly, Afro or virgin	2ml Turbo to 10ml Reset

Very porous and fragile hair

20 min
10 min

Normal, virgin, very curly, Afro or resistant hair

30 min
45 min

Check after 20 minutes and comb through	Check after 30 minutes and comb through

Tip For extra straightening power on resistant, very curly and Afro (but not weak or fragile) hair, dry the treatment in with medium heat before rinsing.

4 *Rinse & lock*

Rinse for 20 seconds. (For white and light blonde hair, rinse for an extra minute.)

Gently towel dry, apply **Lock**, comb through, and leave for two minutes.

Rinse for 30 seconds.

Blow-dry the hair until it's 100% dry. Blast it dry quickly before finishing with a brush.

Iron hair **slowly** in 2 - 3cm sections using **EasyComb**.

1st Pass – iron the hair from roots to ends in one smooth motion and leave to cool for 2 seconds. Continue ironing using the recommended heat setting and number of passes.

5 *Dry & iron*

Weak, very damaged, highly coloured, bleached	Normal, dry, slightly damaged	Virgin, very curly, resistant, afro-carribbean
1st pass each section		
4-6 passes 180 - 190°C 355 - 375°F	6-7 passes 200 - 210°C 390 - 410°F	7-10 passes 220 - 230°C 430 - 450°F

Ends will often need less passes. **Don't iron white hair above 190°C / 375°F**

Final Pass – for the ultimate final finish, iron the hair once at 180°C / 355°F
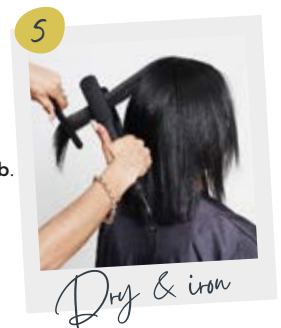
Homecare

Hair can be shampooed from just 30 minutes after the treatment, (for maximum straightening power on the curliest hair, we recommend not shampooing for the first 48 hours). Hair must be rinsed with cool water for 3-5 minutes first. Most clients do that first wash at home, so make sure you tell them this before they leave.

They'll need to use **Fabriq** Shampoos and Conditioners to get maximum results from the treatment and make sure the effects last for up to 4 months.

Go online

Scan me for the full Reset step by step guide