

5 ways to support a friend who has a food allergy.



WAY
01

Know that food allergies are serious.

WAY
02

Don't share your food with friends who have food allergies.



WAY
03

Wash your hands after eating.



WAY
04

Include your friend in activities, and help all of your friends and classmates have fun together.



WAY
05

Be an advocate for your friend, and encourage others to advocate for your friend, too.



Mrs. Can's
Food Allergy 5

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