

Nutrition Facts

Serving size (100g)

Amount Per Serving

Calories **450**

% Daily Value*

Total Fat 26g **33%**

Saturated Fat 15g **75%**

Trans Fat 0g

Polyunsaturated Fat 1g

Monounsaturated Fat 9g

Cholesterol 0mg **0%**

Sodium 0mg **0%**

Total Carbohydrate 67g **24%**

Dietary Fiber 8g **29%**

Total Sugars 54g

Includes 0g Added Sugars **0%**

Protein 7g **14%**

Vitamin D 0mcg **0%**

Calcium 40mg **4%**

Iron 9mg **50%**

Potassium 0mg **0%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.