

Product and price lists



All products are vegetarian.

Our vegan, gluten free and best-selling products (*) are clearly marked.

We work closely with all suppliers to ensure all products and ingredients are free from any genetically modified material to the best of our knowledge. They will inform us immediately if this should change.

How to order

Please place orders by phone, text, or email. See specific order timings in relation to producer in product notes.

Minimum order is £30.00. This Includes any items not on this list for example from Essential Trading Coop's extensive catalogue or from our selection in store. Please send us an email for any product enquiries.

Discounts can be discussed on large orders.

No delivery charge to Torbay, Teignbridge, and South Hams.

Product ranges

Pg	2	Organic sprouted seeds
Pg	3, 4,	Vegetarian and vegan bakery & Organic Hummus
Pg	5, 6, 7, 8	Vegan/GF/Organic cakes and bakes
Pg	9, 10	Organic vegetarian and vegan pies



Organic Sprouted Seeds

Ellisha and Kelda are the two-sister team behind Sky Sprouts. Together, they grow their seeds and sprouts fresh on their organic farm in Devon and supply independent health stores around the UK.

	Net weight	Price (per punnet)
Alfalfa *	100g	£2.00
Alfalfa & Fenugreek	100g	£2.05
Alfalfa & Broccoli*	100g	£2.05
Alfalfa & Radish	100g	£2.05
Mung	200g	£2.05
Mixed Bean*	200g	£2.15
Broccoli	100g	£2.15
Sunflower	200g	£2.15
Lentil	200g	£2.05
Chickpea	200g	£2.05
Red Clover	100g	£2.05
Red clover & radish	100g	£2.05
Radish*	100g	£2.05
Protein Pack	175g	£2.95
Superfood Pack	110g	£2.95
Multi Pack	175g	£2.95
Sprouted Kale	60g	£2.35

Product notes

Keep chilled between 3 - 5°C

Shelf life 15 - 17 days.

Vegan and Gluten Free.

Place orders by Friday 11am for delivery the following Wednesday.

Product	Vegan/Very Low Gluten	Cost / Wrapped & Labelled
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Sebastien's Savouries

Vegetarian Scotch Egg*	-	£2.00 / £2.05
Two Seed Rissole*	V/VLG	£1.85 / £1.90
Arancini Ball	V/VLG	£2.05 / £2.10
Potato, Leek & Vegan Cheese Croquette	V/VLG	£2.20 / £2.25
Spinach Bhaji	V/VLG	£1.80 / £1.85
Onion Bhaji	V/VLG	£1.80 / £1.85
Large Vegetable Samosa* (wrapped only)	V	N/A / £2.30
Large Vegan Sausage Roll*	V	£1.95 / £2.00
Vegan Spicy Vegetable Pasty*	V	£3.30 / £3.35
Spinach & Ricotta Pasty	-	£3.30 / £3.35
Cheese, Broccoli & Sweetcorn Pasty	-	£3.40 / £3.45
Vegan Cheese, Onion & Potato Pasty	V	£3.90 / £3.95
Vegan Thai Red Curry Pasty	V	£3.15 / £3.20
Vegan Wholemeal Chunky Veg Pasty*	V	£3.85 / £3.90
Vegan Veg Curry Pasty	V	£3.85 / £3.90

Wrapping is recyclable and compostable food safe film.

Mrs Gill

(Not available wrapped)

Onion Bhaji*	V/VLG	£1.70
Potato Bhaji	V/VLG	£1.70
Vegetable Samosa*	V	£1.70
Spring Roll*	-	£1.70
Spinach Bhaji*	V/VLG	£1.70

Sebastien's Hummus

Made with all organic ingredients.

Original 200g	V / VLG	£2.95
Lemon & Coriander 200g	V / VLG	£2.95
Roasted Carrot 200g	V / VLG	£2.95
Original 500g	V / VLG	£6.45
Lemon & Coriander 500g	V / VLG	£6.45
Roasted Carrot 500g	V / VLG	£6.45

Product notes:

These products are made by hand in small batches to maintain their authentic flavours.

Products may vary slightly in appearance and weight.

Keep products chilled between 3°C to 5°C

Sebastien's Foods
28 Hyde Road, Paignton,
Devon TQ4 5BY

T. 07837525981
E. dom@sebastiensfoods.co.uk
www.sebastiensfoods.co.uk

All products – shelf life at least 5 days

*Bestsellers

Full allergen ingredients list available on request

Some producers use ingredients containing the following allergens:

Gluten, Milk, Soybeans, Egg, Celery and Mustard.

Place orders by Friday 11am for delivery the following Wednesday.



Tamara at Tam's Kitchen runs a unique plant-based takeaway for residents in Torbay and has expanded her expertise to accommodate wholesale production of her terrific vegan cakes and we are very grateful!



Price List

<i>(12 Piece Cake)</i>	Price	Net Weight (pp)
Chocolate Orange Tart	£30.00	100g
Dark Chocolate & Biscoff Tart	£30.00	100g
Chocolate Mint Tart	£30.00	100g
Dark Chocolate Peanut Butter Oreo Tart	£30.00	100g
White Chocolate Biscoff Tart	£30.00	100g
'GF' Dark Chocolate Orange or Mint Tart	£30.00	100g
'GF' White Chocolate Orange or Mint Tart	£30.00	100g
Biscoff Brownie	£30.00	100g
Marshmallow Cookie Brownie	£30.00	100g
Cookie Dough Topped Brownie	£30.00	100g
Millionaire Caramel & Choc Brownie	£30.00	100g

Product notes

Place orders by Thursday 11am.

All cakes are vegan.

'GF' - Very Low Gluten content (21-100 parts per million of gluten).

All cakes best before - 8 days.

Keep refrigerated. Can be frozen and defrosted overnight with 5 days best before date.

Nuts are used in the kitchen where these cakes are prepared (Peanut butter only).

^Kind Cakes Mean Bakes^

Funky vegan baker and ethical food maker, offering well tasty grub. Gluten-free available too.



	Cost
Bakewell Slice*	£18.00
GF Bakewell Slice	£21.00
Millionaire Shortbread*	£18.00
Chocolate Ganache Flapjack*	£18.00
Rhubarb & Custard Flapjack*	£18.00
Cookie Sandwiches	£29.00
Cupcakes [generously filled & pimped]	£27.00
BIG Cookies	£12.50
Jaffa Fakes	£15.00
Muffins	£19.50
Rocky Road	£22.50
Tiffin	£18.00

Product notes

Items are sold in batches of 10 unless stated otherwise.
All cakes and bakes are vegan friendly.

For more mouth-watering images of their cakes, please visit:
www.facebook.com/kindcakesmeanbakes/
Place orders by Friday 11am.



'Everything we make is Vegan, Raw, Organic (where possible), Gluten-Free, Grain-free and Free From Refined Sugars. We also now have some low carb/diabetic friendly options.

I have included a list of current varieties and flavours below, although this is always evolving. ' Little Roar

DARK MATTER (DARK CHOC BROWNIE)

Ingredients: *Raw Cacao Powder, *Desiccated Coconut, *Raw Coconut Oil, *Cashews, Palestinian Medjoul Dates, *Coconut Blossom Nectar, *Raw Cacao Nibs & *Sea Salt.

*Organically Certified

NO DAIRY. NO GLUTEN. NO REFINED SUGAR.

Store in freezer. Once defrosted, keep in fridge and enjoy within 10 days.



AY CARAMBA! (LIME & CHILLI BROWNIE)

Ingredients: *Raw Cacao Powder, *Desiccated Coconut, *Sunflower Seeds, *Raw Buckwheat, Palestinian Medjoul Dates, Limes, *Raw Coconut Oil, *Cayenne Pepper, *Chilli Powder, Chilli Flakes, *Coconut Blossom Nectar, *Raw Cacao Nibs & *Sea Salt.

*Organically Certified

NO DAIRY. NO GLUTEN. NO REFINED SUGAR. NO NUTS.

Store in freezer. Once defrosted, keep in fridge and enjoy within 4 days.



CHOC-BERRY (RASPBERRY & WHITE CHOCOLATE)

Ingredients: *Raw Cacao Butter, *Raspberries, *Cashews, *Desiccated Coconut, *Dates, *Agave, Lemons, *Vanilla Extract, *Raw Coconut Oil, *Raspberry Powder, *Raw Cacao Nibs & *Sea Salt.

*Organically Certified

NO DAIRY. NO GLUTEN. NO REFINED SUGAR.

Store in freezer. Once defrosted, keep in fridge and enjoy within 4 days.



CHOC-WORK ORANGE (CHOC, ORANGE & POMEGRANATE)

Ingredients: *Raw Cacao Powder, Oranges, Pomegranates, *Cashews, *Almonds, *Hazelnuts, *Dates, *Raw Coconut Oil, *Raw Cacao Butter, Lemons, *Coconut Blossom Nectar & *Sea Salt.

*Organically Certified

NO DAIRY. NO GLUTEN. NO REFINED SUGAR.

Store in the freezer. Once defrosted, store in fridge and enjoy within 4 days.



THE BOLLYWOOD (LEMON, GINGER & TURMERIC)

Ingredients: *Desiccated Coconut, *Pumpkin Seeds, *Dates, *Cashews, Lemons, Ginger Root, *Raspberries, *Lucuma, *Hemp Seeds, *Turmeric, *Raw Cacao Butter, *Vanilla Extract, *Coconut Blossom Nectar, *Raw Coconut Oil & *Sea Salt.

*Organically Certified

NO DAIRY. NO GLUTEN. NO REFINED SUGAR.

Store in freezer. Once defrosted, keep in fridge and enjoy within 4 days.



BLUEBERRY HILL (ORANGE & BLUEBERRY)

Ingredients: *Cashews, *Almonds, *Hazelnuts, *Dates, Oranges, *Blueberries, Lemons, *Raw Coconut Oil, *Raw Cacao Butter, *Coconut Blossom Nectar, *Chia Seeds & *Sea Salt.
*Organically Certified
NO DAIRY. NO GLUTEN. NO REFINED SUGAR.

Store in freezer. Once defrosted, keep in fridge and enjoy within 4 days.
Alternatively, enjoy straight from freezer as an 'ice cream' cake.



THE FRESH PRINCE (CHOC, PEPPERMINT & COCONUT)

Ingredients: *Coconut Milk, *Sunflower Seeds, *Desiccated coconut, *Dates, *Vanilla Extract, *Peppermint Extract, *Spirulina, *Raw Cacao Butter, *Raw Cacao Powder, *Raw Coconut Oil, *Raw Buckwheat, *Coconut Blossom Nectar & *Sea Salt.
*Organically Certified
NO DAIRY. NO GLUTEN. NO REFINED SUGAR. NO NUTS.

Store in freezer. Once defrosted, keep in fridge and enjoy within 7 days.
Alternatively, enjoy straight from freezer as an 'ice cream' cake.



THE ITALIAN JOB (CHOC, COFFEE & AMARETTO)

Ingredients: *Coconut Milk, *Almonds, *Desiccated coconut, *Dates, *Vanilla Extract, *Almond Extract, *Raw Cacao Butter, *Raw Cacao Powder, *Coffee, *Coffee Extract, *Coconut Blossom Nectar, *Raw Cacao Nibs, Palestinian Medjoul Dates & *Sea Salt.
*Organically Certified
NO DAIRY. NO GLUTEN. NO REFINED SUGAR.

Store in freezer. Once defrosted, keep in fridge and enjoy within 7 days.



SUBLIME KETO (LIME, COCONUT & MATCHA)

Ingredients: *Fermented Cashews, Limes, *Desiccated Coconut, Birch Xylitol, *Raw Coconut Oil, *Pistachios, *Matcha, *Vanilla extract, Lime Oil, Probiotic Cultures, Cornflower Petals & *Sea Salt.
*Organically Certified
NO DAIRY. NO GLUTEN. NO REFINED SUGAR, LOW CARB/KETO.

Store in freezer. Once defrosted, keep in fridge and enjoy within 4 days.



FIGGY POP (FIG, ROSE & PISTACHIO)

Ingredients: *Coconut Milk, *Dates, *Raw Cacao Butter, *Figs, *Pistachios, *Almonds, *Desiccated Coconut, *Raw Cacao Powder, *Coconut Blossom Nectar, Beetroot, *Raspberry Powder, *Rose Extract, *Vanilla Extract & *Sea Salt.
*Organically Certified
NO DAIRY. NO GLUTEN. NO REFINED SUGAR.

Store in freezer. Once defrosted, keep in fridge and enjoy within 4 days.



All cakes are £2.75 each or £27.50 for a box of 10.

Product notes

You are welcome to order any variety of cakes in any number that you choose.
Everything arrives frozen, so you can defrost as and when at your convenience.
Place orders by Friday 11am for delivery the following Wednesday.



Clive's Purely Plants, proudly vegan and organic since 1986, based in South Devon, famous for its award-winning pies, quiches, tarts, and nut roasts.

	Net weight	Cost	Case Size	Shelf Life	
Clive's Organic Gluten Free Pies					
				Chilled	Frozen
Saag Aloo®	235g	£3.95	6	N/A	12 Months
Chickpea Tagine®	235g	£3.95	6	N/A	12 Months
Mushroom & leek®	235g	£3.95	6	N/A	12 Months
Clive's Organic Wholemeal Pies					
Creamy Mushroom	235g	£3.80	6	N/A	12 Months
Saag Aloo	235g	£3.80	6	N/A	12 Months
Creamy Cauliflower	235g	£3.80	6	N/A	12 Months
Clive's Organic Puff Pastry Pies					
Creamy Mushroom Puff Pie	235g	£3.95	4 / 6	12 days	12 Months
Clive's Organic Nut Roast					
(Original) Nut Roast	280g	£5.90	4 / 6	12 days	12 Months
Sharing Nut Roast	600g	£12.15	4	12 days	12 Months
Clive's Organic Gluten Free Tarts®					
Tomato & Olive®	150g	£3.95	6	N/A	12 Months
Clives Organic Sharing Quiche					
Red Pepper & Harissa	380g	£5.10	4	12 days	12 Months

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Clives Rustic Sharing Tart

Mushroom & Shallot	380g	£5.10	4	12 days	12 Months
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Clives Organic Rolls

Vegan Sausagey Rolls	160g	£3.60	4	12 days	12 Months
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Product notes

⊗ Gluten, wheat, egg and dairy free

Cases sizes - Fresh x 4 Items / Frozen x 6 Items

Store fresh products chilled between 3 - 8°C

Store frozen products between 18 - 25°C

Place orders by Friday 10am - Only available to customers who get deliveries on a Thursday.

Minimum order - 3 cases of either fresh or frozen.