

• A Free Project Sheet •  
• NOT FOR RESALE •

# Equanimity

QUILT 1



Featuring fabrics from the **Equanimity** collection by **Chelsea DesignWorks** for **STUDIO e fabrics**

## Fabric Requirements

(A) 5902-73 .....	1/2 yard	(M) 5900-97 .....	5/8 yard
(B) 5901-19 .....	2/3 yard	(N) Granite-10** .....	3/8 yard
(C) White Sugar-9** .....	3/4 yard	(O) 5902-79 .....	1/2 yard
(D) 5910-11 .....	3/8 yard	(P) True Taupe-99** .....	1/3 yard
(E) 5909-11 .....	3/4 yard	(Q) Tweed-37** .....	1/4 yard
(F) 5908-91 .....	3/8 yard	(R) 5911-79 .....	1 3/8 yards
(G) 5905-11 .....	3/8 yard	Backing	
(H) Stonewash-79** .....	5/8 yard	5901-97 .....	4 yards
(I) 5907-90 .....	2/3 yard		
(J) 5899-11 .....	3/8 yard		
(K) 5907-77 .....	1 1/4 yards*		
(L) Aluminum-60** .....	1/2 yard		

\* Includes Binding

\*\* Peppered Cottons Collection

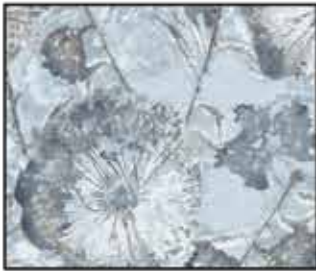
## Additional Supplies Needed

Batting 70" x 82" (Recommended:  
Air Lite® Colour Me 100% Cotton)  
Piecing and sewing thread  
Quilting and sewing supplies

Quilt designed by Heidi Pridemore  
Finished Quilt Size 62" x 74"  
Skill Level: Intermediate

Please check our website for pattern updates before starting this project.

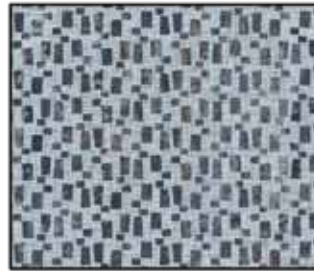
## Fabrics in the Collection



Large Floral  
Light Blue - 5899-11



Small Floral Texture  
Charcoal/Navy - 5900-97



Textured Geo  
Light Blue - 5901-19



Textured Geo  
Charcoal/Navy - 5901-97



Circles  
Light Gray Blue - 5902-73



Circles  
Midnight/Charcoal - 5902-79



Linear Texture  
Light Blue - 5905-11



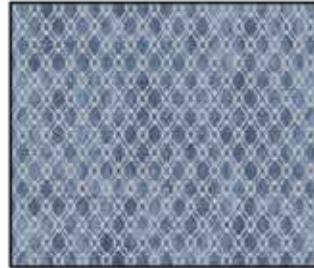
Brushstroke Texture  
Midnight - 5907-77



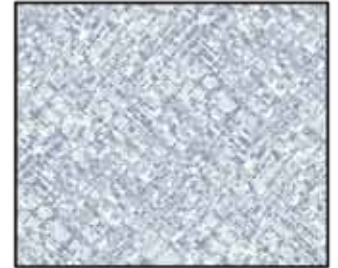
Brushstroke Texture  
Smoky Gray - 5907-90



Large Floral Texture  
Gray Salt - 5908-91



Small Lattice  
Light Blue - 5909-11



Cross-Hatch Texture  
Light Blue - 5910-11



Woven Strips  
Multi - 5911-79

## Select Fabrics from Peppered Cottons



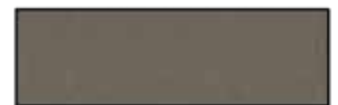
Aluminum  
Aluminum-60



Granite  
Granite-10



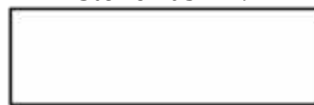
Stonewash  
Stonewash-79



True Taupe  
True Taupe-99



Tweed  
Tweed-37



White Sugar  
White Sugar-9

## Cutting

### Cutting Instructions

*Please note: All strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.*

WOF= Width of Fabric • LOF = Length of Fabric

#### **Fabric A (5902-73 Circles – Light Gray Blue), cut:**

- (1) 4 ½" x WOF strip, sub-cut (3) 4 ½" squares.
- (1) 2 ⅞" x WOF strip, sub-cut (12) 2 ⅞" squares.
- (2) 2 ½" x WOF strips, sub-cut (24) 2 ½" squares.

#### **Fabric B (5901-19 Textured Geo – Light Blue), cut:**

- (1) 4 ½" x WOF strip, sub-cut (3) 4 ½" squares.
- (2) 2 ½" x WOF strips, sub-cut (12) 2 ½" x 4 ½" strips.
- (4) 2 ½" x WOF strips, sub-cut (60) 2 ½" squares.

#### **Fabric C (White Sugar-9 Peppered Cottons – White Sugar), cut:**

- (1) 2 ⅞" x WOF strip, sub-cut (12) 2 ⅞" squares.
- (2) 2 ½" x WOF strips, sub-cut (12) 2 ½" x 4 ½" strips.
- (1) 2 ½" x WOF strip, sub-cut (12) 2 ½" squares.
- (4) 2" x WOF strips. Sew the strips together end to with diagonal seams and cut (2) 2" x 61 ½" strips.
- (3) 2" x WOF strips. Sew the strips together end to with diagonal seams and cut (2) 2" x 52 ½" strips.

#### **Fabric D (5910-11 Cross-Hatch Texture – Light Blue), cut:**

- (1) 4 ½" x WOF strip, sub-cut (3) 4 ½" squares.
- (2) 2 ½" x WOF strips, sub-cut (24) 2 ½" squares.

#### **Fabric E (5909-11 Small Lattice – Light Blue), cut:**

- (1) 4 ½" x WOF strip, sub-cut (2) 4 ½" squares and (6) 4 ½" x 2 ½" strips.
- (1) 2 ⅞" x WOF strip, sub-cut (12) 2 ⅞" squares.
- (1) 2 ½" x WOF strip, sub-cut (6) 2 ½" x 4 ½" strips.
- (4) 2 ½" x WOF strips, sub-cut (52) 2 ½" squares.

#### **Fabric F (5908-91 Large Floral Texture – Gray Salt), cut:**

- (1) 2 ⅞" x WOF strip, sub-cut (12) 2 ⅞" squares.
- (2) 2 ½" x WOF strips, sub-cut (12) 2 ½" x 4 ½" strips.
- (1) 2 ½" x WOF strip, sub-cut (12) 2 ½" squares.

#### **Fabric G (5905-11 Linear Texture – Light Blue), cut:**

- (1) 4 ½" x WOF strip, sub-cut (4) 4 ½" squares.
- (2) 2 ½" x WOF strips, sub-cut (32) 2 ½" squares.

#### **Fabric H (Stonewash-79 Peppered Cottons – Stonewash), cut:**

- (2) 2 ⅞" x WOF strips, sub-cut (16) 2 ⅞" squares.
- (2) 2 ½" x WOF strips, sub-cut (16) 2 ½" x 4 ½" strips.
- (3) 2 ½" x WOF strips, sub-cut (48) 2 ½" squares.

#### **Fabric I (5907-90 Brushstroke Texture – Smoky Gray), cut:**

- (2) 2 ⅞" x WOF strips, sub-cut (16) 2 ⅞" squares.
- (2) 2 ½" x WOF strips, sub-cut (16) 2 ½" x 4 ½" strips.
- (1) 2 ½" x WOF strip, sub-cut (16) 2 ½" squares.
- (3) 1" x WOF strips. Sew the strips together end to with diagonal seams and cut (2) 1" x 60 ½" strips.
- (3) 1" x WOF strips. Sew the strips together end to with diagonal seams and cut (2) 1" x 49 ½" strips.

## Cutting - Continued

### **Fabric J (5899-11 Large Floral – Light Blue), cut:**

- (1) 4 ½" x WOF strip, sub-cut (4) 4 ½" squares.
- (2) 2 ½" x WOF strips, sub-cut (32) 2 ½" squares.

### **Fabric K (5907-77 Brushstroke Texture – Midnight), cut:**

- (1) 4 ½" x WOF strip, sub-cut (1) 4 ½" square and (6) 2 ⅞" squares.
- (1) 2 ⅞" x WOF strip, sub-cut (10) 2 ⅞" squares.
- (2) 2 ½" x WOF strips, sub-cut (16) 2 ½" x 4 ½" strips.
- (4) 2 ½" x WOF strips, sub-cut (56) 2 ½" squares.
- (7) 2 ½" x WOF strips for the binding.

### **Fabric L (Aluminum-60 Peppered Cottons – Aluminum), cut:**

- (2) 2 ⅞" x WOF strips, sub-cut (16) 2 ⅞" squares.
- (2) 2 ½" x WOF strips, sub-cut (16) 2 ½" x 4 ½" strips.
- (1) 2 ½" x WOF strip, sub-cut (16) 2 ½" squares.

### **Fabric M (5900-97 Small Floral Texture – Charcoal/Navy), cut:**

- (2) 2 ⅞" x WOF strips, sub-cut (16) 2 ⅞" squares.
- (2) 2 ½" x WOF strips, sub-cut (16) 2 ½" x 4 ½" strips.
- (3) 2 ½" x WOF strips, sub-cut (48) 2 ½" squares.

### **Fabric N (Granite-10 Peppered Cottons – Granite), cut:**

- (1) 2 ⅞" x WOF strip, sub-cut (12) 2 ⅞" squares.
- (2) 2 ½" x WOF strips, sub-cut (12) 2 ½" x 4 ½" strips.
- (1) 2 ½" x WOF strip, sub-cut (12) 2 ½" squares.

### **Fabric O (5902-79 Circles – Midnight/Charcoal), cut:**

- (1) 4 ½" x WOF strip, sub-cut (4) 4 ½" x 2 ½" strips.
- (1) 2 ⅞" x WOF strip, sub-cut (8) 2 ⅞" squares.
- (1) 2 ½" x WOF strip, sub-cut (4) 2 ½" x 4 ½" strips.
- (2) 2 ½" x WOF strips, sub-cut (24) 2 ½" squares.

### **Fabric P (True Taupe-99 Peppered Cottons – True Taupe), cut:**

- (1) 2 ⅞" x WOF strip, sub-cut (8) 2 ⅞" squares.
- (1) 2 ½" x WOF strip, sub-cut (8) 2 ½" x 4 ½" strips.
- (1) 2 ½" x WOF strip, sub-cut (8) 2 ½" squares.

### **Fabric Q (Tweed-37 Peppered Cottons – Tweed), cut:**

- (1) 2 ⅞" x WOF strip, sub-cut (4) 2 ⅞" squares.
- (1) 2 ½" x WOF strip, sub-cut (4) 2 ½" x 4 ½" strips and (4) 2 ½" squares.

### **Fabric R (5911-79 Woven Strips – Multi), cut:**

- (4) 5 ½" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 5 ½" x 64 ½" strips.
- (4) 5 ½" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 5 ½" x 62 ½" strips.

### **Backing (5901-97 Textured Geo – Charcoal/Navy), cut:**

- (2) 70" x WOF strips. Sew the strips together and trim to 70" x 82" to make the back.

## Sewing

Sew using a ¼" seam allowance with right sides together (RST) unless otherwise indicated. Always press towards the darker fabric while assembling, unless otherwise noted by the arrows.

### Block Assembly

**Note: The arrows in figures represent the fabric print direction. Pay attention to the fabric and unit orientations when assembling the various components.**

1. Place (1) 2 ½" Fabric A square on the left side of (1) 2 ½" x 4 ½" Fabric B strip, right sides together (Fig. 1). Sew across the diagonal of the square from the upper right corner to the lower left corner (Fig. 1). Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle, leaving a ¼" seam allowance (Fig. 2).

2. Place another 2 ½" Fabric A square on the right side of the 2 ½" x 4 ½" Fabric B strip, right sides together (Fig. 3). Sew across the diagonal of the square from the upper left corner to the lower right corner (Fig. 3). Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle, leaving a ¼" seam allowance to make (1) Unit 1 strip (Fig. 4).

3. Repeat Steps 1-2 to make (6) Unit 1 strips total.

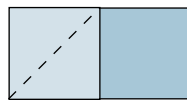


Fig. 1

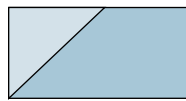


Fig. 2

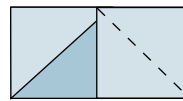


Fig. 3

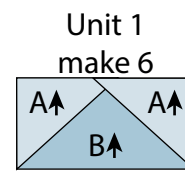


Fig. 4

4. Repeat Steps 1-2 and refer to Figures 5-25 for fabric identification, placement, seam direction and orientation to make the designated number of unit strips for Unit 2 through Unit 22.

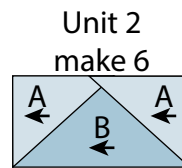


Fig. 5

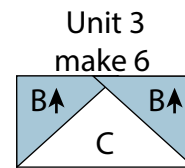


Fig. 6

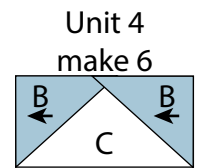


Fig. 7

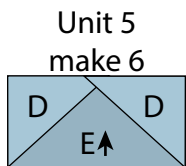


Fig. 8

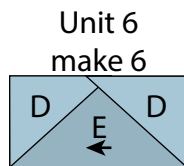


Fig. 9

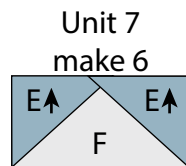


Fig. 10

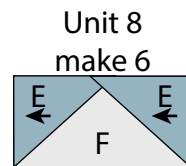


Fig. 11

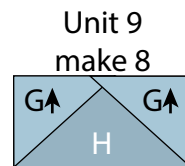


Fig. 12

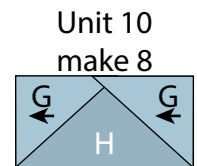


Fig. 13

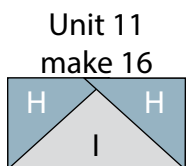


Fig. 14

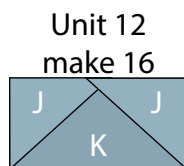


Fig. 15

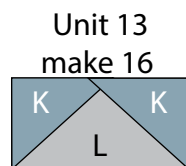


Fig. 16

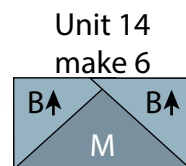


Fig. 17

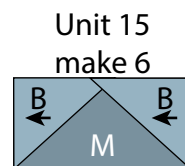


Fig. 18

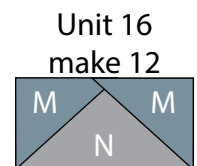


Fig. 19

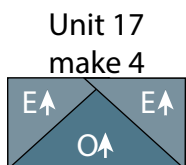


Fig. 20

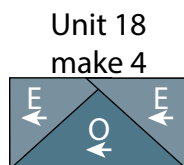


Fig. 21

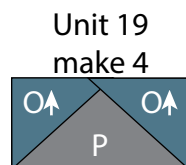


Fig. 22

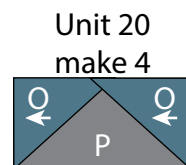


Fig. 23

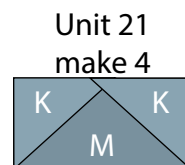


Fig. 24

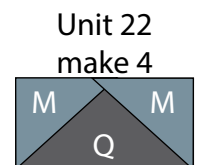


Fig. 25

5. Place (1) 2 7/8" Fabric A square on top of (1) 2 7/8" Fabric C square, right sides together. Draw a line across the diagonal of the top square from the upper right corner to the lower left corner (Fig. 26). Sew 1/4" away from each side of the drawn diagonal line (Fig. 26). Cut the (2) squares apart on the drawn diagonal line (Fig. 27) to make (2) half-square triangles. Trim the half-square triangles to measure 2 1/2" square to make (1) Unit 23A square and (1) Unit 23B square (Fig. 28). Repeat to make (6) of each square.

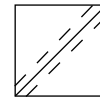


Fig. 26

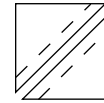


Fig. 27

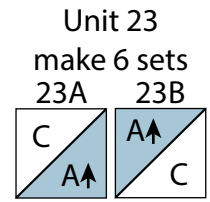


Fig. 28

6. Repeat Step 5 and refer to Figures 29-34 for fabric identification, placement, seam direction and orientation to make the designated number of unit squares for Unit 24 through Unit 29.

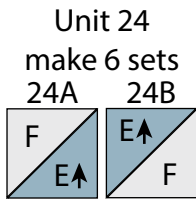


Fig. 29

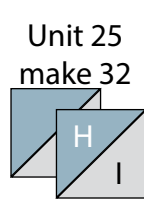


Fig. 30

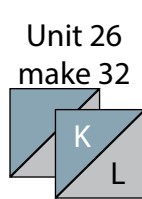


Fig. 31

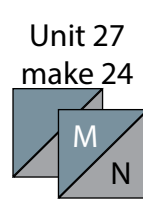


Fig. 32

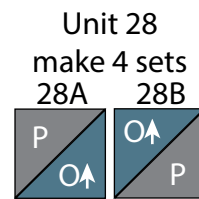


Fig. 33

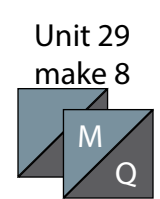


Fig. 34

7. Place (1) 2 7/8" Fabric A square on top of (1) 2 7/8" Fabric C square, right sides together. Draw a line across the diagonal of the top square from the upper left corner to the lower right corner (Fig. 35). Sew 1/4" away from each side of the drawn diagonal line (Fig. 35). Cut the (2) squares apart on the drawn diagonal line (Fig. 36) to make (2) half-square triangles. Trim the half-square triangles to measure 2 1/2" square to make (1) Unit 30A square and (1) Unit 30B square (Fig. 37). Repeat to make (6) of each square.

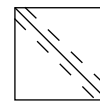


Fig. 35

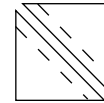


Fig. 36

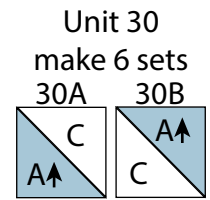


Fig. 37

8. Repeat Step 7 and refer to Figures 38-39 for fabric identification, placement, seam direction and orientation to make the designated number of unit squares for Unit 31 and Unit 32.

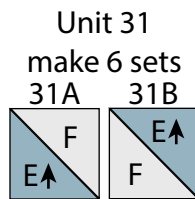


Fig. 38

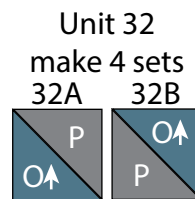


Fig. 39

9. Sew (1) Unit 1 strip to the top of (1) Unit 2 strip lengthwise to make (1) Unit 33 square (Fig. 40). Repeat to make (6) Unit 33 squares total.

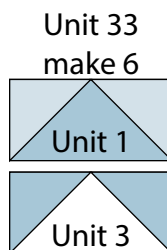


Fig. 40

10. Repeat Step 9 and refer to Figures 41-51 for component identification, placement and orientation to make the designated number of unit squares for Unit 34 through Unit 44.

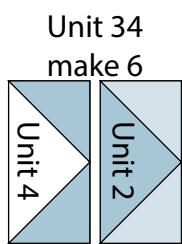


Fig. 41

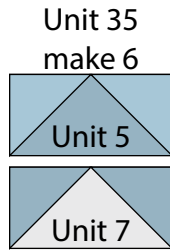


Fig. 42

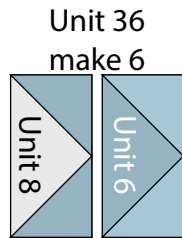


Fig. 43

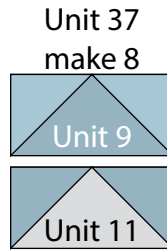


Fig. 44

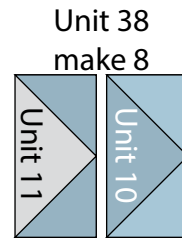


Fig. 45

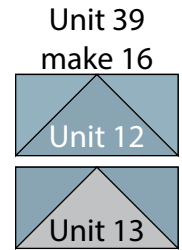


Fig. 46

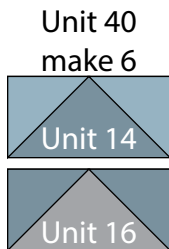


Fig. 47

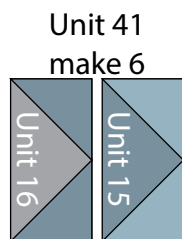


Fig. 48

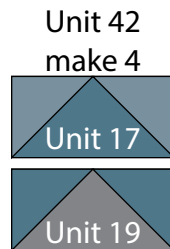


Fig. 49

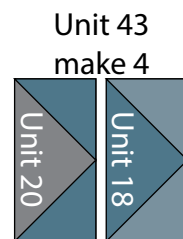


Fig. 50

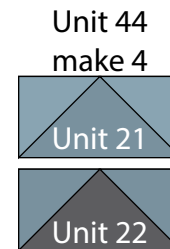


Fig. 51

11. Sew (1) 2 ½" Fabric C square to the left side of (1) Unit 30A square to make the top row. Sew (1) Unit 30B square to the left side of (1) 2 ½" Fabric B square to make the bottom row. Sew together the (2) rows lengthwise to make (1) 4 ½" Unit 45 square (Fig. 52). Repeat to make (3) Unit 45 squares total.

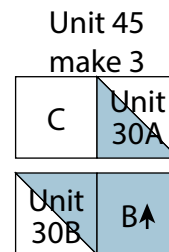


Fig. 52

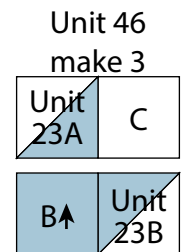


Fig. 53

12. Repeat Step 11 and refer to Figures 53-67 for component identification, placement and orientation to make the designated number of unit squares for Unit 46 through Unit 60.

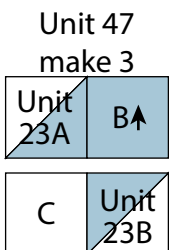


Fig. 54

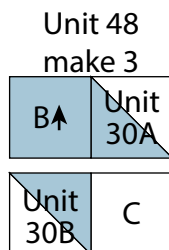


Fig. 55

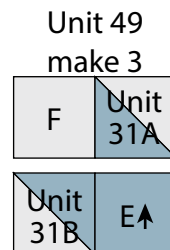


Fig. 56

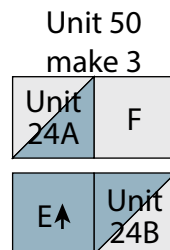


Fig. 57

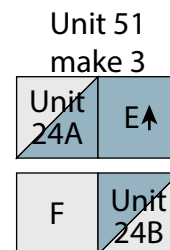


Fig. 58

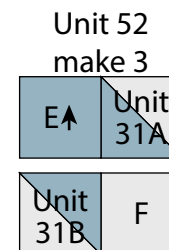


Fig. 59

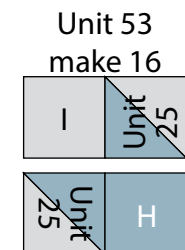


Fig. 60

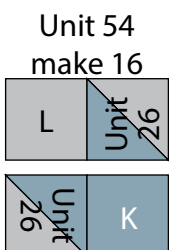


Fig. 61

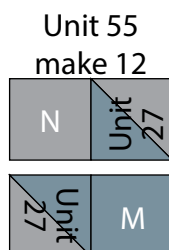


Fig. 62

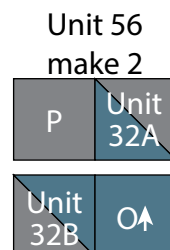


Fig. 63

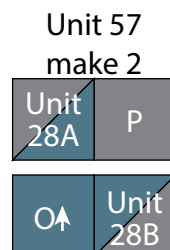


Fig. 64

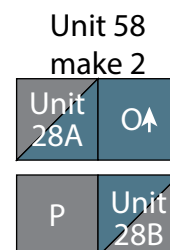


Fig. 65

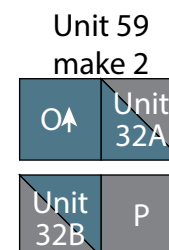


Fig. 66

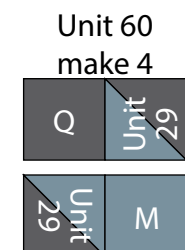


Fig. 67

13. Sew together (1) Unit 45 square, (1) Unit 33 square and (1) Unit 46 square, in that order from left to right, to make the top row (Fig. 68).

14. Sew (1) Unit 34 square to each side of (1) 4 ½” Fabric A square to make the middle row (Fig. 68).

15. Sew together (1) Unit 47 square, (1) Unit 33 square and (1) Unit 48 square, in that order from left to right, to make the bottom row (Fig. 68).

16. Sew together the (3) rows from Steps 13-15 lengthwise to make (1) 12 ½” Block One square (Fig. 68).

17. Repeat Steps 13-16 to make (3) Block One squares total.

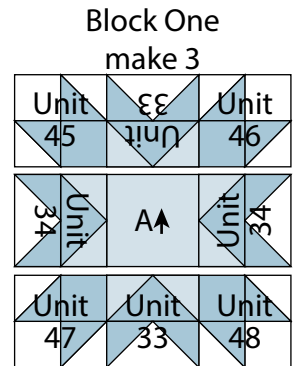


Fig. 68

18. Repeat Steps 13-16 and refer to Figures 69-74 for component identification, placement and orientation to make the designated number of block squares for Block Two through Block Seven.

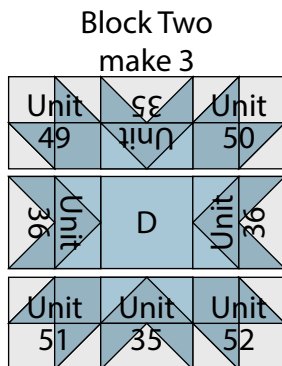


Fig. 69

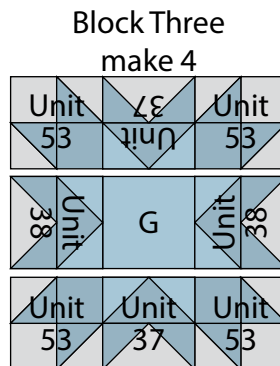


Fig. 70

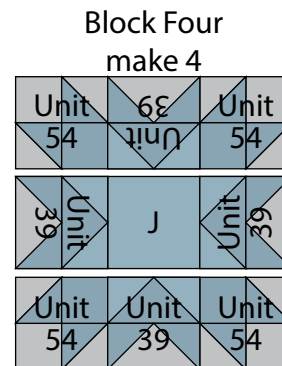


Fig. 71

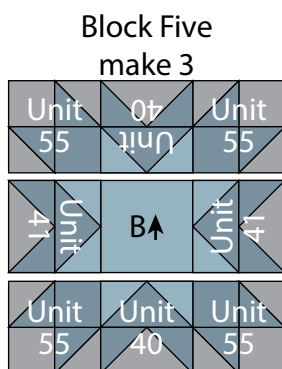


Fig. 72

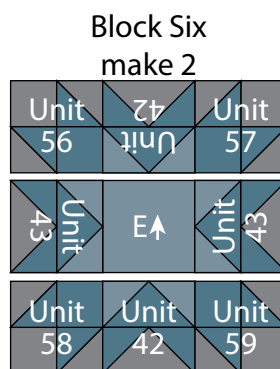


Fig. 73

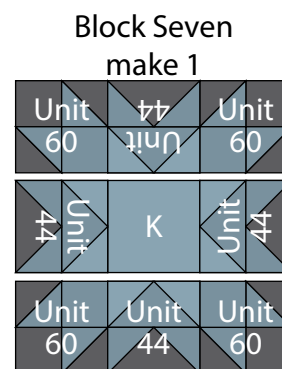


Fig. 74



19. Follow Figure 75 and sew together the (20) Blocks into a 4 x 5 matrix to make the 48 ½" x 60 ½" Center Block.

### Quilt Top Assembly

*(Follow the Quilt Layout while assembling the quilt top.)*

20. Sew 1" x 60 ½" Fabric I strip to each side of the Center Block. Sew (1) 1" x 49 ½" Fabric I strip to the top and to the bottom of the Center Block.

21. Sew (1) 2" x 61 ½" Fabric C strip to each side of the Center Block. Sew (1) 2" x 52 ½" Fabric C strip to the top and to the bottom of the Center Block.

22. Sew (1) 5 ½" x 64 ½" Fabric R strip to each side of the Center Block. Sew (1) 5 ½" x 62 ½" Fabric R strip to the top and to the bottom of the Center Block to make the quilt top.

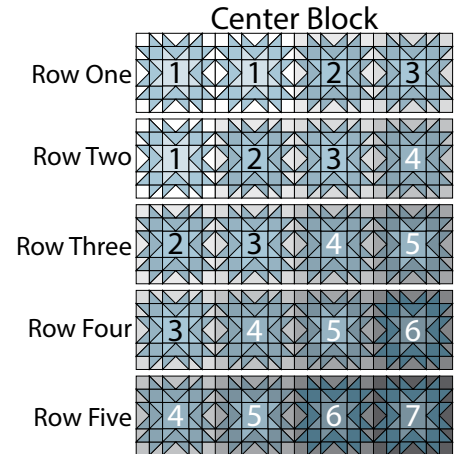


Fig. 75

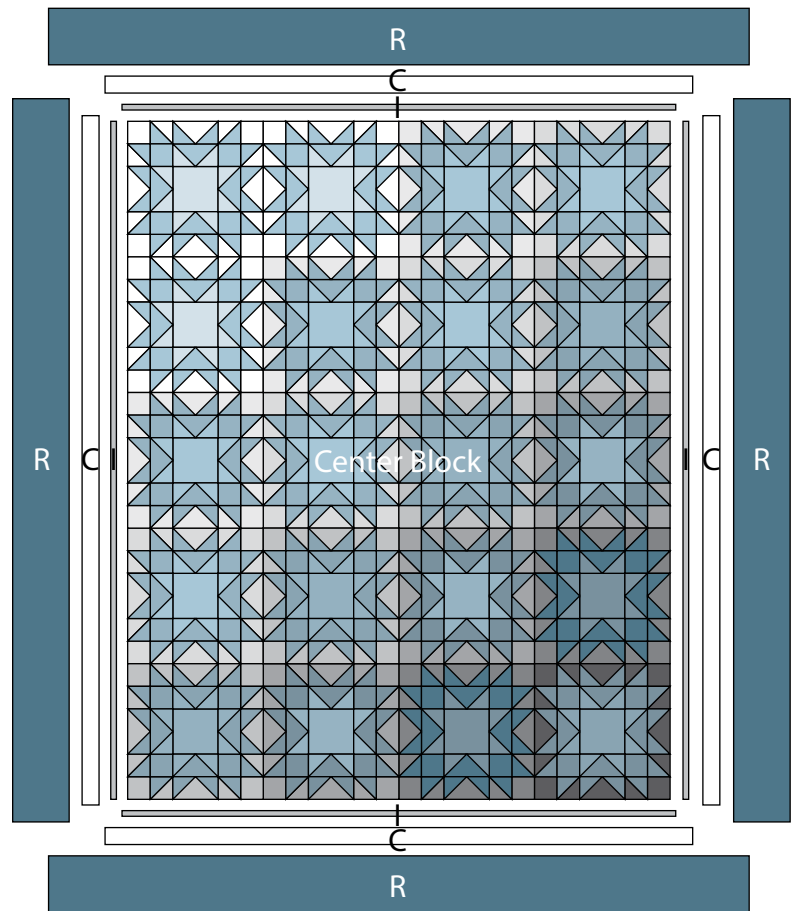
### Layering, Quilting and Finishing

23. Press the quilt top and 70" x 82" backing well. Layer backing (wrong side up), batting, pressed quilt top (right side up) and baste. Quilt as desired and trim excess batting and backing when quilting is complete.

### Binding

24. Cut the ends of the (7) Fabric K binding strips at a 45-degree angle and sew end to end to make (1) continuous piece of binding. Fold in half lengthwise and press wrong sides together.

25. Sew the binding to the front of the quilt, raw edges together. Turn the folded edge to the back, and hand stitch in place.



Quilt Layout

*Every effort has been made to ensure that all projects are error free. All the information is presented in good faith, however no warranty can be given nor results guaranteed as we have no control over the execution of instructions. Therefore, we assume no responsibility for the use of this information or damages that may occur as a result. When errors are brought to our attention, we make every effort to correct and post a revision as soon as possible. Please make sure to check [www.studioefabrics.net](http://www.studioefabrics.net) for pattern updates prior to starting the project. We also recommend that you test the project prior to cutting for kits. Finally, all free projects are intended to remain free to you and are **not for resale**.*