

# HOW TO PLANT EASY HEIRLOOM VEGETABLES AT HOME

## THE PLAN FOR SUCCESS

This handy guide helps you plan and plant a productive autumn/winter vegie garden, to help you grow your own delicious winter heirloom vegetables in your backyard.

Based on two 1m x 1m beds/boxes, you can set it out exactly like this, or take the beds and apply the plan to the space you have. Say goodbye to meat and three veg with these suggested plantings.

## PREPARE YOUR SOIL

Get your soil ready by weeding and digging over, preferably incorporating some well-rotted compost, manure, Rockdust and Biochar.

## HOW TO PLANT

Water seedlings well prior to planting. Soak in a seaweed solution for 5 minutes prior to planting to help reduce transplant shock.

Carefully turn the punnet over being careful to support the seedlings. Gently squeeze the sides of the punnet to dislodge the potting mix and seedlings. The whole block should come out together.

Carefully separate the seedlings and plant in a prepared hole. Try to minimise root disturbance. Plant at the same height or just a fraction deeper than the seedlings were in the punnet.

Firm the soil down and water. Stake if necessary.

## REMEMBER...

Keep the weeds at bay by mulching with lucerne, pea straw or sugar cane.

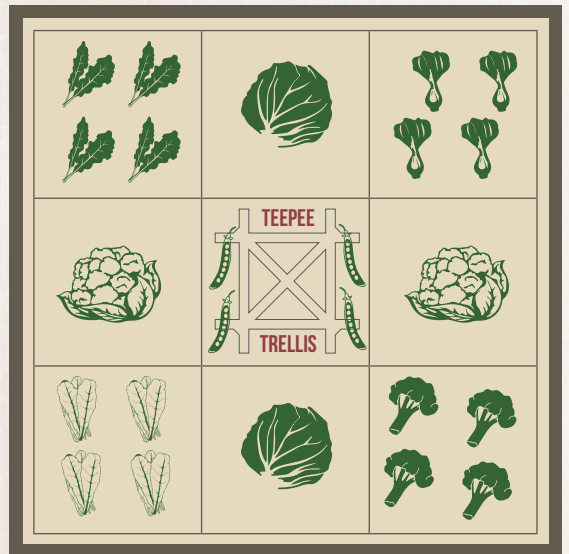
Apply Diatomaceous Earth or organic snail and slug pellets to protect young seedlings.

Water regularly if rainfall is low. Seedlings should be upright and vigorous. If they are a little droopy, they definitely need supplementary watering.



## GARDEN BED 1

### 1m x 1m GARDEN BED



## GARDEN BED 2

### 1m x 1m GARDEN BED

