BOKATTA

SUMMER 2021 ISSUE

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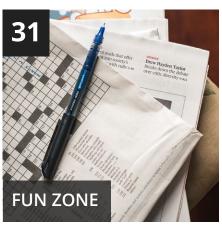














Modest Fashion Trends For Summer 2021

The joy of summer vibes and the theme of bright colors bring excitement for the fashion trends of Summer 2021. This year's fashion styles are somehow inspired by the modest no-shape defining beauty, in stylish designs and bold shades!

Are you excited to get on trend for this summer? We present to you the latest Fashion Trends for Summer 2021, and we cover the outfits, the Bags and the Hijab styles that are hitting this season!

1. PLAIN MONOCHROMATIC BOLD COLORS LOOK AND COLOR BLOCKING



This style is giving basics a twist, while filling your summer with sophisticated cuts!

This year, neutral white and monochrome styles are back, with a color palette in black, white, brown, and golden colors, for some couture houses, next to neutral pastel colors for others.

2. LONG SLEEVES ARE ON TREND THIS SUMMER AND NOT ONLY FOR HIJABIS!





Oversized Shoulder Pad jackets are an easily slipped on item that will give a special type of beauty to your look.

Another long sleeves outfit is the Sorbet Pastel suit. Choose between a cool mint green boiler suit and a soft lavender oversized trench coat – or try both at the same time.

3. PUFFY SLEEVES





The adorable puffy arms styles are IN this summer. It will be available in both Puffy sleeves on the arms and shoulders.

4. SWEATSHIRTS FOR FORMAL LOOKS



Just like every year's trend, some fashionable funky styles hit the season. This summer, sweat shirts are worn as semi-formal looks on runways, with matching skirts that we like to call "sweat skirts."

5. FLARE DRESSES



Skirts and dresses are taking over the season as well as loose pants, in both prints and plains.

The essential beauty element in these pieces is the ability to twirl weightlessly, to enjoy the light summer breeze, in a chic and modest outfit.

6. SPARKLES & SEQUINS





Hey there sparkle lovers! This summer is giving you a style inspired by the disco period, in a different sense of fashion.

7. THE BIG JEANS





For both casual and formal outfits, denim pants are ruling in both styles this summer.

Taking inspiration from the early 2000s, But this time, the design of wide legs and stitched jeans pieces in different shades, are coming back. Often this season, you will see them matched with long oversized lace blouses or wide T-shirts, for a girly confident irresistible style.

8. ONE SIZE DRESS



This summer's must-have big style! It will bring comfort and practicality to your outings, in a stylish look.

Bags Trends

A Beautiful look cannot be complete without a trendy bag! The right bag or hand accessory can elevate even the simplest of outfits, which is why it is so important to know the ins and outs of bag trends each year.

1. SATIN MINI BAGS



Simple shaped plain satin mini bags with an exterior handle are on trend, especially in bold solid colors like Green, blue, beige and pink.

2. CIRCULAR SHAPED STYLE HANDBAG



Chic and Trendy! Make a statement with these bold colors bags in leather fabric.



3. CHAIN LINK STRAPS

A beautiful twist that will add an extra accessory for your shoulder or handbag. Lift your classic look with this wooden or metal addition.

4. NET BAGS



Inspired by the sea creatures, this style was born. Although they are popular in summer, yet this time, they are not made only for the beach. These fashionable bags will hold your phone, wallet and sometimes your groceries!

5. FLUFFY FEATHERS HANDBAGS



Feathers are hitting this summer, and it is not their first time taking over the style! This design is ideal for day and evening outfits.

For a chic textured look, make sure to add a bag with feathers that fits your essentials.

Hijab Trends

Beautify your style with a matching Hijab from the latest Collections of Bokitta. Choose your favorite instant pinless hijab style from the following collections on our website. **SHOP NOW!**

CRYSTAL RHINESTONE EMBELISHMENTS







To add a simple sparkle touch to your overall outfit, get your favorite instant hijab "Jolie" with crystal rhinestones on the edges.

FLORAL PRINTS







For floral print lovers, the hijabs in this Batik Collection will be your favorite this summer!

CALLIGRAPHIC PRINTS







A special Collection to reveal the beauty of the Muslim woman, by highlighting her characteristics. Get your Arabic calligraphy printed hijab from the Rayhana Collection to stand out!

You may follow the trend every season, but always remember to get what suits your body and skin tone better, and choose modest clothing items that please Allah and keep you in your best Muslim image.

10+ Fits Inspiration Matched with The Nostalgia Collection



A dazzling romantic look is what this outfit is all about. We chose a long single color dress in a peachy hue, with a creamy handbag and accessories. A ballerina shoes or heels will add a boost to your femininity.







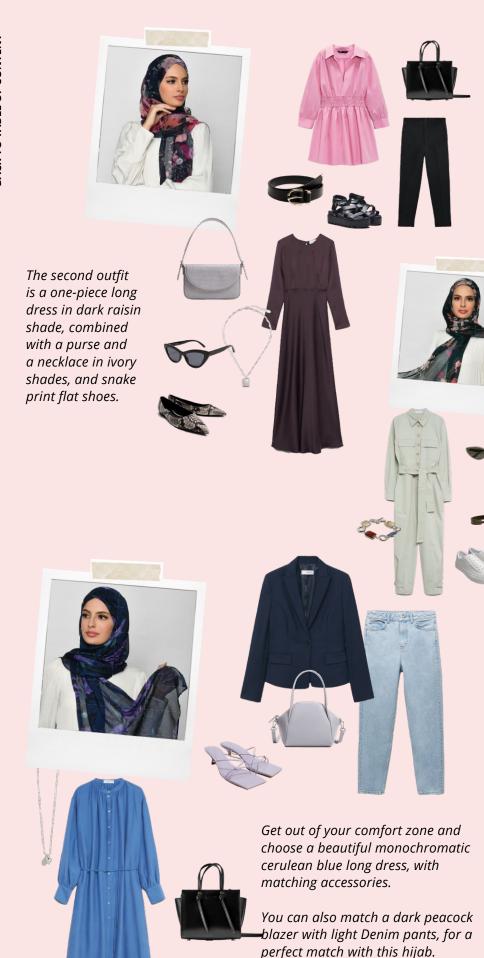
Light girly Pastel colors outfits are the best to be matched with this hijab print.

We picked a babylavender long shirt with white pants and slippers, for a casual fascinating look.

We also suggest a rose hue long tunic with widelegged denim jeans.



Another option to choose with this hijab is a semicasual suit-like look in a monochromatic sand color.



Matching this hijab works great with both light and dark colors. So here are 2 suggestions for outfits that you can wear with 'Drawover.' Influenced by the pinkish color in the florals on this hijab, we chose a Barbie pink outfit base with dark pants and accessories.

These outfits choices work for both light and dark colors lovers. You can go for a jumpsuit in light mint shade, with subtle shoes and accessories, but we added a colorful necklace to break the monochromatic look. The second option is a dark top with chest ripples and a long beige drape skirt, with closed fancy slippers.

A small tip*: Choose your outfits based on the '3 colors rule'. Pair no more than 3 colors in each outfit, unless you are including black or white tones.

You don't need to exaggerate with accessories in these looks because the floral and vintage items prints are doing all the beautiful work.

We hope these outfit suggestions inspire you to choose your everyday looks, to wear with the Nostalgia Collection Hijabs! Surely, people will ask you about your hijab in florals and these nostalgic items, so say out loud that it is Bokitta's!

f bokitta

create a glamorous contrast.

You can choose accessories in the

same color or on different hues, to



A Magical Care Touch for your Skin

THE POWERHOUSE INGREDIENTS MASK RECIPES

Here are 5 Natural Face Masks to prepare at home for hydration and moisturization of your skin.

1. THE COFFEE BEANS MASK (FOR PEELING)

- 1. Mix a splash of Coffee with 1 tbsp of olive oil
- 2. Apply on your face for 10 mins then rub the skin for 2 mins to remove dead skin
- 3. Wipe away with a wet towel before washing with water





2. CUCUMBER AND SUGAR FACE PACK

- 1. Mix a dash of sugar with a mashed cucumber (with its water)
- 2. Refrigerate the mix for half an hour
- 3. Apply the cool paste on your face for 15 mins

It will give you a cooling sensation with a glowing skin immediately as it soothes and hydrates it well.

3. LEMON & HONEY PACKAGE

- 1. Mix equal parts of lemon juice and honey (1 tbsp of each)
- 2. Add an egg white to the mix
- 3. Apply the mix on your skin for 15 to 20 minutes

It will make you feel rejuvenated and help you ward off greasy skin.



5. THE SUNBURNT SKIN HEALING MASK

- 1. Mix a pureed cucumber with 2 tbsp of natural Aloe Vera gel
- 2. Add 2-3 drops of lavender essential oil
- 3. Apply the mix on the burnt skin

{Always Wash your face with cold water, or roll a dice of ice on your skin}

***Note:** Please try on a little part of the skin first to check if it causes irritation before applying on your full face.



4. STRAWBERRY & LEMON MASK

- 1. Mix mashed strawberries with a tbsp of yogurt
- 2. Add few drops of lemon juice and honey
- 3. Apply the paste on your face till it dries

It will give you a mesmerizing skin especially if you have an oily and dull skin, with a beautiful scent of strawberries.





The 7 Rules of the Right Hijab

Islam honored the woman and preserved her beauty to those who deserve it. Your beauty, your body and your hair are sacred, and this is why Allah imposed hijab on Muslim women to protect them and make them even more appreciated in the eyes of others.

One of the main reasons that we came to this life is to worship Allah, and this by itself, has a special form of beauty and comfort. Abiding by his imposed actions will make you closer to him, grant you higher levels in Jannah and will also have a major positive impact on your life in Dunya.

"And tell the believing women to reduce some of their vision and guard their private parts and not expose their adornment except that which necessarily appears thereof and to wrap a portion of their headcovers over their chests" (Surah An-Nour, Verse 31)

HERE ARE THE 7 MAIN RULES OF THE RIGHT HIJAB:

2- THE HIJAB SHOULD NOT SHOW ANY FORM OF DECORATION THAT REVEALS THE BEAUTY AND BRINGS EXTRA ATTENTION



The rules are clear in our Quran and Sunnah, and we must obey to meet the conditions and receive the reward that we were promised. Excessive decoration and accessories cannot go in parallel with a rightful hijab.

1- THE HIJAB SHOULD COVER THE WHOLE BODY EXCEPT THE FACE AND THE HANDS



A hijabi woman should cover all her body, from head to toe, except her face and hands (that are optional to reveal or not) in front of non mahrams (men whom she can marry). This comprises the neck, the chest, the arms till the hands, the toes and the back of the feet.

3- THE HIJAB ITSELF AND THE OUTFIT SHOULD BE OPAQUE AND NOT REVEAL ANYTHING FROM THE BODY



A rightful hijabi woman should not let her outfit be transparent or revealing what's under it, as the Prophet 'peace be upon him' told Oussama to make his wife wear an inner garment under the thin linen clothes, to cover the body well, and not show the size and the form of the bones!

4- THE HIJAB OUTFIT SHOULD BE LONG, LOOSE AND UNDEFINED



The idea of the hijab relies on 'Satr' which is covering in modesty, so it should not give others details on how your body looks like, how your waist is well shaped and how gorgeous is your body form.

5- THE HIJAB OUTFIT MUST BE UNPERFUMED

Although her clothes should be clean with no bad smells, yet a hijabi woman should not wear perfume that could be smelled by others outside of her house.

6- THE HIJAB CLOTHES SHOULD NOT BE IN ANY WAY SIMILAR TO MEN'S CLOTHES

عَنْ أَبِي هُرَيْرَةَ قَالَ: لَعَنَ رَسُولُ اللَّهِ (ﷺ) الرَّجُلَ يَلْبَسُ لِبْسَةَ الْمَرْأَةِ وَالْمَرْأَةَ تَلْبَسُ لِبْسَةَ الرَّجُل - رَوَاهُ أَبُو دَاوُد

Abu Huraira said "Allah's messenger (PBUH) cursed the man who dressed like a woman and the woman who dressed like a man" (Abu Dawud)

7- THE HIJAB OUTFIT SHOULD NEVER BE LIKE THE CLOTHES OF DISBELIEVERS OR AN OUTFIT OF FAME

A hijabi women must wear her hijab for 'Satr' and modesty, not in any form close to those of disbelievers nor for fame (to show off and impress people).

Hijab is not limited to hair covering only, yet it is a full lifestyle of modesty and respect.



A reminder to myself and you to get back to Allah, if you are not a hijabi to think and take action about wearing it (It has its own beauty form) and for those who wear it already to work on improving their relationship with it and to improve their external and internal modesty.

May Allah steadfast our hijabi women on the right path and honor every Muslim woman with hijab in this life.

5 Hijabi Women in Roles of Power

1- TAHANIE ABOUSHI



She is a Palestinian American civil rights attorney and partner at The Aboushi Law Firm in New York City. She is also a Democratic candidate for Manhattan District Attorney in the June 2021 Democratic primary election.

2- ZEENA ALI



She is the New Zeeland Police's first woman member to wear hijab as part of her uniform. Constable Ali was the first recruit to request hijab as part of her uniform and was invited to take part in its development process.

3- JAWAHER RUBLEE



She is a Somali Refugee who became England's first veiled football referee, and she is one of the most remarkable in her field. In 2017, she was one of 11 award winners at the Respect Awards, and collected the Match Official prize.

4- SAMEERA FAZILI



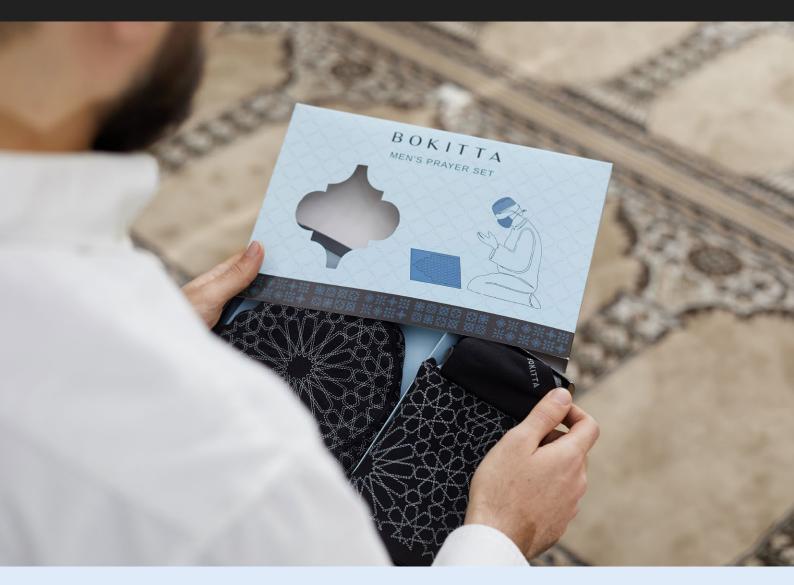
She is an American attorney and community development finance expert who is a Deputy Director of the National Economic Council in the Biden Administration. Previously, she was working as the Director of Engagement for Federal Reserve Bank of Atlanta. She is also an activist for Religious Freedom and International Human Rights.

5- GINELLA MASSA



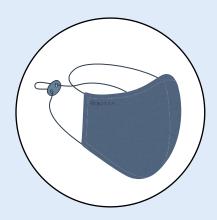
She is an Afro-Latina Canadian Screen Award winner, best known as Canada's first hijab-wearing television news reporter, local anchor, and national host. In 2020, she became the host of the prime time show on CBC News and a special correspondent for The National.

Men's Prayer Set Features

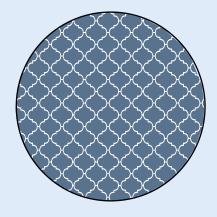


You want to Celebrate Summer with your loved one but you don't know what gift to get them?! The Men's Prayer Set will be their favorite Masjid Companion!

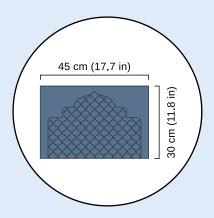
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REVERSIBLE FACE MASK (WITH ADJUSTABLE STRAP)



HEAD CAP
IN 3 SIZES (S,M,L)



PORTABLE SIZE PRAYER MAT



COMING SOON Boys' Prayer Set





3 Smoothie Recipes for Summer



Are you bored of normal Lemonade?
Here are 3 refreshing Smoothie recipes to make in summer

BLACKBERRY COCONUT SMOOTHIE

INGREDIENTS

- ½ cup fresh or frozen blackberries
- ½ frozen banana
- 1 cup unsweetened coconut milk
- 1 tsp coconut extract
- Some ice cubes
- For garnish: Spread some unsweetened toasted coconut flakes and fresh blackberries

INSTRUCTIONS

- 1. Place smoothie ingredients in a large high-speed blender
- 2. Blend until smooth and creamy
- 3. Garnish with coconut flakes and blackberries

THE YUMMIEST WATERMELON MIX SMOOTHIE

INGREDIENTS

- 2 cups diced seedless watermelon
- 1 cup frozen strawberry slices
- 1 juiced lime
- 1/4 cup unsweetened coconut milk
- 2-3 ice cubes

INSTRUCTIONS

- 1. Add the watermelon, strawberries, lime juice, and coconut milk to a blender
- 2. Blend on high for 20-30 seconds
- 3. For a thicker smoothie, add a few ice cubes and blend until smooth





EASY PINEAPPLE CREAM SMOOTHIE

INGREDIENTS

- 3 cups crushed ice
- 3/4 cup Pineapple Juice
- 1/2 cup orange juice concentrate
- 1/2 cup cashew milk or almond, coconut or dairy milk
- 1/4 teaspoon vanilla

INSTRUCTIONS

- 1. Place the crushed ice in a blender
- 2. Add the pineapple juice, orange juice concentrate, cashew milk and vanilla
- 3. Blend the ingredients for 10-15 seconds, until the ice is completely crushed and the texture is slushy, but smooth
- 4. Pour into two glasses and Bon Appetite!



6 Tips to Decorate Your Home in Summer

We love Summer whether it is spent indoors or outdoors! So, we love to bring summer vibes into our Home Decor to get the best of it!

With our selection of lovely summer decorating tips and ideas, you can bring the colors and sensations of summer into your house, in a bright and cheery appearance.

1- UPDATE OLD FURNITURE – ADD FLORAL FABRICS



Give a tired chair or side table a makeover using spray paint in a summery color, such as sea blue or grassy green. The glossy paint gives a vintage object a fresh and modern edge, giving it a playful lacquered aspect.

Bright floral designs (for example, on bedding) quickly improve the atmosphere of a room. Keep the wall color neutral with a minimal decoration to let the motif shine.

2- CREATE A COMFORTABLE SEATING ZONE WITH A NEW VIEW



Rearrange your furniture in Summer on a different focal point. Shift the focus of the room towards a beautiful window or French doors and hang gossamer sheers that flow with the breeze. Also, floor cushions are an essential fun element of casual summer decorating.

3- CHOOSE OUTDOOR INSPIRED COLORS AND THEMES



To add a dash of summer to your regular plates and bowls, choose vibrant flower, tropical, or nautical-themed tableware. Stir sticks and paper umbrellas provide a playful touch to the appearance, which is great for the season.

4- CHOOSE SUMMER SCENTED CANDLES

For a continuous seasonal aesthetic in your home, switch out scents as the seasons change. For inexpensive summer decorations, try fresh Tropical and citrusy scents, such as ocean breeze or cucumber-melon.



5- APPLY A GARDEN-FRESH THEME

Freshly selected flowers will bring vibrant, summertime hues into your house. Stick to warm-colored arrangements, such as vivid oranges, dazzling yellows, or brilliant pinks. You can also add small pots of natural plants on the indoor tables. The natural elements also add texture and character to this chic end-table display.



6- CREATE A GALLERY WALL OF TRAVEL SHOTS

Print, frame, and hang your trip images in a gallery wall to preserve them. This summer decorating tip can save you money on art while also providing a wonderful conversation starter at gatherings. It will also give you inspiration for future summer vacation planning.



The Nostalgia Collection

Featuring "Letters to Juliette" in "Freestyle" Hijab Style Self-Confidence is the best outfit, rock it and own it!

How to Keep a Balanced and Healthy Diet



1. GRAB SEASONAL FRUITS & VEGETABLES IN GOOD PORTIONS TO FILL HALF OF YOUR PLATE

Consuming seasonal foods have their own charm and health benefits. The more colorful your plate is, the more probable it is that you will acquire the vitamins, minerals, and fibers your body needs to be healthy. For your meals, include red, orange, and dark-green vegetables, as well as other veggies. Fruit can be served as a main dish, a side dish, or a dessert. Have some mangoes, plums, tomatoes, berries, melons, oranges, celery, etc.

2. DOWNSIZE YOUR MEAL & CONTROL PORTION SIZE



It is preferable to eat lighter meals rather than heavier ones, particularly at night. To help you control your portion size, you can use smaller plates, focus on the form and colors of the plate rather than the quantity, and stop eating if you feel full.

4. ADD SEAFOOD TO YOUR DIET

Protein, minerals, and omega-3 fatty acids may all be found in seafood (heart-healthy fat). You should consume at least eight ounces of fish every week from various sources.

3. CUT BACK ON SOLID FATS, SALT AND SUGAR



Try to reduce your consumption of foods that contain solid fats. Choose baked or grilled food instead of fried, while eating at home or outside. Reduce also the amount of salt added to food when cooking or after it, and replace it with spices and herbs.

5. MAKE HALF THE GRAINS YOU EAT WHOLE GRAINS

Make the switch from processed grains to whole grains. Choose whole-wheat bread instead of white bread, for example. Read the ingredients list carefully and prioritize items with whole-grain components. Look for words like "whole wheat," "brown rice," "bulgur," "buckwheat," "oatmeal," "rolled oats," or quinoa on the label.



6. KEEP YOURSELF HYDRATED

Drinking water is critical since it rehydrates your body and improves its function. Make sure you drink 8-10 glasses of water every day to keep your body hydrated. To avoid consuming too many calories from sugary drinks, drink plenty of water. Add a piece of lemon, lime, apple, or fresh herbs like mint or basil to your water to add taste.

8. CHOOSE FRESH JUICES OVER COLD DRINKS



Summers make you thirsty more frequently, prompting us to go for cold beverages and energy drinks, which might be harmful in the long term. Drink orange or melon juice whenever you need to satisfy your thirst.



7. PRACTICE HEALTHY EATING IN WORKPLACE

Bring healthy snacks into your workplace instead of sugary ones, like fruits and veggies (sliced apples, a banana or carrot sticks), raw nuts, fat-free treats and coffee. You may also pack healthy homemade lunches including whole grains instead of ordering fast food. You can prepare your meals for the week by making them ahead on weekends or on a day off.

9. SWITCH TO FAT-FREE OR LOW-FAT MILK



Both have the same amount of calcium and other essential nutrients as whole milk, but they are lower in calories and saturated fat. You can also consider coconut milk and almond milk.

12 Tips To Balance Your Work and Home Life

Many mothers, newly married wives or single living women face the challenge to find the right balance in their work and home life and this balancing concept may be different for each individual, yet it is necessary to take into consideration, in order to perform better in both places on the long run, away from perfectionism and self-blame.

To help you reconcile between your work, your home and life tasks, we present to you below **12 tips that will help you to cope**:









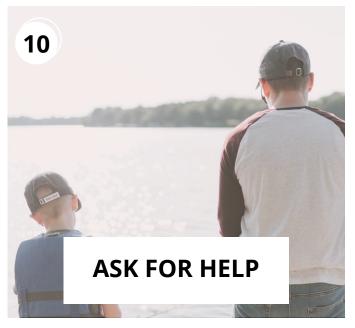












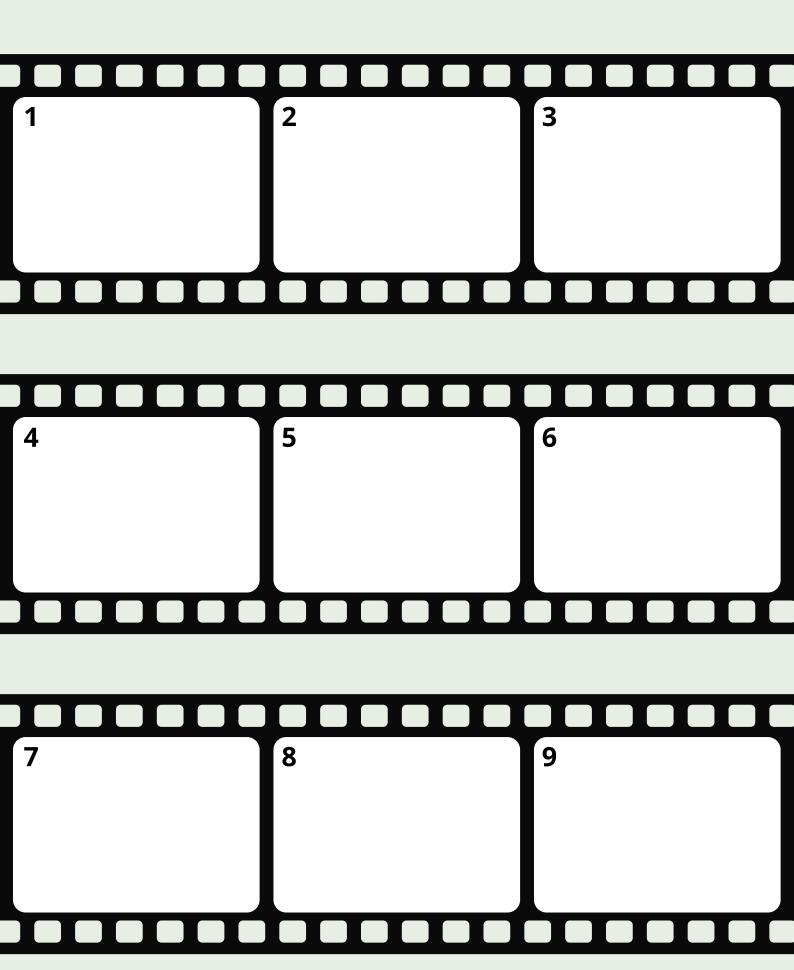




May Allah grant you the well-being and energy to stay active in this life and reward you Jannah for all your hard work.



DRAW A STORY





SUDOKU

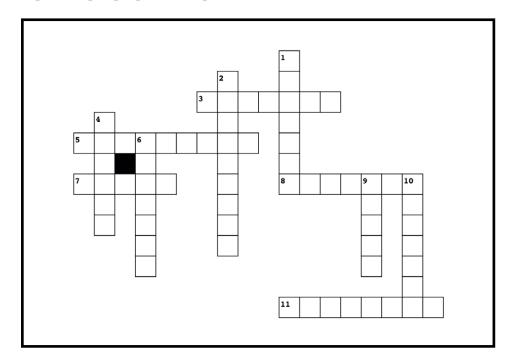
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ANSWER KEY:

CROSSWORD ANSWERS:
Ibrahim 'Peace Be Upon Him'
Alkawthar
Alkursi
Albaqarah
Abubakr 'May Allah Be Pleased
With Him'
Wordues
Uncle

CROSSWORD



Across

- 3. What is the greatest Ayah in the Quran?
- 5. What is the longest Surah in the Quraan?
- 7. Which Prophet was devoured by a whale?
- 8. What are the most beloved places to Allah?
- 11. Which Surah is called A'rous Al Quraan?

Down

- 1. Who is the first to be clothed from the prophets on the Day of Resurrection?
- 2. What is the shortest Surah in the Quraan?
- 4. Which Surah in the Quran protects from the torment of the grave?
- 6. Who was the first Rashidi caliph?
- 9. What is the Kinship between 'Saad Bin Abi Wakas' and the Prophet Mohammed (pbuh)?
- 10. Who is the first woman martyr in Islam?

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