



#88

INSTRUCTIONS  
OVERLEAF



# LISIANTHUS FLOWER CAKE PROJECT SHEET

*educating & informing sugarcrafters worldwide*





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## LISIANTHUS FLOWER CAKE PROJECT SHEET

**EQUIPMENT REQUIRED**

### FMM PRODUCTS

- FMM LISIANTHUS CUTTER
- FMM CALYX CUTTER
- FMM CATTLEYA ORCHID SET
- FMM VEINING MATS
- FMM DAB-A-DUST
- FMM BALL TOOL
- FMM FLOWER DRYING STAND
- FMM FIRM FOAM FORMER PAD

### NON-FMM PRODUCTS

- NON STICK MAT & NON STICK ROLLING PIN
- 22 GAUGE WIRE, 24 GAUGE WIRE, 26 GAUGE WIRE
- WIRE CUTTERS ○ GREEN FLORAL TAPE
- NON-STICK GROOVED BOARD, AND NON-STICK ROLLING PIN
- PAINTBRUSH & WATER (OR EDIBLE GLUE)
- WHITE FONDANT, GREEN/LIGHT PURPLE/YELLOW GUMPASTE
- PIPING BAG, WHITE ROYAL ICING ○ MEDICAL TAPE
- PAINTBRUSHES, GREEN/PURPLE/YELLOW DUSTING POWDERS
- EDIBLE METALLIC GOLD PAINT ○ MINI-CUTTING WHEEL
- 2 TIER 5" X 6" HIGH, 7" X 4" HIGH, 10", CAKE BOARD - ALL COVERED IN WHITE FONDANT ○ TWEEZERS
- STAMENS ○ BUMPY FOAM (OR FRUIT FORMER) ○ FLOWER PICK

**EQUIPMENT REQUIRED**

### HINTS & TIPS

Always read the project sheet in full before starting the cake!

### HINTS & TIPS

To make your own modelling paste, add a little tylo to the fondant. Use a Water Pen to attach your paste.

### HINTS & TIPS

Allow the modelling paste shapes to sit and firm up for a short time before attaching to the cake.

### HINTS & TIPS

If the modelling paste is sticking to your tools or mat use the FMM Dab-a-Dust for dusting with either cornflour or icing sugar.

### TO MAKE THE FLOWER CENTRES

○ Cut a 24 gauge wire into thirds. Create a flower centre using a small ball of yellow paste. Shape paste into a skinny bowling pin shape. This should be approximately 2/3s of the height of the cutter you are going to use it with. Dip wire into water or edible glue and insert one piece of wire from bottom to top of flower centre making sure it does not poke through the tip. Pinch top of flower centre with a tweezers so it looks like it is divided in three.

### TO MAKE THE BUDS

○ Cut a 22 gauge wires into thirds. Create buds by rolling a small tier drop piece of yellow/green paste and creating a nice sharp point at the top. Using a cutting wheel or knife mark 5 lines from top to bottom. Dip wire in water or edible glue and insert into bottom of bud. Allow to dry.

Using a small calyx cutter roll out green paste. Soften and stretch on an FMM Firm Foam Former Pad to elongate the points of the calyx. Use a ball tool to cup and curl them.

Use a paint brush and a small amount of water or edible glue to attach calyx to bottom of bud. Allow the calyx petals to curl up in some areas and in others allow them to attach to the bud right to the top.

### TO MAKE THE LEAVES

○ Cut a 26 gauge wire into thirds. Roll green paste over ridges of a grooved board. Cut leaves using two sizes of leaf cutters. Insert a wire dipped in water or edible glue. Soften edges of leaves with a ball tool. Vein with your choice of leaf veiner. Allow to dry overnight on fruit formers or bumpy foam.

### TO MAKE THE PETALS

○ There are three sizes of petal cutters. This allows you to create flowers of different sizes and different stages. Roll coloured paste and cut five petals of one size. Soften edges of each petal on a foam pad with a ball tool. Vein with your choice of veiner. To add some movement to the petal lightly use the ball tool a second time to ruffle the edges of the petal in just a couple places. Paint a small v with edible glue or water onto the bottom of each petal. Add petals one at a time to the bottom thick area of the flower centre. Overlap each petal as you add it tucking the last one into the first. Allow to hang to dry upside down until the petals just start to set. Once starting to set turn over and insert wire through a fruit tray or bumpy foam so that the petals can open further and cradle in the former. Allow to dry over night. Add a calyx in the same manner as the bud.

### ASSEMBLING THE FLOWERS

○ Tape down each wire with green floral tape. Dust flowers to highlight and deepen the base colour of your paste. Add highlights of colour to the bud. Use green dust on the calyx and leaves. Tape several buds together, graduating in size to larger ones. Tape in a flower and a couple of leaves.

### ASSEMBLING THE CAKE

○ Lineup 2 pieces of tape along 3" down from top, leaving a 5mm space between. Paint that space with gold colour. Carefully remove tape. On bottoms of each tier, use "throat cutter" from the FMM Cattleya/Cymbidium Orchid Set, using the bottom decorative edge to go around edges. Pipe small dots along top and bottom of painted line, and also above the bottom décor on each tier. Insert assembled flowers into the top section of the bottom tier with a flower pick.

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