



Afternoon TEA

Monday - Saturday 15:00 - 18:00 (last order at 17:30)

Whatsapp Reservations: +852 6469 4533

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Chiaviar, sour cream, quinoa blinis

Faux-gras, fig chutney, Keto bread

Herbed cheese, Keto bread

Chocolate mousse

Assorted daily mini cakes (2 pcs)

Chia pudding, berries, coconut cream

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\$188 for one person
served with one cup of
coffee or Lify wellness tea

\$320 for two persons
served with two cups of
coffee or Lify wellness tea

Please inform your server of any food-related allergies.
All prices are in HKD and subject to a 10% service charge.
The menu is not valid in conjunction with other promotions or discounts.



Keto BREAD

High Protein | Low Carbs | Gluten Free | Medium Fat
Available for takeaway only

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Keto loaf with coconut flour

Macronutrient: Protein 28g, Fat 42g, Coconut Oil 28g, Net Carbs 18g

\$78/loaf (approx. 380g)



Keto loaf with almond flour

Macronutrient: Protein 37g, Fat 67g, Net Carbs 15g

\$88/loaf (approx. 380g)



One loaf of bread can be sliced into 16 to 20 slices.

The menu is not valid in conjunction with other promotions or discounts.