



Setting Time:

Press mode **(M)** three times to get to time, start **(S)** to change time and reset **(R)** to cycle through hours, minutes and seconds. Continue pressing reset **(R)** to get to date and day (located at the top). Press mode **(M)** once more to return to the adjusted time.

Setting Alarm:

Press mode **(M)** twice to get to alarm and press start **(S)** to change alarm. Press reset **(R)** to cycle through the hours and minutes. To turn alarm off, press reset **(R)** and start **(S)** at the same. Press mode **(M)** to get back to time. Once the alarm is enabled, "Alarm" at the bottom will be underlined.

Stop Watch Mode:

Press mode **(M)** once, to get to stop watch, press start **(S)** to start and again to stop. Press mode **(M)** again to get back to time.

FUNCTIONS

1. Standard display: Hour, minute, second, month, date, week
2. Cold light function
3. Stop watch stage timekeeping function
4. Alarm function
5. Hourly chime function