

Instructions: Brigitle's Brownies

Gluten-free, dairy-free (casein-free) and hypotoxic

By: Cuisine l'Angélique





PORTIONS: 12

PREPARATION: 15 MINUTES COOKING: 25 to 30 MINUTES

ORGANIC INGREDIENTS

- 1 pack <u>Brownie Mix</u>
- 2 large eggs
- 85 ml (1/3 cup) light olive oil*
- 45 ml (3 tbsp) water
- 12,5 ml (2 1/2 tsp) vanilla extract

PREPARATION

- 1. Preheat the oven to 350 °F (180 °C).
- 2. Oil a square 20 cm (8x8-inch) glass pan.
- 3. In a bowl, combine brownie mix, eggs, oil, water, and vanilla extract and stir with a wooden spoon.
- 4. Pour the mixture into the pan and spread evenly with a wet spatula.
- 5. Bake on middle rack for 25 to 30 minutes. The edges should be cooked and the center still soft.
- 6. Allow to cool completely in pan before cutting into squares.

Cooking time may vary from oven to oven.

TIP

See the product sheet of this mix to see its <u>nutritional values and ingredients.</u>

*Olive oil may be replaced by coconut oil (melted over low heat).

*If you do not follow a dairy-free diet, vegetable fat may be replaced by butter (melted over low heat).

VARIATION

For an even more intense chocolate experience, add 165 ml (2/3 cup) semi-sweet chocolate chips at the end of step 4 and mix well.