

DECEMBER 2006

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# OUR NEIGHBOURHOOD

*Profiling the PEOPLE Behind the Best in Shopping, Dining, Arts & Entertainment*

A photograph of four staff members of 'The Healthy Butcher' standing in their shop. From left to right: a man with a beard in a black chef's coat and green apron; a man with glasses in a black chef's coat and striped apron; a woman in a white chef's coat and black apron; and a man in a white chef's coat and black apron. They are all smiling and have their arms crossed. The background shows shelves with various food items, including bread and produce.

## Live to Eat

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## THE HEALTHY BUTCHER

*Pictured left to right: Ryan, Jonathan, Tara, and Marlo*

## For the Modern Baby

ella + elliot™ – where modern design, functionality and sustainability meet baby's world. ella + elliot™ provides a unique, one-stop shopping experience for those looking for modern, classic design in nursery furniture, equipment, accessories, educational toys, fashion and more. Modern design's simple and pure aesthetics are inherently childlike and therefore a natural fit for any youngster. Suzanne and Christian, the minds behind ella + elliot™, strongly believe that providing children the experience of growing up with good design influences their relationship with the world around them. ella + elliot™ is located on Strachan Avenue, just south of the gates to Trinity-Bellwoods Park, in the space formerly occupied by Du Verre. Leading architectural firm, 3<sup>rd</sup> UNCLE designed the space to reflect and showcase the products' simple lines and modern aesthetics.

ella + elliot™ is located at 188 Strachan Avenue | 416.850.7890 | ellaandelliot.com



## Toronto's First Organic Spa Offers Treatments You Can Eat



At Elixir Organic Spa, their motto is "If you can't eat it, you shouldn't put it on your skin."

All of Elixir's products and treatments reflect this philosophy so your visit is guaranteed to be unlike anything you've ever experienced!

New clients are amazed at how good all the products smell. That's because Elixir

never uses any synthetically enhanced fragrances or chemical ingredients, which can be very harmful. Clients keep coming back because their skin is never red or irritated after facials, but radiates with an incredibly healthy glow. Only 100% organic treatments can produce such results.

Established in 2003, Elixir Organic Spa specializes in 100% food-grade organic face and body treatments as well as organic beauty products.

Mention this article and receive **15% off** any facial or products until January 31, 2007.

Elixir Organic Spa is located at 766 King Street West, Unit 5 | 416.203.5261  
elixirspa.ca