



ABOUT OUR SIZES

When buying new maternity or nursing clothes with Ripe, we recommend choosing with your pre-pregnancy size. Our clothes are designed on a normal pregnancy weight gain range, however, if you feel you have gained extra weight or you're having multiple then please choose a size up from your regular size.

Follow the instructions below to check your measurements and find your Ripe size. If you need further help, reach out to us via live chat or email us at [hello@ripe.com.au](mailto:hello@ripe.com.au)

How To Measure

- 1 Bust: Measure the fullest circumference of your bust
- 2 Under Bust: Measure the circumference under your bust



- TOPS
- PANTS
- DRESSES
- BRAS

Ripe Size Charts

TOPS	XS	S	M	L	XL	XXL
AUSTRALIA	8	10	12	14	16	18
UK	8	10	12	14	16	18
USA	4	6	8	10	12	14
EUROPE	38	40	42	44	46	48

BUST	85-90	91-96	97-102	103-108	109-114	115-120
UNDER BUST	70-75	76-81	82-87	88-93	94-99	100-105

PANTS	+
DRESS	+
BRAS	+

The Journal  
Helpful Size Tips From The Journal



Pregnancy

When should I start buying maternity clothes?

[READ MORE](#)



Nursing

Nursing Clothes 101

[READ MORE](#)



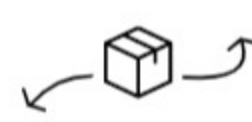
pregnancy

How to say "I'm pregnant"

[READ MORE](#)



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Easy & Quick Returns



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Share the journey with us! Exclusive member only offers and the latest Ripe news are waiting for you...

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PROUDLY SUPPORTING PANDA

PANDA supports expecting and new parents and their families across Australia to recover from perinatal anxiety and depression and postnatal psychosis. To learn more or make a donation, [click here](#)



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