

5 fears of kids with food allergies



FEAR 01

Will my allergy make people not want to be my friend, not want to do things with me, or not include me?

FEAR 02

Will my allergy ruin fun lessons, activities and rewards that the teacher has done in past years?



FEAR 03

Will my teacher make sure that substitutes or guests won't do anything to jeopardize my health or draw unnecessary attention to my food allergy?



FEAR 04

Will my teacher forget I have a food allergy? How will I know that my teacher hasn't forgotten?



FEAR 05

Will my teacher think I'm a burden?



Mrs. Can's
Food Allergy 5

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