

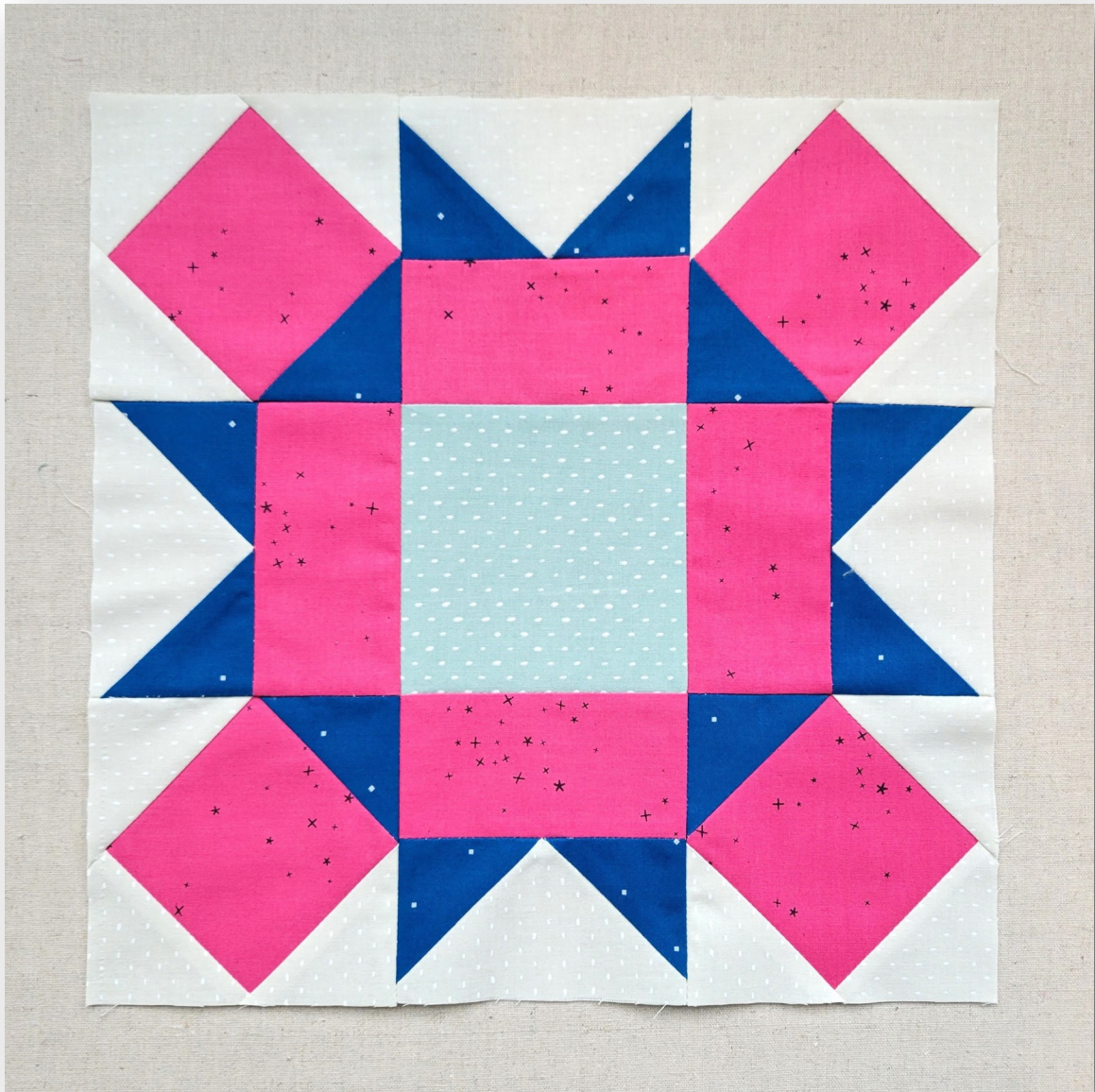
**LITTLE FABRIC SHOP**

A MODERN FABRIC SHOP FOR JOYFUL SEWING

## Little Fabric Shop Quilt

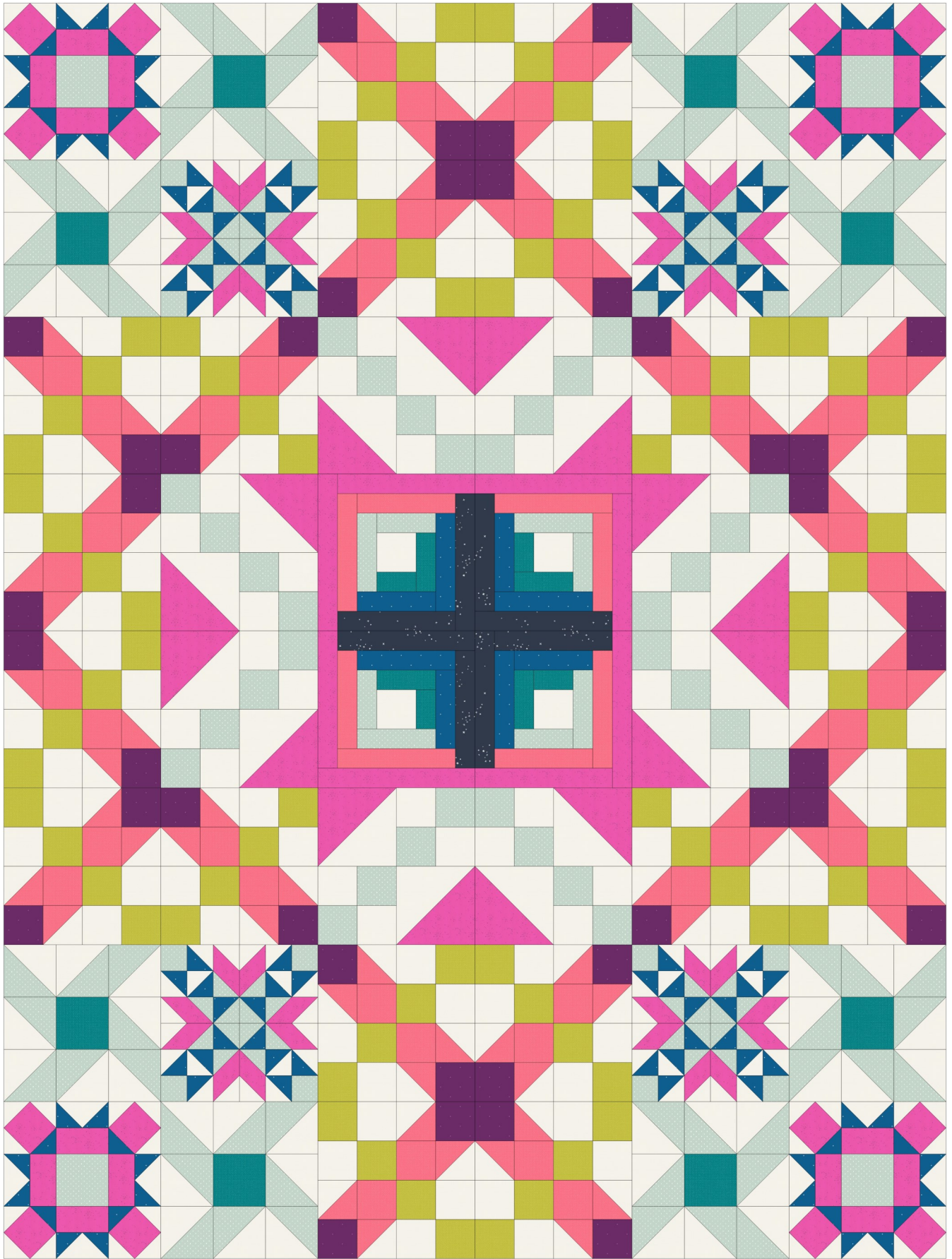
A Progressive Skill Quilt

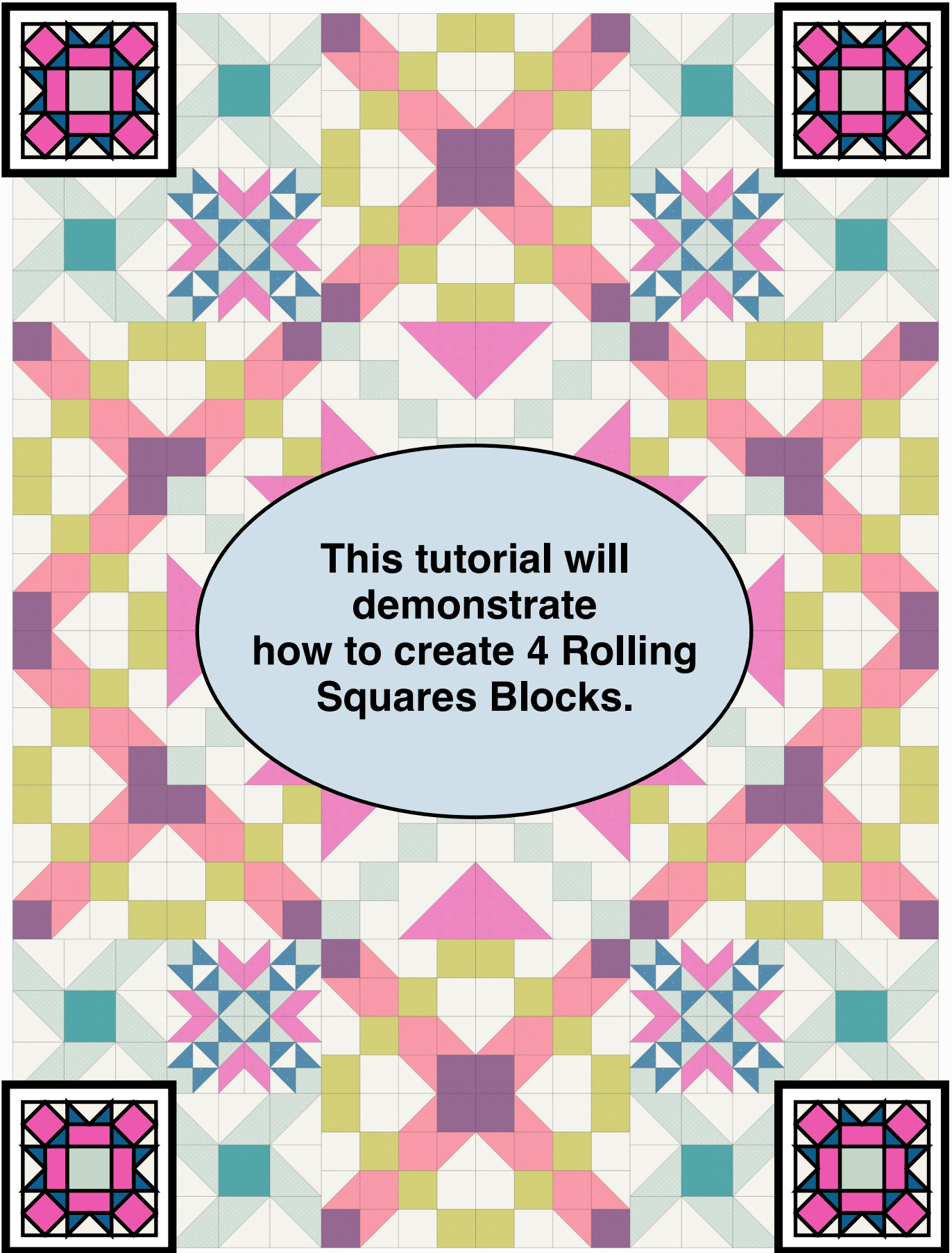
Rolling Squares Blocks



Fabric Used: Assorted Cotton + Steel Basics







**This tutorial will  
demonstrate  
how to create 4 Rolling  
Squares Blocks.**



**FINISHED BLOCK SIZE:** H: 12" x W: 12"

**DIFFICULTY:** Advanced Beginner

**SEAM ALLOWANCE:** 1/4" throughout pattern unless indicated.

**DIMENSIONS:** are written height x width throughout instructions.

**PRIOR TO SEWING:** Read all of the directions before beginning project.

**FABRIC REQUIREMENTS:**

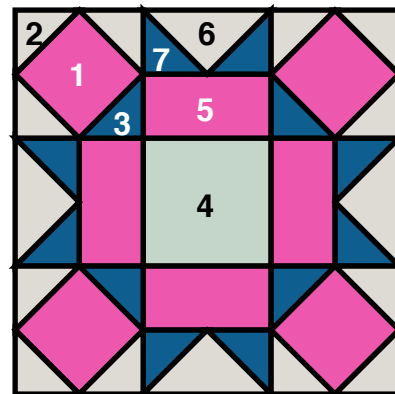
The table below indicates the fabric requirements for the **ENTIRE** quilt. Additionally, it provides information on the color names and color letters. We recommend quilter's weight cotton for this project. We used Cotton + Steel Basics fabric.

COLOR	NAME	QUANTITY
<b>A</b>	Stitch Repeat - Lace	3½ yards
<b>B</b>	Stitch Repeat - Mint	1½ yards
<b>C</b>	Stitch Repeat - Teal	½ yard
<b>D</b>	Square-Up - Peacock	1 yard
<b>E</b>	Freckles - Evening Sky	¼ yard
<b>F</b>	Square-Up - Jelly	¾ yard
<b>G</b>	Freckles - Smooch	1½ yards
<b>H</b>	Stitch Repeat - Sorbet	1 yard
<b>I</b>	Stitch Repeat - Avocado	1 yard

**CUTTING REQUIREMENTS:**

Use the Block Layout Guide below along with the Cutting Chart to cut out all of the fabrics.

**Block Layout Guide**



**Cutting Chart**

BLOCK NUMBER	COLOR LETTER	SIZE	QUANTITY
1 Step 1	<b>G</b>	4½" x Width of Fabric	2 Strips
1 Step 2	<b>G</b>	Cut the 4½" strips to 4½" segments	16 Squares
2 Step 1	<b>A</b>	2½" x Width of Fabric	3 Strips
2 Step 2	<b>A</b>	Cut the 2½" strips to 2½" segments	48 Squares
3 Step 1	<b>D</b>	2½" x Width of Fabric	1 Strip
3 Step 2	<b>D</b>	Cut the 2½" strips to 2½" segments	16 Squares
4 Step 1	<b>B</b>	4½" x Width of Fabric	1 Strip
4 Step 2	<b>B</b>	Cut the 4½" strips to 4½" segments	4 Squares
5 Step 1	<b>G</b>	4½" x Width of Fabric	1 Strip
5 Step 2	<b>G</b>	Cut the 4½" strips to 2½" segments	16 Rectangles
6	<b>A</b>	5¾" x 5¾"	4 Squares
7 Step 1	<b>D</b>	3¼" x Width of Fabric	2 Strips
7 Step 2	<b>D</b>	Cut the 3¼" strips to 3¼" segments	16 Squares



## SUPPLIES:

Ruler, Creative Grids® Ultimate Flying Geese Tool, Scissors, Rotary Cutter, Mat, Pins, Iron, 1/4-Inch Presser Foot, Sewing Machine

## FABRIC SIDES:

We will use the corresponding color to the block to indicate the Right Side of Fabric (RSF). White will indicate the Wrong Side of Fabric (WSF).



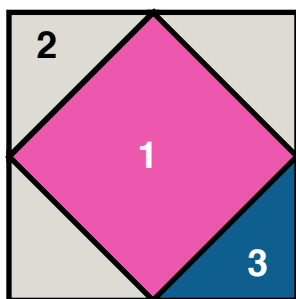
Right Side of Fabric: **RSF**



Wrong Side of Fabric: **WSF**

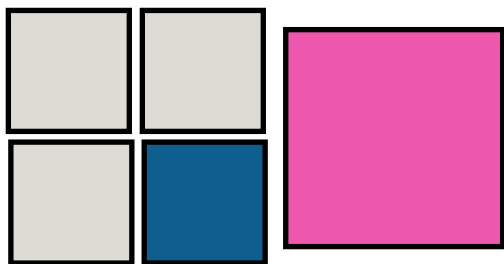
## CREATE DIAMOND IN SQUARE BLOCKS:

You will create 16 individual Diamond in Square blocks.

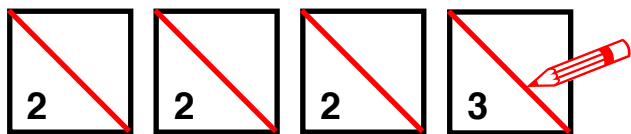


## STEP 1: PREPARE BLOCKS

Gather **BLOCK 1**, **BLOCK 2**, and **BLOCK 3**.

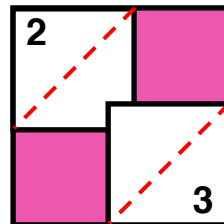


Draw a diagonal line from point to point across **BLOCK 2** and **BLOCK 3** on WSF.

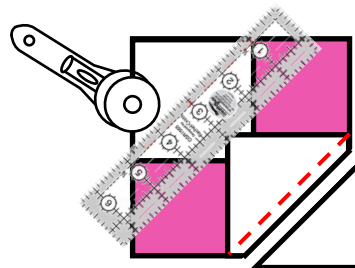


## STEP 2: SEW & TRIM TWO CORNERS

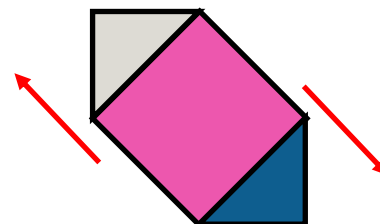
Place **BLOCK 2** WSF up on the upper left corner of RSF up **BLOCK 1** and pin in place. Then place **BLOCK 3** WSF up on the lower right corner of RSF up **BLOCK 1** and pin in place. Sew directly along drawn line on **BLOCK 2** and **BLOCK 3**.



Create 1/4-inch seams on both the sewn **BLOCK 2** and **BLOCK 3**. Place a ruler along the sewn seam with a 1/4-inch overlap. Trim.

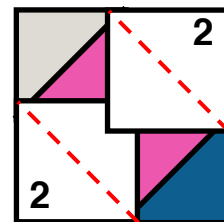


Press seams of triangle corners toward the outer triangle.

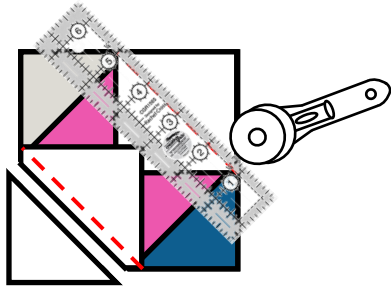


## STEP 3: SEW AND TRIM REMAINING TWO CORNERS

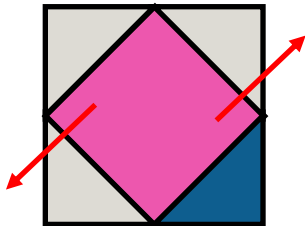
Place a **BLOCK 2** WSF up on the upper right corner of RSF up **BLOCK 1** and pin in place. Then place the other **BLOCK 2** WSF up on the lower right corner of RSF up **BLOCK 1** and pin in place. Sew directly along drawn lines on **BLOCK 2**.



Create 1/4-inch seams on the sewn **BLOCK 2** corners. Place a ruler along the sewn seam with a 1/4-inch overlap. Trim.

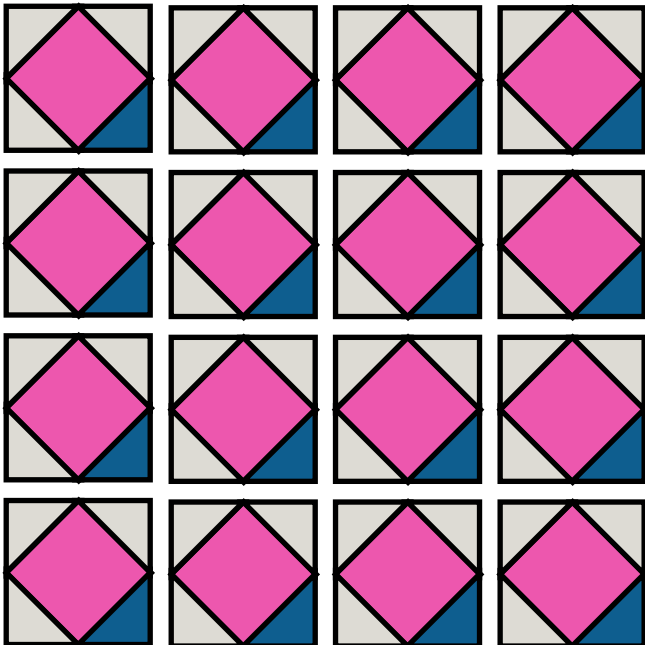


Press seams of triangle corners toward the outer triangle.



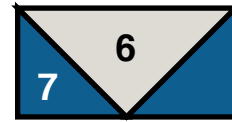
#### STEP 4: SQUARE OFF BLOCKS

Each block should measure 4 1/2" x 4 1/2". You can use a ruler to make sure each block is this size. In total, you have a total of 16 Diamond in Square blocks.



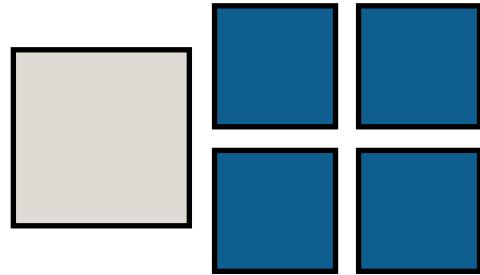
#### CREATE FLYING GEESE BLOCKS:

You will create 16 individual Flying Geese blocks using the "Heart" technique and the Creative Grids® Ultimate Flying Geese Tool.

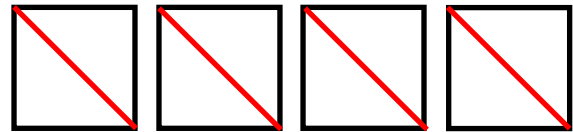


#### STEP 1: PREPARE BLOCKS

Gather **BLOCKS 6** and **BLOCK 7**.

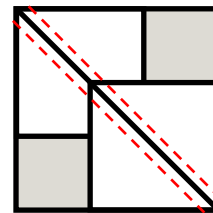


Draw a diagonal line on the wrong side of the fabric across each **BLOCK 7** squares.



#### STEP 2: CREATE HEART BLOCKS

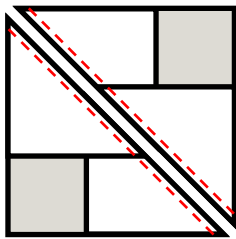
Take two **BLOCK 7** squares and place them right sides facing each other at each corner of the **BLOCK 6** square. The smaller squares will overlap with each other in the center of the larger square. Pin to hold squares in place.



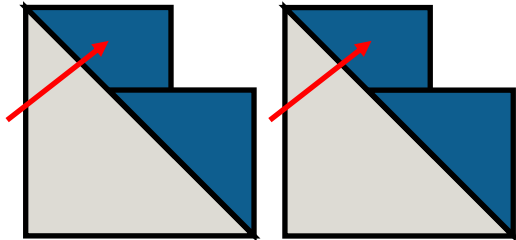
Sew with a 1/4-inch seam allowance using the drawn line as a guide on either side of the line.



Once the fabric is sewn, cut along the center drawn line.

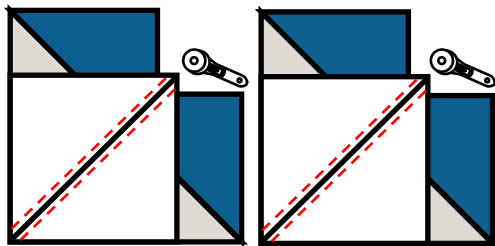


Fold out the two smaller squares on each cut block and press seams towards **BLOCK 7**. It will have the shape of a heart.



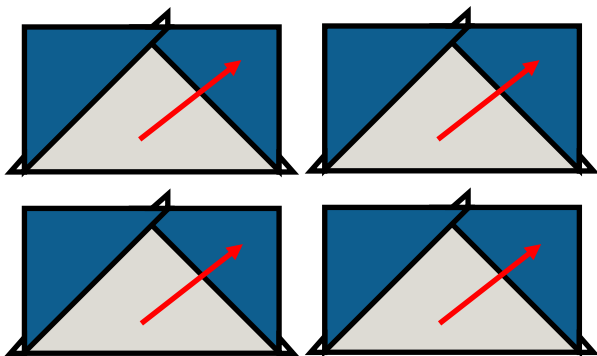
### STEP 3: FINISH SEWING FLYING GEESSE

Place the remaining **BLOCK 7** squares on each of the "heart" units. Sew with 1/4-inch seam allowance using the drawn line as a guide on each side of the line.



Once sewn, cut along the center drawn line.

Fold out the smaller square on each of the four blocks and press seams towards **BLOCK 7**.

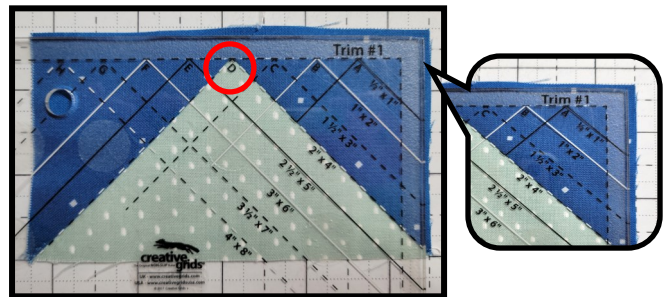


### STEP 4: SQUARE UP FLYING GEESSE

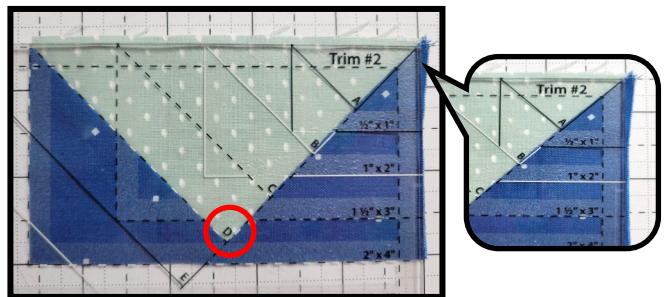
Use the Creative Grids Ultimate Flying Geese Tool to trim fabric to size. The finished size of each flying geese is 2" x 4". You will use the "D" guide-line to trim the fabric.

**NOTE:** "Finished Size" indicates the size of the flying geese block when it is sewn into the Rolling Squares larger block. This flying geese block will measure 2 1/2" x 4 1/4" in size once squared off.

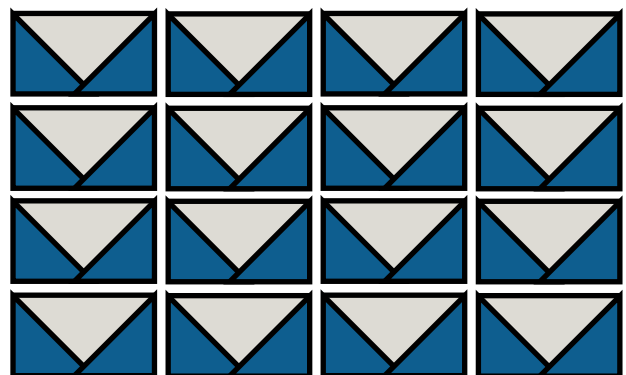
Line up the edge of the inner triangle with the "D" guide-line. Trim the excess fabric on the right and upper edge of the ruler.



Turn the ruler and the block by 90° and place the edge of the inner triangle along the "D" guide-line. Once again, trim the excess fabric on the right and upper edge of the ruler.

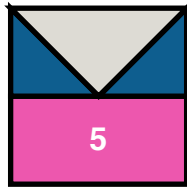


You should have a total of 16 flying geese.



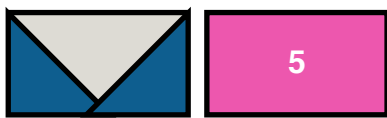
## CREATE FLYING GEESE WITH RECTANGLE BLOCKS:

You will create 16 individual Flying Geese with Rectangle Blocks.



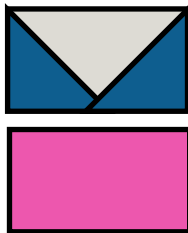
### STEP 1: PREPARE BLOCKS

Gather the **FINISHED FLYING GEESE BLOCKS** and the **BLOCK 5** rectangles.

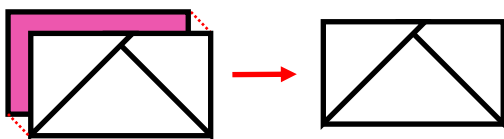


### STEP 2: SEW BLOCKS

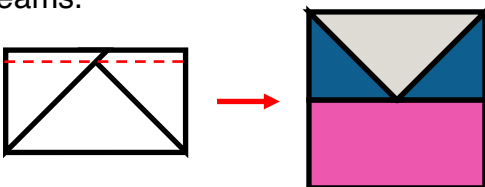
Layout blocks as shown below.



Place **FINISHED FLYING GEESE BLOCK** with WSF down on top of RSF up **BLOCK 5**.

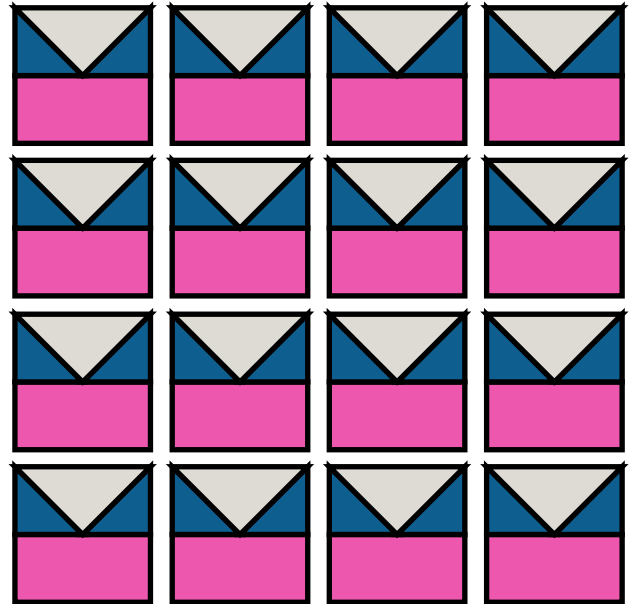


Sew with a 1/4-inch seam allowance along the pointed edge of **FINISHED FLYING GEESE BLOCK** as shown below. After sewing, press open seams.



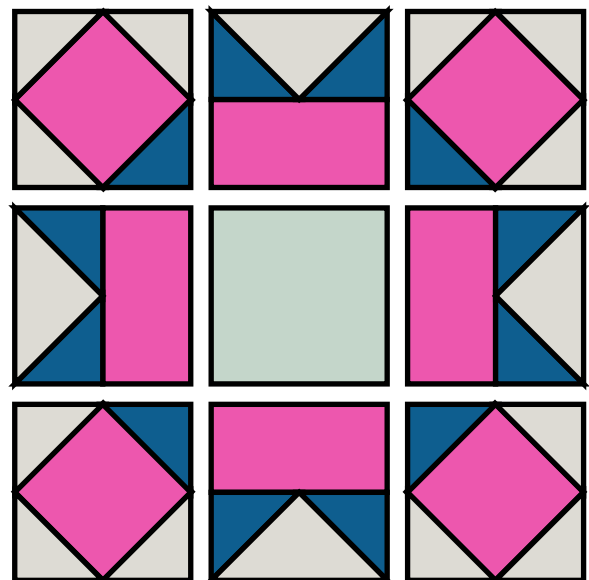
Repeat this process for the remaining blocks.

You should have a total of 16 sewn flying geese and rectangle blocks.



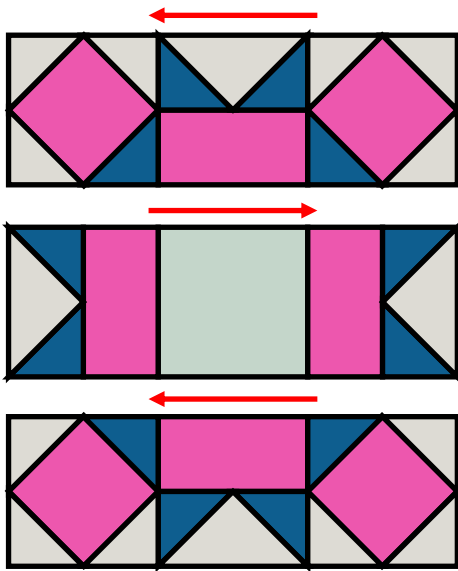
### ASSEMBLE ROLLING SQUARES BLOCKS

Layout all your fabric pieces as shown in the diagram below.

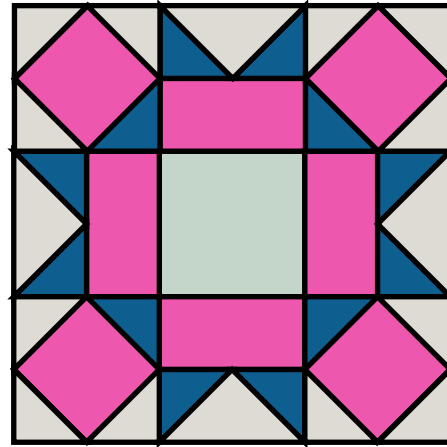




Sew each row together as shown below. Alternate the direction of pressing seams for each row as indicated by the red arrows.



Sew all the rows together. Nest seams and pin. Sew using a ¼-inch seam allowance. Press the seams open. This block should measure 12½" x 12½" (finished size will be 12" x 12"). Press open seams. Repeat steps to create 4 Rolling Squares Blocks.



### NEXT STEPS:

You should have a total of 4 Rolling Squares Blocks with 8 Eccentric Star Blocks, 20 Road to Oklahoma Blocks, 8 Hourglass Variation Blocks, and 4 Log Cabin Blocks from the previous tutorials. Set these blocks aside for now. In the future, we will give you instructions on how to use these blocks to create the quilt top. Stay tuned!

### JOIN IN THE QUILTING FUN!

We hope that you continue our ten-month Little Fabric Shop Quilt journey. Follow along with the Instagram [#littlefabricshopquilt](https://www.instagram.com/littlefabricshopquilt) so that we can see your progress and be inspired by your work. Stay up-to-date on this event and all the happenings at Little Fabric Shop by signing up for our Newsletter located on the bottom of our homepage. Happy Sewing!!

