

Allergens

While we make every effort to prevent cross contamination in our kitchen, we cannot guarantee that any of our food items are 100% free of any trace elements of any specific allergen.

| Item | Ingredients | Nutritional | |
|--|---|--|---|
| Buns | Char Siu Bun Wheat Flour (60%), Pork (13%), Water, Sugar, Vegetable Oil, Potato Flour, Soy Sauce (Water, Soybean, Salt, Wheat Flour & Preservative (E202), Raising Agent (E521, E341, E500), Oyster Sauce (Water, Sugar, Salt, Oyster Extract (11%) (Oyster, Water, Salt), Flavour Enhancer (E621), Modified Corn Starch, Wheat Flour, Colour (E150a)), Ginger, Spring Onion, Onion, Shallot, Acidity Regulator (E501), Crushed Yellow Bean Sauce (Fermented Salted Soybean (Water, Salt, Soybean, Wheat Flour), Sugar, Soy Sauce (Water, Salt, Soybean, Wheat Flour), Salt, Colour (E150a)), Dark Soy Sauce (Water, Soybean, Salt, Sugar, Wheat Flour), Hoisin Sauce (Sugar, Fermented Salted Soybean (Soybean, Wheat Flour, Water), Rice Vinegar, Water, Garlic, Red Rice Koji, Salt, Spices, Sesame Oil, Chilli Powder, Colour (E150a)), Flavour Enhancer (E621), Sesame Oil, Rose Wine (Barley, Wheat, Pea, Sorghum, Rose, Water, Sugar), Firming Agent (E500, E503), Garlic, Salt, White Pepper Powder, Colouring (E102, E129). Allergens: GLUTEN, MOLLUSCS, SESAME, SOYA | Per 100g // Energy 1090KJ / 258kcal // Fats 6g // - of which saturates 1.8g // Carbohydrate 42.7g // - of which sugars 15.3g // Protein 8.5g // Salt 0.3g | |
| | Chicken & Mushroom Bun Wheat Flour (39%), Chicken (17%), Sugar, Water, Shiitake Mushroom, Straw Mushroom (Salt, Corn Starch, Flavour Enhancer (E261), Sugar, partially Hydrogenated Vegetable Palm Oil, Soybean, Vegetable Extract, Yeast Extract, Chicken Meat (2%), Chicken Fat (1.6%), Chicken Aroma, Spices), Bamboo Shoot, Ginger, Coriander, Raising Agent (E521, E341, E500), Flavour Enhancer (E621), Pork Fat, Vegetable Oil, Salt, Potato Flour, Firming Agent (E503), Sesame Oil, Acidity Regulator (E501), Ginger, Spring Onion, Onion, Soy Sauce (Water, Soybean, Salt, Wheat Flour, Preservative (E202)), White Pepper Powder, Raising agent (E500). Allergens: GLUTEN, SESAME, SOYA | Per 100g // Energy 914KJ / 216kcal // Fats 2.9g // - of which saturates 0.7g // Carbohydrate 39.7g // - of which sugars 13.7g // Protein 7.7g // Salt 0.3g | |
| | Custard Bun Wheat Flour, Sugar, Water, Egg, Fresh Full Fat Milk, Coconut Milk (Coconut Extract, Water, Citric Acid), Butter (salted), Condensed Milk (Whole Milk, Sugar, Stabiliser: Calcium Chloride), Coconut Cream (100% Coconut), Custard Powder (Maize Starch, Colour: Annatto, Salt, Flavouring: contains Milk), Evaporated Milk (Whole Milk, Stabiliser: Sodium Phosphate, Vitamin D), Dried Milk Powder, Vegetable Shortening (Palm, Palm Fractions, Rapeseed, emulsifier E471), Raising Agent: E500, E503, Yeast. Allergens: GLUTEN, EGG, DAIRY | Per 100g // Energy 284kJ/1196Kcal // Fat 7.8g // - of which saturates 4.7g // Carbohydrates 47.3g // - of which sugars 15.1g // Fibre 1.0g // Salt 0.6g | |
| | Duck & Hoisin Bun Dough:Wheat Flour,Corn Starch,Sugar,Salt,Baking Powder {Raising Agent: E500(ii), Emulsifier: E450(i), E471, E341(i), Corn Starch),Yeast, Water,Soybean Oil. Filling: Duck (18%), Onion, Chinese Cabbage,Carrot,Hoisin Sauce{Water,Soybean Paste(Water,Soybean, Wheat, Salt), Sugar,Vinegar, Honey,Ginger, Garlic, Modified Tapioca Starch, Chili Paste (Wheat Flour, Malt Syrup, Chilli Powder,Salt)}, Sesame Oil, Spices, Black Pepper Powder,Red Onion),Corn Starch,Oyster Sauce (Water,Sugar,Oyster Extract (Molluscs),Salt), Water,Shallot,Cooking Wine (Water,Wheat, Colour(E150a)),Soybean Oil,Soy Sauce (Water,Soybean, Wheat, Salt),Sesame Oil, Salt,Orange Peel. Allergens: GLUTEN, SOYA, MOLLUSCS, SESAME | Per 100g // Energy 218kJ/920kcal // Fat 4.4g // of which – saturate 0.7g // Carbohydrate 36g // of which sugars 6.6g // Protein 7.5g // Salt 1g | |
| | Green Vegetable Bun Bun Casing: Wheat Flour (30%), Water, Yeast, Baking Powder (Contains Disodium Dihydrogen Diphosphate, Sodium Hydrogen Carbonate, Wheat Flour), Sugar, Spinach. Bun Filling: Carrot, Mooli, Celery, Sweetcorn, Water Chestnut, Garlic, Black Fungus, Sweet Potato Noodle, (Sweet Potato Starch, Water), Rapeseed Oil, Vegetable Powder Bouillon (Maltodextrin, Salt, Yeast Extract, Potato Starch, Sugar, Flavourings, Onion, Carrot Juice Concentrate, Extra Virgin OliveOil, Parsley Root, Parsnip, Onion Juice Concentrate, Garlic Powder, Pepper, Lovage Root, Bay Leaves, Turmeric), White Pepper Powder, Sesame Oil, Potato Starch, Salt, sugar. Allergens: GLUTEN, CELERY, SESAME | Per 100g // Energy 570kJ/135kcal // Fat 1.5g - of which are saturates 0.43g // Carbohydrates 25.44g // - of which sugars 2.7g // Protein 4.0g // Fibre 1.7g // Salt 0.29g | |
| | Mushroom & Veg Bun Wheat Flour (40%), Water, Pak Choi (16.4%), Mushroom (8.2%), Bamboo shoot, Sugar, Soybean oil, Sesame oil, Salt, Flavour Enhancer (E621), Wheat Starch, Yeast, White Pepper Powder, Raising Agent (E500), Acidity Regulator (E575) Allergens: GLUTEN, SESAME, SOYA Made in a kitchen that handles: MILK, PEANUT, EGG, NUT | Per 100g // Energy 1003 kJ/ 239.7kcal // Fats 7.2g // - of which saturates 1.4g // Carbohydrate 37.6g // - of which sugars 4g // Protein 5.7g // Salt 0.8g | |
| | Spicy Beef & Sweet Potato Bun Bun Casing (Wheat flour (30%), Water, Yeast, Baking Powder (Disodium Dihydrogen Diphosphate, Sodium Hydrogen Carbonate, Wheat Flour), Sugar, Chilli Powder), Bun Filling (Beef (35%), Sweet Potato Noodle (Sweet Potato Starch, Water), Spring Onion, Onion, Rapeseed Oil, Ginger, Soy Sauce (Water, Soybeans, Wheat, Flavour Enhancer (E621), Wheat (Gluten) Flour, Flavour Enhancer (E635, E631), Colour (E150d), Suphite Ammonia Caramel), Preservative (E211), Sweetener (E955), Dark Soy Sauce (Water, Salt, Soybean Meal, Soybeans, Wheat (Gluten) Flour, Sugar, Chicken Powder (Lactose (Milk), Salt, Flavour Enhancers (E621, E631, E627), Maltodextrin, Mineral Salt (Potassium), Chicken Modified Corn Starch, Palm Fat, Sugar, Yeast Extract, Chicken Fat, Flavourings (Contain Egg), Chicken Extract, Potato Starch, Acid (Lactic Acid), Antioxidant (Extracts of Rosemary), Colour (E150c), White Pepper, Flavour Enhancer (E621), Sweet Bean Paste (Water, Wheat Flour, Soybean, Salt, Preservative (E2021), Sugar, Chilli Powder. Allergens: GLUTEN, SOYA, MILK, EGG, SULPHITE Made in a kitchen that handles: CRUSTACEANS, MOLLUSCS, CELERY, MUSTARD, SESAME, PEANUT, NUT | Per 100g // Energy 1124 kJ/ 267kcal // Fats 8.5g // - of which are saturates 3.2g // Carbohydrate 39.1g // - of which sugars 4.2g // Protein 7.7g // Salt 0.4g | |
| | Spicy Chicken Bun Bun Casing: Wheat Flour (30%), Water, Yeast, Baking Powder (Disodium Dihydrogen Diphosphate, Sodium Hydrogen Carbonate, Wheat flour), Sugar, Beetroot. Bun Filling: Chicken (45%), Orleans Roasted Seasoning (Sugar, Salt, Starch (Potato), Chilli, Flavour Enhancer (E621), Anti-caking Agent (E552), Flavour Enhancer (E635), Colour (160c), Red Yeast, Garlic, Glucose, Onion, Soybean Oil, Spices, Turmeric Oil), Soy Sauce (water, soybeans, wheat, Flavour Enhancer (E621), Wheat Flour, Flavour enhancer (E635,E631), Colour (E150d), Preservative(E211), Sweetener (E955)), Chicken Powder (contains Lactose (Milk), Salt, Flavour Enhancers (E621, E631, E627), Maltodextrin, Salt (Potassium), Chicken (5.7%), Modified Corn Starch, Palm Fat, Sugar, Yeast Extract, Chicken Fat (0.6%), Flavourings (contain Egg), Chicken Extract (0.1%), Potato Starch, Acid (Lactic Acid), Antioxidant (Extracts of Rosemary), Colour (E150c), Shao Xing Cooking Wine (Water, Rice, Wheat, Salt, Colour: Plain Caramel), Monosodium Glutamate (E621), Sugar, Chilli Powder, Potato Starch. Allergens: GLUTEN, SOYA, MILK, EGG, SULPHITE Made in a kitchen that handles: CRUSTACEANS, MOLLUSCS, CELERY, MUSTARD, SESAME, PEANUT, NUT | Per 100g // Energy 859 kJ/ 203kcal // Fats 3.8g // - of which saturates 1.11g // Carbohydrate 29.58g // - of which sugars 4.9g // Protein 12g // Fibre 1.14g // Salt 1.14g | |
| | Sui Mai | Chicken Sui Mai Chicken (55%), Shiitake Mushroom, Wheat Flour, Water, Celery, Water Chestnut, Sugar, Potato Flour, Pork Fat Oil, Vegetable Oil, Flavour Enhancer (E621), Salt, Sesame Oil, Soy Sauce (Water, Soybean, Salt, Wheat Flour, Preservative (E202)), High Gluten Flour, Chicken Powder (Salt, Corn Starch, Flavour Enhancer (E261), Sugar, Partially Hydrogenated Vegetable Palm Oil, Soybean, Vegetable Extract, Yeast Extract, Chicken Meat (2%), Chicken Fat (1.6%), Chicken Aroma, Spices), White Pepper Powder, Acidity Regulator (E500), Colouring (E102, E129), Ginger, Spring Onion, Onion. Allergens: CELERY, GLUTEN, SESAME, SOYA | Per 100g // Energy 761 kJ/182kcal // Fats 11.2g // - of which saturates 0g // Carbohydrate 7.5g // - of which sugars 0g // Protein 12.9g // Salt 0g |
| | | Chicken & Mushroom Sui Mai Pastry: Wheat Flour (20%), Salt, Water, Egg, Potassium Carbonate Solution, Spinach. Filling: Chicken (55%), Chinese Mushroom (15%), Spring Onions, Rapeseed Oil, Ginger, Chicken Powder (Lactose (Milk), Salt, Flavour Enhancers (E621, E631, E627), Maltodextrin, Salt (Potassium), Chicken, Modified Corn Starch, Palm Fat, Sugar, Yeast Extract, Chicken Fat, Flavourings (Contains Egg), Chicken Extract, Potato Starch, Acid (Lactic Acid), Antioxidant (Extracts of Rosemary), Colour (E150c)), Flavour Enhancer (E621), Soy Sauce (Water, Soybeans (Soy), Wheat, Flavour Enhancer (E621), Wheat Flour, Flavour Enhancer (E635,E631), Colour (E150dM Sulphite Ammonia Caramel), Preservative (E211), Sweetener (E955)), Egg, Potato Starch, Salt, Sugar, Sesame Oil. Allergens: EGG, SOYA MILK, GLUTEN, SULPHITE | Per 100g // Energy 732kJ / 175kcal // Fat 8.1g // - of which saturates 1.96g // Carbohydrates 10.25g // - of which sugars 0.3g // Protein 15.1g // Salt 1.13g |
| Prawn & Pork Sui Mai Pork (40%), Prawn (Crustaceans) (35%), Wheat Flour, High Gluten Flour, Pork Fat, Water, Sugar, Potato Flour, Flavour Enhancer (E621), Vegetable Oil, Salt, Sesame Oil, Soy Sauce (Water, Soy Beans, Salt, Wheat Flour, Preservative (E202)), Acidity regulator (E500), Chicken Powder (Salt, Corn Starch, Flavour Enhancer (E261), Sugar, Partially Hydrogenated Vegetable Palm Oil, Soybean Vegetable Extract, Yeast Extract, Chicken Meat (2%), Chicken Fat (1.6%), Chicken Aroma, Spices), White Pepper Powder, Colouring (E102, E129) and (E110, E124), Ginger, Spring Onion, Onion. Allergens: GLUTEN, CRUSTACEANS, SESAME, SOYA | | Per 100g // Energy 971kJ / 233kcal // Fats 17.2g // - of which saturates 6.1g // Carbohydrate 8.6g // - of which sugars 1.7g // Protein 11.1g // Salt 1.9g | |
| Prawn & Sweetcorn Sui Mai Pastry: WHEAT (GLUTEN) FLOUR (20%), EGG, Salt, Water, Potassium Carbonate Solution. Filling: PRAWN (CRUSTACEANS) (60%), EGG, Potato Starch, Sweet Corn, Rapeseed Oil, Vegan Stock Powder (Contains LACTOSE (MILK), Salt, Flavour Enhancers (E621, E631, E627), Maltodextrin, Salt (Potassium), Modified Corn Starch, Palm Fat, Sugar, Yeast Extract, Flavouring ((Contain EGG), Potato Starch, Acid (Lactic Acid), Antioxidant (Extracts of Rosemary), Colour (E150c)), Flavour Enhancer (E621), White Pepper, Salt, SESAME Oil, Sugar. ALLERGENS: GLUTEN, CRUSTACEANS, EGG, SESAME, MILK | | Per 100g // Energy: 652KJ / 156Kcal // Protein 12.6 g // Carbohydrates 15.56g // of which are sugars 0.7g // Fat 5.2g // of which are saturates: 0.6g // Salt 1.50g | |
| Spicy Chicken Sui Mai Pastry (Wheat Flour (20%), Salt, Water, Beetroot Filling, Chicken (60%), Orleans Roasted Seasoning (Sugar, Salt, Starch (Potato), Chilli, Flavour Enhancer (E621), Anti-caking Agent (E552), Flavour Enhancer (E635), Colour (160c), Red Yeast, Garlic, Glucose, Onion, Soybean Oil, Spices, Turmeric Oil, Soy Sauce (Water, Soybeans, Wheat, Flavour Enhancer (E621), Wheat Flour, Flavour Enhancer (E635, E631), Colour (E150d), Preservative (E211), Sweetener (E955)), Chicken Powder (Lactose (Milk), Salt, Flavour Enhancers (E621, E631, E627), Maltodextrin, Salt (Potassium), Chicken (5.7%), Modified Corn Starch, Palm Fat, Sugar, Yeast Extract, Chicken Fat (0.6%), Flavourings (contain Egg), Chicken Extract (0.1%), Potato Starch, Lactic Acid, Antioxidant (Extracts of Rosemary), Colour (E150c), Shao Xing Cooking Wine (Water, Rice, Wheat, Salt, Colour (Plain Caramel), Monosodium Glutamare (E621), Sugar, Chilli Powder, Potato Starch. Allergens: GLUTEN, SOYA, MILK, EGG Made in a kitchen that handles: CRUSTACEANS, MOLLUSCS, CELERY, MUSTARD, SESAME, PEANUT, NUT | | Per 100g // Energy 861kJ/204kcal // Fats 5.7g // - of which saturates 0.6g // Carbohydrate 25.7g // - of which sugars 2.3g // Protein 11.4g // Salt 1.5g | |
| Beef & Ginger Dumplings Wheat Flour, Beef (23%), Water, Onion (11%), Starch, Spring Onion, Ginger, Cabbage, Rapeseed Oil, Salt, Dark Soya Sauce, Gluten, Sesame Oil, Flavour Enhancers (E621, E627, E635), Stabilisers (E451, E415, E466, E1442, E401), Hydrolysed Vegetable Protein, (Soya, Maize), Yeast Extract, Spice. Allergens: GLUTEN, SOYA | Per 100g // Energy 910kJ/217kcal // Fats 11g // - of which saturates 3.5g // Carbohydrate 24g // - of which sugars 1.4g // Fibre 1.2g // Protein 8g // Salt 1.1g | | |
| Bok Choy & Mushroom Dumplings Bok Choy (33%), Wheat Flour (22%), Water, Mushroom (10%), Modified Cassava Starch, Onion, Peanut Oil, Sesame Oil, Ginger, Salt, Flavour Enhancer E621, Sugar, Tapioca Starch. Allergens: Contains WHEAT (GLUTEN), PEANUTS, SOYA, SESAME. | Per 100g // Energy 975kJ/233kcal // Fats 10g // - of which saturates 1.4g // Carbohydrate 30g // - of which sugars 3g // Protein 6.7g // Salt 1.6g | | |

Allergens

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| Dumplings Etc | Chicken, Leek & Sweetcorn Dumplings | Chicken Thigh (36%), Wheat Flour (36%), Carrot (8%), Sweetcorn (7%), Spring Onion (2%), Spices (1%), Water, Ginger, Vegetable Oil, Soya Sauce, (Soybean, Water, Salt, Wheat Flour, Colour (E150c), Food Acid (E260 & E270)), Salt, Sugar, Flavour Enhancers (E621 & E635), Sesame Oil, Chicken Essence Powder (Salt, Maltodextrin, Flavour Enhancer (E621 & E635), Corn Starch, Chicken Meat, Sugar, Yeast Extract, Chicken Fat, Eggs, Wheat, Vegetable Oil, Milk), White Pepper. Allergens: GLUTEN, SESAME, SOYA, EGGS | Per 100g // Energy 835.3kJ / 199.3kcal // Fats 8g // - of which saturates 1.9g // Carbohydrate 21.6g // - of which sugars 2.4g // Fibre 1.1 // Protein 10.3g // Salt 1.3g |
| | Crayfish & Pork Dumplings | Wheat Flour (30%), Pork (26%), Sweetcorn (14%), Water, Carrots, Starch, Rapeseed Oil, Spring Onions, Onions, Ginger, Salt, Gluten, Sugar, Sesame Oil, Soy Sauce (Soya), Flavour Enhancers (E621, E627, E635), Stabilisers (E451, E415, E466, E1442, E401), Hydrolysed Vegetable Protein, (Soya, Maize), Yeast Extract, Spice. Allergens: Contains WHEAT (GLUTEN), SOYA, CRUSTACEANS. | Per 100g // Energy: 766kJ / 183kcal // Fat: 7g // - Of which saturates 1.7g // Carbohydrates: 21g // - Of which are sugars 1g // Fibre 2.2 // Protein: 8.4g // Salt: 1.1g |
| | Green Vegetable Dumplings | Pastry: Wheat Flour (30%), Spinach, Water, Salt. Filling: Carrot, Mooli, Celery, Sweetcorn, Water Chestnut, Garlic, Black Fungus, Sweet Potato Noodle (Sweet Potato Starch, Water), Rapeseed Oil, Vegetable Powder Bouillon (Maltodextrin, Salt, Yeast Extract, Potato Starch, Sugar, Flavourings, Onion, Carrot Juice Concentrate, Extra Virgin Olive Oil, Parsley Root, Parsnip, Onion Juice Concentrate, Garlic Powder, Pepper, Lovage Root, Bay Leaves, Turmeric), White Pepper Powder, Sesame Oil, Potato Starch, Salt, Sugar. Allergens: GLUTEN | Per 100g // Energy 571kJ/135kcal // Fat 1.7g // - of which are saturates 0.22g // Carbohydrates 24.99g // - of which sugars 2.9g // Fibre 3.3g // Protein 3.3g // Salt 1.13g |
| | Lamb & Carrot Dumplings | Wheat Flour, Lamb (25%), Water, Carrot (10%), Starch, Spring Onion, Chive, Onion, Ginger, Rapeseed Oil, Salt, Dark Soya Sauce, Gluten, Sesame Oil, Flavour Enhancers (E621, E627, E635), Stabilisers (E451, E415, E466, E1442, E401), Hydrolysed Vegetable Protein, (Soya, Maize), Spice. Allergens: GLUTEN, SESAME, SOYA | Per 100g // Energy 835J/ 199cal // Fat 8g // - of which saturates 2.2g // Carbohydrate 20g // - of which sugar 1.7g // Protein 12g // Fibre 1g // Salt 0.9g |
| | Pan-Fried Bun - Chilli Paste | Omnipork (17%), Water, SOYA Protein Concentrate, Thickener (Methyl Cellulose), Yeast Extract, Potato Starch, Cane Sugar, Salt, Natural Flavouring, Pea Protein, Rice Protein, Shiitake Mushroom Powder, Dextrose, Colour (Beetroot Red), Myelinated OATS, SOYA Protein Isolate, BARLEY (GLUTEN) Malt Extract, Fine Beans, Carrot, Water, Wheat Flour (WHEAT (GLUTEN) FLOUR, Vitamin C), Stir Fry Sauce (Water, Sugar, SOY Sauce (Water, SOYBEANS, Salt, Cornstarch), Salt, Modified Corn Starch, Yeast Extract (Yeast Extract, Salt, Water), Colour (Plain Caramel Dried Shiitake)), Spring Onions, Spicy Paste (3.5%) (Starch Syrup, WHEAT (GLUTEN) FLOUR, Water, Powdered Red Pepper Salt, Polished WHEAT (GLUTEN), Ethyl Alcohol, Garlic, Hydrolyzed Vegetable Protein (WHEAT (GLUTEN)), Onion), Oil, Mushroom, Garlic, Vermicelli (Rice Flour, Salt), Monosodium Glutamate, Purity Greater Than 99% (E621), Potato Starch, Salt, Sugar. | Per 100g Energy 591kJ/140kcal // Fat 2.17g // - Of which saturates 0.17g // Carbohydrates 25.75g // - Of which are sugars 3.2g // Fibre 3g // Protein 5.9g // Salt 1.25g |
| | Pepper Pan-Fried Bun - Original White | Omnipork Meat (43%) (Water, SOYA Protein Concentrate 16.5%, Thickener (Methyl Cellulose), Yeast Extract, Potato Starch, Cane Sugar, Salt, Natural Flavouring, Pea Protein, Rice Protein, Shiitake Mushroom Powder, Dextrose, Colour (Beetroot Red), Myelinated OATS, SOYA Protein Isolate, BARLEY (GLUTEN) Malt Extract, Water, Wheat Flour (WHEAT (GLUTEN) FLOUR, Vitamin C), Tapioca Starch, Green Spring Onion, Ginger, Sunflower Oil, Salt, Rice Wine (Water, Rice, Refined Edible Alcohol), SOY Sauce (Water, (SOY), Salt, Sugar, WHEAT (GLUTEN), Flavour Enhancer (E621), Yeast Extract), Vegetable Bouillon Sea Salt, Potato Starch, Hydrolyzed Vegetable Protein (Containing SOYA), Vegetable Oil (Sunflower, Rapeseed), Vegetables 7% (Onion, Parsnip, Carrot, Leek), CELERY Seed, Parsley, Turmeric, White Pepper, Garlic, Mace, Lovage, Nutmeg, Sugar, Monosodium Glutamate, Purity Greater Than 99% (E621), Corn flour (Typical Values Per), SESAME Seed Oil, Agar Agar, White Pepper, Flavour Enhancer (Maltodextrin, Salt, Sucrose, Yeast Extract, Hydrated SOY Protein, Mushroom Extract, Cabbage Extract). | Per 100g Energy 530kJ/125kcal // Fat 1.11g // - Of which saturates 0.1g // Carbohydrates 23.2g // - Of which are sugars 1.3g // Fibre 2.3g // Protein 6.8g // Salt 1.18g |
| | Pan-Fried Bun - Hoisin | Omnipork (25.7%) (Water, SOYA Protein Concentrate, Thickener (Methyl Cellulose), Yeast Extract, Potato Starch, Cane Sugar, Salt, Natural Flavouring, Pea Protein, Rice Protein, Shiitake Mushroom Powder, Dextrose, Colour (Beetroot Red), Myelinated OATS, SOYA Protein Isolate, BARLEY (GLUTEN) Malt Extract, Water, Wheat Flour (WHEAT (GLUTEN) FLOUR, Vitamin C), Hoi Sin Sauce (Sugar, Water, Fermented SOYBEAN Paste (Water, Salt, SOYBEANS (SOY), WHEAT (GLUTEN) FLOUR), Salt, Sweet Potato Powder, Modified Corn Starch, Red Fermented Rice, SESAME Seed Paste, Dehydrated Garlic, Colour (Plain Caramel), Acid (Acetic Acid), Spices, Salted Chilli Peppers (Chilli Peppers, Salt)), Yellow Bean Sauce (Salted SOYBEAN (SOY) (25%), WHEAT (GLUTEN) FLOUR, Salt, Water) Sugar, SOY SAUCE (Water, SOYBEAN (SOY), Salt, WHEAT (GLUTEN) FLOUR), Salt, Colour (E150a)), Sugar, Cucumber, Spring Onions, Tapioca Starch, Corn Starch (Contains SULPHUR Dioxide), Oil, Monosodium Glutamate, Purity Greater Than 99% (E621), Salt, Beetroot Powder. | Per 100g // Energy 591kJ/140kcal // Fat 2.17g // - Of which saturates 0.17g // Carbohydrates 25.75g // - Of which are sugars 3.2g // Fibre 3g // Protein 5.9g // Salt 1.25g |
| | Pork & Truffle Xialongbao | Wheat Flour, Water, Pork (15%), Pork Gelatine, Mushroom (8%), Pork Fat, Soya Flour, Black Truffle Oil (Extra Virgin Olive Oil, Olive Oil, Truffle Aroma) (2%), Spring Onion, Sugar, Modified Potato Starch, Mushroom & Truffle Sauce (Mushroom, Extra Virgin Oil, Truffle, Black Olives, Black Pepper, Truffle Aroma), Ginger, Salt, Soya Sauce (Water, Salt, Soybean, Sugar, Wheat Flour, Preservative: E211), Wheat Gluten, Yeast Extract, Hydrolysed Vegetable Protein (Soya), Emulsifiers: E471, E451(i), E466, Sodium Caseinate (Milk), Chicken Powder (Maltodextrin, Potato Starch, Dehydrated Chicken Powder, Lactose (From Milk), Dehydrated Chicken Fat), Thickeners: E412, E401, E415, Flavour Enhancers: E631, E627, E621. Allergens: GLUTEN, SOYA, DAIRY | Per 100g // Energy 775kJ/186kcal // Fat Total 10g // of which saturate 3.3g // Carbohydrate 16g // of which sugars 0.6g // Protein 7.6g // Salt 1.27g |
| | Prawn Har Kau | Prawn (68%), Pork (18%), Bamboo Shoot (5%), Ginger (3%), Garlic (2%), Soya Sauce (Soybean, Water, Salt, Wheat Flour, Colour (E150C), Food Acids (E260 & E270), Potato Starch (2%), Sugar, Sesame Oil, Salt, Pepper. Allergens: CRUSTACEANS, SOYA, SESAME | Per 100g // Energy 730kJ / 176kcal // Fats 8g // - of which saturates 2.4g // Carbohydrate 20g // - of which sugars 1.5g // Protein 6.1g // Salt 0.6g |
| | Prawn & Chives Dumpling (Green) | Prawns (45%) (Crustaceans), Water, Potato Starch, Wheat Starch, Chives, Spinach, Salt, Vegetable Fat, Chicken Stock, Sugar, Rapeseed Oil Allergens: CRUSTACEANS, GLUTEN | Per 100g // Energy 594kJ/142kcal // Fats 2.3g // - of which saturates 0.5g // Carbohydrate 30g // - of which sugars 1.1g // Protein 0.4g // Salt 2.7g |
| | Purple Crystal Dumpling (Vegan) | Wheat Starch, Potato Starch, Water, Cabbage, Sweetcorn, Carrots, Water Chestnut, Vegetable Stock, Vegetable Fat, Dried Black Fungus, Sugar, Rapeseed Oil, Salt. Allergens: GLUTEN | Per 100g // Energy 608kJ/145kcal // Fats 2.1g // - of which saturates 0.4g // Carbohydrate 31g // - of which sugars 3.1g // Protein 1.0g // Salt 0.32g |
| | Red Chicken & Chinese Leaf Dumplings | Pastry (Wheat Flour (30%), Water, Salt, Beetroot Filling), Chicken (30%), Chinese Leaf (15%), Spring Onion, Rapeseed Oil, Ginger, Soy Sauce (Water, Soybeans, Wheat, Flavour Enhancer (E621), Wheat (Gluten Flour, Flavour Enhancer (E635, E631), Colour (E150d Sulphite Ammonia Caramel), Preservative (E211), Sweetener (E955), Dark Soy Sauce (Water, Salt, Soybean Meal, Soybeans, Wheat Flour, Sugar), Chicken Powder (Lactose (Milk), Salt, Flavour Enhancers (E621, E631, E627), Maltodextrin, Mineral Salt (Potassium), Chicken, Modified Corn Starch, Palm Fat, Sugar, Yeast Extract, Chicken Fat, Flavourings (Contain Egg), Chicken Extract, Potato Starch, Acid (Lactic Acid), Antioxidant, Extracts of Rosemary, Colour (E150c), White Pepper Allergens: GLUTEN, SOYA, MILK, EGG, SULPHITE Made in a kitchen that handles: CRUSTACEANS, MOLLUSCS, CELERY, MUSTARD, SESAME, PEANUT, NUT | Per 100g // Energy 806kJ/191kcal // Fats 4.5g // - of which saturates 0.8g // Carbohydrate 27.4g // - of which sugars 0.7g // Protein 9.4g // Salt < 1g |
| | Satay Crystal Dumplings (VEGAN) | Water, Potato Starch, Carrots, Cabbage, Water Chestnuts, WHEAT (GLUTEN) Starch, Chinese Mushroom, Radishes, Chives, Satay Sauce (Contains Coconut Extract, Onion, PEANUT, Water, Sugar, Palm Oil, Tamarind, Spices, Chilli Powder, Salt, Modified Corn Starch), Vegetable Stock (Contains Maltodextrin, Salt, Yeast Extract, Potato Starch, Sugar, Flavouring, Onion, Carrot Juice Concentrate, Extra Virgin Olive Oil, Parsley Root, Parsnip, Onion Juice Concentrate, Garlic Powder, Pepper, Lovage Root, Bay Leaves, Turmeric), Vegetable Fat, Rapeseed Oil, Sugar, Salt, Pink Pitaya Powder, Pepper, SESAME Oil. Allergens: GLUTEN, SOYA, PEANUT, SESAME. | Per 100g // Energy: 823kJ / 197kcal // Fat: 6.2g // - Of which saturates 1.6g // Carbohydrates: 28g // - Of which are sugars 0.7g // Protein: 7.1g // Salt: 0.47g |
| | Seafood Dumpling | Leek (28%), Wheat Flour (22%), Prawn (16%), Squid (14%), Soy Sauce (Soybean, Water, Salt, Wheat Flour, Colour (E150C), Acids (E260 & E270), Rapeseed Oil, Sesame Oil, Salt, Sugar, Spices (Sichuan Pepper, Star Anise, Chilli, White Pepper), Flavour Enhancers (E621 & E635). Allergens: GLUTEN, CRUSTACEANS, SESAME, SOYA | Per 100g // Energy 858kJ / 205kcal // Fats 7g // - of which saturates 1.2g // Carbohydrate 22g // - of which sugars 7g // Fibre 1.2g // Protein 8g // Salt 1.8g |
| Spicy Pork Dumpling | Lean Pork (33%), Chive leaves (25%), Wheat Flour (22%), Gluten Flour (2%), Spring Onion (2%), Ginger (1.5%), Water, Soy Sauce (Soybean, Water, Salt, Wheat Flour, Colour (E150C), Food Acids (E260 & E270), Vegetable Oil, Sesame Oil, Salt, Sugar, Spices (Sichuan Pepper, Anise, Chilli, White Pepper), Flavour Enhancers (E621 & E635), Chicken Essence Powders (Salt, Maltodextrin, Flavour Enhancers (E261 & E635), Corn Starch, Chicken Meat, Sugar, Yeast Extract, Chicken Fat, Egg, Wheat, Vegetable Oil, Soya, Flour, Milk, Soybean Sauce). Allergens: GLUTEN, EGG, MILK, SESAME, SOYA | Per 100g // Energy 812.8kJ / 193.8kcal // Protein 11.1g // Carbohydrate 20.1g // - of which sugars 1.8g // Fat 7.7g // - of which saturates 2.2g // Fibre 1.1g // Salt 1.3g | |
| Spicy Sichuan Dumpling | Lean Pork (33%), Chinese Leaves (24%), Wheat Flour (22%), Coriander (3%), Fresh Red Chilli (2%), Onion (2%), Spring Onion, Water, Ginger, Soy Sauce (Soybean, Water, Salt, Wheat Flour, Colour (E150), Acids (E260 & E270), Rapeseed Oil, Sesame Oil, Salt, Sugar, Spices (Sichuan Pepper, Star Anise, Chilli, White Pepper), Flavour Enhancers (E621 & E635), Chicken Essence Powders (Salt, Maltodextrin, Flavour Enhancers (E621 & E635), Corn Starch, Chicken Meat Powder, Sugar, Yeast Extract, Chicken Fat, Egg, Wheat, Rapeseed Oil, Soya, Milk) Allergens: GLUTEN, SOYA, SESAME, EGG, MILK | Per 100g // Energy 1097kJ / 262kcal // Protein 12g // Carbohydrate 18g // - of which sugars 3g // Fat 15g // - of which saturates 3g // Fibre 1g // Salt 1.2g | |
| Spicy Tofu & Vegetable Dumpling | Vegetables (61%) (Cabbage, Onions, Carrots, Chinese Chives, Garlic), Water, Tofu (Soybean, Water, Firming Agent: Magnesium Chloride), Soy Sauce, Sweet Potato Noodles, Soy Protein, Roasted Sesame Oil, Spice Mix, Salt, Fiber, Sugar, Ginger, Spice Extract (contains Celery), Spinach, Parsley, Dough (40%) (Wheat Flour, Water, Rapeseed Oil, Salt). Allergens: CELERY, SESAME, SOYA, GLUTEN Made in a kitchen that handles: MUSTARD, EGG, MILK, MOLLUSCS, CRUSTACEANS, FISH | Per 100g // Energy 910kJ / 217kcal // Fat 11g // - of which saturates 3.5g // Carbohydrate 24g // - of which sugars 1.4g // Protein 8g // Salt 1.1g | |
| Tofu & Vegetable Lucky Bags | Textured Soybean Protein, Soy Protein, Wheat, Water, Canola Oil, Tofu Skin (Soybean), Konjac, King Trumpet Mushroom, Starch, Kelp Sprouts, Salt, Sugar, Mirin, Seasonings, Ginger, Vegetables, Milk, Pepper, Dried Gourd. Allergens: GLUTEN, MILK, SOYA | Per 100g // Energy 688kJ / 164kcal // Fat 4.9g // - of which saturates 0g // Carbohydrates 20.3g // - of which sugars 1.6g // Fibre 0.6g // Protein 9.8g // Salt 0.6g | |
| Turkey and Cranberry Dumplings | Turkey (55%), Soy Sauce (Water, Soybeans, Salt, Sugar, Wheat (Gluten), Flavour Enhancer (E621), Yeast Extract), Water, Cranberries, Dried Mushrooms, Sesame Seed Oil, Oil, Cane Sugar, Cornflour, Wheat Flour, Baking Powder (Sodium Bicarbonate), Garlic, Five Spices Powder (Cassia Bark, Anise, Fennel, Chilli, Orange Peel (Contains Sulphites)), Ginger, White Pepper Ground, Tapioca Starch, Salt Allergens: GLUTEN, SOYA, SESAME, SULPHITES Made in a kitchen that handles: NUTS, PEANUTS, MUSTARD | Per 100g // Energy 822kJ/195kcal // Fats 3.62g // - of which saturates 0.39g // Carbohydrate 32.2g // - of which sugars 4g // Protein 10.1g // Salt 1.48g | |

Allergens

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| Gyozas | Xiao Long Bao (Pork) | Pork (48.7%), Water, Wheaten flour (Wheat flour, Vitamin C), Tapioca Starch, Green Spring Onion, Ginger, Sunflower Oil, Salt, Rice Wine (Water, Rice, Refined Edible Alcohol), Soy Sauce (Water, Sucrose, Soybean, Wheat, Salt, Alcohol, Yeast Extract), Sugar, Cornflour, Sesame Seed Oil, Agar Agar, White Pepper, Flavour Enhancer (Maltodextrin, Salt, Sucrose, Yeast Extract, Hydrated Soy Protein, Mushroom Extract, Cabbage Extract), Chicken Powder Bouillon (Lactose (Milk), Salt, Flavour Enhancers (E621, E631, E627), Maltodextrin, Mineral Salt (Potassium), Chicken, Modified Corn Starch, Palm Fat, Sugar, Yeast Extract, Chicken Fat, Flavourings (Contains Egg), Chicken Extract, Potato Starch, Acid (Lactic Acid), Antioxidant (Extracts of Rosemary), Colour (E150c). Allergens: GLUTEN, SOYA, MILK, EGG Made in a kitchen that handles: MUSTARD, EGGS, MILK, MOLLUSCS, CRUSTACEANS, FISH, NUTS, SULPHITES | Per 100g // Energy 1026kJ/245kcal // Fats 12.4g // - of which saturates 4.07g // Carbohydrate 26.59g // - of which sugars 3.4g // Protein 6.5g // Salt 1.17g |
| | Xiao Long Bao (Purple Chicken) | Water, Chicken (29.4%), Wheaten Flour (Wheat Flour, Vitamin C), Onion, Carrot, Tapioca Starch, Sugar, Slightly Salted Butter (Butter (Milk), Rapeseed Oil, Water, Lactic Culture (Milk), Salt) (1.2%), Sunflower Oil, Beetroot, Salt, Chicken Powder Bouillon (Lactose (Milk), Salt, Flavour Enhancers (E621, E631, E627), Maltodextrin, Mineral Salt (Potassium), Chicken, Modified Corn Starch, Palm Fat, Sugar, Yeast Extract, Chicken Fat, Flavourings (Contains Egg), Chicken Extract, Potato Starch, Acid (Lactic Acid), Antioxidant (Extracts of Rosemary), Colour (E150c)), Garlic, Cornflour, Soy Sauce (Water, Sucrose, Soybean, Wheat, Salt, Alcohol, Yeast Extract), Pure Agar Agar (E406), White Pepper. Allergens: GLUTEN, SOYA, MILK Made in a kitchen that handles: CELERY, MUSTARD, EGGS, MOLLUSCS, CRUSTACEANS, FISH, NUTS, SULPHITES | Per 100g // Energy 624kJ/148kcal // Fats 4g // - of which saturates 1.1g // Carbohydrate 21.5g // - of which sugars 5.4g // Protein 6.2g // Salt 0.80g |
| | Chicken & Veg Japanese Gyoza | Chicken Thigh (36%), Wheat Flour (36%), Carrot (8%), Spring Onion (2%), Spices (1%), Water, Ginger, Vegetable Oil, Soya Sauce (Soybean, Water, Salt, Wheat Flour, Colour (E150C)), Food acids (E260 & E270), Salt, Sugar, Flavour Enhancer (E621 & E635), Sesame Oil, Chicken Essence Powder (Salt, Maltodextrin, Flavour Enhancer (E621 & E635), Corn Starch, Chicken Meat, Sugar, Yeast Extract, Chicken Fat, Egg, Wheat, Vegetable Oil, Milk), White pepper. Allergens: GLUTEN, EGGS, MILK, SESAME, SOYA Made in a kitchen that handles: EGG, CRUSTACEANS | Per 100g // Energy 835kJ/ 199kcal // Protein 12g // Carbohydrate 24.8g // - of which sugars 2.2g // Fat 8g // - of which saturates 3.6g // Fibre 1.6g // Salt 2g |
| | Duck Japanese Gyoza | Vegetables (38%) (Cabbage, Onion, Carrot, Water Chestnut), Wheat Flour, Duck Meat (17.6%) (Meat 17.1%, Fat 0.5%), Water, Hoisin Sauce (3.2%) (Sugar, Fermented Salted Soy Bean (Soybean, Wheat Flour, Salt, Water), Rice Vinegar, Water, Garlic, Colour (E150a), Salt, Sesame Oil, Chilli Pepper), Soy Sauce (Water, Soybean, Wheat, Salt), Textured Soy Protein, Salt, Wheat Gluten, Burnt Sugar (Glucose-Fructose Syrup, Water), Sesame Oil, Ginger Powder, Black Pepper, Yeast Extract, Potato starch, Mixed spices. Allergens: GLUTEN, SOYA, SESAME Made in a kitchen that handles: EGG, CRUSTACEANS | Per 100g // Energy 629kJ/149kcal // Fat 3.5g // - of which saturates 1.0g // Carbohydrate 22g // - of which sugars 4.0g // Protein 7.0g // Salt 1.0g |
| | Mixed Vegetable & Potato Japanese Gyoza | Wheat (40%), White cabbage (20%), Potato (12%), Sweetcorn (8%), Carrots (8%), Soybean (5%), Black Fungus (3%), Chive (2%), Vegetable Oil, Sesame Oil, Salt, Sugar, Five Spice Powder (Fennel, Cloves, Cinnamon, Star Anise, Szechuan Peppercorns), White Pepper, Black Pepper, Stir-fry Sauce (Water, Sugar, Soybean, Wheatflour, Modified Corn Starch, Yeast Extract, Colour E150C, Food Enhancer E631 & E627) Flavour Enhancer E261, Gluten. Allergens: GLUTEN, SESAME, SOYA | Per 100g // Energy 835.3kJ/ 199.3kcal // Fats 8g // - of which saturates 1.9g // Carbohydrate 21.6g // - of which sugars 2.4g // Fibre 1.1g // Protein 10.3g // Salt 0.5g |
| | Pork & Chive Japanese Gyoza | Lean Pork (33%), Chinese Leaf (26%), Wheat flour (22%), Spring Onion (2%), Ginger (1%), Water, Soy Sauce (Soybean, Water, wheat flour, Colour E150C, acids E260 & E270), Rapeseed Oil, Sesame Oil, Salt, Sugar, Flavour Enhancers E621 & E635, Chicken Essence Powders (Salt, Maltodextrin, Flavour Enhancers (E621 & E635), Cornstarch, Chicken Meat, Sugar, Egg, Milk, Chicken Fat, Rapeseed Oil, Yeast Extract, Soy Sauce Powder, Wheat & Soybean, Spice) White Pepper. Allergens: SESAME, SOYA, GLUTEN, EGG, MILK | Per 100g // Energy 812.8kJ/ 193.8kcal // Protein 11.1g // Carbohydrate 20.1g // - of which sugars 1.8g // Fat 7.7g // - of which saturates 2.2g // Fibre 1.1g // Salt 1.3g |
| | Prawn Japanese Gyoza | King Prawn (Crustacean) (36.9%), Wheat Flour, Bamboo Shoots, Water, Pangasius (Fish) (7.9%), Soybean Oil, Phosphate Double Starch, Starch, Sugar, Flavour Enhancer E621, Salt, Spices, Emulsifier E452(ii), E450(iii), Raising Agent E500(i), Yeast Extract. Allergens: GLUTEN, CRUSTACEANS, SOYA, SESAME | Per 100g // Energy 708kJ/168kcal // Fat 4.7g // - of which saturates 0.8g // Carbohydrate 23g // - of which sugars 0.7 // Protein 9.1g // Salt 1.23g |
| | Seafood Gyoza | Leek (28%), Wheat Flour (22%), Prawn (16%), Squid (14%), Soy Sauce (Soybean, Water, Salt, Wheat Flour, Colour (E150C)), Acids (E260 & E270)), Rapeseed Oil, Sesame Oil, Salt, Sugar, Spices (Sichuan Pepper, Star Anise, Chilli, White Pepper), Flavour Enhancers (E621 & E635). Allergens: GLUTEN, CRUSTACEAN, SESAME, SOYA | Per 100g // Energy 858kJ/205kcal // Fats 7g // - of which saturates 1.2g // Carbohydrate 22g // - of which sugars 7g // Fibre 1.2g // Protein 8g // Salt 1.8g |
| | Shitake & Fungus Gyoza | Filling (60%) (Black Fungus (34%), Shiitake Mushrooms Mix (Shiitake and Oyster Mushrooms) (29%), Cabbage, Soy Sauce (Water, Salt, Soybeans, Wheat Flour, Sugar, Maltodextrin), Potato Flakes, Water, Spices (contains Wheat), Dried Onions, Salt, Ground Black Pepper) Dough (40%) (Wheat Flour, Water, Rapeseed Oil, Salt. Allergens: SOYA, GLUTEN Made in a kitchen that handles: CELERY, MUSTARD, SESAME | Per 100g // Energy 626kJ/ 148 kcal // Fat 1.3g // - of which saturates 0.15g // Carbohydrate 26.9g // - of which sugar 1.17g // Protein 4.9g // Fibre 4.55g // Salt 1.18g |
| | Green Vegetable Japanese Gyozas | Vegetables 55% (Cabbage, Pea, SOY Bean [Edamame], Carrot, White Radish), WHEAT Flour, Water, Breadcrumbs (WHEAT Flour, Salt, Yeast), Salt, Spinach Powder 0.6%, SOY Sauce (Water, SOY Bean, WHEAT, Salt), WHEAT GLUTEN, Garlic Powder, SESAME Oil, Natural Flavouring, Potato Starch, Ginger Powder, Black Pepper. Allergens: SOYA, GLUTEN, SESAME | Per 100g // Energy 563 kJ/ 133 kcal // Fat 0.9g // - of which saturates 0.2g // Carbohydrate 26 g // - of which sugar 3.9 g // Protein 4.9g // Fibre 1.2g // Salt 1.0g |
| Daily Dumplings | Lamb Daily Dumplings | Wheat Flour, Lamb (25%), Water, Carrot (10%), Starch, Spring Onion, Chive, Onion, Ginger, Rapeseed Oil, Salt, Dark Soya Sauce, Gluten, Sesame Oil, Flavour Enhancers (E621, E627, E635), Stabilisers (E451, E415, E466, E1442, E401), Hydrolysed Vegetable Protein, (Soya, Maize), Spice, Noodles: Wheat Flour (Wheat) (80%), Water, Salt, Potato Starch, Potassium Carbonate Solution (Contains Water, Acidity Regulator (E501)) Mixed Vegetables: Carrot, Okra, Seaweed, Mushrooms Allergens: GLUTEN, SESAME, SOYA | Per 100g // Energy 835kJ/ 199kcal // Fat 8g // - of which saturates 2.2g // Carbohydrate 20g // - of which sugar 1.7g // Protein 12g // Fibre 1g // Salt 0.9g |
| | Prawn Daily Dumplings | Dumpling Casing: Wheat (Gluten) Flour (30%), Egg, Salt, Water, Potassium Carbonate Solution, Turmeric Powder. Dumpling Filling: Prawn (Crustaceans) (50%), Egg, Potato Starch, Water Chestnut, Rapeseed Oil, Vegan Stock Powder (Contains Lactose (Milk), Salt, Flavour Enhancers (E621, E631, E627), Maltodextrin, Salt (Potassium), Modified Corn Starch, Palm Fat, Sugar, Yeast Extract, Flavourings (Contain Egg), Chicken Extract, Potato Starch, Acid (Lactic Acid), Antioxidant (Extracts Of Rosemary), Colour (E150c)), Flavour Enhancer (E621), White Pepper, Salt, Sesame Oil, Sugar. Noodles: Wheat Flour (Wheat) (80%), Water, Salt, Potato Starch, Potassium Carbonate Solution (Contains Water, Acidity Regulator (E501)) Mixed Vegetables: Carrot, Okra, Seaweed, Mushrooms Allergens: GLUTEN, EGG, CRUSTACEAN, MILK, SESAME. Made in a kitchen that handles: MOLLUSCS, CELERY, MUSTARD, SESAME, PEANUT, NUT | Per 100g // Energy 654KJ/155kcal // Protein 8.5g // Carbohydrates 17.9g // - of which sugars 0.6g // Fat 5.3g // - of which are saturates 1.64g // Salt 1.00g |
| | Vegan Daily Dumplings | Dumpling Casing: Wheat Flour (WHEAT) (30%), Spinach, Water, Salt. Dumpling Filling: Carrot, Mooli, Water Chestnut, Black Fungus, Sweet Potato Noodle, (sweet potato starch, water), Celery, sweet corn, Rapeseed Oil, Vegetable Powder Bouillon (Contains Maltodextrin, Salt, Yeast Extract, Potato Starch, Sugar, Flavourings, Onion, Carrot Juice Concentrate, Extra Virgin Olive Oil, Parsley Root, Parsnip, Onion Juice Concentrate, Garlic Powder, Pepper, Lovage Root, Bay Leaves, Turmeric), White Pepper powder, Sesame Oil, Potato Starch, Salt, Sugar. Noodles: Wheat Flour (Wheat) (80%), Water, Salt, Potato Starch, Potassium Carbonate Solution (Contains Water, Acidity Regulator (E501)) Mixed Vegetables: Carrot, Okra, Seaweed, Mushrooms Allergens: GLUTEN, CELERY, SESAME. Made in a kitchen that handles: MOLLUSCS, CELERY, MUSTARD, SESAME, PEANUT, NUT | Per 100g // Energy 571KJ/135kcal // Protein 3.3g // Carbohydrates: 24.99g // of which sugars 2.9g // Fat 1.7g // of which are saturates 0.22g // Fibre: 3.3g // Salt: 1.13g |
| | Noodles | Wheat Flour (Wheat) (80%), Water, Salt, Potato Starch, Potassium Carbonate Solution (Contains Water, Acidity Regulator (E501)) Allergens: GLUTEN Made in a kitchen that handles: MOLLUSCS, CELERY, MUSTARD, SESAME, PEANUT, NUT | Per 100g // Energy 1341KJ/321kcal // Protein 12g // Carbohydrates: 67g // of which sugars 1.7g // Fat 1g // of which are saturates 0.3g // Salt: 1.01g |
| Dips | Sesame Tang | Soy Sauce, Syrup, Siraracha (Water, Sugar, Chilli (14%), Vinegar, Garlic, Thickener: E1422, Salt, Flavour Enhancer: Monosodium Glutamate (E621)), Sesame Oil, Rice Vinegar, Lemon Juice (Sulphites), Garlic Powder (Sulphites), Ground Ginger. Allergens: SOYA, SULPHITES, SESAME, MUSTARD | Per 100g // Energy 902kJ/ 215kcal // Fats 12g // - of which saturates 1.7g // Carbohydrate 26g // - of which sugars 22g // Protein 2.1g // Salt 3.9g |
| | Classic Dipping Sauce | Soy Sauce, Rice Vinegar, Sesame Oil, Mushroom Vegetarian stir fry sauce (Water, Sugar, Soy Sauce (Water, Soybeans, Salt, Corn Starch), Salt, Modified Corn Starch, Yeast Extract (Yeast Extract, Salt, Water), Colour (Plain Caramel), Dried Shiitake 0.3%), Monosodium Glutamate E621, Fermented Yellow Beans (Soybean, Soy Sauce (Water, Soybean, Salt Wheat), Sugar, Flavour Enhancers E631 & E627, E270, Caramel Powder E150c), Ground Ginger. Allergens: SOYA, SESAME, GLUTEN | Per 100g // Energy 775kJ/ 187kcal // Fats 16g // - of which saturates 2.4g // Carbohydrate 8.5g // - of which sugars 5.9g // Protein 1.4g // Salt 4.4g |
| | Ginger and Chilli Kicker | Soy Sauce, Rice Vinegar, Ground Ginger, Garlic Powder (Sulphites), Dried Red Chillies, Sesame Oil. Allergens: SOYA, SULPHITES, SESAME | Per 100g // Energy 538kJ/ 127kcal // Fats 2.5g // - of which saturates 0.5g // Carbohydrate 21g // - of which sugars 11g // Protein 4.7g // Salt 7.1g |
| | Slaw Tang | Rice Vinegar, Olive Oil, Syrup, Sesame Oil, Soy Sauce, Garlic Powder, Ground Ginger, Salt, Dried Red Chillies. Allergens: SESAME, SOYA | Per 100g // Energy 1609kJ/ 388kcal // Fats 32g // - of which saturates 4.6g // Carbohydrate 23g // - of which sugars 20g // Protein 1.2g // Salt 2.7g |
| (Vegan DD) Soybean & Ginger Broth | Soybean paste (water, soya beans, rice, salt, alcohol) Vegetable Bullion (salt, potato starch, maltodextrin, flavourings, sugar, yeast extract, parsley root powder, palm oil, leek, turmeric, garlic, acid (citric acid), White Vinegar, Light Soy Sauce, Ginger. Allergens: GLUTEN, SOYA, SULPHITES | Per 100g // Energy 501kJ/ 109kcal // Fats 2.5g // - of which saturates 0.5g // Carbohydrate 21g // - of which sugars 11g // Protein 4.7g // Salt 8.1g | |
| (Prawn DD) Chilli, Garlic & Soy Sauce | Light Soy Sauce, White Vinegar, Vegetable Bullion (salt, potato starch, maltodextrin, flavourings, sugar, yeast extract, parsley root powder, palm oil, leek, turmeric, garlic, acid (citric acid), Chilli Oil, Siraracha (Water, Sugar, Chilli (14%), Vinegar, Garlic, Thickener: E1422, Salt, Flavour Enhancer: Monosodium Glutamate (E621)), Garlic, Golden Syrup, Ground Sichuan Peppercorns. Allergens: GLUTEN, SOYA, SULPHITES | Per 100g // Energy 505kJ/ 122kcal // Fats 2.5g // - of which saturates 0.5g // Carbohydrate 19g // - of which sugars 11g // Protein 4.7g // Salt 8.1g | |
| (Lamb DD) Chilli, Cumin & Soy Sauce | White Vinegar, Light Soy Sauce, Chilli Oil, Cumin, Vegetable Bullion (salt, potato starch, maltodextrin, flavourings, sugar, yeast extract, parsley root powder, palm oil, leek, turmeric, garlic, acid (citric acid), Golden Syrup. Allergens: GLUTEN, SOYA, SULPHITES | Per 100g // Energy 505kJ/ 122kcal // Fats 2.5g // - of which saturates 0.5g // Carbohydrate 16g // - of which sugars 9g // Protein 3.5g // Salt 8.1g | |

Allergens

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| Edamame Beans | 100% Edamame | Per 100g // Energy 532kJ/ 128kcal // Fats 6.3g // - of which saturates 1g // Carbohydrate 4.5g // - of which sugars 2.3g // Protein 11g // Salt 0g |
| Garnish Pot | White Sesame Seeds, Black Sesame Seeds, Dried Chilli Flakes, Dried Chives | |