

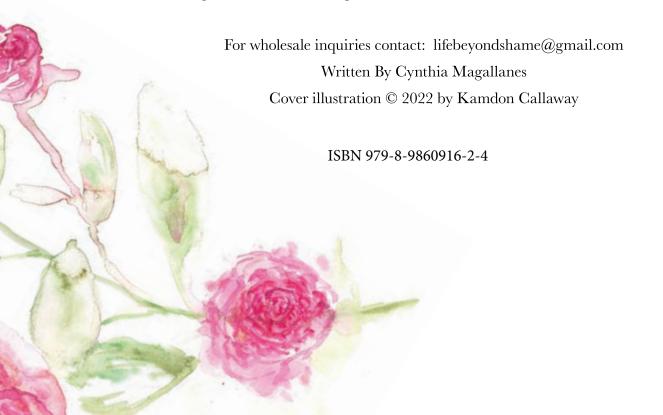
WHO FORGOT HER NAME







All rights reserved. *The Princess Who Forgot Her Name* is under copyright protection. No part of this journal may be used or reproduced in any manner whatsoever without written permission except in the case of brief quotations embodied in critical articles and reviews.







We love connecting with our readers!

Email us lifebeyondshame@gmail.com, and find a little
gift coming your way...

www.cynthiamarisol.com/books

#### Letter to parents

Dear parent,

I am so excited you decided to read this lovely book to your child.

Within these poetic rhymes, there is an undeniable truth we forget when we experience trauma. I pray this message resonates with your child, but especially with you. That you are unequivocally a child of the most gracious, kindest, and loving King of all. Abuse distorts this image for many of us and the journey of reconciling who He is and who we are is a process. A beautiful process of redemption. I invite you to follow along as you complete the first book in the series.

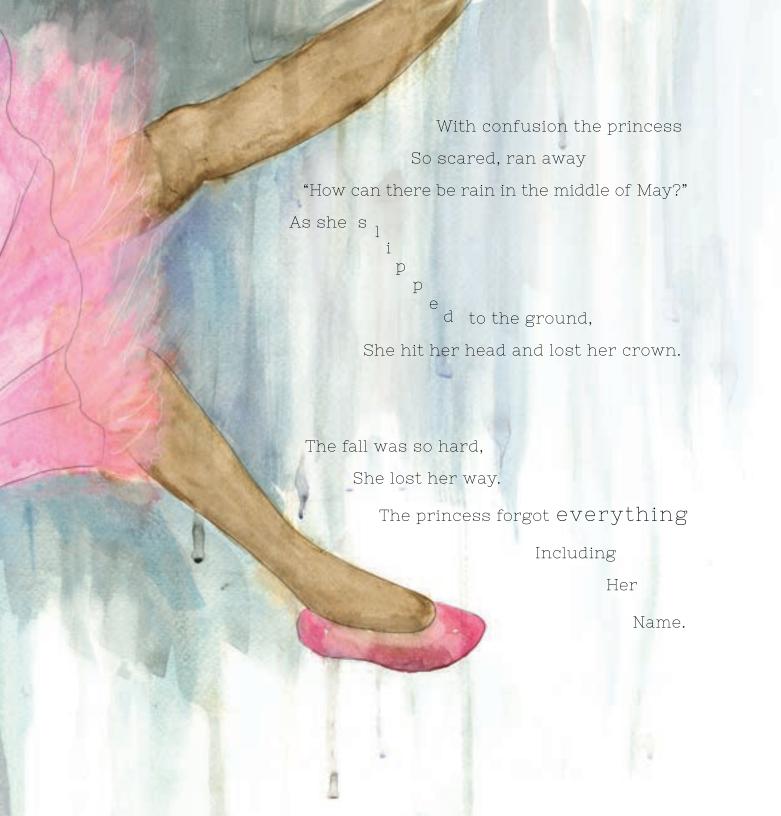


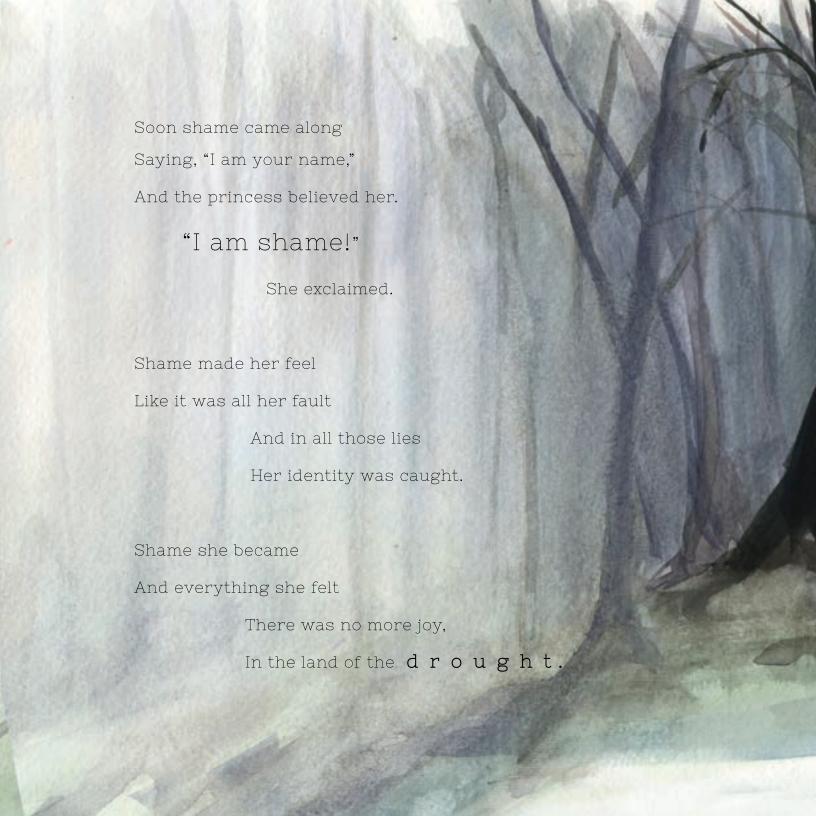










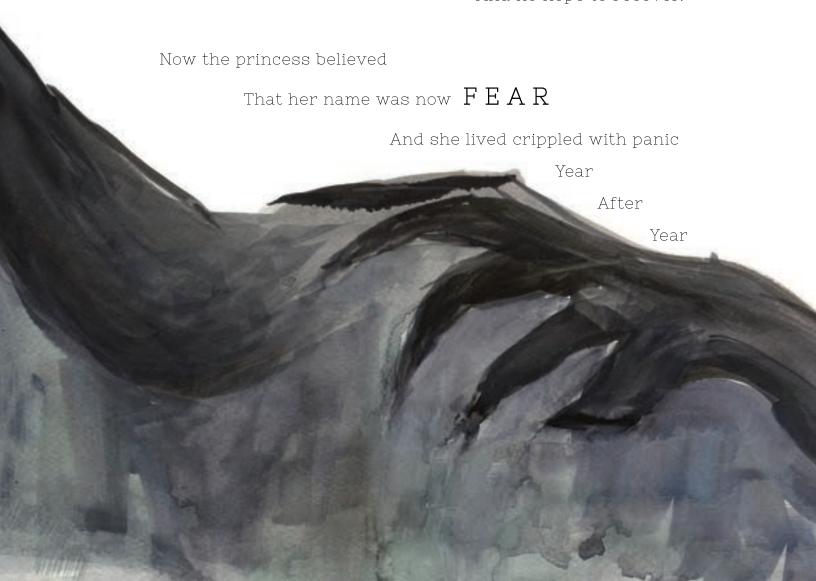






Along came shame's brother,

 $F\ E\ A\ R$  was like no other  $\mbox{Bringing terror and sorrow}$  And no hope to recover.





What the princess didn't know

Was the

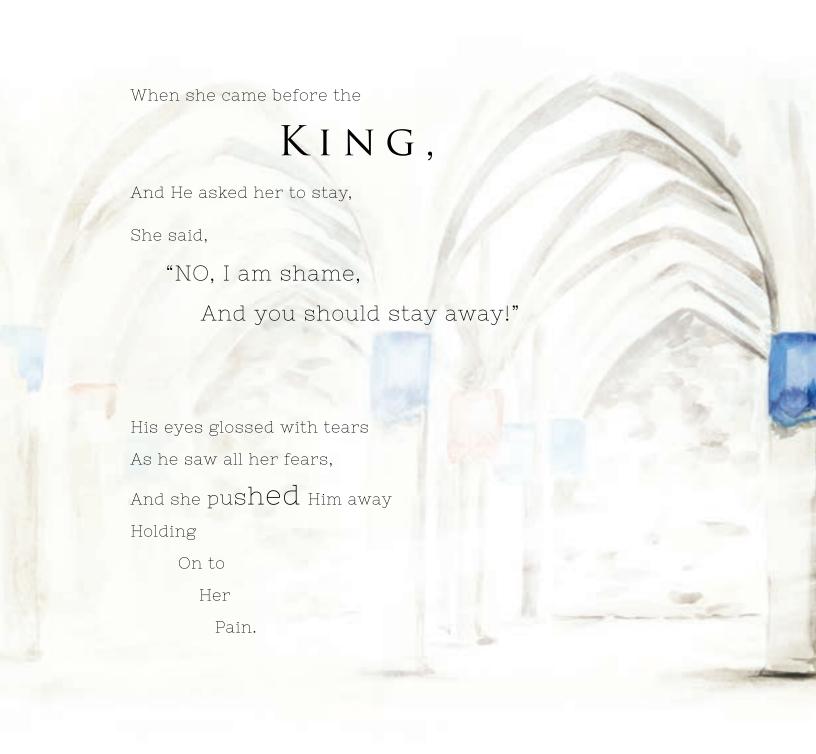
# KING

Had ordained

That they look for her everywhere

Come sun or come rain









"Oh, sweet girl,
That's not your name.
You are my little girl,
That I lost in the rain."

"I have called out for you

To bring you back home,

So you can reign next to me

Right next to my throne."

### "Shame and Fear

Are not your friends

And they lied about you

But no other name defines you

So let

Me

Remind you,





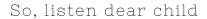
### BELOVED

Accepted her name

And got back her crown

And the King gifted her with

A ring and new gown.



The

## KING'S

Love is so great

No matter what happened to you,





The End

#### QUESTIONS

The following questions can be used to go deeper in conversation with your child about the topic of this book.

- 1. What do you think the "storm" in the book means? How do you relate?
- 2. Have you ever felt like the princess, confused and scared after "something bad" happened?
- 3. The princess ran away. Where do you run to? Video games, toys, movies, etc.? What helps you forget?
- 4. Does remembering make you feel ashamed?
- 5. Whom do you think the King represents?
- 6. How does it make you feel to know that Jesus cares for you?
- 7. Ask Jesus the following: "Jesus, what is the truth you say about me?" (Remember, Jesus can speak through his written word, a picture in our mind, a word in our mind, or a feeling.) Let Jesus speak His truth to your heart.
- 8. Remember to speak that truth over yourself every day (parents, read that to your child every day to create a new pathway of truth and identity over the lies that shame and fear speak.

### PRAYER

Dear Jesus,

Amen.

Thank you for reminding me who I am even though I come to you feeling shame and so much fear. What happened to me was not fair and I don't understand why it happened. I know that even though I don't understand why, you will bring redemption to me from this, I pray that your truth will be etched into my heart that I am your daughter, and there is nothing I have to do to earn it. I receive your name for me as a BELOVED daughter and refuse to live by any other name.