

Instructions: affles and pancakes

Gluten-free, dairy-free (casein-free) and hypotoxic

By: Cuisine l'Angélique





For a 1/2 pack of mix / Approx. 6 waffles or pancakes

ORGANIC INGREDIENTS

- 228 g (1 1/2 cups) of Waffle and Pancake Mix
- 315 ml (1 1/4 cups) plant-based milk substitute* of your choice
- 30 ml (2 tbsp) light olive oil
- 1 large egg
- Vanilla extract to taste

BATTER PREPARATION

- 1. Pour all ingredients into blender. For a thicker batter, reduce the amount of liquid.
- 2. Blend until batter is uniform.
- 3. Let rest for 20 minutes.
- 4. Place 65 ml (1/4 tasse) in the waffle maker or in a lightly oiled frying pan.
- 5. Cook until golden.

TIP

* If you do not follow a dairy-free diet, replacing milk substitute with cow's milk is an option.

This box yields approximatively 12 waffles or pancakes.

See the product sheet of this mix to see its nutritional values and ingredients.