

Allergens

While we make every effort to prevent cross contamination in our kitchen, we cannot guarantee that any of our food items are 100% free of any trace elements of any specific allergen.

Item	Ingredients	Nutritional
Buns	<p>Wheat Flour (60%), Pork (13%), Water, Sugar, Vegetable Oil, Potato Flour, Soy Sauce (Water, Soybean, Salt, Wheat Flour & Preservative (E202), Raising Agent (E521, E341, E500), Oyster Sauce (Water, Sugar, Salt, Oyster Extract (11%) (Oyster, Water, Salt), Flavour Enhancer (E621), Modified Corn Starch, Wheat Flour, Colour (E150a)), Ginger, Spring Onion, Onion, Shallot, Acidity Regulator (E501), Crushed Yellow Bean Sauce (Fermented Salted Soybean (Water, Salt, Soybean, Wheat Flour), Sugar, Soy Sauce (Water, Salt, Soybean, Wheat Flour), Salt, Colour (E150a)), Dark Soy Sauce (Water, Soybean, Salt, Sugar, Wheat Flour), Hoisin Sauce (Sugar, Fermented Salted Soybean (Soybean, Wheat Flour, Salt, Water), Rice Vinegar, Water, Garlic, Red Rice Koji, Salt, Spices, Sesame Oil, Chilli Powder, Colour (E150a)), Flavour Enhancer (E621), Sesame Oil, Rose Wine (Barley, Wheat, Pea, Sorghum, Rose, Water, Sugar), Firming Agent (E500, E503), Garlic, Salt, White Pepper Powder, Colouring (E102, E129).</p> <p>Allergens: GLUTEN, MOLLUSCS, SESAME, SOYA</p>	Per 100g // Energy 1090KJ / 258kcal // Fats 6g // - of which saturates 1.8g // Carbohydrate 42.7g // - of which sugars 15.3g // Protein 8.5g // Salt 0.3g
	<p>Wheat Flour (39%), Chicken (17%), Sugar, Water, Shiitake Mushroom, Straw Mushroom (4%), Chicken Powder (Salt, Corn Starch, Flavour Enhancer (E261), Sugar, partially Hydrogenated Vegetable Palm Oil, Soybean, Vegetable Extract, Yeast Extract, Chicken Meat (2%), Chicken Fat (1.6%), Chicken Aroma, Spices), Bamboo Shoot, Ginger, Coriander, Raising Agent (E521, E341, E500), Flavour Enhancer (E621), Pork Fat, Vegetable Oil, Salt, Potato Flour, Firming Agent (E503), Sesame Oil, Acidity Regulator (E501), Ginger, Spring Onion, Onion, Soy Sauce (Water, Soybean, Salt, Wheat Flour, Preservative (E202)), White Pepper Powder, Raising agent (E500).</p> <p>Allergens: GLUTEN, SESAME, SOYA</p>	Per 100g // Energy 914KJ / 216kcal // Fats 2.9g // - of which saturates 0.7g // Carbohydrate 39.7g // - of which sugars 13.7g // Protein 7.7g // Salt 0.3g
	<p>Wheat Flour, Sugar, Water, Egg, Fresh Full Fat Milk, Coconut Milk (Coconut Extract, Water, Citric Acid), Butter (salted), Condensed Milk (Whole Milk, Sugar, Stabiliser: Calcium Chloride), Coconut Cream (100% Coconut), Custard Powder (Maize Starch, Colour: Annatto, Salt, Flavouring: contains Milk), Evaporated Milk (Whole Milk, Stabiliser: Sodium Phosphate, Vitamin D), Dried Milk Powder, Vegetable Shortening (Palm, Palm Fractions, Rapeseed, emulsifier E471), Raising Agent: E500, E503, Yeast.</p> <p>Allergens: GLUTEN, EGG, DAIRY</p>	Per 100g // Energy 284kJ/1196Kcal // Fat 7.8g // - of which saturates 4.7g // Carbohydrates 47.3g // - of which sugars 15.1g // Fibre 1.0g // Salt 0.6g
	<p>Bun Casing: Wheat Flour (30%), Water, Yeast, Baking Powder (Contains Disodium Dihydrogen Diphosphate, Sodium Hydrogen Carbonate, Wheat Flour), Sugar, Spinach.</p> <p>Bun Filling: Carrot, Mooli, Celery, Sweetcorn, Water Chestnut, Garlic, Black Fungus, Sweet Potato Noodle, (Sweet Potato Starch, Water), Rapeseed Oil, Vegetable Powder Bouillon (Maltodextrin, Salt), Yeast Extract, Potato Starch, Sugar, Flavourings, Onion, Carrot Juice Concentrate, Extra Virgin OliveOil, Parsley Root, Parsnip, Onion Juice Concentrate, Garlic Powder, Pepper, Lovage Root, Bay Leaves, Turmeric), White Pepper Powder, Sesame Oil, Potato Starch, Salt, sugar.</p> <p>Allergens: GLUTEN, CELERY, SESAME</p>	Per 100g // Energy 570kJ/135kcal // Fat 1.5g - of which are saturates 0.43g // Carbohydrates 25.44g // - of which sugars 2.7g // Protein 4.0g // Fibre 1.7g // Salt 0.29g
	<p>Wheat Flour (40%), Water, Pak Choi (16.4%), Mushroom (8.2%), Bamboo shoot, Sugar, Soybean oil, Sesame oil, Salt, Flavour Enhancer (E621), Wheat Starch, Yeast, White Pepper Powder, Raising Agent (E500), Acidity Regulator (E575)</p> <p>Allergens: GLUTEN, SESAME, SOYA Made in a kitchen that handles: MILK, PEANUT, EGG, NUT</p>	Per 100g // Energy 1003 kJ/ 239.7kcal // Fats 7.2g // - of which saturates 1.4g // Carbohydrate 37.6g // - of which sugars 4g // Protein 5.7g // Salt 0.8g
	<p>Bun Casing (Wheat flour (30%), Water, Yeast, Baking Powder (Disodium Dihydrogen Diphosphate, Sodium Hydrogen Carbonate, Wheat Flour), Sugar, Chilli Powder), Bun Filling (Beef (35%), Sweet Potato Noodle (Sweet Potato Starch, Water), Spring Onion, Onion, Rapeseed Oil, Ginger, Soy Sauce (Water, Soybeans, Wheat, Flavour Enhancer (E621), Wheat (Gluten) Flour, Flavour Enhancer (E635, E631), Colour (E150d, Sulphite Ammonia Caramel), Preservative (E211), Sweetener (E955), Dark Soy Sauce (Water, Salt, Soybean Meal, Soybeans, Wheat (Gluten) Flour, Sugar, Chicken Powder (Lactose (Milk), Salt, Flavour Enhancers (E621, E631, E627), Maltodextrin, Mineral Salt (Potassium), Chicken Modified Corn Starch, Palm Fat, Sugar, Yeast Extract, Chicken Fat, Flavourings (Contain Egg), Chicken Extract, Potato Starch, Acid (Lactic Acid), Antioxidant (Extracts of Rosemary), Colour (E150c), White Pepper, Flavour Enhancer (E621), Sweet Bean Paste (Water, Wheat Flour, Soybean, Salt, Preservative (E2021), Sugar, Chilli Powder.</p> <p>Allergens: GLUTEN, SOYA, MILK, EGG, SULPHITE Made in a kitchen that handles: CRUSTACEANS, MOLLUSCS, CELERY, MUSTARD, SESAME, PEANUT, NUT</p>	Per 100g // Energy 1124 kJ/ 267kcal // Fats 8.5g // - of which saturates 3.2g // Carbohydrates 49.3g // - of which sugars 4.2g // Protein 7.7g // Salt 0.4g
Sui Mai	<p>Bun Casing: Wheat Flour (30%), Water, Yeast, Baking Powder (Disodium Dihydrogen Diphosphate, Sodium Hydrogen Carbonate, Wheat Flour), Sugar, Beetroot. Bun Filling: Chicken (45%), Orleans Roasted Seasoning (Sugar, Salt, Starch (Potato), Chilli, Flavour Enhancer (E621), Anti-caking Agent (E552), Flavour Enhancer (E635), Colour (160c), Red Yeast, Garlic, Glucose, Onion, Soybean Oil, Spices, Turmeric Oil), Soy Sauce (water, soybeans, wheat, Flavour Enhancer (E621), Wheat Flour, Flavour enhancer (E635, E631), Colour (E150d), Preservative (E211), Sweetener (E955)), Chicken Powder (contains Lactose (Milk), Salt, Flavour Enhancers (E621, E631, E627), Maltodextrin, Salt (Potassium), Chicken (5.7%), Modified Corn Starch, Palm Fat, Sugar, Yeast Extract, Chicken Fat (0.6%), Flavourings (contain Egg), Chicken Extract (0.1%), Potato Starch, Acid (Lactic Acid), Antioxidant (Extracts of Rosemary), Colour (E150c), Shao Xing Cooking Wine (Water, Rice, Wheat, Salt, Colour: Plain Caramel), Monosodium Glutamate (E621), Sugar, Chilli Powder, Potato Starch.</p> <p>Allergens: GLUTEN, SOYA, MILK, EGG, SULPHITE Made in a kitchen that handles: CRUSTACEANS, MOLLUSCS, CELERY, MUSTARD, SESAME, PEANUT, NUT</p>	Per 100g // Energy 859 kJ/ 203kcal // Fats 3.8g // - of which saturates 1.11g // Carbohydrate 29.58g // - of which sugars 4.9g // Protein 12g // Fibre 1.14g // Salt 1.14g
	<p>Chicken (55%), Shiitake Mushroom, Wheat Flour, Water, Celery, Water Chestnut, Sugar, Potato Flour, Pork Fat Oil, Vegetable Oil, Flavour Enhancer (E621), Salt, Sesame Oil, Soy Sauce (Water, Soybean, Salt, Wheat Flour, Preservative (E202)), High Gluten Flour, Chicken Powder (Salt, Corn Starch, Flavour Enhancer (E261), Sugar, Partially Hydrogenated Vegetable Palm Oil, Soybean, Vegetable Extract, Yeast Extract, Chicken Meat (2%), Chicken Fat (1.6%), Chicken Aroma, Spices), White Pepper Powder, Acidity Regulator (E500), Colouring (E102, E129), Ginger, Spring Onion, Onion.</p> <p>Allergens: CELERY, GLUTEN, SESAME, SOYA</p>	Per 100g // Energy 761 kJ/182kcal // Fats 11.2g // - of which saturates 0g // Carbohydrate 7.5g // - of which sugars 0g // Protein 12.9g // Salt 0g
	<p>Pastry: Wheat Flour (20%), Salt, Water, Egg, Potassium Carbonate Solution, Spinach.</p> <p>Filling: Chicken (55%), Chinese Mushroom (15%), Spring Onions, Rapeseed Oil, Ginger, Chicken Powder (Lactose (Milk), Salt, Flavour Enhancers (E621, E631, E627), Maltodextrin, Salt (Potassium), Chicken, Modified Corn Starch, Palm Fat, Sugar, Yeast Extract, Chicken Fat, Flavourings (Contains Egg), Chicken Extract, Potato Starch, Acid (Lactic Acid), Antioxidant (Extracts of Rosemary), Colour (E150c)), Flavour Enhancer (E621), Soy Sauce (Water, Soybeans (Soy), Wheat, Flavour Enhancer (E621), Wheat Flour, Flavour Enhancer (E635, E631), Colour (E150dM Sulphite Ammonia Caramel), Preservative (E211), Sweetener (E955)), Egg, Potato Starch, Salt, Sugar, Sesame Oil.</p> <p>Allergens: EGG, SOYA MILK, GLUTEN, SULPHITE</p>	Per 100g // Energy 732kJ / 175Kcal // Fat 8.1g // - of which saturates 1.96g // Carbohydrates 10.25g // - of which sugars 0.3g // Protein 15.1g // Salt 1.13g
	<p>Pork (40%), Prawn (Crustaceans) (35%), Wheat Flour, High Gluten Flour, Pork Fat, Water, Sugar, Potato Flour, Flavour Enhancer (E621), Vegetable Oil, Salt, Sesame Oil, Soy Sauce (Water, Soy Beans, Salt, Wheat Flour, Preservative (E202)), Acidity regulator (E500), Chicken Powder (Salt, Corn Starch, Flavour Enhancer (E261), Sugar, Partially Hydrogenated Vegetable Palm Oil, Soybean Vegetable Extract, Yeast Extract, Chicken Meat (2%), Chicken Fat (1.6%), Chicken Aroma, Spices), White Pepper Powder, Colouring (E102, E129) and (E110, E124), Ginger, Spring Onion, Onion.</p> <p>Allergens: GLUTEN, CRUSTACEANS, SESAME, SOYA</p>	Per 100g // Energy 971kJ / 233kcal // Fats 17.2g // - of which saturates 6.1g // Carbohydrate 8.6g // - of which sugars 1.7g // Protein 11.1g // Salt 1.9g
	<p>Pastry: WHEAT (GLUTEN) FLOUR (20%), EGG, Salt, Water, Potassium Carbonate Solution.</p> <p>Filling: PRAWN (CRUSTACEANS) (60%), EGG, Potato Starch, Sweet Corn, Rapeseed Oil, Vegan Stock Powder (Contains LACTOSE (MILK), Salt, Flavour Enhancers (E621, E631, E627), Maltodextrin, Salt (Potassium), Modified Corn Starch, Palm Fat, Sugar, Yeast Extract, Flavouring ((Contain EGG), Potato Starch, Acid (Lactic Acid), Antioxidant (Extracts of Rosemary), Colour (E150c)), Flavour Enhancer (E621), White Pepper, Salt, SESAME Oil, Sugar.</p> <p>ALLERGENS: GLUTEN, CRUSTACEANS, EGG, SESAME, MILK</p>	Per 100g // Energy: 652KJ / 156Kcal // Protein 12.6 g // Carbohydrates 15.56g // of which are sugars 0.7g // Fat 5.2g // of which are saturates: 0.6g // Salt 1.50g
<p>Pastry (Wheat Flour (20%), Salt, Water, Beetroot Filling, Chicken (60%), Orleans Roasted Seasoning (Sugar, Salt, Starch (Potato), Chilli, Flavour Enhancer (E621), Anti-caking Agent (E552), Flavour Enhancer (E635), Colour (160c), Red Yeast, Garlic, Glucose, Onion, Soybean Oil, Spices, Turmeric Oil, Soy Sauce (Water, Soybeans, Wheat, Flavour Enhancer (E621), Wheat Flour, Flavour Enhancer (E635, E631), Colour (E150d), Preservative (E211), Sweetener (E955)), Chicken Powder (Lactose (Milk), Salt, Flavour Enhancers (E621, E631, E627), Maltodextrin, Salt (Potassium), Chicken (5.7%), Modified Corn Starch, Palm Fat, Sugar, Yeast Extract, Chicken Fat (0.6%), Flavourings (contain Egg), Chicken Extract (0.1%), Potato Starch, Lactic Acid, Antioxidant (Extracts of Rosemary), Colour (E150c), Shao Xing Cooking Wine (Water, Rice, Wheat, Salt, Colour (Plain Caramel), Monosodium Glutamate (E621), Sugar, Chilli Powder, Potato Starch.</p> <p>Allergens: GLUTEN, SOYA, MILK, EGG Made in a kitchen that handles: CRUSTACEANS, MOLLUSCS, CELERY, MUSTARD, SESAME, PEANUT, NUT</p>	Per 100g // Energy 861kJ/204kcal // Fats 5.7g // - of which saturates 0.6g // Carbohydrate 25.7g // - of which sugars 2.3g // Protein 11.4g // Salt 1.5g	
Dumplings	<p>Wheat Flour, Beef (23%), Water, Onion (11%), Starch, Spring Onion, Ginger, Cabbage, Rapeseed Oil, Salt, Dark Soya Sauce, Gluten, Sesame Oil, Flavour Enhancers (E621, E627, E635), Stabilisers (E451, E415, E466, E1442, E401), Hydrolysed Vegetable Protein, (Soya, Maize), Yeast Extract, Spice.</p> <p>Allergens: GLUTEN, SOYA</p>	Per 100g // Energy 910kJ/217kcal // Fats 11g // - of which saturates 3.5g // Carbohydrate 24g // - of which sugars 1.4g // Fibre 1.2g // Protein 8g // Salt 1.1g
	<p>Chicken Thigh (36%), Wheat Flour (36%), Carrot (8%), Sweetcorn (7%), Spring Onion (2%), Spices (1%), Water, Ginger, Vegetable Oil, Soya Sauce, (Soybean, Water, Salt, Wheat Flour, Colour (E150c), Food Acid (E260 & E270)), Salt, Sugar, Flavour Enhancers (E621 & E635), Sesame Oil, Chicken Essence Powder (Salt, Maltodextrin, Flavour Enhancer (E621 & E635), Corn Starch, Chicken Meat, Sugar, Yeast Extract, Chicken Fat, Eggs, Wheat, Vegetable Oil, Milk), White Pepper.</p> <p>Allergens: GLUTEN, SESAME, SOYA, EGGS</p>	Per 100g // Energy 835.3kJ / 199.3kcal // Fats 8g // - of which saturates 1.9g // Carbohydrate 21.6g // - of which sugars 2.4g // Fibre 1.1 // Protein 10.3g // Salt 1.3g
	<p>Chicken (37%), Potato Starch, Water, WHEAT (GLUTEN) Starch, Radishes, Chinese Mushroom, Vegetable Fat, Chicken Stock (Contains Water, Chicken Stock, Flavouring, Glucose Syrup, Salt, Yeast Extract, Sugar), Sugar, Turmeric, Salt, Satay Sauce</p> <p>Allergens: Contains WHEAT (GLUTEN), PEANUTS, SOYA, CRUSTACEANS.</p>	Per 100g // Energy: 823kJ / 197kcal // Fat: 6.2g // - Of which saturates 1.6g // Carbohydrates: 28g // - Of which are sugars 0.7g // Protein: 7.1g // Salt: 0.47g

Allergens

While we make every effort to prevent cross contamination in our kitchen, we cannot guarantee that any of our food items are 100% free of any trace elements of any specific allergen.

Crayfish & Pork Dumplings	Wheat Flour (30%), Pork (26%), Sweetcorn (14%), Water, Carrots, Starch, Rapeseed Oil, Spring Onions, Onions, Ginger, Salt, Gluten, Sugar, Sesame Oil, Soy Sauce (Soya), Flavour Enhancers (E621, E627, E635), Stabilisers (E451, E415, E466, E1442, E401), Hydrolysed Vegetable Protein, (Soya, Maize), Yeast Extract, Spice. Allergens: Contains WHEAT (GLUTEN), SOYA, CRUSTACEANS.	Per 100g // Energy: 766kJ / 183kcal // Fat: 7g // - Of which saturates 1.7g // Carbohydrates: 21g // - Of which are sugars 1g // Fibre 2.2 // Protein: 8.4g // Salt: 1.1g
Green Vegetable Dumplings	Pastry: Wheat Flour (30%), Spinach, Water, Salt. Filling: Carrot, Mooli, Celery, Sweetcorn, Water Chestnut, Garlic, Black Fungus, Sweet Potato Noodle (Sweet Potato Starch, Water), Rapeseed Oil, Vegetable Powder Bouillon (Maltodextrin, Salt, Yeast Extract, Potato Starch, Sugar, Flavourings, Onion, Carrot Juice Concentrate, Extra Virgin Olive Oil, Parsley Root, Parsnip, Onion Juice Concentrate, Garlic Powder, Pepper, Lovage Root, Bay Leaves, Turmeric), White Pepper Powder, Sesame Oil, Potato Starch, Salt, Sugar. Allergens: GLUTEN	Per 100g // Energy 571kJ/135kcal // Fat 1.7g // - of which are saturates 0.22g // Carbohydrates 24.99g // - of which sugars 2.9g // Fibre 3.3g // Protein 3.3g // Salt 1.13g
Lamb & Carrot Dumplings	Wheat Flour, Lamb (25%), Water, Carrot (10%), Starch, Spring Onion, Chive, Onion, Ginger, Rapeseed Oil, Salt, Dark Soya Sauce, Gluten, Sesame Oil, Flavour Enhancers (E621, E627, E635), Stabilisers (E451, E415, E466, E1442, E401), Hydrolysed Vegetable Protein, (Soya, Maize), Spice. Allergens: GLUTEN, SESAME, SOYA	Per 100g // Energy 835J/ 199cal // Fat 8g // - of which saturates 2.2g // Carbohydrate 20g // - of which sugar 1.7g // Protein 12g // Fibre 1g // Salt 0.9g
Prawn Har Kau	Prawn (68%), Pork (18%), Bamboo Shoot (5%), Ginger (3%), Garlic (2%), Soya Sauce (Soybean, Water, Salt, Wheat Flour, Colour (E150C), Food Acids (E260 & E270), Potato Starch (2%), Sugar, Sesame Oil, Salt, Pepper. Allergens: CRUSTACEANS, SOYA, SESAME	Per 100g // Energy 730kJ / 176kcal // Fats 8g // - of which saturates 2.4g // Carbohydrate 20g // - of which sugars 1.5g // Protein 6.1g // Salt 0.6g
Prawn & Chives Dumpling (Green)	Prawns (45%) (Crustaceans), Water, Potato Starch, Wheat Starch, Chives, Spinach, Salt, Vegetable Fat, Chicken Stock, Sugar, Rapeseed Oil Allergens: CRUSTACEANS, GLUTEN	Per 100g // Energy 594kJ/142kcal // Fats 2.3g // - of which saturates 0.5g // Carbohydrate 30g // - of which sugars 1.1g // Protein 0.4g // Salt 2.7g
Purple Crystal Dumpling (Vegan)	Wheat Starch, Potato Starch, Water, Cabbage, Sweetcorn, Carrots, Water Chestnut, Vegetable Stock, Vegetable Fat, Dried Black Fungus, Sugar, Rapeseed Oil, Salt. Allergens: GLUTEN	Per 100g // Energy 608kJ/145kcal // Fats 2.1g // - of which saturates 0.4g // Carbohydrate 31g // - of which sugars 3.1g // Protein 1.0g // Salt 0.32g
Red Chicken & Chinese Leaf Dumplings	Pastry (Wheat Flour (30%), Water, Salt, Beetroot Filling), Chicken (30%), Chinese Leaf (15%), Spring Onion, Rapeseed Oil, Ginger, Soy Sauce (Water, Soybeans, Wheat, Flavour Enhancer (E621), Wheat (Gluten Flour, Flavour Enhancer (E635, E631), Colour (E150d Sulphite Ammonia Caramel), Preservative (E211), Sweetener (E955), Dark Soy Sauce (Water, Salt, Soybean Meal, Soybeans, Wheat Flour, Sugar), Chicken Powder (Lactose (Milk), Salt, Flavour Enhancers (E621, E631, E627), Maltodextrin, Mineral Salt (Potassium), Chicken, Modified Corn Starch, Palm Fat, Sugar, Yeast Extract, Chicken Fat, Flavourings (Contain Egg), Chicken Extract, Potato Starch, Acid (Lactic Acid), Antioxidant, Extracts of Rosemary, Colour (E150c), White Pepper Allergens: GLUTEN, SOYA, MILK, EGG, SULPHITE Made in a kitchen that handles: CRUSTACEANS, MOLLUSCS, CELERY, MUSTARD, SESAME, PEANUT, NUT	Per 100g // Energy 806kJ/191kcal // Fats 4.5g // - of which saturates 0.8g // Carbohydrate 27.4g // - of which sugars 0.7g // Protein 9.4g // Salt < 1g
Seafood Dumpling	Leek (28%), Wheat Flour (22%), Prawn (16%), Squid (14%), Soy Sauce (Soybean, Water, Salt, Wheat Flour, Colour (E150C), Acids (E260 & E270), Rapeseed Oil, Sesame Oil, Salt, Sugar, Spices (Sichuan Pepper, Star Anise, Chilli, White Pepper), Flavour Enhancers (E621 & E635). Allergens: GLUTEN, CRUSTACEANS, SESAME, SOYA	Per 100g // Energy 858kJ / 205kcal // Fats 7g // - of which saturates 1.2g // Carbohydrate 22g // - of which sugars 7g // Fibre 1.2g // Protein 8g // Salt 1.8g
Spicy Pork Dumpling	Lean Pork (33%), Chive leaves (25%), Wheat Flour (22%), Gluten Flour (2%), Spring Onion (2%), Ginger (1.5%), Water, Soy Sauce (Soybean, Water, Salt, Wheat Flour, Colour (E150C), Food Acids (E260 & E270), Vegetable Oil, Sesame Oil, Salt, Sugar, Spices (Sichuan Pepper, Anise, Chilli, White Pepper), Flavour Enhancers (E621 & E635), Chicken Essence Powders (Salt, Maltodextrin, Flavour Enhancers (E261 & E635), Corn Starch, Chicken Meat, Sugar, Yeast Extract, Chicken Fat, Egg, Wheat, Vegetable Oil, Soya, Flour, Milk, Soybean Sauce). Allergens: GLUTEN, EGG, MILK, SESAME, SOYA	Per 100g // Energy 812.8kJ / 193.8kcal // Protein 11.1g // Carbohydrate 20.1g // - of which sugars 1.8g // Fat 7.7g // - of which saturates 2.2g // Fibre 1.1g // Salt 1.3g
Spicy Sichuan Dumpling	Lean Pork (33%), Chinese Leaves (24%), Wheat Flour (22%), Coriander (3%), Fresh Red Chilli (2%), Onion (2%), Spring Onion, Water, Ginger, Soy Sauce (Soybean, Water, Salt, Wheat Flour, Colour (E150), Acids (E260 & E270), Rapeseed Oil, Sesame Oil, Salt, Sugar, Spices (Sichuan Pepper, Star Anise, Chilli, White Pepper), Flavour Enhancers (E621 & E635), Chicken Essence Powders (Salt, Maltodextrin, Flavour Enhancers (E621 & E635), Corn Starch, Chicken Meat Powder, Sugar, Yeast Extract, Chicken Fat, Egg, Wheat, Rapeseed Oil, Soya, Milk) Allergens: GLUTEN, SOYA, SESAME, EGG, MILK	Per 100g // Energy 1097kJ/ 262kcal // Protein 12g // Carbohydrate 18g // - of which sugars 3g // Fat 15g // - of which saturates 3g // Fibre 1g // Salt 1.2g
Spicy Tofu & Vegetable Dumpling	Vegetables (61%) (Cabbage, Onions, Carrots, Chinese Chives, Garlic), Water, Tofu (Soybean, Water, Firming Agent: Magnesium Chloride), Soy Sauce, Sweet Potato Noodles, Soy Protein, Roasted Sesame Oil, Spice Mix, Salt, Fiber, Sugar, Ginger, Spice Extract (contains Celery), Spinach, Parsley, Dough (40%) (Wheat Flour, Water, Rapeseed Oil, Salt). Allergens: CELERY, SESAME, SOYA, GLUTEN Made in a kitchen that handles: MUSTARD, EGG, MILK, MOLLUSCS, CRUSTACEANS, FISH	Per 100g // Energy 910kJ/ 217kcal // Fat 11g // - of which saturates 3.5g // Carbohydrate 24g // - of which sugars 1.4g // Protein 8g // Salt 1.1g
Beef & Ginger Dumplings	Wheat Flour, Beef (23%), Water, Onion (11%), Starch, Spring Onion, Ginger, Cabbage, Rapeseed Oil, Salt, Dark Soya Sauce, Gluten, Sesame Oil, Flavour Enhancers (E621, E627, E635), Stabilisers (E451, E415, E466, E1442, E401), Hydrolysed Vegetable Protein, (Soya, Maize), Yeast Extract, Spice. Allergens: GLUTEN, SOYA	Per 100g // Energy 875kJ/ 208kcal // Fat 5.4g // - of which saturates 1.0g // Carbohydrate 30.8g // - of which sugars 2.6g // Protein 7.5g // Salt 1.1g
Tofu & Vegetable Lucky Bags	Textured Soybean Protein, Soy Protein, Wheat, Water, Canola Oil, Tofu Skin (Soybean), Konjac, King Trumpet Mushroom, Starch, Kelp Sprouts, Salt, Sugar, Mirin, Seasonings, Ginger, Vegetables, Milk, Pepper, Dried Gourd. Allergens: GLUTEN, MILK, SOYA	Per 100g // Energy 688kJ / 164kcal // Fat 4.9g // - of which saturates 0g // Carbohydrates 20.3g // - of which sugars 1.6g // Fibre 0.6g // Protein 9.8g // Salt 0.6g
Vegetable Dumpling	Vegetables (55%) (Cabbage, Pea, Soybean (Edamame), Carrot, White Radish), Wheat Flour, Water, Breadcrumbs (Wheat flour, Salt, Yeast), Salt, Spinach Powder (0.6%), Soy Sauce (Water, Soybean, Wheat, Salt), Wheat Gluten, Garlic Powder, Sesame Oil, Potato Starch, Natural Flavouring (contains Wheat), Ginger Powder, Black Pepper. Allergens: GLUTEN, SESAME, SOYA Made in a kitchen that handles: EGG, CRUSTACEANS, CELERY	Per 100g // Energy 538kJ/127kcal // Fats 0g // - of which saturates 0g // Carbohydrate 23g // - of which sugars 3.0g // Protein 6g // Salt < 1g
Turkey and Cranberry Dumplings	Turkey (55%), Soy Sauce (Water, Soybeans, Salt, Sugar, Wheat (Gluten), Flavour Enhancer (E621), Yeast Extract), Water, Cranberries, Dried Mushrooms, Sesame Seed Oil, Oil, Cane Sugar, Cornflour, Wheat Flour, Baking Powder (Sodium Bicarbonate), Garlic, Five Spices Powder (Cassia Bark, Anise, Fennel, Chilli, Orange Peel (Contains Sulphites)), Ginger, White Pepper Ground, Tapioca Starch, Salt Allergens: GLUTEN, SOYA, SESAME, SULPHITES Made in a kitchen that handles: NUTS, PEANUTS, MUSTARD	Per 100g // Energy 822kJ/195kcal // Fats 3.62g // - of which saturates 0.39g // Carbohydrate 32.2g // - of which sugars 4g // Protein 10.1g // Salt 1.48g
Xiao Long Bao (Pork)	Pork (48.7%), Water, Wheat flour (Wheat flour, Vitamin C), Tapioca Starch, Green Spring Onion, Ginger, Sunflower Oil, Salt, Rice Wine (Water, Rice, Refined Edible Alcohol), Soy Sauce (Water, Sucrose, Soybean, Wheat, Salt, Alcohol, Yeast Extract), Sugar, Cornflour, Sesame Seed Oil, Agar Agar, White Pepper, Flavour Enhancer (Maltodextrin, Salt, Sucrose, Yeast Extract, Hydrated Soy Protein, Mushroom Extract, Cabbage Extract), Chicken Powder Bouillon (Lactose (Milk), Salt, Flavour Enhancers (E621, E631, E627), Maltodextrin, Mineral Salt (Potassium), Chicken, Modified Corn Starch, Palm Fat, Sugar, Yeast Extract, Chicken Fat, Flavourings (Contains Egg), Chicken Extract, Potato Starch, Acid (Lactic Acid), Antioxidant (Extracts of Rosemary), Colour (E150c). Allergens: GLUTEN, SOYA, MILK, EGG Made in a kitchen that handles: MUSTARD, EGGS, MILK, MOLLUSCS, CRUSTACEANS, FISH, NUTS, SULPHITES	Per 100g // Energy 1026kJ/245kcal // Fats 12.4g // - of which saturates 4.07g // Carbohydrate 26.59g // - of which sugars 3.4g // Protein 6.5g // Salt 1.17g
Xiao Long Bao (Purple Chicken)	Water, Chicken (29.4%), Wheat Flour (Wheat Flour, Vitamin C), Onion, Carrot, Tapioca Starch, Sugar, Slightly Salted Butter (Butter (Milk), Rapeseed Oil, Water, Lactic Culture (Milk), Salt) (1.2%), Sunflower Oil, Beetroot, Salt, Chicken Powder Bouillon (Lactose (Milk), Salt, Flavour Enhancers (E621, E631, E627), Maltodextrin, Mineral Salt (Potassium), Chicken, Modified Corn Starch, Palm Fat, Sugar, Yeast Extract, Chicken Fat, Flavourings (Contains Egg), Chicken Extract, Potato Starch, Acid (Lactic Acid), Antioxidant (Extracts of Rosemary), Colour (E150c), Garlic, Cornflour, Soy Sauce (Water, Sucrose, Soybean, Wheat, Salt, Alcohol, Yeast Extract), Pure Agar Agar (E406), White Pepper. Allergens: GLUTEN, SOYA, MILK Made in a kitchen that handles: CELERY, MUSTARD, EGGS, MOLLUSCS, CRUSTACEANS, FISH, NUTS, SULPHITES	Per 100g // Energy 624kJ/148kcal // Fats 4g // - of which saturates 1.1g // Carbohydrate 21.5g // - of which sugars 5.4g // Protein 6.2g // Salt 0.80g
Pan Fried Chicken and Pumpkin Dumplings	Pumpkin (59%), Chicken (23%), Soy Sauce (Water, Sucrose Invert Sugar, Soybean, Wheat, Salt, Alcohol, Yeast Extract), Onion, Garlic, Sugar, Ginger, Oil, Ground Turmeric, Fenugreek, Salt, Mustard Seeds, Garlic, Corn Flour, Fennel, Chilli, Celery, Sunflower Oil, Bay Leaves, Chives Allergens: GLUTEN, SOYA, MUSTARD, CELERY Made in a kitchen that handles: SESAME, SULPHITES	Per 100g // Energy 779kJ/184kcal // Fats 2.45g // - of which saturates 0.52g // Carbohydrate 34.21g // - of which sugars 4.2g // Protein 7.4g // Salt 0.9g
Chilli Paste Pan-Fried Bun	Omnipork (17%), Water, SOYA Protein Concentrate, Thickener (Methyl Cellulose), Yeast Extract, Potato Starch, Cane Sugar, Salt, Natural Flavouring, Pea Protein, Rice Protein, Shiitake Mushroom Powder, Dextrose, Colour (Beetroot Red), Myelinated OATS, SOYA Protein Isolate, BARLEY (GLUTEN) Malt Extract, Fine Beans, Carrot, Water, Wheat Flour (WHEAT (GLUTEN) FLOUR, Vitamin C), Stir Fry Sauce (Water, Sugar, SOY SAUCE (Water, SOYBEANS, Salt, Cornstarch), Salt, Modified Corn Starch, Yeast Extract (Yeast Extract, Salt, Water), Colour (Plain Caramel Dried Shiitake)), Spring Onions, Spicy Paste (3.5%) (Starch Syrup, WHEAT (GLUTEN) FLOUR, Water, Powdered Red Pepper Salt, Polished WHEAT (GLUTEN), Ethyl Alcohol, Garlic, Hydrolyzed Vegetable Protein (WHEAT (GLUTEN)), Onion), Oil, Mushroom, Garlic, Vermicelli (Rice Flour, Salt), Monosodium Glutamate, Purity Greater Than 99% (E621), Potato Starch, Salt, Sugar.	Energy: 591kJ/140kcal // Fat: 2.17g // - Of which saturates - Of which are sugars 3.2g // Fibre: 3g // Protein: 5.9g // Salt: 0.9g

Allergens

While we make every effort to prevent cross contamination in our kitchen, we cannot guarantee that any of our food items are 100% free of any trace elements of any specific allergen.

Gyozas	Original White Pepper Pan-Fried Bun	Omniport Meat (43%) (Water, SOYA Protein Concentrate 16.5%, Thickener (Methyl Cellulose), Yeast Extract, Potato Starch, Cane Sugar, Salt, Natural Flavouring, Pea Protein, Rice Protein, Shitake Mushroom Powder, Dextrose, Colour (Beetroot Red), Myelinated OATS, SOYA Protein Isolate BARLEY (GLUTEN) Malt Extract, Water, Wheaten Flour (WHEAT (GLUTEN) FLOUR, Vitamin C), Tapioca Starch, Green Spring Onion, Ginger, Sunflower Oil, Salt, Rice Vine (Water, Rice, Refined Edible Alcohol), SOY Sauce (Water, (SOY), Salt, Sugar, WHEAT (GLUTEN), Flavour Enhancer (E621), Yeast Extract), Vegetable Bouillon Sea Salt, Potato Starch, Hydrolyzed Vegetable Protein (Containing SOYA), Vegetable Oil (Sunflower, Rapeseed), Vegetables 7% (Onion, Parsnip, Carrot, Leek), CELERY Seed, Parsley, Turmeric, White Pepper, Garlic, Mace, Lovage, Nutmeg, Sugar, Monosodium Glutamate, Purity Greater Than 99% (E621), Corn flour (Typical Values Per), SESAME Seed Oil, Agar Agar, White Pepper, Flavour Enhancer (Maltodextrin, Salt, Sucrose, Yeast Extract, Hydrated SOY Protein, Mushroom Extract, Cabbage Extract).	Energy: 530kj/125kcal // Fat: 1.11g // - Of which saturates 0.1g // Carbohydrates: 23.2g // - Of which are sugars 1.3g // Fibre: 2.3g // Protein: 6.8g // Salt: 1.18g
	Hoisin Pan-Fried Bun	Omniport (25.7%) (Water, SOYA Protein Concentrate, Thickener (Methyl Cellulose), Yeast Extract, Potato Starch, Cane Sugar, Salt, Natural Flavouring, Pea Protein, Rice Protein, Shitake Mushroom Powder, Dextrose, Colour (Beetroot Red), Myelinated OATS, SOYA Protein Isolate, BARLEY (GLUTEN) Malt Extract, Water, Wheaten Flour (WHEAT (GLUTEN) FLOUR, Vitamin C), Hoi Sin Sauce (Sugar, Water, Fermented SOYBEAN Paste (Water, Salt, SOYBEANS (SOY), WHEAT (GLUTEN) FLOUR), Salt, Sweet Potato Powder, Modified Corn Starch, Red Fermented Rice, SESAME Seed Paste, Dehydrated Garlic, Colour (Plain Caramel), Acid (Acetic Acid), Spices, Salted Chilli Peppers (Chilli Peppers, Salt)), Yellow Bean Sauce (Salted SOYBEAN (SOY) (25%), WHEAT (GLUTEN) FLOUR, Salt, Water), SOY Sauce (Water, SOYBEAN (SOY), Salt, WHEAT (GLUTEN) FLOUR), Salt, Colour (E150a)), Sugar, Cucumber, Spring Onions, Tapioca Starch, Corn Starch (Contains SULPHUR Dioxide), Oil, Monosodium Glutamate, Purity Greater Than 99% (E621), Salt, Beetroot Powder.	Energy: 591kj/140kcal // Fat: 2.17g // - Of which saturates 0.17g // Carbohydrates: 25.75g // - Of which are sugars 3.2g // Fibre: 3g // Protein: 5.9g // Salt: 1.25g
	Chicken & Veg Japanese Gyoza	Chicken Thigh (36%), Wheat Flour (36%), Carrot (8%), Sweetcorn (7%), Spring Onion (2%), Spices (1%), Water, Ginger, Vegetable Oil, Soy Sauce (Soybean, Water, Salt, Wheat Flour, Colour (E150C), Food acids (E260 & E270), Salt, Sugar, Flavour Enhancer (E621 & E635), Sesame Oil, Chicken Essence Powder (Salt, Maltodextrin, Flavour Enhancer (E621 & E635), Corn Starch, Chicken Meat, Sugar, Yeast Extract, Chicken Fat, Egg, Wheat, Vegetable Oil, Milk), White pepper.	Per 100g // Energy 835kj/ 199kcal // Protein 12g // Carbohydrate 24.8g // - of which sugars 2.2g // Fat 8g // - of which saturates 3.6g // Fibre 1.6g // Salt 2g
	Duck Japanese Gyoza	Vegetables (38%) (Cabbage, Onion, Carrot, Water Chestnut), Wheat Flour, Duck Meat (17.6%) (Meat 17.1%, Fat 0.5%), Water, Hoisin Sauce (3.2%) (Sugar, Fermented Salted Soy Bean (Soybean, Wheat Flour, Salt, Water), Rice Vinegar, Water, Garlic, Colour (E150a)), Salt, Sesame Oil, Chilli Pepper), Soy Sauce (Water, Soybean, Wheat, Salt), Textured Soy Protein, Salt, Wheat Gluten, Burnt Sugar (Glucose-Fructose Syrup, Water), Sesame Oil, Ginger Powder, Black Pepper, Yeast Extract, Potato starch, Mixed spices.	Per 100g // Energy 629kj/149kcal // Fat 3.5g // - of which saturates 1.0g // Carbohydrate 22g // - of which sugars 4.0g // Protein 7.0g // Salt 1.0g
	Mixed Vegetable & Potato Japanese Gyoza	Wheat (40%), White cabbage (20%), Potato (12%), Sweetcorn (8%), Carrots (8%), Soybean (5%), Black Fungus (3%), Chive (2%), Vegetable Oil, Sesame Oil, Salt, Sugar, Five Spice Powder (Fennel, Cloves, Cinnamon, Star Anise, Szechuan Peppercorns), White Pepper, Black Pepper, Stir-fry Sauce (Water, Sugar, Soybean, Wheatflour, Modified Corn Starch, Yeast Extract, Colour E150C, Food Enhancer E631 & E627) Flavour Enhancer E261, Gluten.	Per 100g // Energy 835.3kJ/ 199.3kcal // Fats 8g // - of which saturates 1.9g // Carbohydrate 21.6g // - of which sugars 2.4g // Fibre 1.1g // Protein 10.3g // Salt 0.5g
	Pork & Chive Japanese Gyoza	Lean Pork (33%), Chinese Leaf (26%), Wheat flour (22%), Spring Onion (2%), Ginger (1%), Water, Soy Sauce (Soybean, Water, wheat flour, Colour E150C, acids E260 & E270), Rapeseed Oil, Sesame Oil, Salt, Sugar, Flavour Enhancers E621 & E635, Chicken Essence Powders (Salt, Maltodextrin, Flavour Enhancers (E621 & E635), Cornstarch, Chicken Meat, Sugar, Egg, Milk, Chicken Fat, Rapeseed Oil, Yeast Extract, Soy Sauce Powder, Wheat & Soybean, Spice) White Pepper.	Per 100g // Energy 812.8kJ/ 193.8kcal // Protein 11.1g // Carbohydrate 20.1g // - of which sugars 1.8g // Fat 7.7g // - of which saturates 2.2g // Fibre 1.1g // Salt 1.3g
	Prawn Japanese Gyoza	Shelled Shrimp (27%) (Shrimp litopenaeus vannamei (21%), Water, Salt, Stabilisers (E451, E453)), Vegetables (Cabbage, Carrot), Wheat Flour, Water, Potato Starch, Rapeseed Oil, Breadcrumbs (Wheat Flour, Salt Yeast), Mushroom (Agaricus bisporus), Sesame Oil, Sugar, Salt, White Egg Powder, Wheat Gluten, Beetroot Powder (0.1%), Ginger Powder, Yeast Extract, Black Pepper.	Per 100g // Energy 674kj/160kcal // Fat 4.8g // - of which saturates 0.5g // Carbohydrate 22g // - of which sugars 2.9g // Fibre 1.5g // Protein 6.2g // Salt 0.72g
	Seafood Gyoza	Leek (28%), Wheat Flour (22%), Prawn (16%), Squid (14%), Soy Sauce (Soybean, Water, Salt, Wheat Flour, Colour (E150C), Acids (E260 & E270)), Rapeseed Oil, Sesame Oil, Salt, Sugar, Spices (Sichuan Pepper, Star Anise, Chilli, White Pepper), Flavour Enhancers (E621 & E635).	Per 100g // Energy 858kj/205kcal // Fats 7g // - of which saturates 1.2g // Carbohydrate 22g // - of which sugars 7g // Fibre 1.2g // Protein 8g // Salt 1.8g
	Shitake & Fungus Gyoza	Filling (60%) (Black Fungus (34%), Shitake Mushrooms Mix (Shitake and Oyster Mushrooms) (29%), Cabbage, Soy Sauce (Water, Salt, Soybeans, Wheat Flour, Sugar, Maltodextrin), Potato Flakes, Water, Spices (contains Wheat), Dried Onions, Salt, Ground Black Pepper) Dough (40%) (Wheat Flour, Water, Rapeseed Oil, Salt.	Per 100g // Energy 626kJ/ 148 kcal // Fat 1.3g // - of which saturates 0.15g // Carbohydrate 26.9g // - of which sugar 1.17g // Protein 4.9g // Fibre 4.55g // Salt 1.18g
	Green Vegetable Japanese Gyozas	Vegetables 55% (Cabbage, Pea, SOY Bean [Edamame], Carrot, White Radish), WHEAT Flour, Water, Breadcrumbs (WHEAT Flour, Salt, Yeast), Salt, Spinach Powder 0.6%, SOY Sauce (Water, SOY Bean, WHEAT, Salt), WHEAT GLUTEN, Garlic Powder, SESAME Oil, Natural Flavouring, Potato Starch, Ginger Powder, Black Pepper.	Per 100g // Energy 563 kJ/ 33 kcal // Fat 0.9g // - of which saturates 0.2g // Carbohydrate 26 g // - of which sugar 3.9 g // Protein 4.9g // Fibre 1.2g // Salt 1.0g
Daily Dumplings	Lamb Daily Dumplings	Wheat Flour, Lamb (25%), Water, Carrot (10%), Starch, Spring Onion, Chive, Onion, Ginger, Rapeseed Oil, Salt, Dark Soya Sauce, Gluten, Sesame Oil, Flavour Enhancers (E621, E627, E635), Stabilisers (E451, E415, E466, E1442, E401), Hydrolyzed Vegetable Protein, (Soya, Maize), Spice. Noodles: Wheat Flour (Wheat) (80%), Water, Salt, Potato Starch, Potassium Carbonate Solution (Contains Water, Acidity Regulator (E501)) Mixed Vegetables: Carrot, Okra, Seaweed, Mushrooms	Per 100g // Energy 835kJ/ 199kcal // Fat 8g // - of which saturates 2.2g // Carbohydrate 20g // - of which sugar 1.7g // Protein 12g // Fibre 1g // Salt 0.9g
	Prawn Daily Dumplings	Dumpling Casing: Wheat (Gluten) Flour (30%), Egg, Salt, Water, Potassium Carbonate Solution, Turmeric Powder. Dumpling Filling: Prawn (Crustaceans) (50%), Egg, Potato Starch, Water Chestnut, Rapeseed Oil, Vegan Stock Powder (Contains Lactose (Milk), Salt, Flavour Enhancers (E621, E631, E627), Maltodextrin, Salt (Potassium), Modified Corn Starch, Palm Fat, Sugar, Yeast Extract, Flavourings ((Contain Egg), Chicken Extract , Potato Starch, Acid (Lactic Acid), Antioxidant (Extracts Of Rosemary), Colour (E150c)), Flavour Enhancer (E621), White Pepper, Salt, Sesame Oil, Sugar. Noodles: Wheat Flour (Wheat) (80%), Water, Salt, Potato Starch, Potassium Carbonate Solution (Contains Water, Acidity Regulator (E501)) Mixed Vegetables: Carrot, Okra, Seaweed, Mushrooms	Per 100g // Energy 654KJ/155kcal // Protein 8.5g // Carbohydrates 17.9g // - of which sugars 0.6g // Fat 5.3g // - of which are saturates 1.64g // Salt 1.00g
	Vegan Daily Dumplings	Dumpling Casing: Wheat Flour (WHEAT) (30%), Spinach, Water, Salt. Dumpling Filling: Carrot, Mooli, Water Chestnut, Black Fungus, Sweet Potato Noodle, (sweet potato starch, water), Celery, sweet corn, Rapeseed Oil, Vegetable Powder Bouillon (Contains Maltodextrin, Salt, Yeast Extract, Potato Starch, Sugar, Flavourings, Onion, Carrot Juice Concentrate, Extra Virgin Olive Oil, Parsley Root, Parsnip, Onion Juice Concentrate, Garlic Powder, Pepper, Lovage Root, Bay Leaves, Turmeric), White Pepper powder, Sesame Oil, Potato Starch, Salt, Sugar. Noodles: Wheat Flour (Wheat) (80%), Water, Salt, Potato Starch, Potassium Carbonate Solution (Contains Water, Acidity Regulator (E501)) Mixed Vegetables: Carrot, Okra, Seaweed, Mushrooms	Per 100g // Energy 571KJ/135kcal // Protein 3.3g // Carbohydrates: 24.99g // of which sugars 2.9g // Fat 1.7g // of which are saturates 0.22g // Fibre: 3.3g // Salt: 1.13g
	Noodles	Wheat Flour (Wheat) (80%), Water, Salt, Potato Starch, Potassium Carbonate Solution (Contains Water, Acidity Regulator (E501))	Per 100g // Energy 1341KJ/321kcal // Protein 12g // Carbohydrates: 67g // of which sugars 1.7g // Fat 1g // of which are saturates 0.3g // Salt: 1.01g
Dips	Sesame Tang	Soy Sauce, Syrup, Siraracha (Water, Sugar, Chilli (14%), Vinegar, Garlic, Thickener: E1422, Salt, Flavour Enhancer: Monosodium Glutamate (E621)), Sesame Oil, Rice Vinegar, Lemon Juice (Sulphites), Garlic Powder (Sulphites), Ground Ginger.	Per 100g // Energy 902kJ/ 215kcal // Fats 12g // - of which saturates 1.7g // Carbohydrate 26g // - of which sugars 22g // Protein 2.1g // Salt 3.9g
	Classic Dipping Sauce	Soy Sauce, Rice Vinegar, Sesame Oil, Mushroom Vegetarian stir fry sauce (Water, Sugar, Soy Sauce (Water, Soybeans, Salt, Corn Starch), Salt, Modified Corn Starch, Yeast Extract (Yeast Extract, Salt, Water), Colour (Plain Caramel), Dried Shitake 0.3%), Monosodium Glutamate E621, Fermented Yellow Beans (Soybean, Soy Sauce (Water, Soybean, Salt Wheat), Sugar, Flavour Enhancers E631 & E627, E270, Caramel Powder E150c), Ground Ginger.	Per 100g // Energy 775kJ/ 187kcal // Fats 16g // - of which saturates 2.4g // Carbohydrate 8.5g // - of which sugars 5.9g // Protein 1.4g // Salt 4.4g
	Ginger and Chilli Kicker	Soy Sauce, Rice Vinegar, Ground Ginger, Garlic Powder (Sulphites), Dried Red Chillies, Sesame Oil.	Per 100g // Energy 538kJ/ 127kcal // Fats 2.5g // - of which saturates 0.5g // Carbohydrate 21g // - of which sugars 11g // Protein 4.7g // Salt 7.1g
	Slaw Tang	Rice Vinegar, Olive Oil, Syrup, Sesame Oil, Soy Sauce, Garlic Powder, Ground Ginger, Salt, Dried Red Chillies.	Per 100g // Energy 1609kj/ 388kcal // Fats 32g // - of which saturates 4.6g // Carbohydrate 23g // - of which sugars 20g // Protein 1.2g // Salt 2.7g
	(Vegan DD) Soybean & Ginger Broth	Soybean paste (water, soya beans, rice, salt, alcohol) Vegetable Bullion (salt, potato starch, maltodextrin, flavourings, sugar, yeast extract, parsley root powder, palm oil, leek, turmeric, garlic, acid (citric acid), White Vinegar, Light Soy Sauce, Ginger.	Per 100g // Energy 501kJ/ 109kcal // Fats 2.5g // - of which saturates 0.5g // Carbohydrate 21g // - of which sugars 11g // Protein 4.7g // Salt 8.1g
(Prawn DD) Chilli, Garlic & Soy Sauce	Light Soy Sauce, White Vinegar, Vegetable Bullion (salt, potato starch, maltodextrin, flavourings, sugar, yeast extract, parsley root powder, palm oil, leek, turmeric, garlic, acid (citric acid), Chilli Oil, Siraracha (Water, Sugar, Chilli (14%), Vinegar, Garlic, Thickener: E1422, Salt, Flavour Enhancer: Monosodium Glutamate (E621)), Garlic, Golden Syrup, Ground Sichuan Peppercorns.	Per 100g // Energy 505kJ/ 112kcal // Fats 2.5g // - of which saturates 0.5g // Carbohydrate 19g // - of which sugars 11g // Protein 4.7g // Salt 8.1g	
(Lamb DD) Chilli, Cumin & Soy Sauce	White Vinegar, Light Soy Sauce, Chilli Oil, Cumin, Vegetable Bullion (salt, potato starch, maltodextrin, flavourings, sugar, yeast extract, parsley root powder, palm oil, leek, turmeric, garlic, acid (citric acid), Golden Syrup.	Per 100g // Energy 505kJ/ 112kcal // Fats 2.5g // - of which saturates 0.5g // Carbohydrate 16g // - of which sugars 9g // Protein 3.5g // Salt 8.1g	

Allergens

While we make every effort to prevent cross contamination in our kitchen, we cannot guarantee that any of our food items are 100% free of any trace elements of any specific allergen.

Edamame Beans	100% Edamame	Per 100g // Energy 532kJ/ 128kcal // Fats 6.3g // - of which saturates 1g // Carbohydrate 4.5g // - of which sugars 2.3g // Protein 11g // Salt 0g
Garnish Pot	White Sesame Seeds, Black Sesame Seeds, Dried Chilli Flakes, Dried Chives	