

Spicy Chai Tea

Nutrition Facts

Serving Size (3 level Tablespoons) (35g)
Servings Per Container

Amount Per Serving

Calories 150 **Calories from Fat** 40

% Daily Value*

Total Fat 4.5g **7%**

Saturated Fat 4g **20%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 50mg **2%**

Total Carbohydrate 27g **9%**

Dietary Fiber 0g **0%**

Sugars 22g

Protein 3g

Vitamin A 0% • Vitamin C 2%

Calcium 8% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet.
Your daily values may be higher or lower depending on your
calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Saturated Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Ingredients:

Sugar, Creamer (Coconut Oil, Corn Syrup Solids, **Sodium Caseinate**, Dipotassium Phosphate, Sugar, Mono-and Diglycerides, Sodium Silicoaluminate, Sodium Stearoyl Lactylate, **Soy Lecithin**, Annatto, Turmeric, Artificial Flavors), Dextrose, Nonfat Dry Milk, Tea, Spices, Natural and Artificial Flavors, Carrageenan Gum, Citric Acid.

No Trans Fat, No Partially Hydrogenated Oils, No High Fructose Corn Syrup as well as being Lactose Free. (when made with Water)