



## nourishing muru muru butter

nourishing butter  
for hair



put 10ml in a specific bowl. *(melt if necessary)*



add 30 ml of milk\_shake<sup>®</sup> integrity intensive treatment.  
*(or your choice of conditioner or mask)*



mix well.



apply the mix evenly to clean, **damp** hair.  
*(2.5-5 cm away from the roots all over the length and ends)*



comb through using your fingers. *(or specific comb)*  
*(detangling all throughout the length)*



leave in for 5-10 minutes.  
*(for best results use a heating cap)*



rinse well.



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very specific for super dry hair

-  distribute over **dry** lengths and ends before cleansing.  
*(2.5-5 cm away from the roots all over the length and ends)*
-  massage through.  
*(detangling gently all throughout the length)*
-  leave in for 5-10 minutes.
-  cleanse with milk\_shake<sup>®</sup> integrity nourishing shampoo.  
*(make sure you apply the shampoo and massage it into the hair before you apply the water)*
-  rinse well.
-  continue with milk\_shake<sup>®</sup> integrity nourishing conditioner.