



ezpz Happy Line + Developmental Milestones



ezpz Happy Mat

The Happy Mat is ezpz's award-winning flagship product. It is an all-in-one placemat + plate that suction to the table, which means that it captures the mess and reduces tipped plates. Designed for toddlers and preschoolers. **(24 months +)**

Milestones

Able to bite through a variety of food thicknesses

- Suction feature makes self-feeding more successful, which means toddlers can practice eating a variety of food textures

Able to use a true pincer grasp

- Toddler can practice a "pincer grasp" (using tips of index finger + thumb) by holding or dipping foods into the Happy Mat's eyes



ezpz Happy Bowl

The ezpz Happy Bowl is an all-in-one placemat + bowl that suction to the table, which means that it captures the mess and reduces tipped bowls. The Happy Bowl helps toddlers and preschoolers eat soup, pasta, oatmeal and cereal. **(24 months +)**

Milestones

Able to scoop food using a utensil

- Stable base of the mat promotes utensil use + self-feeding

Able to finger-feed soft foods

- Suction stability helps make snacking and mealtime an opportunity to practice and achieve feeding independence



ezpz Book

ezpz's book, *Making Mealtime ezpz: Fun Ways to Fill the Happy Mat*, is the perfect companion for family mealtime with your Happy Mat! It is a great resource for parents to make fun, eye-catching mealtime creations for toddlers and preschoolers. **(24 months +)**

Milestones

Understand cause and effect

- Toddler learns that cooking + creating food art can encourage them (and others) to try new foods

Engage in pretend play

- Toddler can experiment with feeding and eating through food art + play