

Hand Sanitising Procedure



Dispense enough product to thoroughly cover all surfaces of your hands.



Rub hands together until dry. Should take approximately 15 seconds.

According to the CDC:

- Alcohol-based handrubs are strongly recommended for routinely decontaminating hands if they are not visibly soiled.
- Wash hands with soap and water when hands are visibly dirty or contaminated.

The CDC also recommends the following for improving hand hygiene:

- In order to improve hand hygiene compliance, make alcohol-based handrubs readily available
- Provide healthcare workers with hand lotions or creams to minimize skin dryness and irritation
- Provide staff education and training regarding proper hand hygiene practices and methods
- Monitor health care workers' hand hygiene compliance and provide feedback