

## Sizing guide

We've designed our maternity clothes in line with your pre-pregnancy clothing size for extra ease, giving you one less thing to think about. Many pieces are infused with our signature ruching and wrapping for a flawless fit at every stage.

Please refer to the chart below for clarification. Simply take your pre-pregnancy clothing size, and look across the chart to find your Isabella Oliver size.

So, if you were usually a UK 12 before you were pregnant, just order an Isabella Oliver size 3. Additionally, if you are a UK 14, then our size 4 is for you.

If you are in any doubt, please check against our measurement chart to find your correct size against your body measurements. Alternatively, you can also [contact our customer services team](#).

### Isabella Oliver Clothes Sizing Guide

	0	1	2	3	4	5	6
UK size	4-6	8	10	12	14	16-18	20
US size	0-2	4	6	8	10	12-14	16
EU size	32-34	36	38	40	42	44-46	48
AU/NZ Size	4-6	8	10	12	14	16-18	20

	X-SMALL	SMALL	MEDIUM	LARGE	X-LARGE
UK size	6	8-10	12-14	16-18	20
US size	2	4-6	8-10	12-14	16
EU size	34	36-38	40-42	44-46	48
AU/NZ size	6	8-10	12-14	16-18	20

### Isabella Oliver measurement guide

ISABELLA OLIVER PRE-PREGNANCY	BUST		CHEST		WAIST		TOP HIP		LOW HIP		ARM	
	cm	in	cm	in	cm	in	cm	in	cm	in	cm	in
0	81	32	78	30 3/4	65	25 1/2	77	30 1/4	92	36 1/4	54.4	21 1/2
1	83.5	33	80.5	31 3/4	67.5	26 1/2	79.5	31 1/4	94.5	37 1/4	54.7	21 1/2
2	86	34	83	32 3/4	70	27 1/2	82	32 1/4	97	38 1/4	55	21 1/2
3	91	35 3/4	88	34 1/2	75	29 1/2	87	34 1/4	102	40 1/4	55.6	21 3/4
4	96	37 3/4	93	36 1/2	80	31 1/2	92	36 1/4	107	42	56.2	22
5	101	39 3/4	98	38 1/2	85	33 1/2	97	38 1/4	112	44	56.8	22 1/2
6	108	42 1/2	105	41 1/2	92	36 1/4	104	41	119	47	57.4	22 1/2

\*All measurements are based on our standard UK size 2/UK size 10, 160-165cm (5'4 - 5'6) customer.

### Isabella Oliver Trousers Length

ISABELLA OLIVER	CM	IN	12	14	16
Regular	81	32	29	31	33
Long	86	34	29	31	33

### Isabella Oliver Jeans Sizing Guide

ISABELLA OLIVER	1	2	3	4	5	6
UK Pre-pregnancy size	8	10	12	14	16-18	20
Isabella Oliver Maternity sizing	25	27	29	31	33	35

### Cake Bra Size Guide

#### Band Size

#### Cup Size

	B	C	D	DD	E	F
32	S	S	S	S	S	M
34	S	S	M	M	M	M
36	M	M	M	L	L	L
38	M	L	L	L	L	XL
40	L	L	XL	XL	XL	XL
42	XL	XL	XL	XL	XL	-

### Expecting Twins?

If you are pregnant with twins, we recommend you go up a size. Therefore, if you were a US size 8 (Isabella Oliver size 3) before you were pregnant, order an Isabella Oliver size 4.

Clothing measurements in centimeters and inches can be found on our individual product pages. If you require more information please [contact us](#) and we'll be delighted to help you.



#### Bust

Wearing a bra, place the tape around the fullest part of your bust, ensuring the tape is straight across the back.

#### Waist

This is the slimmest part of your natural waistline. Above the navel and below the ribcage.

#### Hip

Place the tape around the fullest part, usually over your bottom or at the top of your thighs.

#### Inside leg

The measurement between the top of your leg (at the crotch) to the ankle.

#### Arm length

With a gentle natural bend in the arm, hold the tape on your shoulder bone and measure over your elbow to your wrist.

#### Footwear

UK SIZE	EU SIZE	US SIZE
3	36	5
4	37	6
5	38	7
6	39	8
7	40	9
8	41	10

Our collection is designed to make you feel fabulous throughout your pregnancy. Please [contact us](#) if you are in any way disappointed with our clothes or service, so we can make things right.

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