

HOW TO PLAY DECLUTTERgo!

Object of the Game

Conquer clutter and reward yourself for getting organized.

Additional Supplies

Grab some supplies before starting, to be prepared and lessen distractions of running to get supplies during play.





A Decluttering Sprint IS EASY AS 1, 2, 3!




STEP ONE


Roll the  die and prepare to declutter.

STEP TWO

Choose **one** path  or 
Roll the die to see your first task.

STEP THREE

Roll the , , and  dice.
See how many tasks you'll complete, in what area of the house, and how you'll reward yourself after completing three decluttering sprints.

 **Set a timer (10 minutes for each number you roll) and start decluttering!**

GROUP PLAY SCENARIOS

OPTION 1: DIVIDE & CONQUER

EVERYONE FINDS THE SAME **NUMBER OF ITEMS** → SET ONE **TIMER AS A GROUP**



REGROUP WHEN THE TIMER GOES OFF!

OPTION 2: TEAM MODE

Roll once, and all players complete the same decluttering sprint.

MEET THE DICE



REVIVE

Prepare to declutter! Before you get rolling, get energized.



ACTION

This determines what you will be decluttering, whether it's choosing items to put away or donate.



PAPER

When you want to focus on paper clutter, swap out the action die and use this one instead.



NUMBER

This number determines the timer setting and how many items you'll tackle during your decluttering sprint.



AREA

Find out which area of the house you're going to tackle. Want to reroll and switch up rooms? Go for it!



REWARD

Treat yourself after completing three decluttering sprints!

ONCE YOU'VE COMPLETED YOUR FIRST Decluttering Sprint YOU HAVE THREE OPTIONS

- 1 Stay in the same area.** Reset the timer and keep using the same prompts, or roll a new **ACTION/PAPER** and **NUMBER**.
- 2 Switch areas.** Reset the timer, use the same **ACTION/PAPER** and **NUMBER** prompts, and roll the **AREA** die to whip through multiple rooms.
- 3 Start a new decluttering sprint** and reroll the **ACTION/PAPER**, **NUMBER**, and **AREA** dice.

NEXT: Complete three decluttering sprints. You did it! If your momentum is rolling, roll again to start a new sprint or enjoy your reward!

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