



Apple pancakes

Recipe Gluten-free, dairy-free (casein-free) and hypotoxic
By: Cuisine L'Angélique



YIELD: 2 MEDIUM PANCAKES

INGREDIENTS

- 1 large egg
- 45 ml (3 tbs.) of [Cuisine L'Angélique Waffle and Pancake Mix](#)
- 5 ml (1 tsp.) vanilla extract
- 1 organic apple, peeled and grated

PREPARATION

1. Mix all other ingredients together.
2. Cook with an oiled griddle.
3. Spread slightly to give pancake a nice round shape.
4. Flip when bottom is golden and finish cooking.



TIP

See the product sheet of this mix to see its [nutritional values and ingredients](#).

VARIATION

Replace grated apple by 85ml (1/3 cup) other fruit (strawberries, raspberries, blueberries, etc...).