

162 mm



Mon	Tue	Wed	Thur



222 mm

162 mm



Fri	Sat	Sun	Goal/Purpose
[Shaded]	[Shaded]	[Shaded]	
[Dashed]	[Dashed]	[Dashed]	
[Dashed]	[Dashed]	[Dashed]	
[Dashed]	[Dashed]	[Dashed]	
[Shaded]	[Shaded]	[Shaded]	
[Dashed]	[Dashed]	[Dashed]	
[Dashed]	[Dashed]	[Dashed]	
[Dashed]	[Dashed]	[Dashed]	
[Shaded]	[Shaded]	[Shaded]	
[Dashed]	[Dashed]	[Dashed]	
[Dashed]	[Dashed]	[Dashed]	
[Dashed]	[Dashed]	[Dashed]	
[Dashed]	[Dashed]	[Dashed]	
[Dashed]	[Dashed]	[Dashed]	
[Dashed]	[Dashed]	[Dashed]	
[Shaded]	[Shaded]	[Shaded]	
[Dashed]	[Dashed]	[Dashed]	
[Dashed]	[Dashed]	[Dashed]	
[Dashed]	[Dashed]	[Dashed]	
[Dashed]	[Dashed]	[Dashed]	



222 mm